Mission Statement

OLLI, a member-volunteer organization, offers non-credit academic classes and stimulating programs, along with social opportunities for retired and semi-retired men and women. Members use their talents, experiences, and skills creatively in shared intellectual and cultural pursuits. We strive to respect diversity of thought in a relaxed, supportive academic environment, exploring new interests, discovering and developing latent abilities, and contributing to the immediate and broader communities.

About the Osher Foundation

Thanks to the generosity of the Bernard Osher Foundation, the network of Osher Lifelong Learning Institutes across the United States is meeting the needs of older learners who want to participate simply for the joy of learning and personal fulfillment. To date there are more than 121 OLLI programs in the United States from Maine to Hawaii and Alaska.

Welcome to OLLI South at DU...

Where curiosity never retires.
Dear Friends,

This is an exciting year for OLLI South – we’re turning 10! We want to celebrate 10 years of friendships, learning options, and take this opportunity to reflect on our accomplishments as a lifelong learning institute. Please keep an eye out for more information on how we will formally celebrate this very special occasion!

Would you consider using this anniversary as a time to “give back”? Perhaps a donation of “$10” for 10 years? Another consideration is to volunteer your time. We gratefully accept help with greeting at events, GEEK squad, class assistants, facilitators, and committee members to name a few! Please reach out to other volunteers about their experience or send an email to ollisouth@gmail.com and let us know your interest in volunteering and we’ll be glad to get you connected.

We’re happy to announce a new collaboration with Arapahoe Community College (ACC). Many of our OLLI South members have requested we offer more fine arts and language courses. We’re pleased to announce a new collaboration with ACC to help us meet this goal. ACC is offering an almost 50% discount (available only to OLLI members registering for Fall 2019 classes via the OLLI South registration site) to a selection of their courses designed for the 50-plus community. By viewing the OLLI South catalog on-line, you’re able to access a list of 20 additional classes being offered through ACC; you will find them on pages 59-66. If you decide to take advantage of any of their courses, you will find them in a new section called “ACC Courses” during the on-line registration process. Please note the ACC courses will be at locations other than Valley View Christian Church and require an additional fee and possibly a materials fee, supplies, or a required book – please review these carefully!

Be sure to tell your friends about OLLI! We love welcoming new members into our community. Pass along your catalog to a friend after you’re done or forward the registration email when you receive it.

We have added “Important Dates” and “Registration Instructions” to the next few pages of the catalog. Please take a few minutes to read through these as we want to make sure you have the best opportunity to get into classes you desire. If you have any questions, please feel free to reach out to us via email – we’re here to help!

Happy Anniversary, OLLI South! We look forward to welcoming you in the fall!

Sincerely,

Connie Dawson
OLLI South Manager
ollisouth@gmail.com
303-638-3388
Important Dates

Registration begins Monday, August 5, 2019. Online registration will be opened on August 5 and any paper registrations will be manually entered by staff as they are received. All registrations entered between this date and Open Request Period ending are given the same priority. (No need to stay up until midnight! All registrations entered in these 11 days receive the same priority.)

Open Request Period ends Friday, August 16, 2019. (Don’t worry, you can still register for classes after this date!) The class size limits are entered after this date, so if a class is already full, you will be unable to register for that class. For classes that had more people sign up than the class can hold, staff will remove attendees based on their Order of Preference. We do our best to enroll you into your priority 1 and 2 classes. Once you receive your class confirmation email, if you were removed from a class due to class size limits, you can go back online and register for another class that still has space available – just use your original confirmation email that contains a link in the bottom of the email.

Class Confirmation Email goes out Tuesday, Sept. 3, 2019 and Classes in Jeopardy notified. This email will confirm which classes you have been assigned based on class size, and will notify you of any classes in jeopardy of being cancelled. A class must have at least ten participants enrolled for the class to be held. Please do not purchase recommended or required course books until you are sure the class is not cancelled; we cannot refund book purchases.

New Member Orientation – Tuesday, Sept. 10, 2019 from 9:30 - 10:30 am. (held at Valley View Christian Church). If you are new to OLLI, this is a GREAT way to meet other new members, get more information about OLLI, join a tour of the church, and receive your name tag. If you are unable to attend orientation, please stop by the church lobby your first day of class.

Registration ends Friday, Sept. 13, 2019. If you need to add or drop a class after this date, please send an email to ollisouth@gmail.com.


How to Receive a Paper Catalog in the Mail

OLLI South has greatly reduced the amount of paper we use for both environmental reasons and cost concerns. We instead reference members to the website, the bulletin board at the church and produce weekly emails during each term to keep everyone updated on the latest information. The catalog is easily accessible online and contains the latest registration information. To continue to receive a paper catalog, you must indicate your desire by answering the question, “NEXT OLLI SOUTH CATALOG” with “Yes (I need a paper copy of the catalog mailed to me)” during your registration process.
OLLI Policy Statement

In the spirit of fostering understanding, all OLLI members are encouraged to share opinions and ideas. OLLI class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems and beliefs. The true focus of an OLLI class is the critical examination of issues and opinions. All participants’ points of view carry equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate. Comments shared within the class are voiced in a professional manner, without personal attack, to preclude them from being detrimental to the learning environment. In the event an issue arises compromising this premise, OLLI administration has the authority to remove a student or instructor from the class and/or the program.

Membership Fee Information

Fee Structure: $130 per term. Scholarships are available, contact the manager for more information.

Membership fee includes the following benefits:

- Participation in classes at any OLLI at DU campus (contingent upon space availability – enrollment is limited based on classroom size and facilitator preferences).
- Special member price for “The Summer Seminars of OLLI.”
- Notice of un-advertised DU events (many at no cost).
- Invitations to annual social events.
- Lamont School of Music – All OLLI members get the senior/group rate.
- University of Denver Library (Anderson Academic Commons) borrowing privileges, see www.portfolio.edu.ed/olli for details.
- The Enrichment Program – Our sister organization offers classes at the University of Denver. The classes are led by professors and staff and are held during the evening hours. The members of OLLI at DU enjoy a 20% discount on most courses (some exclusions do apply. To review the course offerings, please go to http://universitycollege.du.edu/enrichment or visit the 2211 South Josephine Street office and pick up a catalog in the front reception area.
- DU Athletics – Certain DU sporting events may have discounted rates available. Please check when you purchase tickets.
- Coors Fitness Center. $25 per month for 12 months membership. Ask to speak with the Director of Ritchie Center Operations (303-871-3165) to obtain the OLLI discount.
- Colorado Symphony – Receive student pricing. For more information, go to their website: https://coloradosymphony.org/Education/Discounts.

Refund Policy

Per term: Full refund of $130 if requested no later than 10 days into the term. Please send request via email to ollisouth@gmail.com. Unless a class is cancelled, there will be no refunds for class or materials fees.
Registration Instructions

1. Please give on-line registration a try! Go to www.portfolio.du.edu/ollisouth to register online. Registering on-line provides immediate feedback that your registration was successfully submitted via an email. If you don’t receive the confirmation email after registering within a few hours, please send us an email at ollisouth@gmail.com with your name and email address used to register and we’ll help to ensure your registration was received. Registering online also saves OLLI Staff data input time. If you run into issues, please contact us at ollisouth@gmail.com and we’ll be happy to assist.

2. On the first sign in page, please input your name as you want to be known at OLLI (used for name tags, name tents, and attendance sheets). If paying by credit card, you will have an opportunity to input your name as it shows on your credit card later in the registration process.

3. Only one person can register per unique email address. If you share an email address with another OLLI member, one of you will need to register by mail. We encourage all our members to have their own email address to stay in touch by getting our emails and evaluations! (If you share a gmail account with someone, please contact us and we can instruct you on how to register each person with a “unique” email account – a unique feature for gmail users.)

4. Register for one class per time slot. If we are unable to place you in your selected class, you will have an opportunity to register for another class for that day/time if desired, at a later date. If you register for more than one class per time slot, your registration will be rejected until after the open request period as it requires us to manually remove you from the duplicated time slot.

5. Rank your “Order of Preference” for each class. Rank the class you most want as number 1. Use each preference number only once. You should have only one class ranked as 1, one class ranked as 2, and so on. If you rank any of your classes the same priority, your registration will be rejected until after the open request period.

6. If you are unable to advance to the next page during registration, check for a message at the top of the page. The most common error is not answering a required question. Required questions are marked with an asterisk (*). We have a Liability and Media waiver that you will need to mark as having read and understood - it is a required field.

7. After reviewing the last page, simply close the window to finish your registration. You will receive an email with your selections which is indication that you have successfully registered. Please note: your class schedule is not final until you receive the confirmation email on the Class Confirmation Email date listed in IMPORTANT DATES.
Welcome to Fall 2019 term at OLLI South! Inside you will find a terrific line-up of courses to whet your appetite. Bet you can’t pick just one!

We were honored to present awards this past Spring to our new Senior, Master and Diamond facilitators. We recognize successful facilitators for their enormous contribution to OLLI with a new title of Senior, Master and Diamond Facilitator. Senior facilitators have been at the helm of facilitating 10 classes. Master Facilitators have volunteered their time and energy to facilitate 15 classes. Diamond facilitators are our real heroes racking up 25 successful classes. Although the number of classes is only one measure, from our evaluations our facilitators know, and we know, just how consistently well they perform and the energy they receive from all of you is what keeps them returning term after term. You can tell if a facilitator has received a special title by looking in the catalog or on their nametag. If you recognize a Diamond facilitator, please stop them and say, “thank you.”

If you have an inkling that facilitating a class might be fun and rewarding, please be sure and sign up for the “Facilitator Bootcamp” class offered this fall where you will hear from experienced facilitators, get help fleshing out your idea and receive loads of tips and techniques to make you successful.

See you around campus this fall!

Sally Walling and Pat Smith
Who Are Our OLLI South Facilitators?

They are people.....just like you!

At the heart of OLLI South are our facilitators and our curriculum. OLLI South is successful because during every term we have an intriguing curriculum and a “faculty” of dedicated people who volunteer their time to make it happen.

Many of our OLLI South facilitators had never taught a class prior to volunteering for OLLI. They found a subject they were passionate about and developed a way to organize a class based on the topic and their style. Some prepare discussion based on text they have chosen, some prefer using lectures and building discussions around them, others invite members of the class to give reports, and others invite guest lecturers.

How can you find out about becoming a facilitator?

This term we’re excited to have a course dedicated to those who may be interested in learning how to become a facilitator. (See “Facilitator Boot Camp” offered on Tuesday afternoons by Peggy Winn and Stuart Gentry.) We recommend signing up for our Facilitator Boot Camp course to see if you think it’s a good fit. If you’re unable to attend the course, reach out to any of the Curriculum Committee members (listed in the back of this catalog or on the “Curriculum Committee” tab on our website). They will be delighted to answer your questions and offer suggestions.

Recognizing our facilitators!

Each year a special event is held where new facilitators are recognized as well as awarding those that have met Senior, Master, and Diamond qualifications with their new name tags. (More about qualifications can be found in the “Letter from Your Curriculum Co-Chairs” on the previous page.) An additional honor is bestowed at the event to show appreciation to an OLLI member who has gone “above and beyond” for the year; we call this our “Spirit Award.” The 2019 award was presented to long-time OLLI South member, Abe Grinberg, Diamond Facilitator. Abe not only facilitated classes on Mexico (and others) this past year, he led OLLI trips to Mexico and joined the Curriculum Committee as co-chair for the Political Science/Economics sub-committee. We celebrate Abe this year as our Spirit Award recipient and thank him for all he does for OLLI.
Letter from the Executive Director

Welcome to the Fall Term of the Osher Lifelong Learning Institute aligned with the University of Denver (known to many as OLLI at DU). OLLI at DU is a thriving organization comprised of over 3,000 lifelong learners all over the age of fifty! We have six (6) unique sites. The catalog you are reviewing is for our OLLI South site. On the inside of the back cover, we have a map of the Denver metro area and the locations of all of our sites.

OLLI at DU is a volunteer organization started nearly 25 years ago. We were built on the concept of ‘peer-lead’ or ‘peer-facilitated’ courses. This approach provides amazing learning opportunities at an incredibly reasonable price! This past year the six sites together offered a total of more than 500 courses at eight distinct locations. The majority of these courses were offered by facilitators – OLLI members with a love of sharing their passions. Although we do offer some speaker series-type courses, our typical class size is 25 – 30 member attendees. This allows for quality discussion and participation. We have found that our members enjoy asking questions and engaging in the topic.

I mentioned an incredibly reasonable price. Any of our three eight-week terms is offered at a price of $130.00 for the term. This price provides access to all of the courses offered at all of the sites for that term. We do not work on a first-come-first-serve basis. Rather, the first two weeks of any term’s registration period is considered an open registration request period. At the end of this open registration, the staff reviews the registrations to determine if any of the courses are beyond the attendee limit set. If any classes are over-requested, the staff reduces the number of requests using the priority notations made by the member. Once this process is completed, we then move to a more normal first-come-first-serve process.

I hope, as you peruse this catalog, you see several courses of interest. I also hope you consider the topic(s) you might like to share with the other OLLI at DU members.

Barbe
Barbe J Ratcliffe
Executive Director – OLLI at DU
OLLI Worldview 2019-2020

OLLI at DU will be offering two (2) Worldview trips this coming year...three if you were to count the November 2019 trip to Memphis – Magic on the Mississippi...which is now filled!

**Shades of Ireland (including Northern Ireland)**

Company: Collette Travel AND an OLLI Trip  
13 days from June 1 – 13, 2020  
Double Occupancy – $4,749; Single Occupancy – $5,499  
Includes Round-trip Airfare from Denver International Airport (DIA)

- From vibrant and history-filled Dublin, across rolling green hills to the dramatic coast and onwards to Derry, experience the charms of the Emerald Isle  
- Uncover the legend of the Titanic at Belfast’s famed Titanic Experience  
- View the Atlantic from the stunning 700-foot Cliffs of Moher  
- Stand on the awe-inspiring Giants Causeway  
- Experience the world-famous beauty of the Ring of Kerry  

OLLI-on-Campus Manager, Jackie Wyant, will be offering a course on Ireland and will be joining the trip.

**Sorrento~ The Charm of the Amalfi Coast**

Company: AHI International AND an OLLI Trip  
8 days from June 17 – June 25, 2020  
Double Occupancy – $3,690; Single Occupancy – $4,485  
Does NOT include Airfare to Naples International Airport!

- Indulge in Italy’s enchanting Amalfi Coast, a region that has lured travelers, writers and romantics for centuries. Staying in captivating, cliff-side Sorrento for seven nights, we will discover the region’s full breadth of treasures  
- From fabled villages to flower-filled alleys, thrill to visual splendors and legendary sites  
- Travel a serpentine road along the Amalfi Coast, passing awe-inspiring natural scenery and vertiginous houses, including colorful Positano  
- Taste exquisite cuisine in the Campania region  

OLLI at DU Director, Barbe Ratcliffe, will offer a course on Pompeii on Day 7. Registration for these trips will open in September 2019. Stay tuned for more information.
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Capturing the Faces you Love:
A Photography Workshop

Facilitator: Karen Kirkpatrick  
Note: 2-1/2 hours, 9:30 - Noon  
3 weeks, Sept 16, 23, 30  
Field trip Sept 23

It’s all about light and composition, after all!

A camera is merely a tool for what your eye sees through the lens. This photography workshop will explore how to improve what your eye sees and how to make your family and/or pet photos a little more interesting.

In the first class we will discuss basic techniques such as composition, background concerns, effective use of natural lighting, and depth of field. There will be plenty of time left to practice the techniques together in and around the church, in order to gain confidence that the tools will pop into your memory when put to the test at home.

A field trip the second week to a park (perhaps Hudson Gardens) will give us access to various lighting situations and some challenging background settings. Using each other as models, we will explore setting up family-type groupings, and push the envelope of “ordinary” family portraits.

After these weeks of practice together and at home, we will spend the third week in the classroom viewing results and discussing problems and successes each person has experienced. We will also discuss the benefits of software to make corrections and enhancements to your captured images.

Please join me with your digital camera and your enthusiasm for improving your family photos.

Book/Materials: A digital camera is required -- 35mm, point-and-shoot, or cell phone cameras are welcome  
Class Type: Lecture, DVD/video, hands-on, field trip  
Class Size: Limited to 12 participants  
Materials Fee: None

Karen Kirkpatrick earned a Bachelor of Fine Arts degree from the University of Colorado, Denver, and has been an avid photographer for many years. She has been involved with OLLI for the past eight years, benefiting from the vast wealth of knowledge of OLLI members, and has taught OLLI classes in art, opera and photography.
Joy!

Facilitator: Janet Kester

Most would probably agree that we could all use more joy in our lives. Ingrid Fetell Lee wrote a book recently entitled *Joyful* in which she details “The surprising power of ordinary things to create extraordinary happiness.” It quickly became a best seller indicating the yearning among us for more joy. She divides joy into ten aesthetics such as energy (often provided through color), renewal (think baby chicks and spring flowers), freedom (riding in a convertible or the last day of school before summer vacation), or transcendence (kites, clouds, tree houses).

This class will have fun spending two hours each week delving into those aesthetics with slides, videos, music, and discussion. So, what gives you real joy (JOY!)? We are not talking about just generalized happiness here, but a high energy form of happiness or delight. We will try to determine what gives each one of us the most joy and then concentrate on how to get more of those joyful moments into our lives. She maintains that without joy, we may be surviving, but not thriving. At the heart of this book lies the idea that joy isn’t just something we find. It’s also something we can make, for ourselves and for those around us. We can be intentional about building joy.

**Book/Materials:** Handouts will be provided by facilitator

**Class Type:** Lecture, video, discussion

**Materials Fee:** None

*Janet Kester* is a retired special education teacher. She has facilitated and co-facilitated several classes at OLLI South and OLLI East including racism, immigration, caregiving, and horticultural therapy. They have all been worthwhile but this class is definitely going to be the most fun of all!
Monday 9:30 - 11:30

Knitting 101: Beginning Knitting for Guys and Girls

Facilitator: Carol Wilson

In this class, you will learn the basics of casting on, the knit, purl, and seed stitches, and casting off. The materials of needles and yarn will be provided at a cost of $5.00 per student. A listing of recommended YouTube knitting experts will be provided before each class.

It is recommended that students bring an internet device to class as AV support. There will be a lot of personal attention, as student knitters learn in different ways and at different speeds.

Book/Materials: None
Class Type: DVD/video, interactive, guest speakers
Class Size: Maximum of 10 participants
Materials Fee: $5.00 for needles and yarn. Please pay facilitator at first class.

Carol Wilson has been an active knitter since her high school days. Her skills have sharpened with the advent of basic, instructive YouTube videos covering hundreds of knitting techniques, taught by guys and girls both young and old. She taught her seven and ten year old grandsons to knit, and now she would like to teach her fellow classmates.
Physics and Impossibilities - Part 2

Facilitator: Dan Pond, Senior Facilitator

Monday 9:30 - 11:30

6 weeks, Sept 16, 23, 30, Oct 7, 14, 21

This course will look at some of the accepted Laws of Physics by searching for the dividing line between the “possible” and the “impossible.” It will highlight some of the challenges to these laws made by physicists in the 19th and 20th centuries.

Topics include:

• The role of symmetry
• Mirrored and magnified worlds
• The quantum world
• The conservation laws of classical physics
• The roles of information and probability in the physics of quantum mechanics

This course is Part 2 of “The Physics and Impossibilities” class offered in the Spring 2019 term at OLLI South. The Part 1 class is not a prerequisite for this course. A background in physics is not a prerequisite for this course. Rather a curiosity on how these laws of physics were developed and challenged is the primary focus of this course.

Book/Materials: None
Class Type: DVD/video, discussion
Class Size: Maximum of 25 participants
Materials Fee: None

Dan Pond, Senior Facilitator, has facilitated several OLLI courses connected to science, mathematics and physics. He holds a Bachelor of Science and Master of Science degrees in Electrical Engineering and is retired following a 43-year career in the aerospace industry.
Monday 11:45 - 12:45

Gentle Yoga

Facilitator: De Swiger

Note: 1-hour, 11:45-12:45

Are you new to yoga or wanting to get back in the practice? Yoga is a beautiful way to exercise your mind & body and improve your overall health and well-being. This class is perfect for people who have little or no experience with yoga. Learn the basics of yoga (postures, breathing, relaxation) at a pace that is not overwhelming, and in a safe and encouraging environment. The focus is on alignment, form, slow flow, balance, flexibility and finding “your yoga.”

Benefits are:

- Increased flexibility and range of movement
- Improved balance
- Increased muscle strength
- Reduction of stress
- Lower blood pressure
- Improved sleep
- Improved overall well-being

Materials: Bring your own mat and water! If you want to relax even more, pillows and blankets acceptable.

Class Type: Interactive

Class Size: Limited to 25 participants

Class Fee: $40 members; $50 guests

De Swiger is retired from the Defense Department and has been practicing yoga for many years. De was certified as a yoga instructor in 2006, and as a group fitness instructor in 1995. She currently teaches several classes for 24-Hour Fitness.
Origami is the creative art of folding paper into beautiful objects of every conceivable description, ideally without the use of scissors and glue. Origami is a Japanese word: “ori” means folding, “gami” means paper.

In addition to being fun, the practice of origami can be beneficial to your health. A recent AARP article discussed things to do to keep our brains healthy as we age. Tasks that challenge our mind, through a variety of mentally challenging tasks, strengthen our brain.

Paper folding challenges us at the cognitive level as we follow instructions, learn new skills and activities. Physically our hands become active. Impulses are sent to the brain activating both left and right hemispheres of the brain. Tactile, motor and visual areas of the brain are activated and brought into use as well as memory, non-verbal thinking. Emotional satisfaction is a byproduct as we watch and a piece of paper transformed into a new creation.

This seven week course will include: learning standard folding techniques and terminology while creating fun and useful models; learning traditional origami bases (these bases are the foundation of hundreds of models); learning simple models using a single sheet of paper, modular models using multiple sheets of paper that do not require glue, models for holidays and events. Some time will be spent on how to read diagrams.

Book/Materials: Handouts provided by facilitator
Class Type: Lecture, interactive
Class Size: Maximum of 15 participants
Materials Fee: $15.00 to cover the cost of origami paper and handouts. Please pay to facilitator at first class.

Jean Baden-Gillette has taught origami to people of all ages and abilities since 1981. She has studied with origami masters from around the world and has had models displayed at venues around the country. She served on the Board of Directors of OrigamiUSA, the international origami organization in the United States, for more than 18 years and was President for nine years.
Monday 1:00 - 3:00

A History of North American Maps from 1700-1900

Facilitator: Bill Gernert

6 weeks, Sept 16, 23, 30, Oct 7, 14, 21

OLLI students pride themselves on their curiosity and that curiosity needs both a catalyst and a focus. Antique North American maps provide both for me and hopefully will for you too.

The course will cover the following, with ample room for class discussion, Q&A and viewing of my antique maps:

- New Spain (Mexico) and the West Indies:
  - Spain’s business model of treasure and souls, early explorers,
  - Colonial competition and epidemics
- Canada:
  - English contracting approach, Rupert’s Land, Hudson’s Bay and Northwest Company, French occupation, US Revolution loyalists
- Cartographic myths and wrongs:
  - California equals island, Quivera, Rivers of the west, Sea of the west, Florida and Alaska as islands, the Northwest Passage
- Transportation as a necessity for growth:
  - Coastal rivers and lakes, Louisiana Purchase, canals, railroads, and roads
- Indians-Coalitions allies from Cortez to the Civil War:
  - Lifestyle differences, trappers and evolving Indian territory
- Catalysts to Growth:
  - Gold Rushes, European and religious freedom wars, Canals, railroads, Angel colonists.
- My experiences with preserving, valuing and appraising maps.

Book/Materials: None
Class Type: Lecture, discussion
Class Size: Maximum of 25 participants
Materials Fee: None

Bill Gernert is a former Air Force officer, Contract Manager and Financial Adviser. His love of maps started in an antique shop in Amsterdam in 1974 and gained momentum on his arrival in Colorado in 1988. He has been an OLLI participant and facilitator (Great Decisions) for several years.
Monday 12:30 - 3:30

Hollywood 2016-2017 One Step Forward!

Facilitators: Sally Walling, Senior Facilitator and Sue Zloth

Note: 3 hours, 12:30-3:30

In our media saturated society it appears that huge strides have been made by television, advertising and marketing on the pathway to inclusiveness. It’s easy to find diversity on the small screens that rule our lives. And it appears that even Hollywood might have gotten the message. 2016-2017 proved to be a banner year for writers, actors, producers and directors of color. Is it possible that Hollywood has made a real commitment to cross the “Racial Divide”? Have artists of diverse backgrounds made a real impression on American cinema or have the last two years been an anomaly? What is our responsibility as active-minded, engaged citizens of the world in respect to easing the racial tensions of our society? As we grapple with these perennial questions we will view and discuss the following films from Hollywood, released in 2016-2017: “Mudbound,” “Coco,” “I Am Not Your Negro,” “Hidden Figures,” “Get Out,” “Moonlight,” “Wind River,” and “The Shape of Water.”

Each week we will evaluate a film using the elements of great cinemas as our guide. We will also study the structure of a documentary and learn how to evaluate this cinematic form. This is a participatory class based on class discussion and home assignments when applicable. Because of the adult nature of these films there may be language and/or ideas that some may find offensive. If you love great relevant movies that speak to us today, please join us with an open mind and an open heart!

Book/Materials: Handouts provided by facilitator

Class Type: Lecture, DVD and video, discussion

Class Size: Maximum of 35 participants

Materials Fee: None

Sally Walling, Senior Facilitator, is a retired Language Arts teacher who loves reading great books, having meaningful discussions and seeing, on the big screen, as many independent films as possible!

Recently retired, Sue Zloth loves going to the movies and says “I love being in a dark theater and having the movie just take me away.” When Sue is not at OLLI, she spends time baking bread and hiking.
In the Footsteps of My Father:  
A History of the 77th Division

Facilitator: Tony Morgan

So why am I presenting a class about just the 77th Division? Well, I was flipping through channels one day and stumbled upon the movie “Hacksaw Ridge.” Normally I would have flipped on but something caught my eye. On the helmets of the soldiers was the emblem of my Father’s Division in World War II so I looked a bit closer. “Hacksaw Ridge” is about the experiences of Desmond Doss, a conscientious objector who never touched a weapon during his entire military career but nonetheless won the Medal of Honor on Okinawa. He was a medic in the 77th Division. My Father was also a medic in the 77th Division although he was First Sergeant of Company D, 302nd Medical Battalion. This really tweaked my interest.

I had read about the 77th Division before. I had talked with my Dad about his wartime experiences although, as with most combat veterans, the information was rather sparse. When you read about the viciousness of jungle fighting you can see why they wanted to forget. But I also found out the 77th Division was the home of the famed “Lost Battalion” of World War I and had an honored combat record in the four campaigns they fought in on the Western Front.

So what can you expect if you take this class? We’ll look at the 77th in both wars. We’ll watch the movie “Lost Battalion” and talk about the four campaigns of the then called “Metropolitan Division” – Baccarat, Oise-Aisne, Aisne-Marne, and Meuse-Argonne. Then we’ll transition to WW II to show what it took to mobilize and train the Division. We’ll look extensively at the role of the 77th in the liberation of Guam and the Philippines and the conquering of Okinawa (the bloodiest battle in the Pacific theater). But this class will not be just a battles and maps course. I really want to express to everyone the experiences of my Dad and what it was like…both good and bad…to be a member of the “Statue of Liberty” Division and live their motto of “Ours to Hold It High.”

Book/Materials: None  
Class Type: DVD/video, lecture, discussion  
Class Size: Maximum of 40 participants  
Materials Fee: None  

Tony Morgan is a retired Air Force Officer and Engineer. He looks to historical precedent to provide insights into the present across a broad spectrum of experience.
Joy!

Facilitator: Janet Kester

Most would probably agree that we could all use more joy in our lives. Ingrid Fetell Lee wrote a book recently entitled Joyful in which she details “The surprising power of ordinary things to create extraordinary happiness.” It quickly became a best seller indicating the yearning among us for more joy. She divides joy into ten aesthetics such as energy (often provided through color), renewal (think baby chicks and spring flowers), freedom (riding in a convertible or the last day of school before summer vacation), or transcendence (kites, clouds, tree houses).

This class will have fun spending two hours each week delving into those aesthetics with slides, videos, music, and discussion. So, what gives you real joy (JOY!)? We are not talking about just generalized happiness here, but a high energy form of happiness or delight. We will try to determine what gives each one of us the most joy and then concentrate on how to get more of those joyful moments into our lives. She maintains that without joy, we may be surviving, but not thriving. At the heart of this book lies the idea that joy isn’t just something we find. It’s also something we can make, for ourselves and for those around us. We can be intentional about building joy.

Book/Materials: Handouts will be provided by facilitator
Class Type: Lecture, video, discussion
Materials Fee: None

Janet Kester is a retired special education teacher. She has facilitated and co-facilitated several classes at OLLI South and OLLI East including racism, immigration, caregiving, and horticultural therapy. They have all been worthwhile but this class is definitely going to be the most fun of all!
Herstory — Women of the Vietnam War

Facilitator: Joanne Stratton

The Vietnam War era was a tumultuous time in America. In this course we will examine:

- The legacy of the women who served our country in Vietnam. We will review the many roles that were filled.
- Recognize the nurses who died for their country.
- Learn about the positions and risks of female journalists in Vietnam.
- Review America’s response to the war.
- Appreciate the “stress” on families who had a service member in an “unpopular war.”
- Learn about the Vietnam War Memorial that was designed by a woman. The controversy surrounding the design and construction of “The Wall” lasted years.
- Recognize that the Memorial honors the service and preserves the memory of the Vietnam War. It is very significant to those who served and those whose friends and family members died.
- Hear stories from the Memorial Wall.
- What are the aftereffects of this war physically and psychologically?
- PTSD- Agent Orange--Female Vets Services--Vietnamese adoptees.

Book/Materials: Recommended book, A Piece of My Heart, by Keith Walker
Class Type: DVD/video, lecture, discussion
Class Size: Maximum of 25 participants
Materials Fee: None

For many years Joanne Stratton worked in the healthcare field as a Nurse Practitioner. That experience has made her aware of the many women who are overlooked in history. She has done particular research on women who contributed to war efforts in American history, and finds that topic to be exciting enough to share.
Tuesday 9:30 - 11:30

Introduction to Quantum Computers

Facilitator: Ron Knox  
4 weeks, Sept 17, 24, Oct 1, 8

We begin this class by looking at some of the scientists who were/are contributors to the development of quantum computer technology. We then will explore how digital computers are different from quantum computers. We will review some of the challenges in building Quantum Computers. We will identify possible problems that digital computers can’t solve and may be resolved by quantum computers.

Lastly, we will talk about the impact quantum computers will have on your life and the next generation.

Book/Materials: None  
Class Type: DVD/video, lecture, discussion  
Materials Fee: None

Ron Knox has had a forty-year career leading/managing teams in the development of computer software and data systems for the banking, telecommunications, military aerospace contractors, government, electronics, computer and utilities industries. He completed systems for Arrow Electronics, Honeywell Test Instruments Division, Citicorp Diners Club, AT&T Telecommunications, Information Handling Services and McDonnell Douglas Systems. These systems used mainframe, mini, PC and distributed computers.
In 1858 Abraham Lincoln included the words “a house divided against itself cannot stand” in one of his more memorable speeches. One hundred sixty years later the country is again bitterly divided and appears to be lacking a common purpose. The intent of this course is to provide a highly participatory class to demonstrate how the people of the country can come together again in a respectful and constructive manner. The course will begin by laying a foundation which will include the following key elements: 1. Rules for civil discourse—respectful listening and the differences between debate and dialog; 2. Community—what do we owe others in our community and our environment and what do we not; 3. Values—what are the individual and societal values we should use to make choices; and 4. Consensus—the differences between consensus decision making and majority rule. With a foundation established we will proceed to discuss and reach a consensus position on the following controversial issues:

- Climate change
- Immigration
- Health care
- Inequality

The class will be considered a success not by a victory for any particular position but by the class working together respectfully to achieve consensus on the foundations and the issues.

**Book/Materials:** Handouts will be provided by facilitator

**Class Type:** Lecture, videos, a great deal of discussion and class interaction

**Class Size:** Maximum of 35 participants

**Materials Fee:** None

**Gary Wyngarden,** Senior Facilitator, has a BA in English from the University of Illinois and an MBA from Loyola University. Retired from a career in the healthcare industry including tenure as CEO of a $2 billion company, he now focuses his time and energy on the Castle Rock Unitarian Universalist Community, on the OLLI South leadership team and as a frequent OLLI facilitator.
The main five Buddhist emotions obscuring spiritual development are Anger, Desire, Delusion/confusion, Pride, and Envy/jealousy. Contrary to our typical understanding of these five, Vajrayana Buddhism relates each to a particular wisdom family when transmuted. Each family manifests a multitude of aspects such as a wisdom, specific Buddha, dakini, direction, color, mudra, sound, and so forth.

In this class, we will explore each family with particular emphasis on the dominant expressions of the emotion (confusion, jealousy, anger, desire, or pride) in our everyday life and consciousness. Although these emotions sometimes feel heavy and burdensome, this class will look at the humorous and playful dynamics of each as well as how to lessen its appearances in our everyday life.

While each person may have an affinity for one or two families, it is through acknowledging, accepting, and welcoming the energies of each family that we can experience and realize its complementary wisdom.

While not required, it is preferable for students to have taken the Buddhist Psychology class or be familiar with the basic concepts of Buddhism.

**Book/Materials:** Facilitator will provide handouts  
**Class Type:** Lecture, discussion, interactive  
**Class Size:** Maximum of 35 participants  
**Materials Fee:** None

Gretchen Ann Groth, Senior Facilitator, has been a Tibetan Buddhist within the Nyingma school for many years. Her teacher, Dungse Shenphen Dawa Rinpoche, appointed her as a lama, Lama Pema Chokyi and she is the meditation teacher with Yeshe Nyingpo Denver. She has been a national Organization Development and Diversity consultant and currently teaches Psychology at Metropolitan State University of Denver.
Tuesday 9:30 - 11:30

Travel Symposium

**Coordinators:** Florence Welch and Rochelle Logan

Have you ever wondered what to take on a trip? What kind of research to do before your trip? Where to go and what to do there? Maybe you are an experienced traveler looking for some new ideas or a novice looking for ways to get started. Either way, this class is for you! You will receive a handout of tips and ideas prepared by experienced travelers to use in planning a fun and successful trip.

Eight weeks will be devoted to countries you might have read about, wanted to visit or just want to learn about. Each presenter will provide a brief history and culture of the country he/she visited.

Travelers will talk about their travel process, recommendations for sites to visit, travel stories and show pictures of interesting destinations.

- **Sept 17:** Charlie Holt – Myanmar
- **Sept 24:** Susan and Dave Peters – Australia
- **Oct 1:** Rochelle Logan – Croatia
- **Oct 8:** Karen Kirkpatrick – Morocco
- **Oct 15:** Jim Ruden – Denmark
- **Oct 22:** First Hour, Florence Welch – Uganda/Rwanda
  Second Hour, Jared Ingwalson – India Part 1
- **Oct 29:** Jared Ingwalson – India Part 2
- **Nov 5:** Charlie Holt – Charleston, South Carolina

**Book/Materials:** None

**Class Type:** Lecture, discussion

**Materials Fee:** None

**Florence Welch** has a passion for travel. She was raised in Washington, D C, graduated from American University and had many international friends that lit her fire for traveling and learning about different cultures. She has traveled to Europe, Africa, South America and backpacked parts of the Appalachian Trail, Grand Canyon and the El Camino Santiago in Spain.

**Rochelle Logan** is a librarian! She retired from Douglas County Libraries in 2015 as an Associate Director. She and her husband Tom have made traveling a priority. They visited more than 35 countries on six continents. Rochelle enjoys golf, pickleball and gardening. She loves library work, so has kept her hand in it with her library consulting and training business.
Tuesday 1:00 - 3:00

Discovering Life through the Ashes of Time...Pompeii!

Facilitator: Barbe Ratcliffe, Diamond Facilitator

6 weeks, Sept 17, 24, Oct 1, 8, 15, 22

Pompeii is perhaps the most famous archaeological site in the world, visited by more than two million people each year. Yet it is also one of the most puzzling, with an intriguing and sometimes violent history, from the sixth century BCE to the present day.

Destroyed by Vesuvius in 79 CE, the ruins of Pompeii offer the best evidence we have of life in the Roman Empire. But the eruptions are only part of the story. In this six-week class we will explore the beginnings of Pompeii, the various cultures that formed Pompeii, the colorful daily life at the time of the eruption of Mt. Vesuvius, and the aftermath nearly 2,000 years later. Archaeological discoveries as late as 2018, continue to provide greater and greater insight into this city of luxury and extravagance.

Join me as we ‘travel’ through a city nearly 2,000 years old, visiting the Villa of the Papyri, the House of the Tragic Poet, exploring the life of a slave girl and an Emperor, with a quick stop at the Pompeian Country Club.

Utilizing Great Courses DVD segments and other visual information, we will discover and discuss all that the ashes of time have saved for our consideration.

Book/Materials: None
Class Type: DVD/video, lecture, discussion
Class Size: Maximum of 25 participants
Materials Fee: None

A trip to Pompeii peaked Barbe Ratcliffe’s interest in the history and people of this ancient Roman world. Combining her interest in archaeology, community interactions in the distant past, and her delight in learning about the various cultures of the world, Barbe has created a course, using a Great Courses DVD series, to bring the history of Pompeii to life.
Facilitator Boot Camp

Facilitators:  Peggy Winn and Stuart Gentry  
4 weeks, Sept 17, 24, Oct 1, 8

Have you ever thought about being a facilitator – even just a little bit? Do you have an idea for a topic but can’t quite corral it or just don’t know where to start? Or conversely, you think it would be fun to facilitate a class but have no idea what topic you would choose? Perhaps the thought of getting in front of people causes the ticker to speed up more than you like? If you answered yes to any of these, keep reading…

OLLI South is growing and we need to add to our facilitator ranks. But how? We think that some of our members might be interested but have some nagging concerns or just aren’t sure where to start. So, we are offering a class that we hope will pave the way to becoming an OLLI facilitator.

This will be an interactive class with sharing of ideas and a lot of discussion. We’ll cover the planning of a course and how to deliver an effective class. We will have drop in sessions from other veteran facilitators that will share their experiences and words of wisdom. Most importantly, participants, with help from facilitators and other classmates, will build the essential elements of an actual course that they would be excited to facilitate. So be prepared to fire up the ol’ brain cells - there’ll be some work, perhaps even some homework, but we think it will be fun and despite the class title, you will not have to do one single push-up.

There is no commitment – if you decide facilitating is not for you that is perfectly okay. But if you do decide to facilitate and would like a bit of additional support, we’ll do our best to match you up with a mentor for your first class.

This class is ideal for members who have never facilitated but is also open to those who would like to hone their skills.

Book/Materials:  None  
Class Type:  DVD/video, lecture, discussion  
Class Size:  Maximum of 15 participants  
Materials Fee:  None

Peggy Winn was a technical project manager prior to retirement so is always keen to coordinate a worthy project. Several experienced facilitators discussed and provided ideas for this class and Peggy put it together. Peggy has only facilitated two classes but found it so rewarding that she hopes to help others follow the facilitation path.

Stuart Gentry has degrees in Chemistry and Physics. Stu is a well-known and popular facilitator who has provided OLLI members with many great science related classes. Stu enjoys teaching and offers facilitation workshops and training sessions at all OLLI campuses.
Tuesday 1:00 - 3:00

The History of Rock and Roll: The Stories Behind the Music

Facilitator: Wayne Gardner

This course takes participants on an exciting, fun filled journey into the history of Rock & Roll. Topics include:

- The Genesis of Rock & Roll
- Folk Music from the early sixties to the present
- The British Invasion
- The Birth of Country Rock
- The Birth of the Blues
- The Poetry of Dylan and songs of social consciousness
- Amazing Rock Performances
- The Rise and Success of women in Rock and the importance of harmony in Music

Book/Materials: None
Class Type: DVD/video, lecture, discussion
Materials Fee: None

Music is central to Wayne Gardner’s life. His father was a musician with an operatic voice who toured with the USO and had his own radio program in L.A. during the 1940s. Gardner acted as manager for his brother-in-law in the sixties. He was an aspiring singer/songwriter/musician with rock star looks and a golden voice. Gardner is a guitarist and singer/songwriter.
India is fascinating. In 1947 bankrupt after centuries of exploitation and emerging from a severe humanitarian crises India became an independent country. Now India is recognized as a world power with advancements in technology and science. India’s growth rate and human development show positive trends but it is challenged by cultural and demographic issues that threaten it’s future.

In this course we will track India from it’s earliest civilizations and empires to now with focus on forces that have shaped India today such as Hinduism, the caste system, and colonization. With this understanding we can better appreciate India’s ability to cope and build a better outcome for its people and the world.

**Book/Materials:** None  
**Class Type:** DVD/video, lecture, discussion  
**Class Size:** Maximum of 35 participants  
**Materials Fee:** None

**Jared Ingwalson** is a seasoned OLLI facilitator and history subcommittee member with a lifelong interest in history beginning in High School. His interest in Southeast Asia and India began 20 years ago when he made his first trip of four to that region, the last being to India in 2019. He augmented his India studies taking two enrichment courses at Denver University.
Tuesday 1:00 - 3:00

A Whale of Two Tales

Facilitator: Susan Peters

In 1820 a great white sperm whale rammed and then sank the whale ship Essex. Years later that event inspired Herman Melville to write *Moby Dick*, sometimes called the greatest book of the sea ever written.

In this course we will examine the true story of the sinking of the Essex. The culture and industry of the time will be discussed along with all things whale, whale boat crews, and whale ships. What were the whale ship jobs and how were the men compensated? What were the dangers? We will compare the two stories, watching each of the movies. Time will be spent studying *Moby Dick* as a great work. Finally, we will cover what happened to the Nantucket whaling industry and where the industry overall stands today.

Book/Materials: *Moby Dick* by Herman Melville. Abridged is acceptable. Recommended: *In The Heart of the Sea* by Nathaniel Philbrick

Class Type: DVD, lecture, discussion

Class Size: Maximum of 25 participants

Materials Fee: None

Susan Peters, a retired network engineer and telecommunications consultant, spent part of her childhood on Cape Cod near Nantucket, the hub of the 1800’s whaling industry. The daughter of a former sea captain and oceanographer, she is eager to share her knowledge, her stories of observing great white sperm whales, and her enthusiasm for all things whaling with land-locked Colorado.
Wednesday 9:30 - 11:30

The Fine Art of Cooking for One or Two

Facilitators: Sue Bramley, Senior Facilitator, Anne Bennett, Senior Facilitator, and Guest Speakers

5 weeks, Oct 9, 16, 23, 30, Nov 6

The fine art of cooking – it runs the gamut from enjoyment, to shopping, to research, to gardening, to creativity and to mentally and physically nourishing.

Are you a seasoned cook or novice? Did you enjoy cooking when you were young, when you cooked for your family, when your kids were gone and you could experiment more or did you simply not enjoy it?

In this class, we’ll focus on one of life’s little enjoyments— the enjoyment of eating a home-made meal. We’ll show you that cooking for 1 or 2 is doable and can be fun and add pleasure to your eating experience. Honestly, how much take out or restaurant food can anyone eat? Take control of your health. In home cooking, you’re in charge! You decide the amount of fat, salt, sugar and calories you eat. You’re not allowing a restaurant, grocery store or food manufacturer to make these decisions.

In this class, we’ll help you work with your favorite recipes, how to cut down on portions, how to use herbs and spices to make flavor pop. Learn ways to shop and take advantage of farmers’ markets, field to fork cooking, sales, using your freezer and sharing with a friend. It will be a meeting of the minds. What are your tricks? Our tricks? As a group, we’ll inspire each other to crack open a cookbook and crack open the Internet to find lovely meals to tickle your taste buds. You just may find that you’ve been missing out not only on the enjoyment of a home-cooked meal, but health benefits, new avenues of buying and cooking food and a healthier you. Who knows? You may even find yourself in size 12 instead of a 14.

Book/Materials: None
Class Type: DVD/video, lecture, discussion, guest speakers, Tastings!
Class Size: Maximum of 25 participants
Materials Fee: $20.00 for tastings and door prizes. Please pay to facilitator at first class.

Sue Bramley, Senior Facilitator, loves food! She’s been seriously cooking since she was 20 years old. Whether for a crowd or for a family of four, she’s sourced great recipes leading to memorable meals. Kids gone, she had to come up with a whole new way of thinking, sometimes still making too much!

Anne Bennett, Senior Facilitator, is a registered Dietitian Nutritionist with the Academy of Nutrition and Dietetics. She has a passion for cooking and eating a variety of American and ethnic foods. Growing up on a farm in Montana, she has cooked since she was five years old. She believes everyone can and should be cooking easy, nutritious and delicious foods.
Wednesday 9:30 - 11:30

100 Years of America’s National Parks

Facilitator: Larry Walling

America’s Best Idea? America’s Storyteller? 2016 was the 100th anniversary of the creation of the organization charged with protection, administration, maintenance and management of the 419 areas of national significance which comprise the National Park System.

Join us for this class where we will explore units of the national park system. The first week we will briefly examine the history of the National Park Service and review the different types of units in the system. Yes, not all units are parks even though that is the conventional or generic label used most often to describe them. For the next seven weeks the class will, each week, examine a region of the United States and National Park Service units within that region. The significance, a very brief history and outstanding features will be discussed for each park. No books will be required.

Book/Materials: None
Class Type: Lecture, discussion
Materials Fee: None

Larry Walling is retired from the National Park Service but his passion for National Parks and international protected areas continues. He enjoys sharing his passions with OLLI members.
Opera for All

Facilitator: Jan Friedlander

Do you like history, mystery, belly laughs, political science/current events, imagined worlds, literature, music, dancing, etc? Like something that just might tug at your every emotion? If yes to any of these, this class is for you! We will have fun learning about what opera is and what has caused it to resonate with people for centuries. I have some videos from the Great Courses and other places that provide interesting and entertaining discussions adding color and fun to learning about opera. As in my past class, we’ll dive deeper into the three operas to be performed by the Metropolitan Opera and broadcast at our local movie theaters ($22/ticket)- attendance optional, during our Fall term. Come join me on this marvelous adventure!

Information will be provided about local theaters that broadcast some of the Metropolitan Opera’s Saturday matinees. Attendance at these is not a requirement but rather an enhancement to learning about opera.

Book/Materials: None
Class Type: Lecture, DVD/videos, guest speaker, discussion, Jan will sing – just kidding!
Materials Fee: None

Jan Friedlander started playing trumpet at age 8 and continued playing into college where she majored in music, playing in the university orchestra and marching band. Although she switched majors before graduating, she maintains and nurtures her life-long love of music. She loves teaching and sharing her understanding and love of music to others!
TED Talks: More Ideas Worth Spreading

**Facilitators:** Barbara Pond, Senior Facilitator, and Sarah Burk

7 weeks, Sept. 18, 25, Oct 2, 9, 16, 23, 30

TED is a nonprofit institution devoted to Ideas Worth Spreading. It started in 1984 as a conference bringing together people from three worlds: Technology, Entertainment, and Design. Since then its scope has become ever broader.

The goal of TED is to foster the spread of great ideas. It aims to provide a platform for the world’s smartest thinkers, greatest visionaries and most inspiring teachers, so that millions of people can gain a better understanding and a desire to help create a better future. TED Talks are videos of the best talks and performances from TED conferences and events where the world’s leading thinkers and doers can give the talk of their lives, usually in 18 to 25 minutes. The best talks and performances from TED are free online as Ted Talks (http://www.ted.com/talks). There are more than 2,000 TED Talks ranging from persuasive to ingenious to jaw dropping.

The primary objective of this class is for the facilitators to select the categories of topics that best prompt discussion amongst the class participants with the objective of educating, entertaining and awakening new ways of thinking in all of us. Maybe some will be inspired to take action. Participants will have the opportunity to select one of their favorite TED Talks to stream for all, then act as a guest facilitator with the objective of prompting discussion and eliciting comments from their fellow OLLI participants.

**Book/Materials:** None  
**Class Type:** Lecture, DVDs, discussion  
**Materials Fee:** None

*Barbara Pond,* Senior Facilitator, has spent more than 45 years working in education as a math teacher, college professor, consultant, and conference speaker. In retirement, she enjoys book clubs, making quilts, playing Mah Jongg, traveling and spending hours with grandchildren. Barb enjoys exploring new things and is a lifelong learner. She and her husband, Dan, have enjoyed taking OLLI classes for many years.

*Sarah Burk* has spent 46 years in elementary education, special education, and at the university level. She has held various positions over the course of her careers. Upon retiring she enjoys travel, knitting, reading, membership in various groups, mentoring and spending time with her grandgirls. She is always open to new adventures and new learning.
The Value of Women as Equal

Facilitator: Suzie Linenberger

This exciting and timely class takes us through centuries, civilizations and cultures with an eye on the dynamic changes in the equilibrium between and within what we call “masculine” and “feminine.” We will examine architecture, language, law, and the arts as they illustrate the conflict between word and image.

We will look to each other to explore changing perceptions of men and women. To deepen our understanding of “herstory,” we will research and share the contributions of women who inspire us to deeply value ourselves as equal.

Craig Barnes, of Denver, from Search for the Lost Feminine, stated: Looking back, it appears that wave upon wave of challenges to patriarchy have forever and seemingly futilely, washed up against the rock of patriarchal hierarchy, its control of knowledge, power, and dominion, its authority over the imagined consequences of death and prospects of immortality. .... And yet the memory of the goddess... and a hundred other, extraordinary personalities has lingered in the Western mind.

We want to uncover and grow with exploration of the high status of women as priestess or Goddess, such as the place where Mary chose to die, that is, at the Temple of Artemis, the largest shrine to a female deity in the Western world, and to demystify the plunge in women’s status with the advent of harsh patriarchy and misogyny. We will add those confident personalities who maintained a high status throughout their lives, regardless of cultural biases.

BOTH men and women who’ve taken this class appreciate it as an opportunity to clarify their own perceptions and consider what they want to share with their grandchildren about the value of the feminine.

Book/Materials: The Alphabet Versus the Goddess by Leonard Shlain

Class Type: Lecture, DVDs, discussion

Class Size: Maximum of 25 participants

Materials Fee: None

Suzie Linenberger has facilitated in literature, history, and psychology. Her training is in counseling, teaching and instructional design. She loves to travel, explore and share insights. Recently, she received the annual “Leadership” Award from Lakewood for her work in Sustainability. What members appreciate about her teaching style is her ability to encourage participation and stimulate various points of view.
Wednesday 9:30 - 11:30

Write Across the Finish Line:
A Memoir Workshop

Facilitator: Connie Shoemaker, Senior Facilitator

4 weeks, Oct 16, 23, 30, Nov 6

Do you have journals filled with pieces of your life story? Is your Word file crowded with docs labeled “My Memoir”? If so, this four-week course is for you, the writer who needs a gentle shove to finish-up a memoir for his family or for a wider audience.

Participants will be asked to submit a 5-7 page (double-spaced, 12 pt., Times New Roman) sample of their memoir one week before the course begins. Class members will read and write comments on three of these samples before each class. During the second hour of the class, three writers will read from their work and receive comments in addition to getting the written remarks of their class mates.

During the first hour of class, we’ll examine our own work for emerging patterns and themes, organization, use of back story, reflective voice, character development, and other writing tools that fit our specific needs.

Book/Materials: Nothing required
Class Type: Interactive
Class Size: Maximum of 12 participants
Materials Fee: None

Connie Shoemaker, Senior Facilitator, is co-founder and Director Emerita of Spring International Language Center. She is the author of books in international education, a poetry book about her four years in Cairo, Egypt, and two recent books: The Good Daughter: Secrets, Life Stories, and Healing and Taste the Sweetness Later: Two Muslim Women in America.
American Bestsellers: What Do Bestselling Books Tell Us about Our Cultural History? Part II

Facilitator: Anne Christner, Diamond Facilitator

Bestselling books are very big business in America – and they both shape and reflect our cultural ideas and ideals. From noble treatises to entertaining potboilers, bestsellers can tell us a lot about who we are or were at a given point in time.

This course draws from a series of lectures produced by the Teaching Company, with each lecture focusing on a particular U.S. bestseller published anytime from the colonial period to the present. The lecturer, Professor Peter Conn at the University of Pennsylvania, helps viewers to understand why each book was important, as well as popular. There will be plenty of time for class discussions about the lectures.

The course objective will be to gain a better understanding of what makes for a bestselling book, and why some have remained popular – e.g., The Catcher in the Rye – while others have lost favor – e.g., Main Street. While it will not be necessary to read any of the books featured in the lectures, the facilitator hopes that participants will want to revisit books they read long in the past, and to take a look at books they may have missed.

Themes for the books we will consider in this course include:

- Women’s limited choices
- Role of nonfiction books
- Satire and dissent
- Perspectives of racial minorities
- Recent bestselling books – how do they differ?

Book/Materials: Handouts will be provided by the facilitator

Class Type: Lecture, DVD, discussion

Class Size: Maximum of 25 participants

Materials Fee: None

Anne Marshall Christner, Diamond Facilitator, has always loved to read, and is fascinated by what strikes people’s fancy related to popular culture. Anne has facilitated many OLLI courses. She earned a Ph.D. in Sociology from the University of Massachusetts – Amherst, and her BS and MS from the University of Oklahoma.
Wednesday 1:00 - 3:00

Artificial Intelligence

Facilitators: Pat Smith and Terry Ortlieb, Diamond Facilitator

What exactly is artificial intelligence (AI)? Many say that robots with artificial intelligence will replace jobs as we know them today, perhaps sooner than we think? AI raises philosophical arguments about the nature of the mind and the ethics of creating artificial beings endowed with human-like intelligence, issues which have been explored by myth, fiction and philosophy since antiquity. Some people also consider AI a danger to humanity if it progresses unabatedly. How do you separate hype from reality?

Are intelligent machines dangerous? How can we ensure that machines behave ethically and that they are used ethically? Can a machine have a mind, consciousness and mental states in exactly the same sense that human beings do? Can a machine be sentient, and thus deserve certain rights? Can a machine intentionally cause harm? Can and will we see the uncoupling of consciousness and intelligence?

What is the current projected timeline for AI functionality? How is AI being used today? What are the three steps to artificial intelligence? AI is what runs driverless cars and robots, but what does that mean? Capabilities currently classified as AI include successfully understanding human speech, competing at a high level in strategic game systems (such as Chess and Go) and interpreting complex data. What is the intersection of AI and big data? What concerns should we have about systems or companies that know “too much?” How do we protect our privacy? Need we protect our privacy? What is Calm Technology and how will it help us?

Yuval Herari’s new book, Homo Deus asserts that AI will not only replace truck and Uber drivers and manufacturing workers, but will eventually replace even knowledge workers. Where is the reality and what is still science fiction? Expect a lively debate between the co-facilitators and your classmates.

Book/Materials: Handouts will be provided by the facilitators

Class Type: Lecture, DVD, discussion

Class Size: Maximum of 50 participants

Materials Fee: None

Pat Smith has over 35 years’ experience in Information Technology in a variety of industries including banking, pharmaceuticals and foster care. She is the recipient of the 2013 Computerworld Honors Laureate Award for innovation in computer science. Her passion is how technology can bring about positive changes. This class was previously offered at OLLI South.

Terry Ortlieb, Diamond Facilitator, is a semi-retired entrepreneur who sold his technology company to Oracle. He has worked on multiple AI projects since 1980. His formal education was in philosophy and he has maintained a strong interest in political philosophy and the philosophy of science and history.
Wednesday 1:00 - 3:00

Great Decisions 2019

Facilitators: Chuck Laskey, Senior Facilitator, and Bill Gernert

Sponsored by the independent Foreign Policy Association (FPA), Great Decisions is America’s largest discussion program on world affairs with participant groups throughout the country. Each year, eight critical global topics facing America today are chosen by a panel of FPA experts and reviewed in a comprehensive Briefing Book. The topics are unerringly current and receive in-depth coverage. Eight topics selected this year by the FPA include:

- Refugees and Global Migration
- The Middle East: Regional disorder
- Nuclear Negotiations :Back to the Future?
- The Rise of Populism in Europe
- Decoding U.S. China Trade
- Cyber Conflict and Geopolitics
- United States and Mexico; Partnership Tested
- State of the State Department and Diplomacy

Class resources will include the FPA Great Decisions 2019 briefing publication supplemented with an issue associated FPA 30 minute DVD. Class participants are expected to read the FPA publication on each issue prior to a scheduled class discussion and urged to supplement their preparation with outside reading and investigation. Participants have the option to contribute to a National Opinion Ballot on each issue that is consolidated by the FPA for public distribution. The facilitators seek to stimulate intense and wide-ranging discussion on the issues and their likely influence of and by U.S. Foreign Policy concerns and policies. Personal experience and impressions of class are encouraged as factor in bringing the issues closer to home.

Book/Materials: Great Decisions Foreign Policy Association, 2019 Edition
Class Type: DVD, discussion
Class Size: Maximum of 25 participants
Materials Fee: $40.00 for the briefing book, mailed to class members

Charles (Chuck) Laskey, Senior Facilitator, is a Denver University alumnus with a degree in international relations and has facilitated thirteen Great Decisions classes. Chuck is retired from 32 years of career service in multi-disciplinary humanitarian and development assistance with CARE International, MEDCO and the Peace Corps. His service included more than 30 years living abroad in lesser developed countries.

Bill Gernert served as an Air Force officer for 22 years, retiring as a Colonel. After civilian jobs from stockbroker to contracts manager, he is now fully retired. Bill’s Air Force service included Base Commander and three tours in the Pentagon! Academic credentials include a BA from Wesleyan, MBA from Wharton and the Industrial College of the Armed Forces.
**Wednesday 1:00 - 3:30**

**More Great Movies**

**Facilitators:** Bob Magnani, Diamond Facilitator, and Arlene Pickett  
*Note: 2-1/2 hours, 1-3:30*

Many movies win Oscars that are not for best film – usually they are contenders that may win for acting or directing or writing or production techniques. I’ve been asked if we could put together a list of movies we think are top films though they didn’t win the Oscar for best film.

Starting with a list of about 400 contenders, in this course, we have selected what we think are some of the best - some are love stories: “*The Country Girl*,” “*The Way We Were*,” “*Love Actually*,” “*La La Land*.” Some are about respect for life: “*Our Town*,” “*It’s a Wonderful Life*,” “*Departures*.” Several are genre re-defining films: “*Psycho*,” “*Jaws*,” “*Star Wars*,” “*The 6th Sense*,” “*The Artist*.” A few are about characters in war: “*Twelve O’Clock High*,” “*The Caine Mutiny*,” “*Paths of Glory*,” “*Spartacus*,” “*A Few Good Men*,” “*The Imitation Game*,” “*Darkest Hour*.” Still others are about exotic experiences: “*Lost Horizon*,” “*Arrival*,” “*The Shape of Water*.”

We will see “Clip-Note” versions of 32 films, in chronological order, four per session, about a 100 minutes of film per session. We will run 2.5 hours to allow time for discussion and breaks. Please bring your own recollections of these films and let’s have a good time sharing our views of the emotional truths in these iconic films.

**Book/Materials:** None  
**Class Type:** Lecture, DVDs, discussion  
**Materials Fee:** None

**Bob Magnani,** Diamond Facilitator, has taken 78 OLLI courses and facilitated 32 classes on movies and movie making, acting, comedy, and chess. He has Arts and Engineering degrees from Columbia, PhD work at NYU, telecommunications design work and management at Bell Labs and U.S. West and managed a large product line at AT&T. Bob has seen thousands of films in his lifetime.

**Arlene Pickett** has been an OLLI member since 2010. She has a Bachelor’s degree in Business Administration from the University of Iowa and a Master’s degree in Tax Law from the University of Denver. She has always been intensely interested in what makes a movie “good,” one to be watched over and over and studied in detail.
Wednesday 1:00 - 3:00

Our Town(s):
A History of Littleton, Highlands Ranch, Castle Rock, Sedalia, Louviers and Lone Tree

Facilitators: Peggy Winn and Rae Wiseman, Various Presenters
6 weeks, Sept 18, 25, Oct 2, 9, 16, 23

Did you know that Sedalia was originally named “The Town of Plum” or that Littleton has a famous cannibal buried in its cemetery? You may know where Lone Tree is, but do you know where THE lone tree is? Why does Louviers have a French name and what exactly happened at Hangman’s Gulch in Castle Rock?

We have a great line up of speakers that will answer these questions while providing the history and other fascinating tidbits about local communities that may be spittin’ distance from your own back yard. Louviers and Sedalia will be combined into one class and the second week of class we will break out of the classroom for a walking tour of Littleton – tailored especially for class participants.

Our Town(s) Presenter line-up:

• Sept 18: Littleton – Jean Selders, Board of Directors for Littleton Historical Society

• Sept 25: Littleton Walking Tour – Pam Grove, City of Littleton Historical Preservation Board

• Oct 2: Sedalia/Louviers – Hannah Weber, MLIS, Archivist, Douglas County Libraries and Local History

• Oct 9: Castle Rock – John Barry, Life long (and it’s been a long life) resident of Castle Rock, and volunteer/guide for Castle Rock History Museum

• Oct 16: Highlands Ranch – Nancy Linsenbigler, Tours Director, Highlands Ranch Historical Society

• Oct 23: Lone Tree – Jack O’Boyle, First Mayor, City of Lone Tree

Book/Materials: None
Class Type: Lecture, discussion, field trips (Downtown Littleton)
Class Size: Maximum of 50 participants
Materials Fee: None

Rae Wiseman and Peggy Winn are the co-facilitators for the history curriculum committee. They worked together to coordinate the speakers for this class.
Thursday 9:30 - 12:00

Award-winning Documentaries
Which Captivate, Challenge and Connect Us

Facilitators: Ellen Phelps and Karen Kirkpatrick  
Note: 2-1/2 hours
5 weeks, Sept 19, 26, Oct 3, 10, 17

Are you drawn to documentary films that carry you along with an intriguing story? That is exactly what these films do. With great skill and originality, the filmmakers bring us rich stories of real people from diverse cultures and/or life situations.

We will come to know these unique individuals through their struggles, breakthroughs and successes. Through the camera’s eye, we will gain sight into worlds we would never experience otherwise.

These films are not didactic, nor do they come from a political agenda – but are rather, films which, through their strong narrative and participatory nature; inform, intrigue and inspire. Class time will revolve around viewing and discussing our films, We will also explore some key analytic tools and documentary filmmakers’ perspectives, as they relate to the following films:

- “Stories We Tell,” (2013) Sarah Polley, Canadian filmmaker, turns the camera on herself and her family in a quest to discover long-buried secrets
- “God Grew Tired Of Us,” (2006) John Bul Dau, and fellow “Lost Boys Of Sudan” share an incredible journey from civil war, to refugee camp to relocation in America
- “Life Animated,” a coming of age story about a young boy’s struggles with nonverbal autism, but with the support of his family, and upon entering the world of Disney animated films, finds a key to the world
- “The Story Of The Weeping Camel.” (2003) brings us into a family of nomadic shepherds in the Gobi desert, faced with a traumatized mother camel whose calf will die if the family cannot find a way to intervene

Bring your own open hearts and minds to class as we share our reactions, questions, thoughts and feelings about each of these films!

Book/Materials: Handouts will be provided by facilitator
Class Type: DVD, video, discussion
Class Size: Maximum of 25 participants
Materials Fee: None

Ellen Phelps devoted most of her career to teaching culturally diverse students “from kindergarten through college.” She built curriculums emphasizing the importance of cultural understanding, collaboration and creativity. Ellen has volunteered as an art museum docent and worked backstage in community theater.

Karen Kirkpatrick is an avid photographer and has been involved with OLLI for the past eight years. She has taught OLLI classes in art, opera and photography.
The Enneagram – A Psychological and Spiritual Map of Human Consciousness:
What Were They Thinking?
Why Do They Act That Way?

Facilitator: Sue Burdette 6 weeks, Sept 19, 26, Oct 3, 10, 17, 24

Have you ever asked yourself, “Why do people act the way they do?” The Enneagram will help you answer that question by defining nine distinct personality “types” and how each “type” views and interacts in the world. Our personality is a set of habitual patterns and coping strategies built up over a lifetime.

Understanding the motivation and strategies behind the behavior of each “type” allows us to build compassion for ourselves and others in order to become more successful in our relationships with family, friends and the community at large.

Book/Materials: Handouts will be provided by facilitator
Class Type: DVD/video, discussion
Class Size: Maximum of 15 participants
Materials Fee: $8.00. Please pay facilitator at first class

Sue Burdette is a certified Enneagram teacher in the Narrative Tradition. Sue has studied the Enneagram for more than 25 years and personally experienced the impact of the Enneagram on personal and business relationships. Sue was a trainer, facilitator and consultant working with leaders, supervisors and individuals to help change the dynamics and outcomes of communication in the workplace.
Thursday 9:30 - 11:30

The Great Game of Bridge – Common Conventions

Facilitator: Wilt Cooper

Bridge is the world’s most popular card game. It is a great way to exercise the mind with communication, visualization, probabilities, math, and socialization. The game of bridge dates back to the 16th century when Europeans were playing triumph. Triumph evolved into whist in the 1700s and was made internationally famous by Edmond Hoyle. With the introduction of the bidding (or auction) concept in the late 19th century, whist evolved into auction bridge. Ely Culbertson in the 1930s, then Charles Goren in the 1950’s popularized the game of bridge even further.

This class is for experienced bridge players who want to enhance their bidding techniques with a better grasp of standard conventions and the addition of new bidding conventions. We will review, expand on, and learn how to deal with Stayman, transfers, major suit responses, minor suit openings, forcing and non-forcing rebids, reverses, Weak Two’s, and the Strong 2 Club.

We will also learn other commonly used conventions, such as Jacoby 2NT, Bergen, Drury, Inverted Minors, New Minor Forcing, Rule of 500, and others. As the class progresses, we will complete each appropriate section of the Convention Card to understand how they fit with standard systems. This card provides the foundation to communicate and play with any new bridge partner.

Prerequisite: Preferably completion of the three previous OLLI courses - “Bidding,” “Play of the Hand,” and “Defense” or instructor approval based on bridge playing experience with current standard techniques.

Books/Materials: Required book: *Commonly Used Conventions*, ACBL Bridge Series

Class Type: Lecture, practice bidding and playing hands

Class Fee: Members $60; Guests $100

Class Size: Minimum of 10, maximum of 25 participants

Wilt Cooper is a retired Aerospace Engineer from Lockheed Martin and an active competitive bridge player. Wilt has a Silver Life Master status in bridge, is teacher accredited by the ACBL, and has taught the game for several years. Because he is so passionate about the game, he wants to share the bridge experience with everyone.
IMPROV for Life

Facilitator: Patricia (Patti) Proffitt  6 weeks, Sept 19, 26, Oct 3, 10, 17, 24

Have fun while changing your paradigm. This course is intended to provide IMPROV tools to use in daily life. Through a series of games, theory and exercises, students will become YES-sayers. Participants will become can-do people and learn to work with the spirit of cooperation. In the course of daily life we are all improvising. Improv techniques teach the skills to cope with life as it comes.

This course will not train participants to become performers. The focus is on improv techniques for life skills.

Note: Participants must be mobile to participate in this class. There are periods of standing, moving and sitting for all class sessions.

Book/Materials: None
Class Type: Lecture, DVD/video, discussion, interaction
Class Size: Maximum of 15 participants
Materials Fee: $15.00 for a journal and journaling items. Please pay to facilitator at first class.

Patricia Proffitt has had a lifelong career of management positions managing large groups of people. Her history includes 30 years at Lucent Technology, AT&T and Children’s Hospital Colorado as well as owning three businesses. In terms of Improv, she began taking classes in February 2018 and completed training Spring 2019. In addition to learning she also performs on stage.
OBITS: Fascinating Stories of Lives (Mostly) Well Lived

Facilitator: Bob Steele

Obituaries can make us laugh or cry. They can highlight great deeds of the dearly departed. Or they might offer witty or poignant stories of flawed folks. Obits can be morality tales or highlight intriguing irony. Ideally, well-written obits take us along on the life journeys of the famous, the infamous and the hardly known.


We’ll go inside The New York Times to meet the obituary writers who are true artists. And we’ll listen to humorist Mo Rocca’s irreverent “Mobituaries” about people, ideas and social movements.

While this is not a writing course *per se*, I’ll help those of you who wish try your hand at writing an OBIT – a short story of a life well lived, or at least reasonably well lived. Perhaps an obit of a relative or a friend, or maybe even the first draft of what they call “an advance obit” for yourself!

Granted, obituaries are about death. But we’ll be focusing on the stories of the living before they shuffled off to the mortal coil.

**Book/Materials:** *Obit: Inspiring Stories Of Ordinary People Who Led Extraordinary Lives* by Jim Sheeler; and *The Dead Beat and the Perverse Pleasures of Obituaries* by Marilyn Johnson

**Class Type:** DVD/video, discussion

**Class Size:** Maximum of 25 participants

**Materials Fee:** None

*Bob Steele* loves to read obituaries. He’s trying to figure out what he might include and what he would leave out if he wrote his own obit. His life journey includes growing up in small-town Indiana, Army service in Vietnam, and careers as a journalist and college professor. He has lots to be proud of and some things to regret.
To quote David Ball, “Matter is the raw material of the universe.” It controls the ground below us and the sky overhead. It makes up the basic building blocks of the products that we buy in stores. It provides the energy that heats our homes and makes our cars go. And maybe most importantly, forms the foundation for the fabric of life itself.

This course will look at the variety of materials that form this vast quilt that we call our world. Along the way we will look at the underlying science of chemistry, but the focus will be on understanding how the principles of chemistry control the properties that generate the diversity that we see in materials. We will explore such questions as:

- Why do adhesives stick?
- What are greenhouse gases?
- What is so unique about the molecules that are found in our body?
- Why does soap make bubbles?

As you can see from the list of questions, the objective of the class will be to provide a practical understanding of the everyday materials that we see around us and use every day. This class does not expect that student will have a science background, but students will be required to have a curiosity on how things work.

**Book/Materials:** None  
**Class Type:** Lecture, DVD/video, discussion  
**Materials Fee:** None

*Stu Gentry* has degrees in Chemistry and Physics. He spent 20 years in the chemical industry. He then switched to teaching where he was a professor at La Salle University in Philadelphia. His scientific passion has been in linking the fundamentals of science to the practical phenomena that we experience every day in the world around us.
The Noontime Oasis: Meditation for You

Facilitator:  Tony Morgan

Note: 11:45 - 12:45

Are you curious about meditation? Do you want to learn how to meditate? Are you an experienced meditation practitioner who wishes you had more time to spend in quiet stillness? Do you want to meditate with a safe group of like-minded individuals? If you answered “Yes” to any of these questions then the Noontime Oasis might be of interest to you.

This class will meet once a week from 11:45am to 12:45pm for meditation. Each class will consist of two 20-minute meditation sessions with a 10 minute relaxation period in between. It’s all about being disciplined and quiet.

However, if you do want or need instruction, it will be available one-on-one. If you wish to ask questions there will be time at the break to accommodate them. But mainly it is about being comfortable, being centered, and just enjoying meditation in a serene and supportive environment. The class is a simple way to energize your day.

Bring your mat, zafu, zabuton, or use a chair or the floor....this is your time to indulge yourself in the practice of meditation in any style you wish.

Book/Materials:  None
Class Type:  Group participation
Materials Fee:  None

Tony Morgan is an experienced meditation practitioner.
Thursday 1:00 - 3:00

American Indians Who Rocked the World through Music and Dance

Facilitator: Roger Collins

This class features Native American Indian ceremonies, powwows, traditional and contemporary music, plus dances of the past and present. You will understand the spirituality and meaning of their ceremonies through power point, DVD films, lecture and discussion. Learn why powwows are “a prayer in motion,” as well as a “celebration of life.” Come to understand why and what Indian dance represents. See a film documentary called “Rumble” which shows how many pioneer Native American musicians helped shape the soundtracks of our lives. Hear DVD sounds from groups like “Brule” from their annual Christmas concert and their “Mount Rushmore” concert honoring the blending of cultures.

Learn about Native American styles of dancing including the fast moving hoop dance performed by world famous contest winners. Prepare for sounds, entertainment, movements and a learning experience of musical expression that you may not have before fully understood. No extra assignments or homework required.

Book/Materials: Handouts will be provided by facilitator
Class Type: Lecture, DVD, discussion
Materials Fee: None

Roger Collins is a graduate of the University of Denver. He retired from Sears Roebuck & Company after 25 years as a manager of several stores. He then created a printing operation of the Signal Graphics Printing Franchise. During the last 19 years he has been involved in the study of the history, culture, lifestyles and religions of American Indians.
America Today:
What We Can Do to Make a Difference

Facilitator: Terry Ortlieb, Diamond Facilitator

We will look at solutions that we can support today to address the issues that Harari and AI scientists have identified as challenges just around the corner.

Book/Materials: Recommended book: *America, Compromised*, by Lawrence Lessig

Class Type: Lecture, discussion

Class Size: Maximum of 35 participants

Materials Fee: None

*Terry Ortlieb*, Diamond Facilitator, is a semi-retired entrepreneur who sold his technology consulting company to Oracle. He has been working with information technology since he put engineering changes on IBM equipment in high school. His formal education was in Philosophy and he has maintained a strong interest in Political Philosophy and the Philosophy of science and history.
The Forgotten Presidents

Facilitator: Marjie Clark, Master Facilitator

You can probably easily name the first seven Presidents – Washington to Jackson—and you know Lincoln was President during the Civil War, but what about those in between Jackson and Lincoln, and between Lincoln and Theodore Roosevelt? Just because they are less known does not mean the country was put on hold during their administrations.

We will examine who these people were and what was happening on their watch, and perhaps learn some things your teacher never taught you!

Book/Materials: There is no book for this course
Class Type: Presentation, discussion
Class Size: Maximum of 25 participants
Materials Fee: None

Marjie Clark, a transplanted Texan, is a Master Facilitator who has been an OLLI member since 2009. Having taught Advanced Placement U.S. history at the high school level and later U.S. history at the college level, she specializes in American history courses “with a twist.” She has a B.A. from Rice University and an M.A. from the University of Houston.
The Great Game of Bridge - Standard Bidding Techniques

Facilitator: Wilt Cooper

Bridge is the world’s most popular card game. It is a great way to exercise the mind with communication, visualization, probabilities, math, and socialization. The game of bridge dates back to the 16th century when Europeans were playing triumph. Triumph evolved into whist in the 1700s and was made internationally famous by Edmond Hoyle. With the introduction of the bidding (or auction) concept in the late 19th century, whist evolved into auction bridge. Ely Culbertson in the 1930s, then Charles Goren in the 1950s popularized the game of bridge even further. It is played by nearly 40 million people just in North America with international tournaments annually.

This class is for bridge players who want to find the “Golden Fit,” get to the best contract consistently, and learn current refinements in bidding technique and play. This is also the class for beginning bridge players to learn an exciting new game and establish a strong foundation for many years of bridge fun in the future. The class addresses card play, hand evaluation, Golden Rules, scoring, the language of bidding, opening bids, and responses.

The class continues to build on bidding techniques for more complex bidding sequences, including rebids by opener and responder, competitive bidding, take-out doubles, cue bids, and the Stayman convention. Whether you want to invite the neighbors over for a casual game of rubber bridge or get on a track to play competitive duplicate bridge at the nearest bridge club, this class will provide the means to start you on that journey.


Class Type: Lecture, practice bidding and playing hands
Class Fee: Members $60; Guests $100
Class Size: Minimum of 10, maximum of 25 participants

Wilt Cooper is a retired Aerospace Engineer from Lockheed Martin and an active competitive bridge player. Wilt has a Silver Life Master status in bridge, is teacher accredited by the ACBL, and has taught the game for several years. Because he is so passionate about the game, he wants to share the bridge experience with everyone.
Once upon a time a valiant warrior, trusted by his sovereign, became a hero with vastly increasing wealth and power. But his ambitions overtook him, and he turned to the Dark Side, killing his former ally. Is this the story of Darth Vader or Macbeth? It’s an ancient tale told many ways with plentiful twists.

Where did Shakespeare find the ideas for Macbeth? What could his source know about a king who had reigned six centuries before? What spin did Shakespeare add? Was Shakespeare’s Macbeth a foul demon? Or was he a fair monarch, enjoying a long reign and a pilgrimage to Rome, where he “scattered silver like seed to the poor”?

We’ll view Macbeth in its entirety plus comparing key scenes in different productions across the years from Orson Welles’ in 1948 to Justin Kurzel’s in 2015. We will consider Ian McKellan’s portrayal of Macbeth with minimalist staging versus Patrick Stewart’s in Stalinist Russia. What about Judi Dench’s Lady Macbeth? Did the recent slaying of director Roman Polanski’s pregnant wife, Sharon Tate, affect his vision? What do you think of the adaptations for the Samurai and Bollywood versions? And how about those witches: they include garbage-truck drivers, young girls in pink-hooded pajamas, ER nurses, and naked hags? What works best? You decide!

Also, Shakespeare wrote to curry favor with his new king lacing his play with current events, especially those to intrigue or flatter James I. What did a Renaissance audience understand that we don’t?

And, if you want, you’ll get a chance to create a little drama yourself! Join the fun!

Book/Materials: Please have a copy of Macbeth by William Shakespeare, preferably the Folger Library edition with notes/translation on each facing page
Class Type: Reading, viewing, discussion, reports, dramatic high jinks
Class Size: Maximum of 30 participants
Materials Fee: None

Patricia Paul, Senior Facilitator, taught literature and writing to students from sixth grade to Masters Level. She has served on the OLLI South organizing committee and as Co-Chair of the Literature and Writing Subcommittee. While living in Scotland, she wanted to visit sites in Macbeth but first had to find them through archeological research.
Thursday 1:00 - 3:00

Mac Computers:
Getting Up-To-Speed with Your Mac

Facilitator: Paul Mauro, Master Facilitator

Want to get more out of your Mac? In this class we will learn to master basic features such as TextEdit, Calendar and Photos, and review many important things everyone needs to know to make the best use of their machine, such as back-ups and security. We will also introduce the Mac word processing and spreadsheet applications: Pages and Numbers. A special feature will be to demonstrate how to embed videos in a presentation. Each week time will be devoted to answering questions on your most vexing Mac issues.

Here is a sampling of features we will cover:

- Effective File Management
- Organizing your Contacts
- Syncing with your iPhone
- Organizing and Editing your Photos
- Word Processing
- Spreadsheet
- Downloading from the AppStore
- Private Web Browsing
- Backups and Passwords

This class assumes the participant has some experience with Mac desktops or laptops. You will benefit from seeing features you haven’t yet tried and relearning some things you forgot. This class will not address iPads nor iPhones, which use a completely different operating system. Mac users with a laptop are welcome to bring them to class or you may choose to take notes in class and practice at home as the desktop users will do.

Book/Materials: Handouts will be provided by facilitator

Class Type: Lecture, discussion

Class Size: Maximum of 25 participants

Materials Fee: None

Paul Mauro, Master Facilitator, joined OLLI Denver in 2012, after participating in OLLI in Prescott, AZ for many years. He spent his career with large scale, highly specialized computer systems, starting in the era of big mainframe computers in the 60s. He has had a personal computer in his home for more than 40 years.
Fridays

Hiking Club

Experience the beauty and exhilaration of Colorado by joining other OLLI members in hiking the many trails of the foothills and Front Range mountains. According to the Cleveland Clinic, “Exercising is the most important thing you can do to keep yourself healthy and delay the aging process.” Hikes will be scheduled every other Friday with information emailed the Friday before the hike. Signup is required.

You will not register for the Hiking Club during the registration process, instead, you need to request to be added to the mailing list. If you are already receiving the bi-weekly hiking emails, nothingmore is needed. If you are not receiving them, please send an email to ollisouth@gmail.com with your name, email address, phone number, and indicate you wish to be added to the Hiking Club. You will then start receive a bi-weekly email announcing the hikes and will then register for each individual hike as they are announced.

SPECIAL NOTE: Please DO NOT “Unsubscribe” from the hiking club emails via the link in the email, this will unsubscribe you from ALL OLLI emails! Instead, send a separate email request to ollisouth@gmail.com and indicate your wish to be removed and we’ll handle it for you.
NEW! Collaboration with Arapahoe Community College (ACC)

The following are courses designed for the 50-plus community being offered by Arapahoe Community College (ACC) to our OLLI at DU members at an almost 50% discount. These courses WILL NOT be held at our Valley View Christian Church location and DO NOT follow our OLLI South dates and times, so please review dates, times, and locations carefully! The courses are listed by start date so please note that the first six listed classes will begin PRIOR to our OLLI South fall term.

If you find a course you wish to take, you will select the course during your OLLI South online registration process in a new section called “ACC Courses.” The required course fee will be added to your total and collected upon checkout. Prior to the start date of the course, you will receive an email from Arapahoe Community College noting the course, campus (Littleton or Parker), room number, and a parking pass if needed. Please note that we will share your name, email address, mailing address, and phone number with ACC for purposes of registration for their records ONLY if you sign up for an ACC course.

Please note any additional costs indicated in the cost section. Some courses indicate a materials fee to be paid to your instructor the first day of class, some have a supply list or required book that you will need to purchase prior to the first day of class. Books may be purchased through Amazon or a bookstore of your choice. The supply list for the courses can be found on our OLLI South webpage on the “2019 Fall Registration – Catalog and Syllabi” tab. They are under the heading “Arapahoe Community College (ACC) Courses” on the right-hand side of the page.Oil Painting
Oil Painting

Instructor: Jhenn Whalen
Mondays, 2:00 - 5:00 p.m.
6 weeks, Sept 9, 16, 23, 30, Oct 7, 14

Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120

Discover why so many artists, historically and today, prefer to work in oil. With its smooth, buttery surface and easy blending capacity, oil is an expressive medium that glistens timelessly. Whether you are new to oil painting or a seasoned veteran, prepare yourself for some new skills to add to your artistic range.

Cost: $90, plus supplies

Introduction to American Sign Language

Instructor: Jennifer Wise
Tuesdays, 6:00 - 8:00 p.m.
10 weeks, Sept 10, 17, 24, Oct 1, 8, 22, 30, Nov 5, 12, 19
Note: No class Oct 15

Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120

A 10-week course that introduces students to American Sign Language. Students will learn how ASL is different from English and learn about Deaf culture in addition to learning signs for pronouns, greetings, questions, and other elements of basic conversation. Students will have access to teacher-made videos to aid with practice for knowledge retention from week to week.

Optional Book: *Talking with your Hands, Listening With Your Eyes* (978-0757000072) – approximately $25

Cost: $100, plus optional book

Painting in Plein Air

Instructor: Jhenn Whalen
Thursdays, 1:00 - 4:00 p.m.
6 weeks, Sept 12, 19, 26, Oct 3, 10, 17

Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120

Painting in the outdoors is more than a French pastime; in a recent resurgence, it’s recognized as one of the most honest and challenging types of painting. With a variety of exercises and compositions, you’ll learn to trust your eye, make decisions more quickly, and keep your mind sharp while enjoying the great outdoors. In the event of inclement weather, this class will convert to interiors.

Cost: $90, plus supplies
Introduction to Digital Scrapbooking
Instructor: Jennifer Wise
Thursdays, 4:45 - 6:15 p.m.
4 weeks, Sept 12, 19, 26, Oct 3

Parker ACC Campus
15653 Brookstone Drive, Parker 80134
A 4-week course that introduces students to digital scrapbooking using the Heritage Makers online program and publishing system. At each session, students will learn a technique, strategy, or skill, then have time to work on their own photos and scrapbooking with any teacher help they might need. Students may choose hardbound books or individual scrap pages to create digitally. Finished examples will be shown. Students are able to pay (separate from class fee) to publish whatever items they create upon completion.

Cost: $35

Chancery Hand Calligraphy
Instructor: Evette Goldstein
Thursdays, 6:00 - 8:00 p.m.
5 weeks, Sept 12, 19, 26, Oct 3, 10

Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120
Learn Chancery Italic Calligraphy. Discover the joy of self-expression through this beautiful ancient art form.

Cost: $55, plus material fee of $45 if you are right-handed or $52 if you are left-handed. (Please pay materials fee to instructor at first class.)

You Can Draw!
Instructor: Brian Brennan
Thursdays, 7:00 - 9:00 p.m.
6 weeks, Sept 12, 19, 26, Oct 3, 10, 17

Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120
Learn to draw anything you see! Discover how artists “record” images onto paper. Great observational drawing class for beginners. Utilize proven methods behind portraits, still life and landscape drawing. Explore line, texture and tone as you learn shading techniques. Advanced subjects reviewed for the experienced artist as well.

Cost: $65, plus supplies
Beginning Conversational German

Instructor: Birgid Howell  
Tuesdays, 7:00 - 9:00 p.m.
8 weeks, Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5

Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Immerse yourself in conversational German which emphasizes spoken language, simple vocabulary and phrases. Enjoy a strong emphasis on travel, history and culture. Begin with the basics of the language and advance quickly to help you converse comfortably.

Required Book: *German in 10 Minutes a Day* (978-1931873314) – approximately $35

Cost: $90, plus the book and $5 materials fee (please pay materials fee to instructor at first class)

Free to Paint!

Instructor: Joy Schultz  
Tuesdays, 1:30 - 4:30 p.m.
6 weeks, Sept 24, Oct 1, 8, 15, 22, 29

Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Explore, discover, be open to and express your natural creativity. Learn how to use questions to stir your creativity, dissolve creative blocks and keep the inspiration flowing during all phases of the creative process. Practice trusting your own natural and limitless intuition, discover the unknown, take risks and express your uncensored self in a non-judgmental, non-goal oriented environment.

*Principles from Point Zero: Creativity without Limits, and Life, Paint and Passion,* by Michele Cassou will be shared through readings, video, and during the process of painting. I strongly encourage the use of high quality tempera paints for this class. Having a generous, luscious supply of ready-to-use paint and color is very conducive to this process. (Acrylics can work with some qualifications if you already have them). Supply list at [http://www.joyofthework.com/art-classes.html](http://www.joyofthework.com/art-classes.html). Please contact the instructor if you have questions. All levels of experience welcome.

Cost: $90, plus supplies
**Beginning Tai Chi**

Instructor: Holly Yang  
Wednesdays, 6:00 - 8:00 p.m.  
8 weeks, Sept 25, Oct 2, 9, 23, 30, Nov 6, 13, 20  
Note: No class Oct 16

Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Daily Tai chi practice relieves stress and tension, increases energy and tranquility, improves balance, flexibility, and strength, and promotes physical and mental overall well-being. Learn the Tai Chi forms with clear, step by step instructions through tai chi stances, hand positions, and movements. Qi Gong and meditation will be introduced and practiced. A certain degree of movements is required for full-participation in this course.

Cost: $100

**Beginning Spanish**

Instructor: John Soister  
Tuesdays, 6:00 - 8:00 p.m.  
10 weeks, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, Dec 3, 10  
Note: No class Nov 26

Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Discover basic Spanish including common phrases and vocabulary that will enable you to communicate simply and clearly.

**Required Book:** Complete Spanish Step-by-Step 1st Edition (978-1259643415) – approximately $20

Cost: $100, plus the book

**Latin and the Romance Languages and English**

Instructor: John Soister  
Wednesdays, 6:00 - 9:00 p.m.  
10 weeks, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, Dec 4, 11  
Note: No class Nov 27

Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Latin for beginners, offering grammar and vocabulary with references to the language’s influences in Italian, Spanish, Romanian, Portuguese, and French (the “Romance” languages) and in English. With cultural and historical accents. Any day of the week is fine.

**Required Book:** The Everything Essential Latin Book (978-1440574214) – approximately $12

Cost: $100, plus the book
Get the Most from Your Android Devices Hands-on
Instructor: Jon Rager
Mon/Tue/Wed/Thur, 4:30 - 6:30 p.m.
4 sessions, Oct 7, 8, 9, 10
Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120
Learn how Android smartphones and tablets have changed the way the world communicates. Then, dive in to explore your own device. Bring your Android smartphone and tablet to get hands-on time with the assistance you need to develop proficiency. Learn to navigate your device, discover the world of apps, GPS navigation, media and entertainment, work productivity, photography, and more. Explore security and safety features to keep your data safe. Even talk to your device!
Cost: $65

Beginning Digital Photography
Instructor: Bob Montgomery
Mondays, 6:00 - 8:30 p.m.
3 weeks, Oct 7, 14, 21
Parker ACC Campus
15653 Brookstone Drive, Parker 80134
Focus on aperture, shutter speed, depth of field, ISO and exposure. Discover composition principles to create better photographs. Bring camera and owner’s manual. Designed for 35MM and digital camera users new to photography. Camera must have an adjustable aperture and shutter speed. Interchangeable lens a plus!
Cost: $55

Computer Basics for Laptop and Desktop Devices
Instructor: Jon Rager
Tues/Thurs, 6:00 - 8:00 p.m.
2 weeks, Oct 15, 24
Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120
If you have little or no experience with personal computers and want to learn the basics this class is perfect for you. Explore the main components of a typical computer system and the basic elements of the Windows interface. Navigate in Windows Explorer, organize files and folders, search for items on a computer, and personalize Windows. Learn to use an Internet browser and explore tips for routine maintenance.
Cost: $65. (Class will be held in a room with provided computers.)
Better Photography with iPhone and iPad
Instructor: Steve Sande
Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Wednesday, 6:00 - 9:00 p.m.  
1 class, Oct 16

Want to take better photos with an iPhone or iPad? This class is designed to take students from taking ordinary snapshots to making photos they’ll be proud to share. In this class, you’ll learn hands-on how to use the different Camera app shooting modes to capture high-quality photos and video, then use Photos and other photo editing apps to turn pictures into masterpieces. Students use their own iPhone (or iPad) to gain hands-on experience in capturing and editing images.  

Cost: $25

Exploring Pouring Acrylics — Workshop
Instructor: Candace French
Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Friday, 9:30 a.m. - 3:00 p.m.  
1 class, Oct 18

Join in this exploration of creating exciting effects while pouring acrylics. Students learn at least three unique pouring techniques. Work created is a completed work of art or a wonderful background to a layered artwork or collage. Candace’s approach to teaching is engaging and informative. This class is for students of all levels. Beginning students experience immediate success. Established artists find these techniques help them loosen up and expand their creativity.  

Cost: $50, plus supplies and $5 materials fee (please pay materials fee to instructor at first class)

Creative Writing Workshop
Instructor: Kathryn Rick
Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Fridays, 3:00 - 6:00 p.m.  
8 weeks, Oct 18, 25, Nov 1, 8, 15, 22, Dec 6, 13  
Note: No class Nov 29

Writing workshops are a staple of the writing community: ideal places to network, connect, get feedback and practice craft. This course is both a workshop, and a workshopping instructional class covering everything from critiquing basics to navigating potential pitfalls. Throughout the course, discussions of craft, thematic choices and genre expectations will
offer perspective and insight into both the student’s own work and that which they are critiquing. As students come to develop positive critiquing relationships with their fellow students, the class will shift to focus increasingly on revision and future goals, making the most of the feedback that they will have received whether that is aimed at publication or a personal goal.

Cost: $50

**Beginning Watercolor**

Instructor: Brian Brennan  
**Tuesdays, 7:00 - 9:00 p.m.**  
6 weeks, Oct 22, 29, Nov 5, 12, 19, Dec 3  
Note: No class Nov 26

Littleton ACC Campus  
5900 S Santa Fe Dr, Littleton, CO 80120

Learn how to paint with watercolor. No experience necessary. This class explores the usage and application of watercolor paint. Discover how artists use the unique medium of watercolor to achieve beautiful light effects!

Cost: $65, plus supplies

**Daily Strategies for Living Positively: The Science of Happiness**

Instructor: John Ameen  
**Thursdays, 6:00 - 8:30 p.m.**  
5 weeks, Oct 24, Nov 7, 14, 21, Dec 5  
Note: No class Nov 28

Parker ACC Campus  
15653 Brookstone Drive, Parker 80134

What makes life worth living? How do we keep our heads up and avoid being bogged down in negativity? Positive psychology is the study of what makes people flourish in all areas of life. This course delves into the science of positive psychology to give you practical strategies you can use each day to increase positive well-being on a short and long-term basis. These are science-based strategies that have been used by mental health practitioners around the world and have the power to change the way you live. Topics will include, but are not limited to: how to experience more positive emotions; the science of gratitude; mindfulness; changing stress mindset; building positive relationships. Adolescents, families with adolescents, and couples welcome!

Cost: $60, plus supplies and $5 materials fee (please pay materials fee to instructor at first class)
Color In Painting

Instructor: Marjory Wilson

Tuesdays, 6:00 - 8:00 p.m.
5 weeks, Nov 12, 19, Dec 3, 10, 17
Note: No Class Nov 26

Littleton ACC Campus
5900 S Santa Fe Dr, Littleton, CO 80120

"With color one obtains an energy that seems to stem from magic."
—Henri Matisse.

We will focus on the important aspects of color Chroma, Saturation, Temperature, Value, Complements, and Harmony. We will create a color wheel, a color mixing chart and paintings based on color schemes. Discussing traditional use of color and expressionistic color. This class is for all levels and mediums as a refresher for the more experienced or fundamentals for the beginning painter.

Cost: $65, plus supplies
2019-2020 OLLI South Curriculum Committee

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Christine Liptak

IT Specialist
Erin Angel

Catalog
Karen Kirkpatrick
For information about classes at each OLLI site:

**OLLI at DU**
https://universitycollege.du.edu/olli/

**OLLI Boulder**
Barbara Darling
https://portfolio.du.edu/olliboulder

**OLLI Central**
John Baumgartner, Darcey Vanwagner
https://portfolio.du.edu/olli

**OLLI East**
Paul Simon
https://portfolio.du.edu/ollieast

**OLLI-on-Campus**
Joanne Ihrig, Jackie Wyant
https://portfolio.du.edu/ollioncampus

**OLLI South**
Connie Dawson
https://portfolio.du.edu/ollisouth

**OLLI West**
Susan Schmetzer
https://portfolio.du.edu/olliwes

**OLLI South classes are held at:**
Valley View Christian Church
11004 Wildfield Lane
Littleton, CO 80125
Directions to OLLI South

Valley View Christian Church
11004 Wildfield Lane
Littleton, CO 80125

South Santa Fe Drive (Hwy 85) to Titan Parkway (approximately 4 miles south of C470 or 10 miles north of Castle Rock). Turn east, and then left on Wildfield Lane and follow the road up to the church on the hill.

Osher Lifelong Learning Institute at DU (OLLI)
2211 South Josephine Street
Denver, CO 80208
(303) 871-3090

Go online to learn more about OLLI:
www.portfolio.du.edu/ollisouth