Catalog of Classes

SPRING 2018

OLLi Central

Osher Lifelong Learning Institute at the University of Denver
Statement of Purpose:
OLLI, a member-volunteer organization, offers non-credit academic classes and stimulating programs, along with social opportunities for retired and semi-retired men and women. Members use their talents, experiences, and skills creatively in shared intellectual and cultural pursuits. We strive to respect diversity of thought in a relaxed, supportive academic environment, exploring new interests, discovering and developing latent abilities, and contributing to the immediate or broader community.

About the Osher Foundation
Thanks to the generosity of the Bernard Osher Foundation, the network of Osher Lifelong Learning Institutes, across the United States, is meeting the needs of mature learners who want to learn simply for the joy of learning and personal fulfillment. To date there are 120 OLLI programs in the United States from Maine to Hawaii and Alaska.
February 5, 2018

Dear Friends,

Enclosed is the Spring curriculum information for OLLI Central. **The 8-week Spring term begins April 2nd and ends May 25th.**

**PLEASE NOTE - NEW FOR THIS TERM** Central classes have **two NEW** locations: **Park Hill United Methodist Church**, 5209 Montview Blvd.; **First Universalist Church**, 4101 E. Hampden Ave. (NE corner of Colo Blvd. & Hampden); plus we will still have classes at **Harvest Chapel**, 3651 South Colorado Blvd. (Colo Blvd/Hampden, 2nd church south of Hampden on Colo Blvd). We hope you find several classes interesting and plan to join us for eight weeks of learning, discussion and fun!

We are now offering **online registration** for all sites of OLLI at DU. To register, please go to the site at [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli) and click on the ‘Register Now, click here’ link. As you register for classes, please print off the email that will be sent to you after you complete the registration process. This process allows you to pay by credit card, a feature many of our members have been requesting for quite some time.

If you decide to register by mail (the old-fashioned way), the registration form is included and a check must accompany the mailed in registration form. There is no way to pay via credit card should you decide to register by mail. Registrations received by mail will then be entered into the online system which will automatically send an email to the member. Please print this email for your records.

**You can find our catalog and registration materials online by going to** [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli). Going on the website gives you the advantage of viewing classes at all five OLLI sites – Central, West, South, East and OLLI On-Campus. Don’t forget, your membership dues allow you to take as many courses as you like at any of the five sites (contingent on space availability).

We will begin placing members into classes on February 19th. All registrations received during this time (Feb. 5th thru the 19th) are randomly selected and placed into classes one at a time. After this date, those registrations received are placed into classes in the order received. Please complete all required information on the registration form or online. Confirmations will be emailed out beginning March 12th.

We sincerely appreciate your support and commitment to OLLI. If you have questions or want additional information, email the office at debra.loftin@du.edu.

Sincerely,

*Darcey VanWagner – Central Operations Manager*

*John Baumgartner – Central Site Manager*
OLLI POLICY STATEMENT

In the spirit of fostering understanding, each OLLI member is encouraged to share opinions and ideas. OLLI class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems, and beliefs. The true focus of an OLLI Class is the critical examination of issues and opinions. Each participant’s point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate.

MEMBERSHIP FEE INFORMATION

FEE STRUCTURE

- $130 – per term.

MEMBERSHIP FEE INCLUDES THE FOLLOWING BENEFITS:

- Participation in classes at any of the five OLLI sites – Central, West, South, East & On-Campus (contingent upon space availability - enrollment in classes is limited based on classroom size and facilitator preferences)
- Opportunity to participate in Interactive Learning classes (extra-curricular classes for additional per-class fee if applicable)
- Special member price for “The Summer Seminars of OLLI”.
- OLLI Newsletter (three editions per academic year)
- Notice of un-advertised DU events (many at no cost because of DU affiliation).
- Invitations to annual social events
- Lamont School of Music – All OLLI members get the senior/group rate.
- University of Denver Library (Anderson Academic Commons) Borrowing privileges, see [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli) for details
- ENRICHMENT PROGRAM - Our sister organization offers classes at the University of Denver. The classes are led by professors and staff and are held during the evening hours. The members of OLLI at DU enjoy a 20% discount on most courses (some exclusions do apply) when they register with the code OLLIW18. To review the course offerings please go to [http://universitycollege.du.edu/enrichment](http://universitycollege.du.edu/enrichment) or visit the 2211 South Josephine Street office and pick up a catalog in the front reception area.
- DU Athletics – Purchase 1 full price ticket and get 1 free ticket to any men’s or women’s basketball game, based on availability.
- Coors Fitness Center - $25 per month membership for 12 months. Sign up only in the fall term.

REFUND POLICY

Per term: Full refund, if requested, no later than 10 days into the term.
SPRING ANNOUNCEMENTS: PLEASE REVIEW

1) IMPORTANT NOTICE: Interactive Learning class descriptions are in the catalog listed on the day the class is held. Please be sure to check them out!

2) HOLIDAYS/NO CLASSES – None

3) CLASS LOCATIONS: Classes held at Park Hill United Methodist Church will be noted above the class title in BLACK, classes held at First Universalist will be noted in BLUE and classes held at Harvest Bible Chapel will be noted in RED.

4) CLASSES AND WORKSHOPS: Classes and Workshops are eight weeks in length unless stated otherwise. Some classes and workshops have fees.

5) SENIOR, MASTER & DIAMOND FACILITATORS: You will see the terms “Senior Facilitator”, “Master Facilitator” and “Diamond Facilitator” used in this book. These are the very dedicated people who have facilitated many OLLI classes. A Senior Facilitator has taught between 10-14 classes, a Master Facilitator has taught 15-24 classes and a Diamond Facilitator has taught 25 or more.

6) SNOW CLOSURES: Classes at all 3 Central locations will be cancelled if the Denver Public Schools are closed. We will also have a recording on the office line – (303) 871-3090, or you can check our website to see if a location is closed: www.portfolio.du.edu/olli.

7) BOOKS/MATERIALS: Many classes have books. Tattered Cover offers OLLI students a 15% discount. Books can also be obtained over the internet from, for example, Amazon or Barnes and Noble.
In response to OLLI at DU members’ strong desire for internationally focused classes and educational travel, WorldView was designed to bring both to OLLI.

Each year we focus on a different country, providing classes and InterActive activities throughout the academic year. We top off the year with an adventure relating to that country.

The 2017-2018 Academic year will highlight Mexico. Throughout the year you may find various classes related to Mexico at our OLLI sites. In addition, there will be programs designed to bring an up-close and personal look at this intriguing country, from its history and politics to its culture and beauty. The year will culminate with three custom-designed trips to three unique areas of Mexico.
HIKING (OLLI members only)

OLLI’s goal is to stimulate your mind, fulfilling our motto of “curiosity never retires,” however, we also have programs to stimulate your physical well-being!! Talk to anyone who has participated in our hiking program and you will notice their exhilarating sense of accomplishment. You will experience fresh air, social interaction, build friendships, improve your heart and lung functions, achieve more stamina, practice weight control, and attain a better quality of life!! A Harvard study of 17,000 participants found that vigorous exercise is associated with an increase in longevity. According to the Cleveland Clinic, “Exercising is the most important thing you can do to keep yourself healthy and delay the aging process.” All of these benefits can be yours if you are willing to challenge yourself. So join us!! Hike where your peers don’t and see Colorado as it was meant to be seen! What can compare to the sight of a meadow of high mountain wildflowers, sweeping vistas of mountain peaks, breathtaking scenery? Aging is inevitable, old age is a choice!!

Our hiking coordinator, Sheldon Fisher, has been athletic all his life, participating in team sports throughout college and individual sports since then. He has been an avid hiker for several years and enjoys being a “tree hugger.” Please join Shelly and our very own trail master, Val Gheller, whose assistance has been invaluable, every other Friday morning for a truly stimulating experience, which they promise you won’t find disappointing!

Contact: Shelly at jpsmfish@yahoo.com and/or his cell: 303-748-4003.

WALKING

“Walking is man’s best medicine.” --Hippocrates

Every MONDAY morning, a group of us get together for a brisk walk and good conversations. It’s like getting your coffee chats and morning feel-good exercise at the same time! What an awesome way to begin your week! All levels of walkers are welcome. Some go 5 miles, others 2.5 miles, but we all have so much fun it never seems like exercise! We add variety to our walks with different locations like the Highline Canal, Wash Park, the Wildlife Refuge, or Fairmont Cemetery, always in search of new spots and open to your suggestions. Our facilitator, Pam, feels moving in some way, no matter what you choose, dance, yoga, etc., is critical to your health. We have a great group and would love to have you join us to begin your week in the fresh outdoors.

Contact: Pam Murdock, facilitator: pampem@aol.com or cell: 303-918-4566

Pam received a B.A. in Philosophy from the University of Colorado. As a philosopher, she is not qualified for anything except loving life and asking questions. She owned a wholesale travel company for 35 years and was featured numerous times in the Colorado Business Magazine and Denver Business Journal as one of Colorado’s top privately owned businesses and top women-owned businesses. When not walking, she enjoys traveling, reading, hiking and spending time with her dog.

SNOWSHOEING

Snowshoeing will be offered to OLLI members every other Friday beginning in mid-January when the weather becomes less cold in the mountains. Away from the hustle and traffic of ski resorts, snowshoeing is a way to experience the peaceful winter landscape on pristine snowy trails through the woods. These beautiful surroundings and the group enjoyment make these fun and memorable events. Sometimes we even stop for treats on the trip home. Snowshoeing is exertion at higher altitudes, so it requires participants who exercise regularly or who are in good shape.

Contact: Richard Passoth for more details about snowshoes, carpooling, and to be on the email list for notification of the outings. repassoth@gmail.com phone: 801-364-3387

Richard Passoth is a long time member of the Sierra Club and an experienced guide for mountain outings. He is safety conscious and tries to assure that all participants have a good time.
## HISTORY

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## LITERATURE & WRITING

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## PUBLIC AFFAIRS

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Ted Talks
All New Documentary Films *
Active Minds: Saudi Arabia, Putin’s Russia, South Korea, India
An OLLI at DU Speaker Series *
Hard Choices
An OLLI at DU Lecture Series *

PHILOSOPHY, RELIGION & PSYCHOLOGY FACILITATOR
Buddhist Psychology: Addressing the Challenges & Stresses in Our Lives
Gretchen Groth
Islam 101
Gulsum Katmer
Mindfulness II: Consciously Connecting To the Stories that Color Your Life
Peter Mayerson & Barbe Ratcliffe
Continuing Topics in the Talmud
Rabbi Sandra Cohen

SCIENCE, RESEARCH & TECHNOLOGY FACILITATOR
Mathematics for Mathphobics & Others
Marty Caplan
Current Events: Science, Technology And Medicine
Gerson Greenburg
Everyday Engineering
Mo Mathews
Evolution, Intelligent Design & the Courts
Larry Matten
Be Good to Your Gut: The Science & Art of Wild Fermentation, Part I
Judie Maurelli
Fermentation and Food II
Judie Maurelli
The Wonderful, Wacky, Sometimes Terrifying World of Insects
Jim Nelson
Solar Systems: We are (Probably) Not Alone
David Shander
Chasing Earth: Understanding Earth’s Geologic History
Wilson Wiedenheft
Women in Science and Technology: Stereotypes, Reality & Unique Challenges
Barbara Zimmerman

VISUAL & PERFORMING ARTS FACILITATOR
Origami for the Mind: The Foundation Course
Mark Burger
Origami for the Mind: Fundamental Lessons from a Japanese Origami Master
Mark Burger
Baseball Goes to the Movies *
Larry Matten & Greg Petty
Michelangelo & The High Renaissance in Italy *
Marianne Lorenz
Brahms & Romantic Tradition *
Steve Weston
Understanding China through Art History
Hiroko Johnson
The Great Kate: Films of Katharine Hepburn *
Larry Matten

Music in the Movies
Barb Thorngren

History through Art: Women, Art & Culture
Diana Huston

Comedy
Bob Magnani & Jim Sieke

WELLNESS

The Oxford Study Lectures *
An OLLI at DU Lecture Series

FACILITATOR
Joe Brady

Interactive Learning at OLLI Central

The Joy of Watercolor
Further Experiments in Watercolor
Pilates Fundamentals
Tai Chi
Yoga from the Heart

* - indicates larger classes
COURSE DESCRIPTIONS

INTERACTIVE LEARNING

THE JOY OF WATERCOLOR

New and returning students are all welcome in this class where we have a great time discovering the fun and beauty of watercolor. Every person can do it! Give your creativity a boost as you learn basic techniques and try little experiments in a warm and supportive environment. Splash around, learn a few tricks, and quickly gain confidence in your ability to express yourself with paint. Our instructor, Bob Hamilton-Pennell (“HP”) has been an artist and a teacher for over thirty years. View his art at: www.hpwatermedia.com

8 weeks – Mondays: April 2, 9, 16, 23, 30, May 7, 14 and 21

Park Hill United Methodist Church, 5209 Montview Blvd.

Time: 9:30 – 11:30 am

Cost $75 Members  $90 Guests
New student materials fee $15 (optional for returning students)

INTERACTIVE LEARNING

YOGA FROM THE HEART

Teacher, Robin Secher, has practiced yoga for the last 40-plus years and has been a certified yoga teacher since 2003. Hatha Yoga is her favorite path to gentle strengthening of the inner and outer body. Robin teaches all levels and abilities at yoga studios, spas, health clubs, colleges, and corporate work sites. Bring your own yoga mat, blanket, and pillows or we will supply them. Please contact Robin if you have any questions about attending her class at birdyoga99@gmail.com, 303-880-0508.

Eight consecutive Mondays: April 2, 9, 16, 23, 30, May 7, 14 and 21

Park Hill United Methodist Church, 5209 Montview Blvd.

Time: 9:30 – 10:45am

Cost: $60 members  $75 Non-members (if available space)
INTERACTIVE LEARNING

TAI CHI: EXERCISE IS MEDICINE

Experience for yourself the accumulated wisdom of centuries with the timeless exercise of T’ai Chi. This introduction to T’ai Chi Ch’uan is both practical and participative, the course introduces you to the basics of T’ai Chi Ch’uan, the skills and principles involved. It imparts and models best practices, using the T’ai Chi classical literature as a process for learning and understanding all the various styles. Core knowledge is discussed and skill sets are demonstrated as participants explore this meditation in motion and its role in Traditional Chinese Medicine. Each week students will learn a short sequence of the form and review material from the previous week.

Joseph Brady is a board-certified practitioner of Oriental Medicine and an internationally recognized expert on healthy aging. He has spent over 20 years teaching at the University of Colorado Health Sciences Center, the University of Denver Institute of Gerontology, and Metropolitan State University. A former columnist on healthy aging for the Rocky Mountain News, Joe has presented at many scientific and medical conferences and twice been a featured presenter at the Oxford Roundtable at Oxford University U.K.

Mondays: April 2, 9, 16, 23, 30, May 7, 14 and 21

Park Hill United Methodist Church, 5209 Montview Blvd.
Time: 11 – 11:45am
Cost: $55 OLLI Members. $70 Guests

INTERACTIVE LEARNING

FURTHER EXPERIMENTS IN WATERCOLOR

Students who have some experience with watercolor or who have completed THE JOY OF WATERCOLOR class are welcome in this workshop where we take our watercolor skills to a new level. Expand your creative thinking by using new tools and materials along with experimental techniques in your paintings. Surprise yourself with unique and beautiful results and have some fun in our supportive environment. Our instructor, Bob Hamilton-Pennell (“HP”) has been an artist and a teacher for over thirty years. View his art at: www.hpwatermedia.com.

8 weeks – Mondays: April 2, 9, 16, 23, 30, May 7, 14 and 21

Park Hill United Methodist Church, 5209 Montview Blvd.
Time: noon to 2:00pm
Cost $75 Members $90 Guests
Required materials fee $5 for each student
New student materials fee $15 (optional for returning students)
MONDAYS 1:00pm-3:00pm

Mondays 1:00pm-3:00pm – **First Universalist Church**
4101 E. Hampden Ave.

**AN OLLI SPEAKERS SERIES**

**ACTIVE MINDS**

Facilitators: Active Minds & Ann Tull

**April 30, May 7, 14, and 21**

**Monday, April 30**

1:00 PM  
**India: A Story of Contrast**

India has the 3rd largest economy in the world, yet over 20% of the population lives below the poverty line. India’s universities produce an educated elite that competes with the best in the world, while more than a quarter of the country remains illiterate. Join Active Minds as we explore this dichotomy as well as the ongoing challenges between the Hindu leadership and the Muslims in India and neighboring Pakistan.

**Monday, May 7**

1:00 PM  
**South Korea**

The Korean peninsula is a challenging part of the world. While North Korea gets a lot of attention for their nuclear ambitions and anti-western rhetoric, their neighbor to the south is making headlines of their own. The recent election of Moon Jae-in as President of South Korea is likely to bring some significant shifts in regional policy and create ripples throughout the world. Join Active Minds as we explore the country of South Korea, past, present, and future.

**Monday, May 14**

1:00 PM  
**Saudi Arabia**

With over 20% of the world's proven oil reserves, Saudi Arabia continues to be important to the global economy. Join Active Minds as we tell the story of this complex nation. We will cover Saudi history, the recent generational transition of power in the Saudi Royal family, and the complicated role played by the Wahhabi school of Sunni Islamic thought in the country and the region.

**Monday, May 21**

1:00 PM  
**Putin’s Russia**

Under the leadership of Vladimir Putin, Russia has been accused of illegally invading Ukraine and hacking the U.S. to influence the 2016 presidential election. Having stretched his influence far beyond the term of his first official Presidency and now having returned to the role and consolidated his power, Vladimir Putin’s leadership of Russia suggests a return to an authoritarianism that, for some, feels similar to the days of Soviet control and the Czars of old. Join Active Minds as we examine the story of Russia under the influence of Vladimir Putin.
America’s First Daughter – The Life and Times of Martha “Patsy” Jefferson
Facilitators: Becky Bennett and Martha Moe

In a compelling and richly researched novel that draws from thousands of letters and original sources, authors Stephanie Dray and Laura Kamoie tell the fascinating, untold story of Thomas Jefferson’s eldest daughter Martha “Patsy” Jefferson Randolph – a woman who kept the secrets of our most enigmatic founding father and shaped an American legacy. As Jefferson’s eldest daughter, she became his helpmate, protector and constant companion in the wake of her mother’s death and traveled with him when he became American minister to France. During this time Patsy fell in love with her father’s protégé, William Short, a staunch abolitionist and ambitious diplomat. Torn between love, principles and family, Patsy questioned if she could choose a life as William’s wife and still be a devoted daughter. Her choice followed her in the years to come as she decided how much she would sacrifice to protect her father’s reputation and political legacy. In this class we will take an historical approach in exploring Patsy’s life from her childhood at Monticello, to her time in Paris and back to Virginia and the White House as we strive to gain a better understanding of the tumultuous period in our country’s history from the Revolutionary War through the early 19th century.

Class Type: Facilitator and class presentations, videos and discussion.

Books/Materials: Required Reading - America’s First Daughter, by Stephanie Dray and Laura Kamoie

Although originally trained as a secondary history teacher with an emphasis on American history, Martha Moe spent her career in financial services, primarily in legal and leadership positions in the world of IRAs, retirement plans and employee benefits. Throughout her career, she was an avid reader of both historic fiction and non-fiction and since retirement has pursued that early love of history through many OLLI classes. When she’s not reading and taking OLLI classes, Martha loves to plan and take trips, both in the US and across the seas.

Becky Bennett joined OLLI in 2011 after retiring from a 32 year career as a Human Resource Specialist with the federal government. She enjoys taking classes on a variety of topics but particularly likes those about history. She has lived for the past 22 years in Centennial with her husband (also an OLLI facilitator) and their dogs.
The Great Kate

Master Facilitator: Larry Matten

Class begins at 12:30pm
Let’s go to the movies and see some Katherine Hepburn classics. The movies will range from the light, frothy comedies of the 30’s and 40’s (Bringing Up Baby, The Philadelphia Story, Woman of the Year, Adam’s Rib) to the serious and thoughtful films of the 50’s (African Queen), 60’s (Guess Who’s Coming to Dinner and Lion in Winter), and 80’s (On Golden Pond). Katherine Hepburn won the first of her four academy awards for best actress in 1938 and her last in 1981. We will see three of her four academy award performances. We will also see her chemistry with several iconic leading men, including Cary Grant, Jimmy Stewart, Humphrey Bogart, Spencer Tracy, Peter O’Toole, Henry Fonda and Sidney Poitier.

Because of the length of the films, we will start the class (and films) at 12:30 pm and end at about 3:00. This will allow us time for discussion. There will be no breaks in the class, so be prepared to use the bathroom or get a cup of coffee as you see fit.

There is no required reading. All we need is your attendance and enthusiasm. Oh yes, you might want to bring a cushion or pillow for comfort.

Larry Matten, former Professor and Chair of the Department of Plant Biology at Southern Illinois University, and retired Elder Law Attorney. Larry is a film buff and loves many types of film. He is looking forward to sharing his interest with you and learning about your views on the movies.

The Transcontinental Railroad

Facilitator: Stewart Jones

On July 1, 1862, President Abraham Lincoln signed the Railroad Act authorizing the building of a transcontinental railroad. It wasn’t until the end of the Civil War in 1865 that building began in earnest. However the construction project faced huge challenges: political, logistical, technical, financial, demographic, organizational and labor. This course will explore how each of these challenges were met to complete the project in four years and how the project changed America forever.


Class type: Power Point Presentation and Discussion
Stewart Jones has been an Episcopal priest for fifty-two years and has served several parishes and missions in the Denver area during that period. He has also been a systems and software engineer for thirty-nine years with the Gates Rubber Company and Martin Marietta, where he was a Senior Staff Engineer. He is currently a volunteer at the Denver Museum of Nature and Science. He holds a BA in mathematics from Northwestern University and a Masters in Theology from Seabury Western Theological Seminary in Chicago. He has been a lifelong model railroader with a particular interest in western railroads.

Mondays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

Current Events #1

Facilitator: Dr. Maria Valdes

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dr. Maria Valdes is an organizational consultant specializing in executive development and coaching. She earned her Bachelor in Psychology, and her Master of Arts and Ph.D. in counseling from the University of Florida. She conducts executive assessments, climate surveys, and group facilitation with senior leadership teams, and other intact teams. She also designs and delivers customized leadership development programs for clients. She trains on topics that include feedback and coaching skills, driving high performance, diversity, managing differences, creating supportive work environments, team building, and utilizing group resources. She has traveled extensively and is very interested in what is happening in the world.
Michelangelo & The High Renaissance in Italy

Facilitator: Marianne Lorenz

First four weeks
Michelangelo (1475-1564) is one of the most highly valued artists of the Renaissance and his work has captured the human imagination for centuries. He towers above every artist, including his amazing contemporaries Raphael and Leonardo, to occupy a unique place in the art historical pantheon. This class will explore Michelangelo in a wide variety of contexts and will include discussions of Michelangelo’s personality, religious beliefs, personal life, poetry, art and architecture. We will also explore how he and his work have been utilized and exploited in contemporary culture by artists, advertisers, and refrigerator magnet designers. We will also ask some questions—why, for example, do 5 million people each year fight horrible crowds, long lines, obnoxious tour guides and rude security guards to make a pilgrimage to the Sistine Chapel? What is behind this quest?

In an effort to "re-see" Michelangelo as he actually was, rather than what we have made of him in the centuries since his death, we will focus on the issues Michelangelo was actually grappling with during his lifetime: family, papal politics, religion, the art and ideas of antiquity, and his own fractious personality and quick temper. But most importantly, we will spend a good deal of time simply enjoying and experiencing some of the most beautiful images ever created in Western art and culture.

Marianne Lorenz has over 30 years’ experience in the art museum field as an educator, curator and executive director. She has an MFA and an MBA from the University of Colorado Boulder. She specializes in early 20th century European and American art and has previously facilitated classes on Ansel Adams, Toulouse Lautrec, the Pre-Raphaelite Movement and Vienna 1900 for OLLI.

Oil, a History

Senior Facilitator: Bix Bicknell

We will cover the history of oil in 20th and 21st century. We will examine the effects of oil money on state, national and international politics. Highpoints will include Standard Oil, oil in WWII, “petro” states and highways. The role of hydrocarbons on climate change will be considered.

Class type: Lecture, discussion, videos

Bix Bicknell is a graduate of the U.S. Naval Academy and CU Law School. His primary career was a disability lawyer. His history with gold has been minimal and fleeting.
Baseball Goes to the Movies

Facilitator: Greg Petty and Master Facilitator Larry Matten

Class begins at 9:00am
We will go to the movies and see some Baseball classics. Movies have explored many themes in baseball: histories of great and lesser known players, humor, major and minor leagues, fantasy, heroism, trends in the game, and documentaries about individuals and the game itself. We will watch Bull Durham, probably Moneyball, and movies that the class helps select. We may have one non-movie session with a special speaker.

Each week we will view a film and, if time permits, we will discuss various aspects of the film. Because some of the films exceed two hours, we will begin the class (and films) at 9:00am. There will be no breaks in the class, so be prepared to use the bathroom or get a cup of coffee as you see fit. For those who wish, Greg &/or Larry will stay 15-20 minutes after class for discussion.

There is no required reading. All we need is your attendance and enthusiasm.

Greg Petty grew up with the affliction of being a Cubs fan. But 38 straight years of fantasy baseball spurred his natural interest in all aspects of baseball. After facilitating 4 baseball classes for OLLI, he decided to explore baseball movies with OLLI members. Greg was an administrator for a not-for-profit, and colleges and universities in Illinois and Colorado. He is a Board member of the Rocky Mountain Chapter of the Society for American Baseball Research (SABR).

Larry Matten has suffered through a bitter divorce (his beloved Dodgers deserted him and moved to the west coast) and the finding of a new permanent love (he is currently observing his 52nd anniversary with the St. Louis Cardinals). He has a love of movies and has taught two Science Fiction movie courses. Larry’s career ranged from Professor and Chair of a Plant Biology program to Elder Law Attorney in Englewood.
Mindfulness II: Consciously Connecting to the Stories that Color Your Life
Facilitator Peter Mayerson and Senior Facilitator Barbe Ratcliffe

First six weeks
Mindful meditation, at its core, is about quieting the mind so we can hear and understand the unconscious stories we have created to deal with life, the underlying scripts that determine how we feel and act on the surface, with the goals of obtaining more understanding, peace, clarity and balance in our lives.

This class is for those who already have some understanding of mindfulness. The objective is to help members further master the techniques of mindful meditation.

The text that we will use is: “Real Happiness, The Power of Meditation”, by Sharon Salzberg. Ms. Salzberg is one of the pioneers in bringing the understanding and usefulness of meditation in the Western World. This 208 pp. book is available through Amazon for $9.88, as well as from local bookstores.

In each class, we will initially discuss sections of the book and together listen to the accompanying audio downloads (see the last page of the book). In the second hour, we will have 30” of silent meditation followed by a sharing of what we have discovered and how it has hopefully effected and increased our mindfulness and how it could help us rewrite our personal stories.

Peter Mayerson, M.D. is a retired psychiatrist and psychoanalyst who was in private practice and has been a Clinical Professor of Psychiatry at the University of Colorado Health Sciences Center and a Training and Supervising Analyst at the Denver Institute for Psychoanalysis. He has facilitated several different courses at OLLI Central. He has always been interested in looking at how psychological principles effect our daily lives and believes that mindfulness meditation is a very useful form of self-analysis.

Barbe Ratcliffe is a mindfulness practitioner, assisting individual in understanding their unique possibilities. After thirty years in corporate and becoming aware of the challenges of living and aging well, she shifted her life focus. This shift included time spent in mindful self-assessment, leading her to greater self-awareness. Barbe has enjoyed her meditation and mindfulness practice for nearly 20 years and looks forward to the continued awareness and calm this practice can bring to her life.
What You Don’t Know About the American Indian: A Study of History, Past and Present

Facilitator: Roger Collins

What is the American attitude, past and present towards American Indians? What do you know about the history of American Indians? The culture, the historical events, the tragedy, the sadness, the attitude that “We are still here,” the pride, the excitement and the fun of learning about the American Indian will be shared by all during the OLLI class entitled:

“What You Don’t Know About the American Indian: A Study of History, Past and Present.”

The attitudes of American society at large have changed drastically toward American Indians during my lifetime, but I have a feeling that most of us who are not American Indians still haven’t gotten it right. However, it is very difficult for this country to fully recognize what it has done to this indigenous population. It is time to start recognizing, and in so doing, a time of healing and learning can and must begin. It is important that we restore the integrity of our Native American people. If we truly seek to do what’s right and just, then let’s do it.

There are things we can all do as individuals in our society to ensure that American Indians themselves are welcomed within our society—not incorporated, not ignored, but welcomed. Poverty, hunger, joblessness, alcoholism and higher-than-average suicide rates are still problems that American Indians cope with regularly. So are those offensive mascots for teams with names like “Redskins.” If you’re truly interested in American Indian culture and values, don’t let your interest stop with a few books and pictures—make it your business to understand American issues and rights, and make your voice heard on these issues. Regardless, American Indians are still here and we should be proud of their culture, their strength and their stamina. How do you begin? OLLI—OLLI—OLLI! Learn and enjoy classes concerning Indian creation stories, Columbus, European invasions, “Trails of Tears,” defending a land, Indian boarding schools, the American Indian Movement, ceremonies and powwows as well as “Show and Tell” your favorite Indian treasures at OLLI Central Spring, 2018.

Books/materials: None requested, however a manual specifically written for this class will be given to the class members for their information at no charge. Also emails with additional information will be sent weekly covering the subject matter.

Roger Collins is a graduate of the University of Denver, and retired from Sears Roebuck & Company after 25 years as a manager of several stores in Colorado and Wyoming. He and his wife then created the largest printing operation of the Signal Graphics Printing franchise in 15 years of operation. Roger retired again in 2000. He next developed a hobby of which he became very passionate. For the last 17+ years he has been involved in the study of the history, culture, lifestyles and religions of American Indians. He has traveled extensively spending from one day to a full week with various tribes throughout the United States including Alaska, Canada, Mexico and Peru (Machu Picchu). During the last two years he has visited over 50 Native American tribes. Recently he became Santa Claus to over 800 Indian children presenting Christmas gifts.
He has given classes concerning American Indians to all three OLLI locations (Central, South and West) concerning “First Americans: Then and Now,” “American Indian Spirituality,” “Trails of Tears,” and “What You Didn’t Know About the American Indian.” Also, he has given classes related to the American Indian to Assisted Living homes, Boy Scouts groups, grade, middle, and high school students as well as preschool children. He recently gave a class to 180 preschool children about sharing with others the American Indian way as it related to Thanksgiving and the 12 Commandments of their culture.

Tuesdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

Write to Save Your Life

Facilitator: Patricia Cox

First Six weeks
If you have outlived childhood, you have a wealth of stories to tell. By writing these treasures down, you will be passing on the essence of your life. If you don’t put these funny, sensitive, and unique vignettes down, they will be lost forever. We will discuss, write, share, and hopefully inspire you to continue your memoir.

Books/Materials: None required  Class Limit: 12

Class Type: Discussion/Writing/Reading

Patricia Cox is a former teacher for the Cherry Creek School District and the Denver Public Schools. She has taught memoir writing for many venues and delights in helping groups to write down their stories. This mother of three and grandmother of eleven has published five books, all memoirs.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

Current Events #2

Facilitator: Barbara Holme

For the first hour we will discuss current events, as usual. For the second hour, I will select the topic for only the first 2 classes. Then I will ask volunteers from the class to pick topics, send out reading on their topic and lead the discussion.

The reading assignments will be emailed every Sunday afternoon. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields:
government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

**Books/Materials:** Articles will be selected and sent by email from the facilitators. There is no charge.

**Class Type:** Discussion.

**Barbara Holme** graduated from Stanford and was a CO State Senator 1974-84. She represented East Central Denver and served as Democratic Caucus Chair and Democratic Assistant Minority Leader. Barbara was appointed by the Governor to the Supreme Court Nominating Committee and to the Metro Air Quality Control Commission. Barbara also worked for 12 years for a Real Estate Investment Trust (AIMCO) that is headquartered in Denver but owns apartments all over the US. She led successful parent efforts for 15 years to lobby Denver Public Schools to establish and maintain the Highly Gifted Education program. She also served on the Summer Scholars Board (now called Scholars Unlimited), as President of the Denver Association of Gifted and Talented, member of Common Cause Board, Planned Parenthood Advisory Committee, and numerous other volunteer positions.

Tuesdays 9:30am-11:30am – **Park Hill United Methodist Church**
5209 Montview Blvd.

**The Other Ireland: Legends, Myths and Folktales**

**Facilitator: Don and Gracie Batt**

This course will introduce both the early and later stories of Ireland. We will provide a brief history and background to give these works some context and then will cover the major cycles of Celtic legends, introducing principal characters that reappear in later works. In addition, we will read some of the folktales compiled by W.B. Yeats and Lady Gregory. We also plan on showing two films that are placed in contemporary settings but which embrace the myths of Ireland.

**Materials Fee:** A $5.00 fee will be due at the first class for copying costs. We will have packets and handouts of articles and short stories.

**Don and Gracie Batt** have been teachers in Cherry Creek Schools and have designed high school, senior-level literature. They have facilitated OLLI classes for several years.
AN OLLI AT DU LECTURE SERIES

The Oxford Study Lectures

Presenter: Joseph Brady, M.S.T.C.M., L.Ac., Dipl. Oriental Medicine

The Oxford Study is an ongoing longitudinal study into the effectiveness of health promotion programs in changing behaviors and motivation for people to live active, healthy lifestyles.

Originally funded by AARP and supported by the Denver Botanic Gardens, the project began as a model health promotion program. After winning numerous awards, we were invited to present the project for debate at the Oxford Roundtable at Harris Manchester College and the Oxford Union Debating Hall at Oxford University. The sessions below are all new lectures for the 2018 OLLI winter term.

ALL NEW SESSIONS! LIVING HEALTHY NATURALLY

Presenter: Joseph Brady, M.S.T.C.M., L.Ac., Dipl. Oriental Medicine

Coordinator: Nancy Cain

THE PSYCHOLOGY OF OPTIMAL EXPERIENCE

The quality of our lives is determined by the quality of the way we live our lives. Scientists can’t predict what constitutes a quality life for a given individual, but they have discovered what the prerequisites are. According to Mihaly Csikszentmihalyi, a former head of the psychology department at the University of Chicago, research has found several principles that are common to all enjoyable activities that set the stage for a life worth living. The research has shown that to be having fun, the mind must be paying attention to what we are doing right now. The individual’s awareness needs to be focused on the situation at hand, not upon what used to be or what should be. The experience of enjoyment exists only in the present. An enjoyable sense of accomplishment is experienced when we are engaged in activities that are challenging and require the use of our skills. A flow state of mind is one in which a person is enjoyably immersed in an activity. Commonly known as a “runners high,” flow is also described as an “autotelic experience” denoting states of consciousness that are intrinsically rewarding. Relaxation and enjoyment mark the beginning levels of these experiences, and optimal experiences and even mystical experiences denote the higher levels. Much research into flow states has been done on world-class athletes, musicians, dancers and others. Learn what the research has to offer the rest of us to help to achieve meaning and purpose in life.

GIVING PEACE A CHANCE: ON THE EVOLUTION OF VIOLENCE

We are currently living in the most peaceful, non-violent times in all of human history and almost nobody knows about it. Suffering from historical amnesia and media-driven myopia, most people today are certain that the world is going to hell in a hand-basket and that idea is utterly false. Every measurable indicator of violence has declined dramatically in the last few centuries and these declines have accelerated in the last 50 years. Murder rates in the 1200s were 100 times what they are today. Similarly wars, genocide and child abuse have declined dramatically; more importantly, social scientists and
military historians have a pretty good idea of why. This seminar will review the facts and discuss the idea that for the first time in world history, we might be able to truly give peace a chance.

**STRESS, AGING AND THE QUALITY OF LIFE**

“Stress is the mother of disease and aging.” So goes an old saying in Chinese medicine. Stress-induced psychological and physiological disorders top the list of health problems in the world today. The evolutionary biologist George Baker defines aging as “the decline over time in the fitness of an organism to deal with the stress of daily life.” Life is stressful, and our ability to handle the stress of daily life directly affects health and longevity. While thought of as a single cause of disease, stress can have ramifications for any and all of the organ systems in the body. Learn safe and effective stress management techniques shown in modern studies to improve health and the quality of life.

**MEDICAL Qi-GONG: HEALING EXERCISES FROM CHINA**

Qi-gong is the primary exercise therapy used in Traditional Chinese Medicine. Medical Qi-gong exercises are considered superior to herbal medicine and acupuncture because patients learn to keep themselves healthy by using exercises designed to cultivate a strong mind and a strong body. With over 3600 psychophysiological exercises developed over centuries, Qi-gong provides the tools for everyone to become an active participant in their own health. This lecture will give students an introduction to a variety of the most popular sets of exercises in a safe and progressive way. Qi-Gong exercise modalities include therapeutic gymnastics, equipment, massage, nature’s treatment and recreational exercise.

**About the Speaker**

**Joseph Brady** is a national, board-certified practitioner of Oriental Medicine and an internationally recognized expert on healthy aging. Joe has spent over 20 years teaching at the University of Colorado Health Sciences Center, the University of Denver Institute of Gerontology, and Metropolitan State University. A former columnist on healthy aging for the Rocky Mountain News, Joe has presented at many scientific and medical conferences and twice been a featured presenter at the Oxford Roundtable at Oxford University, U.K. Joe currently runs his own clinic in the Denver area and serves as Director of the Living Younger Longer Institute.

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**Tuesdays 9:30am-11:30am – Park Hill United Methodist Church**

5209 Montview Blvd.

**Tolstoy’s Anna Karenina**

**Facilitator: Bill West**

A good many critics and admirers of the novel consider Tolstoy the supreme novelist of all time; and although *War and Peace* is certainly as well known, *Anna Karenina* is probably the most admired of Tolstoy’s works. Like a good many other 19th century novels, Tolstoy’s has more than one plot line. In the case of this novel, there are three. The most famous one is, of course, the story of Anna and her lover Vronsky, the story that the movie versions have stressed. It’s a great part for actresses, the best of whom, in my opinion, has been Greta Garbo. Another plot belongs to Levin and Kitty, and though it is less well known than the story of Anna, it was I think the most important of the three for Tolstoy. The interplay between the three plots is part of the fascination and brilliance of the novel, as I think you’ll agree as we make our way through the book. In any event, our communal reading of it will almost certainly be a wonderful experience for all of us.
The novel is long, about 800 pages -- the 19th century was the great age of the long novel -- which means assignments of approximately 100 pages per week. I'll be using the Pevear-Volokhonsky translation which I'll make available to those who wish to purchase a copy of it for themselves.

As always, I look forward to my time with OLLI students.

William West is Professor Emeritus from The University of Colorado at Denver where he was a member of the English faculty 1970-1995. He received his BA from Ohio Wesleyan University, his MA from Columbia University, and his PhD from The University of Michigan in Ann Arbor. He wrote his Master's thesis on Willa Cather and his Ph.D. dissertation on Anthony Trollope.

Tuesdays 9:30am-11:30am – **Harvest Chapel**
3651 S. Colorado Blvd.

**Current Events #4**

**Diamond Facilitator: Dick Reinish and Master Facilitator: Sydney Myers**

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

**Books/Materials:** Articles will be selected and sent by email from the facilitators. There is no charge.

**Class Type:** Discussion.

**Dick Reinish:** Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

**Sydney Myers:** Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.
Lawrence in Arabia

Facilitator: Steve Winber

First six weeks
This course, based largely – but not entirely – on the book by the same name by Scott Anderson will cover the last few decades of the declining Ottoman Empire. English and French colonialism in the Middle East, plus T.E. Lawrence’s role in the Arab revolt against the Turks are part of the picture, as is America’s little-publicized but significant activity in the area during this period. Participants will better understand the long-term result of all of these on today’s events.

Books/Materials: (recommended but not required) Lawrence in Arabia, by Scott Anderson.

This class will combine the facilitator’s presentation with videos and discussion.

Steve Winber, a retired Denver dentist, has had a long-standing interest in political and military history, especially that of the Middle East. He has facilitated several OLLI courses in economics and current events.

Continuing Topics in Talmud: Sugiyot Everyone Should Know

Facilitator: Rabbi Sandra Cohen

This spring, we will continue to explore the vast and diverse issues addressed in the Talmud, from when and how to pray, Herod the Great (or not so great. . .) to issues of privacy and the crazy case of falling off a ladder. Continuing students are welcome, as are newcomers; you do not need to have studied Talmud before to be in this course.

Rabbi Sandra Cohen, a former congregational rabbi, now teaches and learns Jewish texts in a variety of settings in both the Jewish and non-Jewish communities in Denver. She is also involved in pastoral care and in mental health outreach in the Jewish community.
All New - Documentary Films

Master Facilitator: Dick Reinish

Class begins 12:30pm
Documentary films rely on real life events to tell a story. For this class, we will focus on films that tell stories with social relevance. The class will begin at 12:30 with the showing of a documentary film followed by a discussion of the issues raised by the film. Each film tells its fascinating story in approximately 90 minutes. The films will include stories relating to such issues as the environment, health, sexual assault on campus, photographic journalism, scientology, war, propaganda and other subjects. Generally, relevant articles will be distributed to the class via email preceding each film.

Books/Materials: None

Class Type: Film followed by discussion

Dick Reinish moved from Chicago to Denver in 2011 with his wife Barbara following his retirement from the practice of law. Prior to retiring, Dick practiced antitrust law and complex commercial litigation. He is an alumnus of the University of Michigan (BBA) and Northwestern University School of Law. He has facilitated numerous OLLI Central courses. His interests include sports (both as a participant and spectator), politics, and, of course, movies. In fact, Dick watches around 100 movies a year.

The Great Great Lakes: Their History and Stories

Facilitator: Christine Petty

First Six Weeks
The Great Lakes are the Sweetwater Seas/Inland Seas and contain nearly a fifth of the freshwater on Earth. They had their start almost 600 million years ago. They have ancient species and invasive species. They have hundreds of shipwrecks. They have unique environments. They have great beauty. We will read and discuss the book:

Books/Materials: The Living Great Lakes: Searching for the Heart of the Inland Seas by Jerry Dennis—a delightful book that chronicles Jerry Dennis' journey across the Lakes that also includes their history and many stories.

I plan to start with the Geologic History of the Great Lakes, then move onto the Geography; the explorers; the economic impact; the environmental impact; the fish/flora/fauna; and some of the history
with the shipwrecks. Much will follow the book, and this will be augmented with power point presentations.

The objectives for the class participants is to learn more about these unique and impressive Lakes.

**Christine Petty** joined OLLI in 2014. Christine grew up in Illinois along the Mississippi river and spent time along Lake Michigan. She is a retired Family Physician and Health Insurance executive who now enjoys travel, especially trips that include hiking and long-distance walks and Pilgrimages. She has walked the Frances and the Portuguese routes of the Camino de Santiago and the Kumano Kodo in Japan, and is now a Dual Pilgrim. She enjoys learning about the history and geology of places and meeting the people along the way.

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**Tuesdays 1:00pm-3:00pm – First Universalist Church**
4101 E. Hampden Ave.

**The Trial by Franz Kafka**

Facilitator: Ann Cohen

In this class we will be reading Kafka's novel *The Trial*. The text I would like you to buy is a new translation by Breon Mitchell, put out by Schocken Books (Random House in Canada.) I ask for uniformity of text in order to refer easily to page numbers during class discussion. This book is about the unexplained arrest and trial of Joseph K is a Kafkaesque world where nothing is explained as the action progresses from amusing to macabre. Kafka was a contemporary of Joyce, but his view of the world is dramatically different, and as a class we will try to parse out the world according to Kafka. Ann Cohen - ann.cohen1941@comcast.net

**Ann Cohen** graduated from Smith College with a major in English, and years later received a Master's Degree in Creative Writing and a PhD in English from the University of Minnesota, teaching writing and literature while doing so. She wrote her dissertation on mythic patterns in the Hades chapter of Joyce's Ulysses, and is delighted to share her joy in Joyce with her colleagues at OLLI.

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**Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church**
5209 Montview Blvd.

**How the Enlightenment Transformed our World**

Senior Facilitator Marjie Clark and Facilitator Diane Rich

Most of us remember studying the Enlightenment in school. It was a significant 18th century philosophical and scientific revolution in how people viewed their world and led to the American and French Revolutions. Historian James MacGregor Burns, however, brings new insights into this fascinating movement. The Enlightenment really began a couple of centuries earlier, with Martin Luther's challenge to the Catholic Church and small but significant inquiries into how the natural world functioned. By the 1700s it was in full swing, and **continued** into the following 300 years – in fact, Burns argues, it is still behind political movements and scientific discoveries today. Join us to explore the ways the Enlightenment helped shape the world we live in.  
[Don’t be discouraged by the detail in the first chapter of the book – we’ll sort it out together.]

Marjie Clark is a Senior Facilitator who, having taught American history in high school and college for 30 years, specializes in this area. She retired to Denver from Houston some 10 years ago and has been an OLLI member for eight years.

Diane Rich has an M.A. from Xavier University and is a retired secondary school history and social science teacher. She is also a paralegal and has been a lobbyist, campaign manager, and legislative aide at the Colorado legislature.

Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

Sherlock Holmes: The Casebook

Master Facilitator: Bill Dorn

This is the last in a series of six courses covering all of the 60 Sherlock Holmes stories written by Sir Arthur Conan Doyle. All six courses are independent of each other and may be taken in any order. This sixth course covers the 12 short stories in “The Casebook of Sherlock Holmes”. It is the weakest of the five collections of short stories. Still there are two magnificent tales where Doyle is at his best: "The Illustrious Client" and “The Problem of Thor Bridge”. Alas there also is what is generally consider the weakest of all the stories. “The Mazarin Stone’. Good heavens, it isn't even narrated by Watson.

A professor emeritus of mathematics at the University of Denver, Bill Dorn has facilitated courses on classical fictional detectives for more than 30 years under the auspices of OLLI and its predecessors. He also has written the lyrics to more than a dozen songs about the life and times of OLLI at DU.

Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

Women in Science and Technology: Stereotypes, Reality and Unique Challenges

Facilitator: Barbara T. Zimmerman, Ph.D.

Women scientists have often been stereotyped as “geeks” or “nerds” who may be brilliant but not really feminine according to the standards of the dominant males of their generation. Alternatively, early TV shows often portrayed women scientists as attractive ladies in white coats whose role is to serve and support to the male scientist. In this class, we will explore the realities of becoming a scientist, male or female, including the rigorous education, training and skills one must obtain to excel in a highly competitive profession. We will introduce participants to some famous women in science, and discuss the unique obstacles and challenges women face in becoming scientists. We will investigate why there are still so few women in science, and will discuss alternative careers for those who discover that laboratory is not the right environment for them.
Barbara Zimmerman received her B.A. in Biology from Barnard College (NYC), M.A. in Biology for Boston University, and Ph.D. in Pathology from the University of Colorado Health Sciences Center (now Anschutz Medical Campus). She continued to do postdoctoral-level research for 11 years, investigating diseases at the cellular and molecular level, publishing her results and presenting at international meetings.

Barbara switched her career to medical writing and communication in 1997, and founded her own (freelance) company, Biomedical Communication and Consulting. In this capacity, she has written a variety of non-regulatory documents including successful multi-million dollar grants for the build-out of the new Anschutz Medical Campus and for the recruitment of new research faculty at the School of Dentistry. Her book, Understanding Breast Cancer Genetics, was published by the University Press of Mississippi in 2004. She particularly enjoys translating biomedical science concepts to lay audiences.
Be Good to Your Gut – the science and art of wild fermentation

Facilitator: Judie Maurelli

First four weeks
Fermented foods have regained popularity because of their ability to improve digestive health, boost immunity and fight inflammation through a process of lacto fermentation. We will make a variety of fermented foods using simple processes and ingredients. Most of the equipment needed is already in your kitchen, and vegetables and a few fruits are easily available year round. Cooking skills are not required—just the ability to use a knife and measure some spices. This is a delicious hobby!! Just think of the gifts from your kitchen you’ll have this Holiday Season.

Class type: Some history and instruction will be given at each session, but this is a hands-on class in the kitchen.

Books/Materials: There is no textbook, however some suggested resources will be given to the registrants with a supply list and a materials fee for food collected at the first class.

Judie Maurelli is a self-proclaimed Fermentista who began wild fermenting for her own health issues five years ago. After researching the importance of gut health, she began eating a variety of fermented foods to reculture good gut bacteria after many rounds of antibiotics and to help with allergies. She has a B.S. in Home Economics and an extensive background in food preparation for groups over the years.

Advanced Fermentation Techniques
(Be Good to Your Gut #2)

Facilitator: Judie Maurelli

Second four weeks
For those of you who have taken the first fermentation class or have some experience in the world of Krauts, Kimchi, Brined Vegetables, and fermented condiments, we will renew our skills, discuss problems, learn some new techniques, and get ready for the growing season ahead.

Class type: Some history and instruction will be given at each session, but this is a hands-on class in the kitchen.
**Books/Materials**: There is no text book, however some suggested resources will be given to the registrants with a supply list and a materials fee for food collected at the first class.

**Judie Maurelli** is a self-proclaimed Fermentista who began wild fermenting for her own health issues five years ago. After researching the importance of gut health, she began eating a variety of fermented foods to reculture good gut bacteria after many rounds of antibiotics and to help with allergies. She has a B.S. in Home Economics and an extensive background in food preparation for groups over the years.

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**Wednesdays 9:30am-11:30am – First Universalist Church**

4101 E. Hampden Ave.

**Chasing Earth: Understanding Earth’s geologic History**

**Facilitator: Wilson Wiedenheft**

Over the past two centuries scientists developed a number of revolutionary principles that challenged traditional thinking about Earth’s history. This study explores the remarkable historical events that culminated in geologists' current understanding of why Earth is the way it is and how it got that way. Learn how military investments made by the U.S. during WWII and the U.S. and Russia during the cold war provided keys that unlocked Earth’s secrets and transformed our understanding. Explore the major geologic principles including plate tectonics, evidence that indicates sea level has changed over time, the record left by Earth's changing magnetic field, earthquakes, volcanism, fossil record, deserts and glaciers. Understand how the geologic principles observed on Earth are applied to other planets.

**Class Type: lecture/discussion**

*In 2012, after spending most of his career directing software and hardware development programs at Motorola, Wilson Wiedenheft retired with plans to enter a different field: geology. In December, 2014, he completed a Master's Degree in geology at Northern Illinois University (NIU) in DeKalb, IL, and began teaching geology adult education courses in NIU’s LLI while continuing paleoclimate research. After relocating to Boulder in 2015, Wilson began teaching science courses at OLLI Central.*

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**Wednesdays 9:30am-11:30am – First Universalist Church**

4101 E. Hampden Ave.

**Current Events #3**

**Diamond Facilitator: Dick Reinish and Master Facilitator: Sydney Myers**

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.
Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dick Reinish: Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

Sydney Myers: Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

Wednesdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

The Joy of Joyce’s Ulysses

Facilitator: Ann Cohen

In this discussion class we are listening to an excellent reading of Ulysses and discussing the text as we go. This is an ongoing class for those who want more intimacy with Joyce’s celebration of a common man who embraces life despite the challenges he meets throughout one day in Dublin. The class is open to all, “old hands” who don’t want to miss a word as well as “newbies” who have always felt slightly fearful of getting too close to this book. Fear not! I will provide chapter summaries and a general outline of the book so the text we are hearing will make sense. Please feel free to email me if you have any questions or hesitation about this class. Together we will discover the wonder of Joyce’s use of language, his sense of humor, and his glorious celebration of life in this epic of one Dublin day in the life of Leopold Bloom, the modern Ulysses. Ann Cohen - ann.cohen1941@comcast.net

Books/Materials: Gabler edition of Ulysses

Ann Cohen graduated from Smith College with a major in English, and years later received a Master’s Degree in Creative Writing and a PhD in English from the University of Minnesota, teaching writing and literature while doing so. She wrote her dissertation on mythic patterns in the Hades chapter of Joyce’s Ulysses, and is delighted to share her joy in Joyce with her colleagues at OLLI.
INTERACTIVE LEARNING
PILATES FUNDAMENTALS

The Pilates approach to exercise focuses on the balanced development of the body primarily by strengthening the core and improving spinal alignment and pelvic stability. Pilates movements use breath and mind-body awareness to help achieve these goals, as well as to promote efficient movement, and to improve coordination and balance. In this class we will learn and practice fundamental Pilates exercises. Wear comfortable clothes that will allow you to move easily and plan to work barefoot, and please bring an exercise mat and a hand towel to class. This class is not intended for anyone who has had an osteoporotic spine fracture.

**Debby Levinson** is a retired college mathematics professor and engineering manager. She has practiced Pilates for more than 10 years, is a member of the Pilates Method Alliance (PMA), and received her Pilates instructor credentials in 2013 through Balanced Body®.

8 weeks, Wednesdays: April 4, 11, 18, 25, May 2, 9, 16, 23
First Universalist Church: 11:45am – 12:40pm

Cost: $60 Members ($75 non-members, OLLI members have first priority)
Max. Class size is 12.

Buddhist Psychology: Addressing the challenges and stresses in our lives

**Facilitator: Gretchen Groth**

First Four weeks
Buddhism, a 2500 year old spiritual path continues to be relevant to this world’s challenges as evidenced by it being one of the growing spiritual traditions with this and other Western countries. Mindfulness, a meditation practice grounded in Buddhism has almost become a household word. This class will present some of the basic tenets of Buddhism such as the nature of mind, the freedom arising from non-attachment, and the Four Immeasurables (loving-kindness, equanimity, compassion and empathetic joy). We will explore how they apply to or can inform our everyday challenges and stresses. We will sample various meditation forms such as mindfulness, compassion and mantra.

**Class Type**: Lecture, discussion and experiential activities

**Books/Materials**: Handouts

**Gretchen Ann Groth**, Ph.D. has been a Tibetan Buddhist practitioner within the Nyingma School for many years. Several years ago, her teacher, Dungse Shenphen Dawa Rinpoche, appointed her as a lama, Lama Pema Chokyi. She has been a central member and meditation teacher with Yeshe Nyingpo Denver. In other pursuits, she has been a national Organization Development and Diversity consultant. Currently she teaches Psychology at Metropolitan State University of Denver and pursues fiber/fabric arts.
The William Shakespeare Society

Senior Facilitator: Eileen Wigginton

"The Bard explores universal themes in the telling of Richard III’s short reign of terror, manipulation and control. Central to this aspect of the play is the idea that Richard’s victims are complicit in their own destruction. His gleeful and brilliant monologues can, at times, cause his audience to like him and hope for his success.

In the sequel to Julius Caesar, we revisit the Roman Triumvirate when Antony encounters Cleopatra and abandons his reason for passion. Many consider Shakespeare’s Cleopatra, who is described as having “infinite variety”, as one of the most complex and fully developed female characters in the playwright’s body of work. Perhaps we will learn to like her.” We read the plays aloud, changing the cast each week. Hams welcome!

Eileen Wigginton, for whom the love of English and Irish literature comes naturally by heritage. Eileen has facilitated for several terms.

Ted Talks with Lively Discussion

Master Facilitator: Gordon Appell

TED Talks is an international speaker’s forum providing a platform for “Ideas Worth Sharing” using the internet to reach the widest possible audience. Speakers are pre-screened and fact checked for quality control. Some of these ideas are particularly worth discussing toward increasing our understanding. Our facilitator has selected talks and subjects for OLLI that cover a broad range of issues; two talks will be presented and discussed in each class.

Class type: short videos (<20 minutes each) followed by lively class discussion

Books/Materials: None required, but internet access is necessary to preview talks.

Gordon Appell is a Master Facilitator who has offered courses on a wide range of public and global affairs topics such as Great Decisions, The Fate of Africa, Alternative Energy, the Future of the Middle East and Current Events.
Comedy

Senior Facilitator: Bob Magnani & Facilitator Jim Sieke

This course will explore comedy in many of its forms over the past 65+ years, primarily as seen on TV. We hope to laugh a lot, whatever the form and vintage of the comedy. We have selected artists and series that we think you will be familiar with and will present YouTube videos of these people at their best. Sessions will cover highlights of standup comedy, sketches, comedy duos, situation comedies, late night shows, political comedy, as well as some radio shows and comedic movies.

Books/Materials: Handouts

Course Type: Lecture/ Discussion/ Videos

Materials Fee: None

Bob Magnani, is a long-time OLLI member, attending and facilitating courses at all three Denver locations. His background includes both Arts and Engineering degrees, telecommunications design work, and management at Bell Laboratories and at US West Advanced Technologies and Product Management at AT&T. Bob has a lifelong interest in film, theater and acting, and is delighted to be able to pursue these interests at OLLI. Bob’s interests also include chess. He has played chess, on and off, since age ten and once belonged to the New York Chess Club in Manhattan.

Jim Sieke was born and raised in the Philadelphia, PA, area. He graduated with high honors in Speech-Communications and Broadcasting from the University of Delaware and took graduate courses at both Fairleigh Dickinson University and Northwestern University. After working in cable and broadcast sales in Philadelphia, New York and Chicago, Jim landed at KMGH-TV, Channel 7, in Denver where he worked for 34 years. He was the valedictorian of his high school class and his commencement address was entitled “A Sense of Humor.” In that speech, Jim discussed the role of a sense humor as both a source of enjoyment and an important life skill, and he looks forward to sharing his appreciation of the many talented individuals who have made us laugh over the years.
Social Security and Medicare from a largely minority workforce—who often don’t have health insurance for themselves or their children.

Our health care system is technically brilliant but socially flawed. Forty-Eight million Americans don’t have health insurance (16% of our population) and our medical quality is mediocre by international standards. Health care costs have been rising, until recently, at over twice the rate of inflation and whenever someone suggests limits they are accused of promoting “death panels.”

Our immigration system needs to be reformed and America has more people incarcerated than any other developed nation. Our generation has tripled the per-capita spending on education without moving the needle on academic results. We have growing inequality and 15 million Americans are seeking work in an economy that recently has had disappointing job numbers.

There is good news! America is still a free and creative nation. We have a high productivity rate and hardworking, imaginative people. There is no problem we face that can’t be solved if we honestly face the hard choices that confront us.

BUT THAT MAY BE OUR CHIEF CHALLENGE: our political system is dysfunctional and people are honestly wondering if Democracy is equal to the problems we face. Could it be that Democracy functions when we are distributing the bounties of a wealthy continent, but isn’t structured to demand sacrifice? We have made promises that are impossible to deliver. How do we downsize Democracy?

I personally do not believe that either political party has the solution to America’s problems, but I do know that a problem well defined is a problem half-solved. That is my goal: with your help we are going to better define the Hard Choices that America faces.

Apr 4: The Aging of America and the World
What policy changes will be necessary as we retire the Baby Boomers and are required to run a nation of 50 Floridas? How do we provide health care (Medicare), income security (Social Security), and long term care (Medicaid) to 76 million baby boomers, most of whom have not adequately saved for them.

Apr 11: Debt and Intergenerational Equity
America has set up retirement systems for a time when people didn’t live that long and had a lot of children. But life expectancy keeps growing, births keep dropping, medical technology becomes more expensive and America faces gargantuan future costs. These costs will be largely born by our children and grandchildren and raise new questions of “intergenerational equity”. Never has a generation so encumbered its children and grandchildren and never has a generation borrowed as much money against the future. One author has called our actions “fiscal child abuse.”

Apr 18: Health Care in an Aging Society
The cost of health care generally increases with age, and our wonderfully inventive society comes up with higher and higher technology, often for less and less benefit, costing more and more dollars. What do we do with a society that has invented more health care than it can afford to deliver to everyone? Nothing our generation has done to control health care costs has succeeded and we face a series of life and death decisions that will test our fiber as a people.
Apr 25: **The Future of the American Community**
America will soon become a majority minority community and immigration is making us more diverse year after year. What social glue is needed to allow diverse people to live in peace? How do we assimilate massively diverse people from multiple cultures? A country is not a rooming house where we all individually come and go, but it is a living institution that requires some common denominators, like the rule of law and a common language.

May 2: **Corrections and the Criminal Justice System**
America has 2.2 million people behind bars, more than almost any other country. Many of these are for drug offenses. Are there alternatives to incarceration for drug offenses? Can we realistically make a “drug free America”? If not, what are the alternatives? How effective is our prison system at rehabilitation? Why is violent crime going down?

May 9: **Education and School Reform**
My generation has tripled the per-capita spending on education without any increase in standardized scores. What school reforms, if any, can improve this record? How do we get children to show up at school eager and willing to learn? Are there not more problems outside the classroom that hold down the scores and proficiency of American school children?

May 16: **Poverty and Income Inequality**
America has among the highest income discrepancy in the world. In 1996, Congress passed a welfare reform that dramatically reduced the number of people on welfare. But still, 42 million Americans live in poverty while 400 U.S. families have more wealth than the bottom 150 million. Can we separate the deserving poor from the undeserving poor and can we transfer money to people without creating dependency?

May 23: **Immigration**
America takes in more immigrants than all the rest of the world combined, one million legal immigrants and approximately 300,000 illegal immigrants. Most of the immigrants come under “family reunification” and not for the skills and talents they bring America. A nationwide debate is occurring on the subject of both legal and illegal immigration. This will be one of our most lively sessions.

**BIO:** I am no longer a politician, I am an educator. I was a full tenured professor at the University of Denver law school when I was elected Governor. After 12 years as Governor, I came back to the University this time as the Director of Public Policy Studies. I seek to spell out the hard choices I see facing our society in a non-partisan way. Like the Ancient Mariner in Samuel Coleridge’s famous poem, I seek the opportunity everywhere to tell my tale of woe and of hope. America’s problems are serious but solvable. It is indispensable to the future of America that Americans dialogue more deeply about the hard choices they face.
Understanding China through Art History

Facilitator: Hiroko Johnson

First Six weeks
The class will explore China by following Chinese art history in two parts. The first part covers the Bronze Age to the Song dynasty (960-1279) in the Spring semester. The second part, to be presented in Fall 2018, starts when China was ruled under the Mongol empire, the Yuan dynasty from 1279 to 1368, to the 20th century.

Hiroko Johnson is professor emeritus at San Diego State University. She taught Japanese Art History. She has published a book “Western Influences on Japanese Art: Akita Ranga and Foreign Books”. She co-curated an exhibit of Japanese woodblock prints at San Diego Museum of Art in 2010 and has curated many exhibitions at the Japanese Friendship Garden. With her students, she visited Japan every year, exploring historic sites.

Brahms and Romantic Tradition

Master Facilitator: Steve Weston

Begins at 12:30pm

Bedrock of German romanticism, the music of Johannes Brahms continues to inspire classical interpretation in recordings and performance. This eight-week DVD-related analysis of Brahms and his music includes the four symphonies, two piano concertos, violin concerto, double concerto, and the German Requiem. Conductors include the “big three” of the 20th century: Herbert von Karajan, Sir Georg Solti, and Leonard Bernstein. Literary resource is the important 1997 biography by Jan Swafford, Johannes Brahms (paperback). Each class session is scheduled for two-and-a-half hours.

Steve Weston is a former newspaper writer, editor and music annotator, television producer and classical music broadcaster. He has taught college level music appreciation classes and is in his fifth year as an OLLI facilitator. He is a retired Episcopal clergyperson.
**Feminism Revisited: Divided We Stand**

**Facilitator: Melicent Rothschild**

In 1977 “The Feminine Mystique” encountered Phyllis Schlafly. Tensions between feminists and their conservative critics exploded during a series of state and national conferences culminating in a National Women’s Conference in Houston, Texas. Known as the International Women’s Year conferences, they were unique in American history as federally sponsored assemblies to which women were invited to tell Congress and the president what women wanted. After “Houston, the most important event nobody knows about”, American politics would never be the same. Whereas in the early 1970s both Republican and Democrats supported the modern women’s movement and significantly ERA, by the 1980 the GOP supported the family values movement and the Democrats supported the women’s liberation movement. They were divided not only on ERA but on the key issues of abortion and gay rights.

In the 2016 election it was clear that the polarization of American politics had reached a new and ominous level. Women and gender issues remain at the forefront of American politics in the “culture war”. 2017 is an important anniversary of the conferences of ’77 and a time to contemplate the significance of these events, to reflect upon past gains and losses, and to plan for the future. The recent outpouring of cases of sexual harassment once more raise the question of women’s equality in our society. Our generation of women and men lived through this time of significant change. Two generations later, what do we think and how do we talk to our children and our grandchildren?


**Melicent Rothschild** is a retired history and humanities teacher from the University of Chicago Laboratory Schools. She has been awarded numerous grants from the National Endowment for the Humanities for seminars and independent study as well as a Fulbright for international study.

**Math for Mathphobics and Others**

**Facilitator: Marty Caplan**

Are you someone who has always been a little bit fascinated with mathematics, but has never quite understood what it is all about? Or are you one of those people whose early experiences with mathematics have caused you to avoid the subject whenever possible? In either case, this may be the class for you. In this class, you will have the opportunity to explore a variety of topics in mathematics in a creative and intriguing way. The topics will include numbers, algebra, geometry, probability, statistics, and calculus. We will work together to solve some interesting problems, and hopefully you will gain an appreciation for the beauty of mathematics. Come prepared to learn together in a joyful and unthreatening way.

**Book/Materials:** A small calculator is desirable, but not required. Please bring paper and pencil to each class.
Class Type: Presentations, discussion, and small group problem solving

Marty Caplan has been involved in education for more than 50 years. He has been a math teacher and a school principal. He has taught at all levels from kindergarten through college. Since retiring from full-time work, he has done extensive teacher training, and he has helped several schools with their math programs. He has also taught several OLLI classes. His most recent activity has been training teachers and administrators in a girls’ school in the slums of Nairobi, Kenya.

Wednesdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

Words that Shook the World: 100 Years of Unforgettable Speeches and Events

Facilitator: Ruthann Moomy

Words matter – the words of our leaders truly matter – they can change the direction of a nation and make us reflect on who we are. We will listen to, and critique, famous speeches spanning the 20th Century: from FDR and Churchill to Martin Luther King and the Dalai Lama, with others in between. Some examples:

“The only thing we have to fear is fear itself”
“Today I consider myself the luckiest man on the face of the earth.”
“I have a dream.”
“General Secretary Gorbachev, if you seek peace … tear down this wall!”

Could you imagine that anyone could have given those speeches, if faced with that time and circumstance? Or, is the quality of the orator himself the spark? A good speech moves the listener. It moves us emotionally, and frequently to action. You will hear these men and women perform with grace and power, with emotion and exhilaration.

For each speech we will analyze the content, the delivery, and the person. Reports will cover biographical information on the speaker and the historical events surrounding the speech.

This class is participatory. Each participant will have the opportunity to report on one of the speeches in the book, or from any other source.


Class Type: Audio, lecture, interactive, reports from participants.

Ruthann Moomy holds advanced degrees in economics (Georgetown University and The Pennsylvania State University). She worked in the field of finance for more than 20 years, first within the mining industry and later as an investment consultant for institutional investors. She has been an OLLI member for six years, and this is her fourth term of facilitation. She believes these speeches contain a lot of history, and may even make us better communicators ourselves.
Great Decisions #2

Facilitator: Barbara Deeter

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

- The waning of Pax Americana?
- Russia’s foreign policy
- China and America: the new geopolitical equation
- Media and foreign policy
- Turkey: a partner in crisis
- U.S. global engagement and the military
- South Africa’s fragile democracy
- Global health: progress and challenges

Type of class: video and discussion of the reading

Books/Materials: Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. We will forward the first chapter by email.

Class Type: study and discussion with weekly video interviews and topic overviews

Barbara Deeter has been involved with OLLI as a facilitator/member in the past. She has long been interested and active in the community and in good government issues. She believes Great Decisions is well researched and provides an opportunity for members to discuss and share their views.

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Let’s Explore Poetry - CANCELLED

Facilitator: Bobbie Wright

Former American Poet Laureate Billy Collins claims that “poems can inspire us and make us think about what it means to be a member of the human race.” As we appreciate and analyze poetry, we will read poems together and talk about them in class. We will also examine some of poetry’s formal elements, such as metaphor, imagery, and other “tools” that poets use to express themselves. We will talk about how poems make us feel. We will view some DVDs that focus on the great poets or listen to recordings of featured poets reading their own work. You may want to bring one or two of your favorite poems to read and to discuss with the class. At the end of eight weeks, I hope that we will have shared some fine conversations and some food for thought about poems, the “songs of our spoken language.”

Books/Materials: Handouts will be provided
Class Type: Readings, discussion, DVD's

*Bobbie Wright* earned a Ph.D. in American 19th Century literature. She has facilitated several OLLI courses and had a lengthy career as an English instructor, teaching mostly courses in writing and in the literature of the American Renaissance.

Wednesdays 1:00pm-3:00pm – *Park Hill United Methodist Church*
5209 Montview Blvd.

**Solar Systems: We are (probably) not alone**

*Facilitator: David Shander*

While the basics of astronomy are taught in elementary school, there have been astonishing discoveries in the past few decades that were unimaginable when we attended school. Using ground based and space based telescopes, un-manned orbital and landed probes, and utilizing multispectral wavelengths information has been obtained that may soon resolve one of the greatest enigmas of all time. Is there life elsewhere in the universe? Is there intelligent life out there? With the discovery of thousands of other solar systems, the answer is far more likely to be yes!

This course will focus on a review of what is known of our solar system, emphasizing some of the most recent discoveries and what is rapidly being learned about planets detected orbiting some of the nearby stars.

Class Type: The format will be primarily lecture with ample time for discussion and questions. A guest lecturer from the DMNS department of astronomy will be provided.

Book/Materials: no book, some handouts

Materials Fee: NONE

*David Shander* MD, FACS is a retired clinical cardiologist who practiced at Rose Medical Center for almost 40 years. He was a clinical professor of medicine at University of Colorado Health Sciences Center for much of that time. He has had an unswerving interest in science for all of his life and for the past 14 years has been a volunteer in the Space Odyssey exhibit at the Denver Museum of Nature and Science. This exhibit is devoted to astronomy and cosmology. He has facilitated several previous courses at OLLI which were well regarded.
The Salem Witch Trials: How can we understand them?

Facilitator: Myra Rich

Historians are fond of saying that "The past is a foreign country." This class on The Salem Witch Trials will explore both the many differences and the equally many similarities between the late 17th century and our own. Using Salem as a theme provides an opportunity to discuss religion, pre-industrial economies and social structure, and the varieties of historical interpretation. The book we will use, Salem Possessed by Paul Boyer and Stephen Nissenbaum, was first published by Harvard University Press in 1974 but remains one of the most influential sources of insight into the events in Salem. In addition, we will read several short essays published twenty-five years later, looking back at the impact of Salem Possessed. We will also see parts of a PBS film, Three Sovereigns for Sarah, and explore documents related to the trials, all of which have been digitized and made available online.

Myra Rich received her PhD in History from Yale University, and taught for more than thirty years in the History department of the University of Colorado Denver. Her interest in early American history stems partly from its foreignness, partly from the sheer fun of wading through centuries-old documents, deciphering handwriting, looking up words no longer in use, and thinking about profoundly different ways of seeing the world.
Art and Social Revolution in 20th Century Mexico

Senior Facilitator: Abe Grinberg

The mural work of Orozco, Rivera and Siqueiros and Frida’s Kahlo ‘surrealist’ paintings spans for 5 decades from the early 1920’s to the early 1970’s. During that time Mexico went an enormous transformation from a mostly rural, semi-literate revolutionary nationalist society to a developed, largely industrialized and modern country. The way how the work of these artists reflected changing realities in Mexico and its people, and how in turn the people perceived the art throughout those changing decades feeds into the wider question concerning the function that art can have within a modern secular society.

The purpose of the course is to learn about the history of the Mexican Revolution and the 20th century when these artists produced magnificent pieces of art; it also gives us the opportunity to explore the subject through their work that captures the socio-political and cultural changes that occurred in Mexico after the 1910 revolution. This art played a central role in the political, cultural and social life of Mexico like in any other country in the world.

Members interested in the World View trip to Mexico City (August 25-September 3, 2018) will benefit from the materials covered in this class

Class Type: DVD documentaries and movies supplemented with power point presentations and discussions.

Materials Fee: None

Abraham Grinberg (Abe), Senior Facilitator, is a retired physician born and raised in Mexico who enjoys continuing to learn about cultural understanding of different populations in relation to medical and social problems. Abe has facilitated courses at OLLI related to psychology, human behavior, socio-political problems and political science and art history in Latin-America. This time he has decided to address the topic of “Art and Revolution in 20th Century Mexico”. This would be the 20th course that Abe facilitates at OLLI.
Evolution, Intelligent Design, and the Courts

Master Facilitator: Larry Matten

First seven weeks
In 1859, Darwin published “On the Origin of Species” and used the concept of Natural Selection as the basis for changes in life through time. His theory of evolution sparked a massive response from fundamentalists in England and other parts of the western world. Through time, most major churches came to accept evolution as being compatible with church doctrine. However, some fundamentalist churches and sects refused to accept science over their sacred text, the bible. The fundamentalists have been called creationists and intelligent designers. They have been the predominant force in the United States trying to deny science and to legalize their fundamentalist beliefs so that it is taught in public schools. This conflict has been played out in many states as well as nationally. State and Federal Courts have been asked to interpret the religion clauses of the Constitution and determine the role that evolution and religion play in public schools. We will examine the keynote cases about religion and evolution over the past 90 years starting with the Scopes Trial and ending in some of the current cases.

Books/Materials: The material for the course will be made available through a DU Portfolio page. (Instructions will be sent to students)

Larry Matten has a Ph.D. in Paleobotany and has studied and taught evolution at the university level as well as at OLLI. He has a law degree and has studied constitutional law, especially as it involves the religion clauses of the first amendment. Larry created a course on Evolution and Creationism for general education credits at Southern Illinois University. He is a master facilitator at OLLI and loves to share his passions with OLLI members.

George Saunders – Short Stories

Facilitator: F. Kelly Smith

Until 2017, George Saunders devoted his one-of-a-kind writing craft almost exclusively to short stories. Then last year, he published his first novel, Lincoln in the Bardo, for which he was awarded the Man Booker Prize for Fiction (UK). This course will consider Saunders’ stories selected from his four collections (thus far). The majority of the stories we will read and discuss will come from Tenth of December; that will be the only book registrants will need to acquire. We will also read one or more stories from Civil War and in Bad Decline, Pastoralia, and In Persuasion Nation, all of which will be provided by the facilitator in PDF via email.

Though your facilitator has offered two prior classes that have involved Saunders’ stories, they were alternated weekly with works by David Foster Wallace. This course will deal exclusively with Saunders. Even if you have already read some of the material we will focus on this spring, I think you will find (as I do) that each rereading will provide you a fresh perspective. Moreover, our discussions will never be identical with prior ones, since each class is composed of some new participants who will bring observations filtered through each one’s life experiences.
Class Type: Close reading and all-inclusive discussion

Limitation: This class will be limited to 20 participants.


F. Kelly Smith received his B.S. and J.D. degrees from The University of Iowa. While attending law school, he was the Teaching Assistant in European Literature & Thought, a multi-disciplinary department that offered a single seminar each semester for selected undergraduate and graduate students. Kelly has previously facilitated eleven OLLI literature courses.

Thursdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

Taste Life Twice*
Celebrate Your Life’s Story through Writing!

Facilitator: Cherie Orwig, MA, APR

Are you just beginning to write about moments in your life? Have you kept a journal and want to pull it together? Writing stories of your experiences not only will allow you to create greater awareness of your own life, but it also will allow your loved ones to be introduced to the unique individual you’ve become.

This class is for those who want to explore writing a memoir. Start from the beginning, or begin anew. We’ll use writing exercises—with prompts—and open discussion to learn from each other in an atmosphere of sharing and caring.

We will spark ideas and create insights into writing, editing, and organizing your stories.

Come to have fun and to Taste Life Twice*.

Materials: No book purchase required. In class, I’ll offer book titles that might interest you for your follow-up.

Class type: Writing, reading your work at the table, discussion

Class size is limited to 11.

Cherie Orwig, an OLLI member, and personal historian / certified legacy letter facilitator, will introduce you to the rewards and opportunities of capturing your journey through life. Cherie is a volunteer interviewer for the Veterans History Project and the University of Colorado’s Palliative Care service and is past-chair of the Colorado chapter of the Association of Personal Historians.

**“We write to taste life twice, in the moment and in retrospection.” Anais Nin (1903-1977)**
Everyday Engineering

Diamond Facilitator: Mo Mathews

This course will be based largely on the Great Courses course called “Everyday Engineering”. We will describe and give the engineering background of many of the systems that we encounter every day: water treatment and distribution; waste disposal; production and distribution of power; cellular phone and satellite communication; highway and traffic engineering; etc. The Great Course is taught by Stephen Ressler who did the Great Structures course. The objective of the course will be to give the students a better informed technical background on systems that they will be voting on, taxed for, or buying.

Mo Mathews is a retired civil engineer, utterly untalented in music, who loves opera and loves telling other people about opera. He has taught OLLI courses on many different subjects over the past ten years.

Great Decisions #1

Senior Facilitator: Jay Baugher & Gail Andersen

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

- The waning of Pax Americana?
- Russia’s foreign policy
- China and America: the new geopolitical equation
- Media and foreign policy
- Turkey: a partner in crisis
- U.S. global engagement and the military
- South Africa’s fragile democracy
- Global health: progress and challenges

Type of class: video and discussion of the reading

Books/Materials: Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. We will forward the first chapter by email.

Class Type: study and discussion with weekly video interviews and topic overviews
Jay Baugher has facilitated Current Events and Great Decisions several times for OLLI. He attempts to present the material in Great Decisions in a fact-based, nonpartisan climate that yields productive conversation on the topic. Jay is a bit of current events geek. Widely read in matters of policy and government.

**Thursdays 9:30am-11:30am – Park Hill United Methodist Church**
5209 Montview Blvd

**Origami for the Mind: The Foundation Center**

**Senior Facilitator: Mark Burger**

Did you know that the age-old craft of paper-folding was developed in the 1850’s by the German educator Friedrich Fröbel for use as a teaching tool in his newly invented school for young children? The Kindergarten craze - and with it, the paper-folding craze - quickly caught on around the world. When a New York enthusiast, Lillian Oppenheimer, started what was to become the largest organization ever devoted to paper-folding in 1958, the Origami Center, she chose to use that little used and - to her - more catchy Japanese term to describe her group's future activity. This course builds upon Fröbel's work, using paper-folding as an exercise for both the mind and the eye. Each of the eight weekly projects will focus on a particular aspect of origami and will progress from easy to difficult.

Although the material might be hard at times, we will strive in this class to enjoy ourselves and to help one another. If you’ve previously attended other OLLI classes and have wondered where all the laughter was coming from in the building, it was from this class. Students are cordially invited to take the course more than once.

**Class type:** Project instruction and group discussion.  **Class Size:** 7

**Books/Materials:** All paper and the difficult-to-find main text will be provided. Some class projects will require the use of your own pair of sharp pointed scissors, a ruler and a pencil. Every student enrolled in Origami for the Mind should also possess a library card.

Please bring to the first class a shoe box or tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.

**Materials Fee:** $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

**Mark Burger** is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is this year’s recipient of OrigamiUSA’s Teaching Award and is a Senior Facilitator at OLLI at DU.
Current Events in Science, Technology and Medicine

Senior Facilitator: A. Gerson Greenburg

Surely you are aware of the explosive exponential growth of information in science, technology and medicine. Could you compare the totality of information in a single weekly issue of the New York Times to an Elizabethan’s lifetime knowledge? On any Tuesday the Science Times section contains a tsunami of significant new information, interpretation, hypothesis formation, theories, and controversies in science, technology and medicine. This is not unique; many other sources address similar issues in topic range and volume. Is it possible to keep up with all the information? Using a “current events” format, readings and discussion and the occasional “presentation”, together we will explore 3 to 5 newsworthy topics each week. From current news sources topics that we would like to understand and contextualize serve to drive a discussion. Topics of current interest---last week to 6 months ago---are selected from newspaper articles, the electronic media, accessible journals and magazines (e.g. The Economist, Nature, Science, NEJM, Christian Science Monitor) or suggested by participants. The socio-economic and environmental impact on individuals/society/populations, political implications, economics, the value and perceived benefits of the “new information”, are essential to a lively discussion. The issue of the quality of “science/medical reporting” is a critical element of all discussions; how “secondary sources” deliver new information is critical to understanding the message. When indicated, to clarify the content or context, the history and underlying science are explored and false starts noted. Is the topic controversial? What drives the controversy? As needed, an historical context and examination of significant individuals involved are added. Exploring scientific, medical and technology issues of the day provides a stimulating, weighty and multifaceted background for spirited discussion.

Dr. A. Gerson Greenburg has facilitated many OLLI courses in the sciences including explorations of medical history, medical/scientific feuds, “controversial” subjects and several iterations of the current events model. A retired Emeritus Professor of Surgery, Brown University, he holds an MD from the University of Chicago and a PhD in IE/MS from Northwestern University and has served as Medical Director for two biotech companies.

History through Art: Women, Art and Culture

Facilitator: Diana Huston

Last seven weeks

To understand and appreciate the achievements of the selected female artists, this course takes a look at the cultural environment in which they lived and worked, as well as the social, economic, and demographic factors that influenced their art.

This course will attempt to answer this Linda Nochlin 1971 question. We will focus on women both as the subjects and the creators of art. It will be organized chronologically and thematically. This will involve a brief historical survey of women artists and their artistic contributions, as well as an examination of the cultural influences: religious, mythological and secular images of women in art.
Class Type: Mostly lecture with extensive visual PowerPoints. Discussions will be prompted

Books/Materials: Email handouts and an extensive bibliography will be provided for those interested in further delving into the subject. I own every book on that bibliography and would be willing to loan out any.

Diana Huston is a retired private school European history teacher from New York City and was volunteer art history teacher for ten years in Stowe, Vermont. She has a B.A. with a major in Russian and Chinese history and a minor in art history from McGill University. Her goal is to illustrate the history of a period or a country through its art.

Thursdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

Music in the Movies (Not the Musicals)
Senior Facilitator: Barbara Thorngren

Come along as we survey how music has been used in movies from the earliest kinetoscopes through modern days, with some discussion about how popular music trends have influenced motion picture music. We will also talk about some of the most awarded film composers. A bonus feature: we will watch some cartoons.

No materials required.

Barbara Thorngren grew up with the movies since her parents owned the movie theatre in her small Iowa town. She has an undergraduate degree in music education, and her twenty-four years as a high school librarian hasn’t diminished her interest in research.

Thursdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

The Wonderful, Wacky, Sometimes Terrifying World of Insects
Facilitator: Jim Nelson

First six weeks
Insects have been around for a long, long time -- some 400 million years. Much longer than dinosaurs. If we named 200 new species every day, it would take more than 500 years to name them all. Some species hatch out in swarms of billions of individuals. No wonder a recent textbook of entomology chose the title, Bugs Rule! Jim Nelson explores a variety of topics about insects.

Insects are horrible: stories of murder and mayhem
Insects are beautiful: Photographs of butterfly wings
Insects are destructive: some examples of commercial devastation
Insects are essential; pollinators of more than half of all food crops
Insect behavior is mysterious and fascinating: migration, social behavior, communication, instinct

Jim loves exploring the insect world, sharing stories and asking far more questions than he can answer.

**Jim Nelson** grew up in northwestern Montana, starting his collection by displaying bugs in cigar boxes. Like all naturalists, he has spent endless hours simply watching: a caterpillar spin a cocoon; a dragonfly’s new wings unfolding, a wasp burying a paralyzed spider. He’s taught English and sold health insurance, but has never lost his fascination with insects. He will share his collection of dozens of cases of tropical insects -- no longer in cigar boxes.

**Thursdays 1:00pm-3:00pm – Park Hill United Methodist Church**  
5209 Montview Blvd

**Healing the Heart of Democracy & Our Hearts – Meaningful Dialogue**

**Facilitator: Susan Kaplan**

“At the deepest levels of human life, we do not need techniques. We need insights into ourselves and our world that can help us understand how to learn and grow from our experiences of diversity, tension, and conflict.” - Parker Palmer

Expand your capacity to create a higher quality of conversation in civic dialogue. In this interactive series you will practice holding the tensions of our modern day world with compassionate presence. Learning the tools of Courage & Renewal Conversational Guidelines®, Open & Honest Questions® and Nonviolent Communication skills, you will be able to create a sense of mutuality and deepen relationships in your community. Five Habits of the Heart, from Healing the Heart of Democracy, will frame each class, using reflection, discussion, and interactive activities. Each week you will receive handouts prior to the class with the expectation that you bring them to class. We’ll work through handouts during class.

**Books & Materials:** Handouts will be sent electronically for each session – please bring to class.

**Class Type:** Interactive activities, discussion, reflection & mindfulness activities, Video clips

**Susan Kaplan** is a Courage & Renewal Facilitator®, Candidate for Certified Trainer with Center for Nonviolent Communication, Accredited Facilitator with Rocky Mountain Compassionate Communication Network, Coach and Trainer. She offers a variety of trainings for leadership and professional development, individual, family and team coaching, and parent and teacher education. As Adjunct faculty for the DU Graduate School of Social Work, she teaches an Introductory Course in Nonviolent Communication. Her experience with this series is extensive, with several series, a wide range of Nonviolent Communication offerings, a DU Student Retreat, Train-the-trainer, several congregational series, a national clergy retreat, Beloved Community Project, Development of Curriculum for Middle & High School Students, Denver School of the Arts Middle School Leadership Project, and Engaging & Healing Differences Story-based Program for Elementary Schools in Denver Public Schools. She received her Masters in Social Work and Masters of Public Administration at University of Denver. She is also a Professional Storyteller and Yoga Teacher.
Islam 101 – Discovering Islam

Facilitator: Gulsum Katmer

Islam, the religion of about 1.6 billion Muslims, is perhaps the most misunderstood religion in the West. This course will attempt to provide an overview of Islam, its history, major teachings, rituals, attitudes, sects within the religion, and its relations with other cultures and faiths, among other topics, in order to provide a well-rounded introduction to one of the most influential ways of life on Earth.

Gulsum Katmer was born and raised in the neighborhoods of Cappadocia, Turkey. In 2007 she moved to the US to pursue her education. She received her Bachelor's Degree in Biology from UCLA and her Master's in Economy in from Penn State. Gulsum is a passionate teacher of Turkish language and art classes. She gave many talks on Islam and women in Islam at various different institutions. Gulsum Katmer has been Executive Director of Multicultural Mosaic Foundation since 2016. Gulsum and her husband have two children and have been living in Colorado since 2013.

Origami for the Mind: Fundamental Lessons from a Japanese Origami Master - The Work of Akira Yoshizawa

Senior Facilitator: Mark Burger

This course builds upon skills and techniques learned in the prerequisite Origami for the Mind: The Foundation Course.

In this course, part of the Origami for the Mind Continuing Course series, we will not only study and fold Akira Yoshizawa’s perhaps most profound models, such as his cranes folded from triangular and rhombic sheets of paper and his goldfish mobiles, but also derive from them the general principles he developed and used in creating his revolutionary work. This includes learning to read folding diagrams in the symbols he invented, cutting paper to size, backing paper (that is, making your own double-sided paper) and wet-folding. The course could almost be called “Foundation Course 2”!

This course is part of the Origami for the Mind Continuing Course series. Previous offerings have focused on the traditional Japanese models and the decorative paper of Japan’s Edo period and on Modular Origami. Future terms will see offerings concentrating on the work and methods of another such admired origamist, Friedrich Fröbel, and on the wide field of scholarly work available on the topic of Cute Origami. Of course, the facilitator is always happy to customize class projects to suit the students’ interests.

Although the material might be hard at times, we will strive in this class to enjoy ourselves and to help one another. If you’ve previously attended other OLLI classes and have wondered where all the laughter was coming from in the building, it was from this class. Students are cordially invited to take the course more than once.
Class type: Project instruction and group discussion. **Class Size:** 7

**Books/Materials:** All paper and other materials will be provided.

Please bring to the first class a shoe box or tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.

**Materials Fee:** $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

**Mark Burger** is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is this year’s recipient of OrigamiUSA’s Teaching Award and is a Senior Facilitator at OLLI at DU.
Who are OLLI Facilitators?

They are people . . . just like you!
At the heart of OLLI are our facilitators and curriculum. OLLI is successful because every term we have an intriguing curriculum and a “faculty” of dedicated people volunteering their time to make it happen.

The majority of OLLI facilitators have never taught a class in their lives. They all find many different ways to organize a class based on the topic and their style – some prepare discussion questions from the text they have chosen; some prefer using lecture tapes and building a discussion around them; others have members of the class give reports; and many invite guest lecturers.

How can you find out about becoming a facilitator?
It is quite easy. You may begin by simply indicating your interest to a Curriculum Committee member. They will be delighted to answer your questions and offer suggestions. Here’s how to get started: 1) request a course proposal form from the Curriculum Committee Chair; 2) return the completed form to the appropriate sub-committee chair; 3) meet with the appropriate subcommittee chair for an evaluation of your proposal.

Curriculum Committee Contacts

Curriculum Committee Chairperson: Nancy Cain, (303) 329-0669, ncainforever@gmail.com

<table>
<thead>
<tr>
<th>History, Public Affairs, Economics</th>
<th>Chair</th>
<th>(303) 880-7574</th>
<th><a href="mailto:jaybaugher1@gmail.com">jaybaugher1@gmail.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Jay Baugher – Public Affairs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Committee Members</td>
<td>Gordon Appell, Marcia Helfant, Maria Valdes, Frank Schneider</td>
<td>(303) 321-3978</td>
<td><a href="mailto:swinber@yahoo.com">swinber@yahoo.com</a></td>
</tr>
<tr>
<td>Chair</td>
<td>Steve Winber – Economics</td>
<td></td>
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</tr>
<tr>
<td>Chair</td>
<td>Nan Morehead - History</td>
<td>(303) 690-1949</td>
<td><a href="mailto:nanmore@q.com">nanmore@q.com</a></td>
</tr>
<tr>
<td>Committee Members</td>
<td>Marjie Clark, Reva Greenburg, Diane Rich, Boyd Hight, Fred Rabin, Tom Giordano</td>
<td>(801) 364-3387</td>
<td><a href="mailto:repassoth@gmail.com">repassoth@gmail.com</a></td>
</tr>
<tr>
<td>Philosophy, Religion and Psychology</td>
<td>Chair</td>
<td></td>
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<tr>
<td>Chair</td>
<td>Richard Passoth</td>
<td>(801) 364-3387</td>
<td><a href="mailto:repassoth@gmail.com">repassoth@gmail.com</a></td>
</tr>
<tr>
<td>Committee Members</td>
<td>Kip Doran, Ruth Neubauer, Michael Prevedel, Maria Valdes</td>
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57
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<tr>
<th>Visual and Performing Arts</th>
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<tbody>
<tr>
<td>Chair</td>
<td>Nancy Cain (acting Chair)</td>
<td>(303) 329-0669</td>
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<tr>
<td>Committee Members</td>
<td>Bev Edelstein, Maxine Rossman, Amy Theodore, Wendy Wenkstern</td>
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<tr>
<td>Literature, Writing and Language</td>
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<tr>
<td>Chair</td>
<td>Don &amp; Gracie Batt</td>
<td>(303) 837-1369</td>
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<tr>
<td>Committee Members</td>
<td>Ann Cooper, Kelly Smith, Bobbie Wright</td>
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<tr>
<td>Science, Research and Technology</td>
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<tr>
<td>Chair</td>
<td>Larry Matten</td>
<td>(303) 770-5276</td>
</tr>
<tr>
<td>Committee Members</td>
<td>Gerson Greenburg, Steve Johnson, Lillian Lautzenheiser-Page, Peter Mayerson, Shelly McHugh, Randy Putnam, David Shander, Josh Staller, David Weisberg, Wilson Wiedenheft</td>
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</tr>
</tbody>
</table>

**OLLI CENTRAL ADVISORY COUNCIL**

**Bonnie Payne, President, (720) 936-2577, bonnierenne@gmail.com**

Tom Bieging, Vice President, (303) 761-9684, biegfam@comcast.net

Glenn Cooper, (720) 394-2720, coopergx@aol.com

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David Ramsey, (303) 693-5327, g.ramsey@comcast.net

Dick Reinish, (303) 355-3135, rlreinish@aol.com
2018 Spring Term Registration – OLLI Central
April 2 through May 25
OLLI Central 2211 S. JOSEPHINE ST. DENVER 80208-8301
www.portfolio.du.edu/olli

*New to OLLI? _______ (check for “yes”)  * = Required Field

*NAME______________________________________________

NAMETAG: ____________________________________________
(Nametag ONLY If NEW, please PRINT your name as you would like it to appear on your nametag)

*ADDRESS__________________________________________ *CITY____________ *ZIP__________

*PHONE__________________________________________ *EMAIL_____________________________

► *I would like to participate in a TOTAL of ___classes◄

Classes listed over this total number will be considered alternate choices.
Failure to complete required fields (those with *) may affect class placement

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<tr>
<th>#</th>
<th>Class Name – Please list in order of preference.</th>
<th>Would You Be Class Asst?</th>
<th>Day Of Week</th>
<th>AM PM</th>
<th>Location: PH, 1stUC, HBC</th>
<th>Check if an Alternate Class</th>
<th>ENROLLED (For Office Use Only)</th>
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INTERACTIVE LEARNING OFFERINGS

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<th>#</th>
<th>INTERACTIVE LEARNING CLASS NAME</th>
<th>Costs</th>
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<td>3</td>
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<td>Member $ _____  Guest $______</td>
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TOTAL AMOUNT ENCLOSED FOR INTERACTIVE CLASSES LISTED $
Please double check your form for accuracy as to day of the week, time, and class location!

Please make check payable to OLLI and mail with your registration requests to:

OLLI
UNIVERSITY COLLEGE, UNIVERSITY OF DENVER
2211 South Josephine Street
Denver, Colorado 80208-8301

*Please indicate on the envelope if the classes are for* Central, South, West, East, On-Campus or Mixed

PLEASE ENCLOSE YOUR $130 TUITION CHECK PAYABLE TO OLLI. (The tuition includes your membership fee.) If you are also registering for INTERACTIVE LEARNING offerings, include a separate check for those fees as well.

Check(s) enclosed:

_______ Tuition: $130 per term, per person

_______ OLLI INTERACTIVE LEARNING registration fees: Total for all classes requested.

_______ OLLI Tax Deductible Donation, please enclose a separate check

_______ Total Amount Enclosed

For information and/or questions, contact:
Debbie Loftin at 303-871-3090 or debra.loftin@du.edu

Please let us know if you have special needs or require accommodation
303-871-3090

We hope you will access future OLLI curriculum information and registration forms from the OLLI website: [www.portfolio.du.edu/olli](http://www.portfolio.du.edu/olli)

Thank you for helping us reduce our printing and postage costs.

PLEASE TAKE NOTICE that for OLLI Central, catalog information will be available online at [www.portfolio.du.edu/olli](http://www.portfolio.du.edu/olli) AND copies of the catalog may be picked up at the OLLI office at 2211 South Josephine, Denver

IF YOU HAVE QUESTIONS, PLEASE CALL 303-871-3090
WEEKLY CLASS OVERVIEW FOR THE OLLI CENTRAL SPRING TERM 2018

The Classes listed in **Black text** are held at Park Hill United Methodist Church, 5209 Montview Blvd. The classes listed in **Blue Italics** are held at First Universalist Church, 4101 E. Hampden Ave. The Classes listed in **Red Italics** are held at Harvest Bible Chapel, 3651 South Colorado Blvd.

**MORNINGS**

<table>
<thead>
<tr>
<th>MONDAY 9:30 – 11:30am</th>
<th>TUESDAY 9:30-11:30AM</th>
<th>WEDNESDAY 9:30-11:30AM</th>
<th>THURSDAY 9:30-11:30AM</th>
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<tr>
<td><strong>First Universalist Church</strong></td>
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</tbody>
</table>
| *Baseball Goes to the Movies*  
G. Petty & Larry Matten  
**Begins at 9:00am** | *Current Events #3*  
D. Reinish & S. Myers | *Art & Social Revolution in Mexico*  
Abe Grinberg | |
| *Mindfulness & Meditation*  
B. Ratcliffe & P. Mayerson  
1st 6 weeks | *Be Good to your Gut: Fermentation I*  
Judie Maurelli 1st 4 weeks | *Evolution, Intelligent Design*  
Larry Matten 1st 7 weeks | |
| *What you Don’t Know About American Indians*  
Roger Collins | *Fermentation II*  
Judie Maurelli 2nd 4 weeks | *George Saunders – Short Stories*  
F. Kelly Smith | |
| *Write to Save Your Life*  
Patricia Cox  
1st 6 weeks | *Chasing Earth*  
Wilson Wiedenheft | *Taste Life Twice*  
Cherie Orwig | |
| *Ulysses*  
Ann Cohen | | | |
| *Pilates*  
11:45am – 12:40pm | | | |
| **Park Hill United Methodist** | **Park Hill United Methodist** | **Park Hill United Methodist** | **Park Hill United Methodist** |
| *Joy of Watercolor*  
Barbara Holme | *Current Events #2*  
Barbara Holme | *Buddhist Psychology*  
Gretchen Groth  
1st 4 weeks | *Everyday Engineering*  
Mo Mathews |
| *Yoga from the Heart*  
9:30 to 10:45am | *The Other Ireland*  
Don & Gracie Batt | *Shakespeare Society*  
Eileen Wigginton | *Great Decisions #1*  
Jay Baugher |
| *Tai Chi*  
11:00 – 11:45am | *The Oxford Study Lectures*  
Joe Brady  
1st 4 weeks | *Ted Talks*  
Gordon Appell | *Origami Foundation*  
Mark Burger |
| *Tolstoy’s Anna Karenina*  
Bill West | | | |
| **Harvest Bible Chapel** | **Harvest Bible Chapel** | | |
| *Continuing Topics in Talmud*  
Rabbi Sandra Cohen | *Comedy*  
B. Magnani & J. Sieke | | |
| *Current Events #4*  
D. Reinish & S. Myers | *Hard Choices*  
Richard Lamm | | |
| *Lawrence in Arabia*  
Steve Winber, 1st 6 weeks | *Understanding China Through Art History*  
Hiroko Johnson  
1st 6 weeks | | |
<table>
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<tr>
<th>MONDAY 1:00-3:00PM</th>
<th>TUESDAY 1:00-3:00PM</th>
<th>WEDNESDAY 1:00-3:00PM</th>
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<td><strong>Active Minds</strong></td>
<td><strong>Documentary Films</strong></td>
<td><strong>Feminism Revisited</strong></td>
<td><strong>Current Events: Science &amp; Tech</strong></td>
</tr>
<tr>
<td>Ann Tull</td>
<td>Dick Reinish</td>
<td>Melicent Rothschild</td>
<td>Gerson Greenburg</td>
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<tr>
<td>Apr 30, May 7, 14, 21</td>
<td>Begins 12:30pm</td>
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<tr>
<td><strong>America's First Daughter</strong></td>
<td><strong>The Great Great Lakes</strong></td>
<td><strong>Math for Mathphobics</strong></td>
<td><strong>History through Art</strong></td>
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<tr>
<td>B. Bennett &amp; M. Moe</td>
<td>Christine Petty</td>
<td>Marty Caplan</td>
<td>Diana Huston</td>
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<td>1st 6 weeks</td>
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<td>Last 7 weeks</td>
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<tr>
<td><strong>The Great Kate</strong></td>
<td><strong>The Trial by Franz Kafka</strong></td>
<td><strong>Words that Shook the World</strong></td>
<td><strong>Music in the Movies (not musicals)</strong></td>
</tr>
<tr>
<td>Larry Matten</td>
<td>Ann Cohen</td>
<td>Ruthann Moomy</td>
<td>Barbara Thorngren</td>
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<td>Begins 12:30pm</td>
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<tr>
<td><strong>The Transcontinental Railroad</strong></td>
<td><strong>Brahms &amp; Romantic Tradition</strong></td>
<td><strong>The Wonderful, Wacky World of Insects</strong></td>
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</table>
| Stewart Jones | Steve Weston | Jim Nelson | |}

<table>
<thead>
<tr>
<th>Park Hill United Methodist</th>
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<tbody>
<tr>
<td><strong>Further Experiments in Watercolor</strong></td>
<td><strong>How the Enlightenment Changed our World</strong></td>
<td><strong>Great Decisions #2</strong></td>
<td><strong>Healing the Heart of Democracy</strong></td>
</tr>
<tr>
<td>Noon to 2pm</td>
<td>M. Clarke &amp; D. Rich</td>
<td>Barbara Deeter</td>
<td>Susan Kaplan</td>
</tr>
<tr>
<td><strong>Current Events #1</strong></td>
<td><strong>Sherlock Holmes</strong></td>
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<td><strong>Islam 101</strong></td>
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<tr>
<td>Maria Valdes</td>
<td>Bill Dorn</td>
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<td>Gulsum Katmer</td>
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<tr>
<td><strong>Michelangelo The High Renaissance</strong></td>
<td><strong>Women in Science &amp; Tech</strong></td>
<td><strong>Solar Systems</strong></td>
<td><strong>Origami Lessons from a Japanese Origami Master</strong></td>
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<tr>
<td>Marianne Lorenz</td>
<td>Barbara Zimmerman</td>
<td>David Shander</td>
<td>Mark Burger</td>
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<td>1st 4 weeks</td>
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<td><strong>Oil, a History</strong></td>
<td><strong>The Salem Witch Trials</strong></td>
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<tr>
<td>Bix Bicknell</td>
<td>Myra Rich</td>
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