Better Now than Later: The Difficult Conversations
Mondays, 9:30 – 11:30 a.m.
2 consecutive weeks, October 28 and November 4
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Summary of course:
Planning is fun when it has to do with our next trip. It isn't so fun when you are planning for life's final journey. We frequently delay communicating our highly personal decisions regarding death, but the time to do it is while we're still alive, especially when it comes to choices we would make for our end-of-life care. Studies show that 40% of us are physically unable to communicate our wishes when we need to.

Meaningful conversations now with your spouse/partner, children, grandchildren and close friends can ensure that any decisions made on your behalf are in line with your personal values.

Session 1: You will leave the first session of this class with a Conversation Starter Kit and Medical Durable Power of Attorney form.

Session 2: During session two, you will develop strategies to have a conversation with your family and health care provider. Wise planning and discussion will help ensure the end-of-life care you desire. Once you have done this, you can get back to the cruise brochures.