Statement of Purpose:
OLLI, a member-volunteer organization, offers non-credit academic classes and stimulating programs, along with social opportunities for retired and semi-retired men and women. Members use their talents, experiences, and skills creatively in shared intellectual and cultural pursuits. We strive to respect diversity of thought in a relaxed, supportive academic environment, exploring new interests, discovering and developing latent abilities, and contributing to the immediate or broader community.

About the Osher Foundation
Thanks to the generosity of the Bernard Osher Foundation, the network of Osher Lifelong Learning Institutes, across the United States, is meeting the needs of mature learners who want to learn simply for the joy of learning and personal fulfillment. To date there are 122 OLLI programs in the United States from Maine to Hawaii and Alaska.
Dear Friends,

Enclosed is the Winter curriculum information for OLLI Central. The 8-week Winter term begins January 14th and ends March 11th (no classes on January 21st).

**PLEASE NOTE - THIS TERM** Central classes have **three locations**: Park Hill United Methodist Church, 5209 Montview Blvd.; First Universalist Church, 4101 E. Hampden Ave. (NE corner of Colo. Blvd. & Hampden); and Ruffatto Hall, DU Campus, 1999 E. Evans Ave. (High St. & Evans). **See Map for Locations of Central and all other Sites on the inside back cover.** We hope you find several classes interesting and plan to join us for eight weeks of learning, discussion and fun!

We are now offering **online registration** for all sites of OLLI at DU. To register, please go to the Central site at [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli) and click on the link that states “Register Now, click here”. As you register for classes, please print the email that will be sent to you after you complete the registration process. This process allows you to pay by credit card, a feature many of our members have been requesting for quite some time. If you decide to register by mail (the old-fashioned way), the registration form is included and **a check must accompany** the mailed in registration form. There is no way to pay via credit card should you decide to register by mail. Registrations received by mail will then be entered into the online system which will automatically send an email to the member. Please print this email for your records.

**You may find our catalog and registration materials online by going to:** [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli). Going on the website gives you the advantage of viewing classes at all six OLLI sites – Central, West, South, East, OLLI-On-Campus & Boulder. Don’t forget, your membership dues allow you to take as many courses as you like at any of the six sites (contingent on space availability).

We will begin placing members into classes on November 30th. All registrations received during this time (November 19th thru November 29th) are randomly selected and placed into classes one at a time. After this date, those registrations received are placed into classes in the order received. Please complete all required information on the registration form or online. **Confirmations** will be **emailed** beginning December 17th.

We sincerely appreciate your support and commitment to OLLI. If you have questions or want additional information, email the office at [debra.loftin@du.edu](mailto:debra.loftin@du.edu).

Sincerely,

*Darcey VanWagner – Central Operations Manager (darcey.vanwagner@du.edu)*

*John Baumgartner – Central Site Manager (john.baumgartner@du.edu)*
OLLI POLICY STATEMENT

In the spirit of fostering understanding, each OLLI member is encouraged to share opinions and ideas. OLLI class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems, and beliefs. The true focus of an OLLI Class is the critical examination of issues and opinions. Each participant’s point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate. Comments shared within the class are voiced in a professional manner, without personal attack, to preclude them from being detrimental to the learning environment. In the event an issue arises compromising this premise, OLLI administration has the authority to remove a student or instructor from the class and/or the program.

MEMBERSHIP FEE INFORMATION

FEE STRUCTURE

- $130 – per term.

MEMBERSHIP FEE INCLUDES THE FOLLOWING BENEFITS:

- Participation in classes at any of the six OLLI sites – Central, West, South, East, On-Campus & Boulder (contingent upon space availability - enrollment in classes is limited based on classroom size and facilitator preferences)
- Opportunity to participate in Extracurricular classes (for additional per-class fee if applicable)
- Special member price for “The Summer Seminars of OLLI”.
- OLLI Newsletter
- Notice of un-advertised DU events (many at no cost because of DU affiliation).
- Invitations to annual social events
- Lamont School of Music – All OLLI members get the senior/group rate.
- University of Denver Library (Anderson Academic Commons) Borrowing privileges, see http://portfolio.du.edu/olli for details
- ENRICHMENT PROGRAM - Our sister organization offers classes at the University of Denver. Members of OLLI at DU enjoy a 20% discount on most courses (some exclusions do apply) when they register with the code OLLIW19. To review the course offerings please go to http://universitycollege.du.edu/enrichment or visit the 2211 South Josephine Street office and pick up a catalog in the front reception area.
- DU Athletics – Purchase 1 full price ticket and get 1 free ticket to any men’s or women’s basketball game, based on availability.
- Coors Fitness Center - $25 per month membership for 12 months. Sign up only in the fall term.

REFUND POLICY

Per term: Full refund, if requested, no later than 10 days into the term.
WINTER ANNOUNCEMENTS: PLEASE REVIEW

1) **EXTRACURRICULAR CLASS** descriptions are in the catalog listed on the day the class is held. Please be sure to check them out!

2) **HOLIDAYS/NO CLASSES** – Monday, January 21, 2019 (MLK Day).

3) **CLASSES AND WORKSHOPS**: Classes and Workshops are eight weeks in length unless stated otherwise. Some classes and workshops have fees.

4) **SENIOR, MASTER & DIAMOND FACILITATORS**: You will see the terms “Senior Facilitator”, “Master Facilitator” and “Diamond Facilitator” used in this book. These are the very dedicated people who have facilitated many OLLI classes. A Senior Facilitator has taught between 10-14 classes, a Master Facilitator has taught 15-24 classes and a Diamond Facilitator has taught 25 or more.

5) **SNOW CLOSURES**: Classes at all 3 OLLI Central locations will be cancelled if the Denver Public Schools are closed. We will also have a recording on the office line – (303) 871-3090, or you can check our website to see if a location is closed: **www.portfolio.du.edu/olli**.

6) **BOOKS/MATERIALS**: Many classes have required books. Tattered Cover offers OLLI students a 15% discount. Books can also be obtained over the internet from, for example, Amazon or Barnes and Noble.
Each academic year OLLI at DU seeks to provide internationally-focused classes with specific emphasis provided to one country for that year. This year, OLLI at DU’s focus is China.

Throughout the year each site may have classes that will highlight this intriguing country. At the end of this academic year, there will be a custom-designed trip to China. Please note that the trip is now full.

If you have Chinese connections or would like to facilitate a course or presentation on China, please share such with your Site Manager or Curriculum Committee. The Curriculum Committee members can be found at the back of this publication.
HIKING (OLLI members only)

OLLI’s goal is to stimulate your mind, fulfilling our motto of “curiosity never retires,” however, we also have programs to stimulate your physical well-being!! Talk to anyone who has participated in our hiking program and you will notice their exhilarating sense of accomplishment. You will experience fresh air, social interaction, build friendships, improve your heart and lung functions, achieve more stamina, practice weight control, and attain a better quality of life!! A Harvard study of 17,000 participants found that vigorous exercise is associated with an increase in longevity. According to the Cleveland Clinic, “Exercising is the most important thing you can do to keep yourself healthy and delay the aging process.” All of these benefits can be yours if you are willing to challenge yourself. So join us!! Hike where your peers don’t and see Colorado as it was meant to be seen! What can compare to the sight of a meadow of high mountain wildflowers, sweeping vistas of mountain peaks, breathtaking scenery? Aging is inevitable, old age is a choice!!

Our hiking coordinator, Sheldon Fisher, has been athletic all his life, participating in team sports throughout college and individual sports since then. He has been an avid hiker for several years and enjoys being a “tree hugger.” Please join Shelly every other Friday morning for a truly stimulating experience, which he promises you won’t find disappointing!

Contact: Shelly at jpsmfish@yahoo.com and/or his cell: 303-748-4003. FYI, Shelly is looking for a trail leader so, if you are able to help, please let him know.

WALKING

“Walking is man’s best medicine.” --Hippocrates

Every MONDAY morning, a group of us get together for a brisk walk and good conversations. It’s like getting your coffee chats and morning feel-good exercise at the same time! What an awesome way to begin your week! All levels of walkers are welcome. Some go 5 miles, others 2.5 miles, but we all have so much fun it never seems like exercise! We add variety to our walks with different locations like the Highline Canal, Wash Park, the Wildlife Refuge, or Fairmont Cemetery, always in search of new spots and open to your suggestions. Our facilitator, Pam, feels moving in some way, no matter what you choose, dance, yoga, etc., is critical to your health. We have a great group and would love to have you join us to begin your week in the fresh outdoors.

Contact: Pam Murdock, facilitator: pampem@aol.com or cell: 303-918-4566

Pam received a B.A. in Philosophy from the University of Colorado. As a philosopher, she is not qualified for anything except loving life and asking questions. She owned a wholesale travel company for 35 years and was featured numerous times in the Colorado Business Magazine and Denver Business Journal as one of Colorado’s top privately owned businesses and top women-owned businesses. When not walking, she enjoys traveling, reading, hiking and spending time with her dog.

SNOWSHOEING

Snowshoeing will be offered to OLLI members every other Friday beginning in mid-January when the weather becomes less cold in the mountains. Away from the hustle and traffic of ski resorts, snowshoeing is a way to experience the peaceful winter landscape on pristine snowy trails through the woods. These beautiful surroundings and the group enjoyment make these fun and memorable events. Sometimes we even stop for treats on the trip home. Snowshoeing is exertion at higher altitudes, so it requires participants who exercise regularly or who are in good shape.

Contact: Richard Passoth for more details about snowshoes, carpooling, and to be on the email list for notification of the outings. repassoth@gmail.com phone: 801-364-3387

Richard Passoth is a long time member of the Sierra Club and an experienced guide for mountain outings. He is safety conscious and tries to assure that all participants have a good time.
HISTORY
American History: 1865-1917
Easy Chinese Conversation
Forgotten Presidents
Let’s Learn the Lessons of the Past, with Jon Meacham as our Guide
Many Faces of Eleanor Roosevelt
The Evolution of Etiquette & Protocol: The Importance of Civility & Manners
The Life & Legacy of Isabella, The Warrior Queen

The Renaissance – The Beginning of the Modern World
The Transcontinental Railroad
*Thomas Jefferson: The Art of Power*
  by Jon Meacham
Understanding a Bit about Imperial China
Woman Suffrage and the Meaning of Citizenship
Colorado’s Black History is More than a Month
  An OLLI at DU Speaker Series

ECONOMICS
Introduction to Game Theory: Methods for Making Rational Decisions

LITERATURE
Agatha Christie and Late Hercule Poirot
Picking Books for the Young People in Your Life
Recent Short Stories by Honored Authors
Short Stories of the New American West
*The Life & Opinions of Tristram Shandy*, a Comic Masterpiece
The Sunday Night Poet

FACILITATOR
Steve Winber
Yi Ren
Marjie Clark
Hilary Carlson & Kathleen Stokes
Rita Alexander
Jan McCubbrey
Nan Morehead & Reva Greenburg
Diana Williams
Stewart Jones
David Lippman
Barbe Ratcliffe
Myra Rich
Jacqui Shumway
Robert Dodge
Bill Kaehny
Linda Katchen
Kelly Smith
Don & Gracie Batt
Bill West
Ed Hanson
The William Shakespeare Society
Three Writers Reveal Absurd Worlds
Write to Save Your Life

Eileen Wigginton
Ann Cohen
Patricia Cox

PUBLIC AFFAIRS
American Politics: The Issues That Divide Us
Current Events #1

Current Events #2

Current Events #3
Economics & Politics
Great Decisions #1
Great Decisions #2
Great Decisions #3
8 More Foreign Films *
Supreme Court – it’s Role in our Society
Ted Talks
Active Minds: An OLLI at DU Speakers Series *
Are We Really Healthy? *
   An OLLI at DU Speakers Series
Hard Choices *
   An OLLI at DU Lecture Series

FACILITATOR
Reid Reynolds
Dick Reinish &
Sydney Myers
Dick Reinish &
Sydney Myers
Maria Valdes
Randy Braun
Gene Cole
Jay Baugher
Gordon Appell
Dick Reinish
Tom Bieging
Jim Bernuth
Active Minds
Barbara Shecter
Richard Lamm &
Buie Seawell

PHILOSOPHY, RELIGION &
PSYCHOLOGY
Ethical Decision-Making in a Complex World
Faith and Reason
Help! What You Can Do For
   Mental Health Emergencies
Necessary Losses: Life’s Losses & Gains
Philosophical Strands in Socialism
Stories of the Sages
Wisdom from Greek Mythology

FACILITATOR
Steve Spirn
Mike Prevedel
Kip Doran
Ruth Neubauer
Mitch Stewart
Rabbi Sandra Cohen
Susan Ledges
SCIENCE, RESEARCH & TECHNOLOGY

Birds: Secrets of Flight and Behavior
Harrari’s 21 Lessons for the 21st Century
Navigating the Health Care Maze

Plants: A Very Short Introduction
Science, Technology & Medicine in the News
The Geology of Colorado
The Seven Greatest Scientific Discoveries in History
Women in Science & Technology

FACILITATOR
Steve Johnson
Terry Ortlieb
Mark Levine, Fred Kutner & Alan Lazaroff
Larry Matten
Gerson Greenburg
Larry Meckel
Wilson Wiedenheft
Barbara Zimmerman

VISUAL & PERFORMING ARTS

A Brief History of American Musical Theater *
A Leonard Bernstein Birthday Bash *
Chinese Calligraphy
Journeys in Film
Opera – Our Choices *

Origami for the Mind: Foundation - AM
Origami for the Mind: Foundation - PM
Oscar Movies II (1976-2007) *
Sport Movies First Inning
The Great Gatsby and All that Jazz: Art and Culture in 1920’s America

FACILITATOR
Wendy Rouder
Steve Weston
Dennis Johnson
John Testa & Eva Spain
Mo Mathews & Bob Montgomery
Mark Burger
Mark Burger
Bob Magnani
Alan Folkestad
Marianne Lorenz

WELLNESS

Exploring the Promise of Chinese Medicine
An OLLI at DU Lecture Series

FACILITATOR
Joe Brady

Extracurricular classes at OLLI Central

Pilates Fundamentals
Tai Chi
Yoga from the Heart

INSTRUCTOR
Debby Levinson
Joe Brady
Robin Secher

* - indicates large classes
COURSE DESCRIPTIONS

MONDAYS
Mondays 9:30-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

CHINESE CALLIGRAPHY

FACILITATOR: DENNIS JOHNSON

2nd 4 weeks
Interested in trying your hand at Chinese calligraphy? It is a beautiful art form that goes back centuries. We will learn the basic strokes and will create beautiful sayings and maxims. You don't have to know anything about the Chinese language, you don't need any particular artistic skill, and you don't even have to like Chinese food!

There will be an art fee of $25 – payable to the facilitator at class; for that, you will get 2 calligraphy brushes, a bottle of ink, practice paper and rice paper for your finished creations.

Dennis Johnson has taught Chinese calligraphy for adults for many years. He lived in China for a year as a Fulbright Scholar, and enjoys the Chinese language and its expression through calligraphy.

EXTRACURRICULAR

YOGA FROM THE HEART

Teacher, Robin Secher, has practiced yoga for the last 40-plus years and has been a certified yoga teacher since 2003. Hatha Yoga is her favorite path to gentle strengthening of the inner and outer body. Robin teaches all levels and abilities at yoga studios, spas, health clubs, colleges, and corporate work sites. Bring your own yoga mat, blanket, and pillows or we will supply them. Please contact Robin if you have any questions about attending her class at birdyoga99@gmail.com, 303-880-0508.

Mondays: Jan 14, 28, Feb 4, 11, 18, 25 March 4, 11
Park Hill United Methodist Church, 5209 Montview Blvd.
Time: 9:30 – 10:45am
Cost: $60 members $75 Non-members (if available space)
EXTRACURRICULAR

TAI CHI:  EXERCISE IS MEDICINE

Experience for yourself the accumulated wisdom of centuries with the timeless exercise of T’ai Chi. This introduction to T’ai Chi Ch’uan is both practical and participative, the course introduces you to the basics of T’ai Chi Ch’uan, the skills and principles involved. It imparts and models best practices, using the T’ai Chi classical literature as a process for learning and understanding all the various styles. Core knowledge is discussed and skill sets are demonstrated as participants explore this meditation in motion and its role in Traditional Chinese Medicine. Each week students will learn a short sequence of the form and review material from the previous week.

Joseph Brady is a board-certified practitioner of Oriental Medicine and an internationally recognized expert on healthy aging. He has spent over 20 years teaching at the University of Colorado Health Sciences Center, the University of Denver Institute of Gerontology, and Metropolitan State University. A former columnist on healthy aging for the Rocky Mountain News, Joe has presented at many scientific and medical conferences and twice been a featured presenter at the Oxford Roundtable at Oxford University U.K.

Mondays: Jan 14, 28, Feb 4, 11, 18, 25 March 4, 11

Park Hill United Methodist Church, 5209 Montview Blvd.
Time: 11 – 11:45am

Cost: $55 OLLI Members. $70 Guests

MONDAYS 1:00pm-3:00pm

Mondays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

BIRDS: SECRETS OF FLIGHT AND BEHAVIOR

FACILITATOR: STEVE JOHNSON

Humans have been inspired by birds since the dawn of our species. Birds are beautiful. They do many things that humans cannot. They provide goods and services that are important to human welfare and aesthetics.

This class will focus on the characteristics of birds that makes them so fascinating. We will explore (1) the many physical adaptations that makes flight possible; (2) their senses, including vision and hearing, that are so much better than ours; (3) nesting and reproduction; (4) migration and navigation; (5) bird origins and evolution; and (6) how they came to fly.
The class will not deal with bird identification except in a peripheral sense. Instead, we will go beneath and beyond the feathers to understand what makes these unique creatures so wonderful.

Class participants are encouraged to come each week with questions, anecdotes, and recent news about birds. Questions from previous sessions will be answered by class participants and the facilitator.

**Class Type:** The class will be primarily in lecture form, but questions and comments will be encouraged from all participants. Class material will be presented via PowerPoint slides plus physical show-and-tell pieces.

**Books/materials:** All class notes and slides will be distributed to participants by email prior to each class. Optionally, all class notes and slides will be available in printed book form at the first class session for $25 (payable to facilitator). A list of reference books will be provided and all references will be available for loan during the term.

Steve Johnson is a retired engineer. He has read extensively on a wide range of science subjects, including birds and the environment. He anticipates a very enjoyable class as he and the participants further their understanding of bird life. Steve has taken multiple OLLI classes over the past three years. This is his third time as a facilitator of this class.

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**Mondays 1:00pm-3:00pm – First Universalist Church**
4101 E. Hampden Ave.

**THE GREAT GATSBY AND ALL THAT JAZZ: ART AND CULTURE IN 1920’S AMERICA**

**FACILITATOR: MARIANNE LORENZ**

F. Scott Fitzgerald’s “The Great Gatsby” is considered one of the great American novels. Published in 1925, it presents Fitzgerald’s vision of America and the American dream during the Roaring Twenties. In this class, we will use the novel as a jumping off point to explore the art, architecture, design and culture of the Jazz Age. The art and architecture of the novel’s scenes—from the Gatsby and Buchanan mansions to the Plaza Hotel and the Queensborough Bridge—are powerful symbols of New York’s aspirational attitude during the period. Neo-Gothic, Neo-Renaissance, and American pastiche architecture as well as the new skyscraper boom will be explored as they relate to social values and emerging modernism of the period. The original cover art for the novel by Francis Cougat is among the most beautiful ever produced and we will look at the various preliminary studies Cougat made and how Fitzgerald incorporated the cover art into the final novel. Automobiles play a crucial role in Gatsby and we will discuss automobile design and the role automobiles and other new technology played in the art and culture of the period. We will have the opportunity to look at and enjoy the Art Deco design aesthetic prominent during the 1920’s and explore how it affected fashion, jewelry, movie set design, painting and sculpture. Other topics to be covered: the films (we’ll watch a few); the Harlem Renaissance and the book’s critical reception and sales history. Finally, we will explore Fitzgerald’s vision of America’s geography—past and future--and tie that vision into American landscape painting traditions of the 19th and 20th centuries.

**Books/Materials:** Class members should purchase the following edition of the book online at Amazon.com: **F. Scott Fitzgerald, The Great Gatsby (the authorized text with notes and a preface by**
Marianne Lorenz has over 30 years of experience in the art museum field as an educator, curator and executive director. She holds earned MFA and MBA degrees from the University of Colorado, Boulder. She specializes in early 20th century European and American art and has previously facilitated classes for OLLI in the subjects of Ansel Adams, Toulouse Lautrec, the pre-Raphaelite Movement, and Vienna 1900.

Mondays 12:30pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

SPORT MOVIES FIRST INNING

MASTER FACILITATOR: ALAN FOLKESTAD

12:30pm to 3:00pm
Before we could walk we often played with a ball. Today many OLLI members are involved in sports in some manner or another. The subject venues rely on a vast variety of sports from boxing, Vance Armstrong’s hubris, The Boys of 36, basketball, rugby and of course baseball and football. Their sport is a fraction of the movie emphasis; we will also explore the deeper social issues such as race, gender, and other biases.

Book/Materials: None

Class Type: There is no text for the class. We will use prepared Power Point, the movies and discussion.

A movie fan all his life, Alan Folkestad is keen on delving below the surface of film to discover deeper implications. At the University of Minnesota, he majored in Political Science and earned a MPA degree from Texas Christian University. Having lost track of OLLI classes facilitated, Alan thinks it’s around 20.

Mondays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

AN OLLI SPEAKERS SERIES

ACTIVE MINDS

FACILITATOR: ACTIVE MINDS

Jan. 14, 28, Feb. 4, 11

Monday, January 14, 2019 1:00 PM China’s Economic Evolution
In the four decades since the death of Mao Zedong, China has moved rapidly from a stagnant communist economy to a bustling market-based one, albeit under single party rule. In 2010, China became the world’s largest exporter and in 2014 it became the world’s largest economy (based on GDP). Join Active Minds as we examine the rapid change in China’s economic stature and the effects it is having both domestically and internationally.

**Monday, January 28, 2019  1:00 PM  World War I: The Great War**
As we recently marked the hundred year anniversary of the end of World War I, join Active Minds for a look at the “war to end all wars.” We will start by understanding the ingredients that kindled the flame that was ignited by the assassination of Archduke Ferdinand on June 28th, 1914 and follow the story as the various players get pulled into the conflict, including the United States in April of 1917. We will end with a brief preview of how the seeds of future conflict were sewn at the conclusion of World War I.

**Monday, February 4, 2019  1:00 PM  Marshall Plan**
In the wake of World War II, the United States invested over $13 billion to help rebuild Western Europe. The Marshall Plan, as it came to be known, not only helped Europe and the world recover economically, but also served to strengthen post war alliances for the U.S., providing an important balance against Soviet power as the Cold War era began. Join Active Minds 70 years later as we review this historic initiative and discuss its relevance in the world today.

**Monday, February 11, 2019  1:00 PM  Myanmar (Burma)**
Formerly known as Burma, Myanmar is the second largest country in Southeast Asia. Colonized by Britain in the 19th century, the country achieved its independence in 1948 and has been involved in internal sectarian conflict ever since. The country’s modern history has been a mixture of military rule and human rights abuses. Recent events, suggesting an emergence of democracy, have been marred by reports of the Buddhist majority government targeting the Rohingya, a Muslim minority population. Join Active Minds as we explore the country's history and importance in the world today.

Mondays 1:00pm-3:00pm – Park Hill United Methodist Church  
5209 Montview Blvd.

AN OLLI SPEAKERS SERIES

COLORADO’S BLACK HISTORY IS MORE THAN A MONTH

FACILITATOR: JACQUI SHUMWAY

The history of African Americans in Colorado is much richer than most of us realize. This class will explore the unique contributions that African-Americans have made in the history of Colorado. From the black cowboys of the 1800’s to the mid-20th century when Five Points was the jazz center of the American west, learn why Colorado naturally produced one of the largest Martin Luther King Celebrations in the Country today. From the KKK in the 1920’s to the founding of City Park Jazz in 1986, Denver has a unique spiritual story to tell through the arts and race relations in the west. Join some of Denver’s leading African-American artists and historians and discover the wealth of diversity that is Colorado.
1. **January 14**  Dr. Martin Luther King and his Colorado Legacy
   A history of the largest Martin Luther King celebration in the country
   [https://www.youtube.com/watch?v=yXxVu2DOKqM MLK Marade](https://www.youtube.com/watch?v=yXxVu2DOKqM)
   [https://vimeo.com/199378017 Metro State Video on MLK](https://vimeo.com/199378017)

2. **January 28**  The Migration of African Americans to Colorado
   The diverse history of African American history in Colorado
   [https://www.pbs.org/video/colorado-experience-kkk/ KKK in Colorado](https://www.pbs.org/video/colorado-experience-kkk/)
   [https://www.youtube.com/watch?v=WJ014Yaehic Black Cowboys](https://www.youtube.com/watch?v=WJ014Yaehic)

3. **February 04**  American Soul Music
   From the spiritualist music of the descendants of slaves to Gospel music to Rock and Roll. The influence of Black culture on American soul

4. **February 11**  Park Hill’s Rich History
   The role of religion in integration in Denver. Learn about the only truly integrated neighborhood in Denver and how Park Hill United Methodist Church continues to lead in diversity in Denver.

5. **February 18**  Education Evolution

6. **February 25**  Modern Transitions: Being Black in Colorado

7. **March 04**  Five Points Jazz and Dance
   Jazz in Five Points
   Black Arts Festival
   City Park Jazz Festival
   [https://www.pbs.org/video/rmpbs-specials-rocky-mountain-legacy-jazz-five-points/ Jazz in Five Points](https://www.pbs.org/video/rmpbs-specials-rocky-mountain-legacy-jazz-five-points/)

   **Speakers**
   Dr. Vern Howard
   Harold Fields
   Bennie Williams
   Daryl Walker
   Nathan Adams
   Ronald Wooding

   **Possible additional speakers**
   Cleo Parker Robinson
   Mayor Wellington and Wilma Webb
   Penfield Tate
   Brother Jeff
   Timothy Tyler
   Nita Mosby Tyler

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**Facilitator: Jacqui Shumway,**
Board member Martin Luther King Marade Commission
DPS Arts Resource Council and District School Committees
MLK and Rachel B. Noel Gospel Community Choirs
Mondays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

CURRENT EVENTS #3

FACILITATOR: MARIA VALDES

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dr. Maria Valdes is a professor at the Navy Post Graduate School in Monterrey, California. She also coaches newly appointed admirals to help acclimate and learn their new assignments. She is also an organizational consultant specializing in executive development and coaching. She earned her Bachelor in Psychology, and her Master of Arts and Ph.D. in counseling from the University of Florida. She conducts executive assessments, climate surveys, and group facilitation with senior leadership teams, and other intact teams. She also designs and delivers customized leadership development programs for clients. She trains on topics that include feedback and coaching skills, driving high performance, diversity, managing differences, creating supportive work environments, team building, and utilizing group resources. She has traveled extensively and is very interested in what is happening in the world.
THE SUNDAY NIGHT POET

FACILITATOR: ED HANSON

2nd 4 weeks
This course will consist of four sessions. Each session will be a presentation and discussion about a poet I will select on the Sunday night before the class. When I select the poet to present, I will announce it when I email the handouts to the class members.

Ed Hanson is a retired technical writer who has been writing poetry since his early years. He has published five poetry chapbooks. Ed has been a member of the Columbine Poets (Colorado State Poetry Society) since 1994 and has written and facilitated presentations at their regular meetings. Topics included Nature, Native American Poets, and individual poets, including David Whyte, William Stafford, Joy Harjo, and Loren Eisely. Ed has also been active in the poetry community around Denver, haunting the Friday night readings at the Mercury Café in the 1990s. He is currently researching a book on the history of Occitania and the Troubadours, exploring the culture, poetry, and music of the medieval times there.
CURRENT EVENTS #1

DIAMOND FACILITATOR: DICK REINISH AND 
MASTER FACILITATOR: SYDNEY MYERS

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dick Reinish: Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

Sydney Myers: Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

NAVIGATING THE HEALTH CARE MAZE

FACILITATORS: ALAN LAZAROFF, M.D., MARK LEVINE, M.D., AND FRED KUTNER, M.D.

Obtaining health care today is like walking through a maze. This course will identify the challenges and present suggestions for interacting with the confusing and sometimes overwhelming system of care. Specific topics for discussion will be selected by the participants, thus assuring that the course is relevant and timely. A team of 3 experienced physicians; a surgeon, a geriatrician and a general internist, each with hands-on experience in both managing medical practices and participating in the development of health policy will be the course facilitators. Students will become more confident in their travels through the labyrinth of care.
**Fred Kutner, M.D.,** is a retired general surgeon who directed a large multispecialty practice and maintains an abiding interest in improving health care delivery.

**Alan Lazaroff, M.D.,** founded and developed a large Denver geriatric practice and has experience in helping providers to collaborate in providing coordinated health care. He is a national expert in physician payment models.

**Mark Levine, M.D.,** practiced general internal medicine in South Denver for many years prior to serving as Medicare’s Chief Medical Officer in Denver. He remains active at the Anschutz Medical Campus in bioethics and public health.

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**NECESSARY LOSSES: Life’s Losses and Gains**

**SENIOR FACILITATOR: RUTH NEUBAUER**

1\textsuperscript{st} 7 weeks
Formerly titled "Psychoanalytic Ideas for Everyday Living," this class is designed for anyone/everyone interested in learning very basic psychological concepts and applying the ideas to everyday life. Together, we will read, discuss, and come to understand how unconscious processes and conflicts impact current behaviors and beliefs. No advanced preparation is necessary! To enhance our understanding of these fascinating ideas we will be sharing an interdisciplinary approach to learning including listening to music and poetry.

**Class type:** Reading, Discussion

**Books/Materials:** “Necessary Losses” by Judith Viorst

**Ruth Neubauer, MSW, LCSW** is a practicing psychotherapist and teacher in Denver and Washington, DC. She remains on the faculty of the Washington School of Psychiatry in Washington, DC, teaching at OLLI-American University for three years before moving to Denver where she continues facilitating at OLLI-DU and loves it! She has been a clinician for over 30 years. She is also a published poet/writer, photographer, and musician.

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**PLANTS: A VERY SHORT INTRODUCTION**

**MASTER FACILITATOR: LARRY MATTEN**

2\textsuperscript{nd} 4 weeks
This is a very short introduction to the Science of Botany and will be offered the second four weeks of the Winter term. Topics will cover mostly plant form, structure, systematics, and relationships with
humans. Students will be introduced to the fascinating world of plants and will help build a better understanding of these living creatures.


Larry Matten received his doctorate in Botany and taught botanical courses for 37 years at Southern Illinois University. He has had a lifelong interest in plant structure and evolution. As a paleobotanist he has studied ancient plants from the time that they first appeared on land to the time when flowering plants covered the Earth. Larry has facilitated more than 20 courses at OLLI. This is the first course that he has done in Botany and he is extremely excited to share his knowledge with you.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

**AN OLLI AT DU LECTURE SERIES**

**EXPLORING THE PROMISE OF TRADITIONAL CHINESE MEDICINE**

1st 4 weeks
Take a journey through 5000 years of Traditional Chinese Medicine while learning about the history, theories and clinical applications of the world’s most widely used form of Traditional Medicine. This exploration of holistic medicine will teach you a wide spectrum of choices for taking care of your own health that focus on prevention and self-healing. This lecture series is a comprehensive exploration of the eight pillars of traditional Chinese medicine. This course will focus on the roots of this ancient medicine as well as the evidence base for its potential in modern clinical settings. Along the way we will discuss the phenomenon of Qi that govern traditional Chinese medicine and the nature and characteristics of the various treatment modalities used in the modern clinic. We will also explore the 5000 year history of traditional Chinese medicine and look at where future research may lead. Learn to make sense of alternative medicine and what it can do for you.

“A doctor who treats disease after it has already happened is a mediocre doctor, the superior doctor treats disease before it happens”
The Yellow Emperor’s Classic on Internal Medicine

SPECIAL NOTE: The topics presented in these lectures on Traditional Chinese Medicine will be presented in November at Harvard Medical School’s, Osher Institute on Integrative Medicine.

Presenter: Joseph Brady, M.S.T.C.M., L.Ac., Dipl. Oriental Medicine,

Program details
**Week 1:** A Brief History of Traditional Chinese Medicine
The Tao of medicine: Yin & Yang and the Five Elements
Energetic Anatomy: A Different Way of Looking at Biology
Week 2: Diagnosis: The Whole Person and the Patterns of Disharmony
   Examination: Looking, Listening, Feeling and Asking
   Treatment Modalities: The TCM Toolbox
   Celestial Lancets: Acupuncture and the Healing Response

Week 3: Herbal Medicine: The Chinese Pharmacopeia
   Food Is Medicine: Culinary Alchemy
   Tui Na Massage: Do It yourself Acupressure
   Qigong: Meditation and Healing Exercises from China

Week 4: The Evidence Base: TCM and Modern Health Care
   Community Medicine: A health care imperative
   Natures Therapy: Love, Medicine and Miracles

About the Speaker
Joseph Brady is a national, board-certified practitioner of Oriental Medicine and an internationally recognized expert on healthy aging. Joe has spent over 20 years teaching at the University of Colorado Health Sciences Center, the University of Denver Institute of Gerontology, and Metropolitan State University. A former columnist on healthy aging for the Rocky Mountain News, Joe has presented at many scientific and medical conferences and has lectured at the Oxford Union Debating hall and Harris Manchester College at the University of Oxford, U.K. Joe currently runs his own clinic in the Denver area and teaches at the Colorado School of Traditional Chinese Medicine.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

GREAT DECISIONS #3

MASTER FACILITATOR: GORDON APPELL

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

- Refugees and Global Migration
- The Middle East: Regional Disorder
- Nuclear Negotiations: Back to the Future?
- The Rise of Populism in Europe
- Decoding U.S.-China Trade
Cyber Conflict and Geopolitics

The United States and Mexico: Partnership Tested

State of the State Department and Diplomacy

**Type of class:** video and discussion of the reading

**Books/Materials:** Annual Great Decisions briefing book published by the Foreign Policy Association, **$30 available for purchase from the class or the office.** We will forward the first chapter by email as the books are usually not available before classes begin in January.

**Class Type:** study and discussion with weekly video interviews and topic overviews

**Gordon Appell** will be leading two sections of this popular course. He has been facilitating Great Decisions for ten years at OLLI at D.U. He is a retired Denver city planner with a lifelong interest in foreign affairs. He has travelled extensively and studied abroad.

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Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

**THE LIFE AND OPINIONS OF TRISTRAM SHANDY, A COMIC MASTERPIECE**

**SENIOR FACILITATOR: BILL WEST**

Laurence Sterne's *Tristram Shandy*, published serially in 9 parts, 1759 – 1766

Sterne's novel is especially well known for two things: its style and its bawdry. Because its style seems to anticipate what came to be known as stream-of-consciousness writing, some in the 20th century have even called it the first modern novel. Sterne's own sense of his style was that it is characterized by the art of digression. As he writes in *Tristram Shandy*, "Digressions, incontestably, are the sunshine; – they are the life, the soul of reading! – take them out of this book, for instance, – you might as well take the book along with them."

The novel's bawdry reflects an 18th century sensibility that stood in sharp contrast to what had gone before. Often called The Age of Reason, it invented a new term to describe the past: The Dark Ages, a time dominated by religion in which the body was seen primarily as a venue for sin. Now, however, in the period of Enlightenment, the body could be reimagined in a new, much more positive light. One was free to enjoy it, could take pleasure in its needs and desires. Smiles, even laughter, were encouraged, not frowns.

In his own inimitable way, Sterne has an amusing story to tell. Central to its plot are two brothers, Walter Shandy, Tristram's father, and his brother Toby, usually referred to as Uncle Toby. Walter is a man of his time, valiantly struggling to live a rational, orderly, organized life informed by the new scientific principles appropriate for an Age of Reason. Unfortunately, he must live his life surrounded by women who have little or no commitment to the values of Walter and who inadvertently and comically constantly trip him up.

Then there is Uncle Toby, who some see as the real center of the novel. A true innocent, he tries
to live a life informed by military discipline and moral purity. Attended by a loyal companion, Corporal Trim, the two are somewhat reminiscent of Don Quixote and Sancho Panza.

For all its eccentricities, I think you'd find Sterne's famous comic novel something of a romp. You may want to give it a try.

**William West** is Professor Emeritus from The University of Colorado at Denver where he was a member of the English faculty 1970-1995. He received his BA from Ohio Wesleyan University, his MA from Columbia University, and his PhD from The University of Michigan in Ann Arbor. He wrote his Master's thesis on Willa Cather and his Ph.D. dissertation on Anthony Trollope

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**Tuesdays 9:30am-11:30am** – Park Hill United Methodist Church  
5209 Montview Blvd.

**OPERA—OUR CHOICES**

**MASTER FACILITATOR BOB MONTGOMERY AND**  
**DIAMOND FACILITATOR MO MATHEWS**

Over the past fifteen or so years we've presented many operas of differing types and periods to our classes. Initially the eight operas of our season were randomly chosen. Recently we have tried to keep each year’s operas within a certain theme such as comic, all Verdi, all modern, after Verdi, etc. Just to be different, our presentations this year will be Bob’s and Mo’s choices. These choices will range the repertoire from old to new, light to heavy, tonal to atonal, all guaranteed to keep your interest and be good listening. Both old-timers who have been with us for years and newcomers who want to learn something of this mysterious art form are encouraged to join us for OUR CHOICES.

**Class Type:** Music, Video, Lecture

**Materials:** Handouts provided

**Mo Mathews** is a retired civil engineer, utterly untalented in music, who loves opera and loves telling other people about opera. He has taught OLLI courses on many different subjects over the past twelve years.

**Bob Montgomery**, a retired lawyer, is an active and talented trombonist, who also loves telling other people about opera. He, Mo and the late Bob Samuels facilitated “Viva la Opera” in OLLI for many years and just can’t give it up.
SHAKESPEARE SOCIETY

MASTER FACILITATOR: EILEEN WIGGINTON

This class reads Shakespeare’s plays aloud. We have a new cast every week giving everyone the opportunity to express their inner *ham*. For the Winter Term, we will take a break from England’s palace intrigue, murder and mayhem and read *The Excellent and Lamentable Tragedy of Romeo and Juliet*.

“A glooming peace this morning with it brings;

The sun, for sorrow, will not show his head:

For never was a story of more woe

Than this of Juliet and her Romeo."

And we will watch the BBC DVD version. If we have any time left we will read *The Life and Death King John*, a short play that marks the beginning of Shakespeare’s history plays.

*Eileen Wigginton*, for whom the love of English and Irish literature comes naturally by heritage. *Eileen has facilitated for several terms.*

THE U. S. SUPREME COURT: ITS ROLE IN OUR SOCIETY

FACILITATOR: TOM BIEGING

7 weeks – Jan. 22 – March 5

Over the last several years the United States Supreme Court has issued opinions which have a profound effect upon our society. Issues like political free speech, the right to bear arms, the unconstitutionality of the Defense of Marriage Act, the right to vote, prayer at public meetings, and the warrantless search of cell phones are all decisions which have impacted our social fabric and political thought. This class will review these and other Supreme Court decisions in an attempt to understand the impact of these decisions. We will also discuss the new makeup of the Court with its conservative, liberal and swing vote members. The format will be short lectures on the decisions in hopes of stimulating discussion within the class regarding the wisdom of the decisions and their impact. This class was previously presented in the Winter 2015 Term.

**Books/Materials:** None required, but class members will receive a syllabus with links to the referenced decisions, oral arguments, and contemporary opinion pieces regarding the decisions.

**Class Type:** Lecture and discussion.
Tom Bieging, a Colorado attorney with an interest in the impact of law on our society.

**TUESDAYS 1:00pm – 3:00pm**

Tuesdays 1:00pm-3:00pm – **First Universalist Church**  
4101 E. Hampden Ave.

**THE LIFE AND LEGACY OF ISABELLA, THE WARRIOR QUEEN**

**SENIOR FACILITATOR: NAN MOREHEAD AND FACILITATOR: REVA GREENBURG**

Ferdinand and Isabella are one of the well-known couples in Western History. What’s less well known is that Isabella was a Queen in her own right. Her path to the throne of Castile was far from assured. Nonetheless, she managed to take control at age 23 and, in time, lay the foundation of a unified Spain. Further, she sponsored Columbus's trip to the Indies and negotiated Spanish control over much of the New World. She also established a bloody, religious Inquisition that would darken Spain's reputation for centuries. Saintly or satanic, no female leader has done more to shape our modern world.

**Books/Materials:**  *Isabella, The Warrior Queen* by Kirsten Downey

**Reva Greenburg** holds a PhD in European History from UCSD. She taught at SDSU, them at the University of Rhode Island. Retiring in 2009, she facilitated courses in RI’s version of OLLI until her move to Boulder in 2012.

**Nan Morehead** has an MA in History from the University of Colorado at Boulder. Her fields of concentration were English History and Russian History. She taught for several years but the majority of her professional work has been in Public Policy.

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Tuesdays 1:00pm-3:00pm – **First Universalist Church**  
4101 E. Hampden Ave.

**JOURNEYS IN FILM**

**FACILITATORS: JOHN TESTA & EVA SPAIN**

Cinema is the merging of many creative talents to create a powerful emotional experience. The goal of most filmmakers is to tell a story that entertains us by capturing our interest. Humans are deeply curious beings and OLLI members are here because they believe that learning is intrinsically rewarding. That being said, everyone loves a good movie. A visual story well told can absorb us like no other media and can convey a message in an immediate and immersive manner.

“Journeys in Film” will explain how the storytelling power of film can help inform us, broaden our world view and spark an interest in a variety of subjects. In this class we will explore a number of critically acclaimed films and short videos that demonstrate how films both inform
and entertain us. These films cover subjects such as history, armed conflicts, the law and mental illness. We do not show the entire film, however, the class makes extensive use of videos to introduce you to these films. There will be trailers, reviews, and film clips. Also discussions with filmmakers and subject matter experts will help us to understand scope and content. This class is appropriate for those who enjoy films and wish to explore top films that strive to both entertain and enlighten us.

**John Testa** has been an OLLI member for six years and has facilitated a number of film classes. John was a senior executive for United Airlines and other Fortune 500 companies. As an Executive Consultant he has experience in meeting facilitation and advanced problem solving. John has been a student of films for decades and is a frequent participant in film festivals. John sees over 60 films a year.

**Eva Spain** has a degree in education from Montana State University and enjoys facilitating classes with the focus on personal growth and spirituality. She loves films that enrich our lives and expands our awareness of other cultures. She enjoys attending film festivals and discussions with others that broaden her perspective.

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**Tuesdays 1:00pm-3:00pm – First Universalist Church**
4101 E. Hampden Ave.

**SCIENCE, TECHNOLOGY AND MEDICINE IN THE NEWS**

**SENIOR FACILITATOR: A. GERSON GREENBURG**

Daily we witness an “information explosion”. Science, technology and medicine create and regularly contribute large volumes of new and interesting information—sometimes data—to our knowledge base. Maintaining a perspective is difficult. The aim of this course is the exploration of selected topics---last week to 6 months ago---appearing in print news-sources (e.g. The Economist, Nature, Science, NEJM, Christian Science Monitor), often placing them in historical context. From these sources topics that we would like to understand and contextualize drive a discussion. Topics are selected by level of news interest or suggested by participants. The underlying science as it relates to the technology and application defines the issues. What science and technology advance is behind advances in medical diagnostics and treatment? What are some of the current advances and discoveries in science and technology seeking application? Who has made a discovery/innovation and where? What is the historical background for the topic? Is there controversy? What drives the controversy? Scientific publishing is a multidimensional and important topic. What is “peer review”, its history, current challenges and the role of “bibliometrics” relative to investigator academic advancement and funding? Is there an upswing in “scientific misconduct”? Regularly articles on clinical trials appear in the press; who controls the publication of the data? It has been said that a single issue of the daily New York Times has more information that an Elizabethan would know in a lifetime! Let’s build our knowledge base together gathering information and being critical of what we read. The socio-economic and environmental impact on individuals/society/populations, political implications, economics, the value and perceived benefits of the “new information”, are essential to a lively discussion.

**A. Gerson Greenburg** has over 5 years facilitated OLLI courses in the sciences including explorations of medical history, medical/scientific feuds, “controversial” subjects and several iterations of the current events model. A retired Emeritus Professor of Surgery, Brown University, (MD,
THREE WRITERS REVEAL ABSURD WORLDS

SENIOR FACILITATOR: ANN COHEN

In this discussion class we will discuss how the heroes of Camus, Sartre and Beckett cope with their absurd worlds. We may eventually come to understand their worlds, and perhaps even to identify with them! Or not....

Books/Materials: The Trial by Franz Kafka; Waiting for Godot by Samuel Beckett (we will also watch the play); The Myth of Sisyphus and The Stranger by Albert Camus

The facilitator, Ann Cohen, graduated from Smith College with a major in English, and years later received a Master's Degree in Creative Writing and a PhD in English from the University of Minnesota, teaching writing and literature while doing so. She loves the interchange of ideas found in OLLI classes, and loves discussing issues found in literature.

WRITE TO SAVE YOUR LIFE

FACILITATOR: PATRICIA COX

1st 6 weeks
If you have outlived childhood, you have a wealth of stories to tell. By writing these treasures down, you will be passing on the essence of your life. If you don’t put these funny, sensitive, and unique vignettes down, they will be lost forever. We will discuss, write, share, and hopefully inspire you to continue your memoir.

Books/Materials: None required

Class Type: Discussion/Writing/Reading

Patricia Cox is a former teacher for the Cherry Creek School District and the Denver Public Schools. She has taught memoir writing for many venues and delights in helping groups to write down their stories. This mother of three and grandmother of eleven has published five books, all memoirs.
ARE WE REALLY HEALTHY? – Exploring Challenges from Air Quality to Zika

FACILITATOR: BARBARA SHECTER

We all know about our personal health and medical care. But few of us know about the challenges of public health and care of the environment. Hearing from experts at Denver Public Health, the Colorado Department of Public Health and Environment, and the Denver Department of Public Health and Environment, we'll explore the background, development and current issues in a wide variety of topics including: marijuana use and regulation; TB, HIV/AIDS and Sexually Transmitted Diseases; restaurant, food truck and farmers’ market inspections; foodborne illnesses; animal protection and control; outbreaks like Ebola, Zika and Norovirus; tobacco use; gun violence, pedestrian safety; disease prevention; healthy eating and active living; opioid and alcohol use and suicide; data and information used in public health; preparation for emergencies; environmental quality in the areas of air, water, fracking, emissions, climate change and lead; quality control for childcare, assisted living and nursing home sites, and public accommodations; and residential health including asthma triggers, radon, mold, and bed bugs. Great introductions to so many topics – from A to Z – relevant to our everyday lives!

Barbara Shecter is a librarian and lawyer, and has facilitated OLLI courses in the 1st Amendment. She was the Administrative Director for Denver Public Health for 7 years and the Senior Administrator for a national environmental technology company for 2 years.

FORGOTTEN PRESIDENTS

SENIOR FACILITATOR: MARJIE CLARK

You can probably easily name the first seven Presidents – Washington to Jackson – and you know Lincoln was President during the Civil War, but what about those in between Jackson and Lincoln, and between Lincoln and Theodore Roosevelt? And the presidents between Wilson and Hoover? Just because they are less known does not mean the country was put on hold during their administrations. We will examine who these people were and what was happening on their watch and perhaps learn some things your teacher never taught you!

Books/Materials: There is no book for this course.

Marjie Clark, a transplanted Texan, is a Senior Facilitator who has been an OLLI member since 2009. Having taught Advanced Placement U.S. history at the high school level and later at the
Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

"HELP! WHAT YOU CAN DO FOR MENTAL HEALTH EMERGENCIES"

FACILITATOR: DR. KIP DORAN

4 weeks (Feb. 4, 11, 18 & 25)
Mental health issues can occur as a sudden emergency or with a slow, gradual onset. This four-session course will address each of these scenarios separately. Psychological emergencies can entail suicidal or homicidal ideas, threats or aggressive behavior as well as anger/rage reactions and acute anxiety. Each of these events can be scary. They may occur with family members, business associates, neighbors, or in any day-to-day interaction. For emergency crises, we will discuss the methods in the Psychological First Aid program which provide clear and simple interventions that everyone can use to de-escalate and assist in such situations. This program has been in common usage nationwide and taught to thousands of individuals.

Mental health symptoms such as depression, mood swings, excessive fears, memory problems and dementia can emerge gradually in those close to us as well as in ourselves. In these situations, acute intervention is less necessary than finding appropriate help. We will discuss how to decide if treatment is necessary and finding competent practitioners in the community. We will also cover dealing with an individual could benefit from treatment but is unwilling to participate.

Dr. Doran is a psychiatrist and professor of psychiatry at the University of Colorado Health Sciences Center. He has previously facilitated multiple courses for OLLI.

Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

INTRODUCTION TO GAME THEORY: METHODS FOR MAKING RATIONAL DECISIONS

FACILITATOR: ROBERT DODGE

This course presents methods and skills that can help in making intelligent decisions. These range from those involving personal interactions such as disciplining children through international relations involving nuclear showdowns. To learn these methods and ideas we will participate in activities and discuss what we learned from them, so expect to be involved. No background in economics or skill in mathematics is required, and there will be no outside readings. A promise to participants: this class will be both engaging and fun!

Robert Dodge was a history teacher for 37 years, an expat for 35 and studied game theory with Professor Schelling at Harvard's Kennedy School. He is author of seven nonfiction books, including
two on Tom Schelling and Game Theory. Dodge taught game theory to upper division high school students for 15 years in Singapore.

Tuesdays 1:00pm-3:00pm – Ruffatto Hall – DU Campus
1999 E. Evans Ave.

HARARI’S 21 LESSONS FOR THE 21ST CENTURY

MASTER FACILITATOR: TERRY ORTLIEB

This will be a true adventure. Harari suggests that we will have to be open to extracting ourselves from our current cultural prejudices if we want to understand and be part of the 21st Century. His 21 lessons continually ask us to engage with the Information technology and biological technology that he believes are going to create a 21st century that is as different to us today as the industrial age would be to a hunter gatherer. We will take this journey through his ideas and discuss how we interpret, agree and disagree with his list of lessons.

Class Type: Mostly lecture and discussion

Book/materials: Harari’s 21 Lessons for the 21st Century

Terry Ortlieb is a semi-retired entrepreneur who sold his technology consulting company to Oracle. He has been working with information technology since he put engineering changes on IBM equipment in high school. His formal education was in Philosophy and he has maintained a strong interest in Political Philosophy and the Philosophy of science and history. He believes that along with himself all the Sapiens that attend this course will find this topic exciting and fun.

PHILOSOPHICAL STRANDS OF SOCIALISM

SENIOR FACILITATOR: MITCHELL STEWART

What is meant by “socialism”? What are the philosophical foundations of socialist thought? This course will explore various understandings of socialism as matters of political history and of political philosophy. While contemporary debates will be referenced to illustrate the similarities and the differences in conceptions of socialism, the focus will be on the political philosophy of socialism. This is a course is political philosophy with a bit of political theory blended in. It is not a course about contemporary political events or political thought except where contemporary issues are used to illustrated philosophical issues or the underlying political theory.

Books/Materials: Required: Sheri Berman, The Primacy of Politics (Cambridge University Press, 2006). Other Recommended: Adam Przeworski, Capitalism and Social Democracy (Cambridge University Press, 1985). Other texts, journal articles and essays will be added as the course develops and takes shape.
Other Readings: I will provide other reading selections as PDF documents via Email. Generally speaking, there will be about 20 to 40 pages per week of reading.

Writing: I will provide discussion notes and commentaries for each session linked to the session reading assignments. In some instances, you may desire to write either brief responses to certain of my questions or craft your own equally brief compositions. Such writing might allow fuller exploration of your own thinking and an opportunity to provoke a more robust class discussion.

This is an eight-week course. It is a graduate level seminar only without the examinations, presentations, and research papers (admittedly, there are some challenging reading assignments). The reading is accessible in that I have chosen material that is not preternaturally dense. On the other hand, this course and the supporting material is intended to challenge you intellectually and philosophically; you must be prepared to and willing to think and to question. This course does not pretend to offer answers, but rather to frame and explore questions.

Mitchell Stewart has been participating in OLLI courses since 2010. His primary interests are political philosophy, moral philosophy, history, literature, and the nexus of technology and life.
Wednesdays 9:30am-11:30am

First Universalist Church
4101 E. Hampden Ave.

CURRENT EVENTS #2

DIAMOND FACILITATOR: DICK REINISH
MASTER FACILITATOR: SYDNEY MYERS

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dick Reinish: Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

Sydney Myers: Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

**Class Type:** lecture, discussion, singing, video

*Yi Ren* has been living in the US more than thirty-three years. She has been teaching Chinese for American students and adults over twenty-two years. Her books “Learning Mandarin Chinese Characters V.1 & V.2”; “Mandarin Chinese Picture Dictionary” are also on Amazon and in the bookstores.

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**Wednesdays 9:30am-11:45am – First Universalist Church**
4101 E. Hampden Ave.

**OSCAR MOVIES II**

**MASTER FACILITATOR:**  **BOB MAGNANI**

**ALL sessions will run 15 minutes late (to 11:45 am) due to the amount of material / desire for adequate discussion time.**

Ah, movies!! We are going to explore together some of the greatest films of our lifetime, 32 years of academy award winners, spanning 1976 to 2007, when we were adults. We will do about 4 films a week, using “clip notes” (approximately 20 minute versions of each film). This course pulls together videos of important scenes and the full plot line. Our intent is to evoke, in you, the feelings you had about these major films and to share those thoughts with each other. What makes a great film? Was this the best of its year? Has it survived the test of time?

**Books/Materials:** none required

**Class Type:** Videos and DVDs with audience discussions.

*Bob Magnani* has been an OLLI member since 2010, attending over 70 OLLI courses and facilitating more than 25 classes at three Denver locations on Movies and Movie Making, Acting, Comedy, and Chess. His background includes both Arts and Engineering degrees from Columbia, PhD work at NYU, telecommunications design work and management at Bell Laboratories and at US West Advanced Technologies and Product Management at AT&T. Bob has a lifelong interest in film (having seen several thousand US and foreign films in his lifetime), theater, and acting and is delighted to be able to pursue these interests at OLLI.
STORIES OF THE SAGES

FACILITATOR: RABBI SANDRA COHEN

Jews are famous for telling stories -- and then stories about those stories! In this class, we will look at the process of "making midrash," or interpretations, of Bible stories, and of stories about the rabbis themselves, and see how these bubbe meises (grandmothers' tales) help underline Jewish values and beliefs.

Rabbi Sandra Cohen, a former congregational rabbi, now teaches and learns Jewish texts in a variety of settings in both the Jewish and non-Jewish communities in Denver. She is also involved in pastoral care and in mental health outreach in the Jewish community.

OLLI LECTURE SERIES

HARD CHOICES IN PUBLIC POLICY

RICHARD D. LAMM
BUIE SEAWELL

America faces some Hard Choices. We have been borrowing 15-30 cents of every federal dollar we spend and project deficits as far as the eye can see. Our nation is aging and our children will have to run a nation of 50 Florida's in which America's average age will be over 40. Seventy-six million baby boomers are in the process of retiring with far less workers per retiree to support them. One third of the baby boomers have saved nothing toward retirement. A largely Anglo retiree population will receive their Social Security and Medicare from a largely minority workforce—who often don't have health insurance for themselves or their children.

Our health care system is technically brilliant but socially flawed. Despite Obamacare, approximately 30 million Americans don't have health insurance (11% of our population) and our medical quality is mediocre by international standards. Health care costs have been rising, until recently, at over twice the rate of inflation and whenever someone suggests limits they are accused of promoting “death panels.”

Our immigration system needs to be reformed and America has more people incarcerated than any other developed nation. Our generation has tripled the per-capita spending on education without moving the needle on academic results. We have growing inequality and millions of Americans are seeking work in an economy that recently has had improved job creation but also millions of discouraged workers dropping out of the job market.
There is good news! America is still a free and creative nation. We have a high productivity rate and hardworking, imaginative people. There is no problem we face that can’t be solved if we honestly face the hard choices that confront us.

BUT THAT MAY BE OUR CHIEF CHALLENGE: our political system is dysfunctional and people are honestly wondering if Democracy is equal to the problems we face. We have elected a new President who has promised additional federal domestic spending and a military buildup. Could it be that Democracy functions when we are distributing the bounties of a wealthy continent, but isn’t structured to demand sacrifice? We have made promises that are impossible to deliver. How do we downsize Democracy?

I personally do not believe that either political party has the solution to America’s problems, but I do know that a problem well defined is a problem half-solved. That is my goal: with your help we are going to better define the Hard Choices that America faces.

Week 1: The Aging of America and the World
What policy changes will be necessary as we retire the Baby Boomers and are required to run a nation of 50 Floridas? How do we provide health care (Medicare), income security (Social Security), and long term care (Medicaid) to 76 million baby boomers, most of whom have not adequately saved for them.

Week 2: Health Care in an Aging Society
The cost of health care generally increases with age, and our wonderfully inventive society comes up with higher and higher technology, often for less and less benefit, costing more and more dollars. What do we do with a society that has invented more health care than it can afford to deliver to everyone? Nothing our generation has done to control health care costs has succeeded and we face a series of life and death decisions that will test our fiber as a people.

Week 3: Debt and Intergenerational Equity
America has set up retirement systems for a time when people didn’t live that long and had a lot of children. But life expectancy keeps growing, births keep dropping, medical technology becomes more expensive and America faces gargantuan future costs. These costs will be largely born by our children and grandchildren and raise new questions of “intergenerational equity”. Never has a generation so encumbered its children and grandchildren and never has a generation borrowed as much money against the future. One author has called our actions “fiscal child abuse.”

Week 4: The Future of the American Community
America will soon become a majority minority community and immigration is making us more diverse year after year. What social glue is needed to allow diverse people to live in peace? How do we assimilate massively diverse people from multiple cultures? A country is not a rooming house where we all individually come and go, but it is a living institution that requires some common denominators, like the rule of law and a common language.

Week 5: Corrections and the Criminal Justice System
America has 2.2 million people behind bars, more than almost any other country. Many of these are for drug offenses. Are there alternatives to incarceration for drug offenses? Can we realistically make a “drug free America”? If not, what are the alternatives? How effective is our prison system at rehabilitation? Why is violent crime going down?
Week 6: **Education and School Reform**
My generation has tripled the per-capita spending on education without any increase in standardized scores. What school reforms, if any, can improve this record? How do we get children to show up at school eager and willing to learn? Are there not more problems outside the classroom that hold down the scores and proficiency of American school children?

Week 7: **Poverty and Income Inequality**
America has among the highest income discrepancy in the world. In 1996, Congress passed a welfare reform that dramatically reduced the number of people on welfare. But still, 42 million Americans live in poverty while 400 U.S. families have more wealth than the bottom 150 million. Can we separate the deserving poor from the undeserving poor and can we transfer money to people without creating dependency?

Week 8: **Immigration**
America takes in more immigrants than all the rest of the world combined, one million legal immigrants and approximately 300,000 illegal immigrants. Most of the immigrants come under “family reunification” and not for the skills and talents they bring America. A nationwide debate is occurring on the subject of both legal and illegal immigration. This will be one of our most lively sessions.

**Dick Lamm**: I am no longer a politician, I am an educator. I was a full tenured professor at the University of Denver law school when I was elected Governor. After 12 years as Governor, I came back to the University this time as the Director of Public Policy Studies. I seek to spell out the hard choices I see facing our society in a non-partisan way. Like the Ancient Mariner in Samuel Coleridge's famous poem, I seek the opportunity everywhere to tell my tale of woe and of hope. America’s problems are serious but solvable. It is indispensable to the future of America that Americans dialogue more deeply about the hard choices they face.

**Buie Seawell** is the Emeritus Professor of Business Ethics and Law at The Daniels College of Business of The University of Denver. Prior to coming to Daniels in 1994 he was Executive Director of The Norwest Public Policy Center at UCD and author of The Mind of Colorado, an annual survey of trust and confidence in public institutions in Colorado. He presently serves on The Ethics and Professionalism Committee of The American Board of Medical Specialties (ABMS). Seawell's political career included serving in the cabinet of Governor Richard Lamm, being chief of staff of U.S. Senator Gary Hart, and chairing the Colorado Democratic Party. He has degrees in law from DU, in theology from Union Presbyterian Seminary, and in history from Davidson College. In 2009 Seawell was a Senior Associate of St. Antony's College, Oxford University. For fun he sails, writes poems and children's stories, and is an amateur astronomer.
SEVEN GREATEST: THE GREATEST SCIENTIFIC DISCOVERIES IN HISTORY

FACILITATOR: WILSON WIEDENHEFT

Grasp the grandeur and complexity of the greatest scientific discoveries of all time as well as meeting the extraordinary people who made them. This class is for anyone interested in science, history and the biographies of people who made these discoveries. We will cover the breakthroughs of Newton: Gravity and the basic laws of physics; Rutherford and Bohr: the structure of the atom; Einstein: the principle of relativity; Hubble: the big bang and the formation of the universe; Darwin: Evolution and the principle of natural selection; Flemming and Mendel: the cell and genetics; and Watson and Crick: the structure of the DNA molecule.

Books/Materials: We will use the book The Science Class You Wish You Had by David Brody and Arnold Brody, revised paperback edition 2013, $17 (new) at Tattered Cover and Amazon.

Class Type: Lecture and discussion.

In 2012, after spending most of his career directing software and hardware development programs at Motorola, Wilson Wiedenheft retired with plans to enter a different field: geology. In December, 2014, he completed a Master's Degree in geology at Northern Illinois University (NIU) in DeKalb, IL, and began teaching geology adult education courses in NIU’s LLI while continuing paleoclimatic research. After relocating to Boulder in 2015, Wilson began teaching geology at OLLI Central in the spring of 2016.

STORIES OF THE NEW AMERICAN WEST

FACILITATORS: DON & GRACIE BATT

This class is a repeat of one we have facilitated previously. We will read a few non-fiction pieces about the histories and themes of literature of the American West, then read several short stories by authors such as Mark Spragg, Annie Proulx, and Sam Shepard. Much of the reading will be done in class. We will also show a few films as examples of how Western themes have been fleshed out by Hollywood. We encourage class discussion about the stories as well as the Western experience.

Materials Fee: A $5.00 fee will be due the first class for copying costs. We will have packets and handouts of articles and short stories.

Don and Gracie Batt have been teachers in Cherry Creek Schools and have designed high school, senior-level classes on the literature of the American West as well as having facilitated OLLI classes for several years.
“By marriage, the husband and wife are one person in law: That is, the very being or legal existence of the woman is suspended during the marriage....” When William Blackstone wrote these words is 1765, he thought he was stating the obvious. The principle of coverture he articulated formed the bedrock of laws and customs for generations of women. By examining the history of woman suffrage in America, we will see how coverture gave way – slowly and painfully – to something approaching full citizenship for women. We will look at the arguments for and against suffrage, the strategy and tactics of the suffrage movement and the internal tensions that plagues suffragists throughout the years before the movement’s final achievement in 1920. We will also look beyond the suffrage victory to consider other ways in which ideas about women’s citizenship have evolved.


Class Type: Discussion

Myra Rich is retired from teaching in the History department at the University of Colorado Denver. Her areas of interest include early American history, immigration, and women’s history. This will be her second class for OLLI.

EXTRACURRICULAR
PILATES FUNDAMENTALS

The Pilates approach to exercise focuses on the balanced development of the body primarily by strengthening the core and improving spinal alignment and pelvic stability. Pilates movements use breath and mind-body awareness to help achieve these goals, as well as to promote efficient movement, and to improve coordination and balance. In this class we will learn and practice fundamental Pilates exercises. Wear comfortable clothes that will allow you to move easily and plan to work barefoot, and please bring an exercise mat and a hand towel to class. This class is not intended for anyone who has had an osteoporotic spine fracture.

Debby Levinson is a retired college mathematics professor and engineering manager. She has practiced Pilates for more than 10 years, is a member of the Pilates Method Alliance (PMA), and received her Pilates instructor credentials in 2013 through Balanced Body®.

8 weeks, Wednesdays: Jan. 16, 23, 30, Feb. 6, 13, 20, 27, March 6
Park Hill United Methodist Church: 11:45 – 12:40pm
Cost: $60 Members ($75 non-members, OLLI members have first priority)
Max. Class size is 12.
THE GEOLOGY OF COLORADO

FACILITATOR: LARRY MECKEL

The course is a journey through geologic time in Colorado. Here in Colorado we have approximately 2.5 billion years of our Earth’s history, a rather amazing fact in itself. We will let those rocks tell their fascinating story.

Colorado has experienced a very long journey from well south of the equator to its present position. Along the way it has witnessed 3 major mountain building episodes, 2 complete leveling of those mountains to sea level, a variety of depositional environments from arid deserts to warm clear seaways to glacial periods, perhaps the largest volcanic eruption ever on the planet, and the emplacement of vast ore deposits.

If that appeals to you, then fasten your seat belt and hang on (but sign up first of course).

Larry Meckel has a BA from Rice University and a PhD in Geology from Johns Hopkins University. For over 50 years he has worked worldwide as an oil and gas consultant. He has taught several hundred geology and exploration courses to international exploration companies. He was an Adjunct Professor at the Colorado School of Mines from 2004 to 2016. In 2011 he was awarded the American Association of Petroleum Geologists Distinguished Educator Award, in 2016 their Honorary Member Award, and in 2017 their highest award for a petroleum geologist, the Sidney Powers Memorial Award. He is looking forward to sharing his knowledge and love of geology with OLLI members.

WEDNESDAYS 1:00pm-3:00pm

ETHICAL DECISION MAKING IN A COMPLEX WORLD

FACILITATOR: STEVEN SPIRN

1st 6 weeks

How do we make ethical decisions? What in our background and experiences affects those decisions? In a world where ethical decisions seem to be compromised on a daily basis, how do we keep an ethical perspective?

In this class we will consider decisions both big and small that require reasoned and hopefully logical considerations. The class will be given an extensive list of issues for consideration and these issues will be ranked by the group at our first meeting in order to direct our time together. We will break into
small groups to encourage participation and then discuss the issues as an entire group. Class will be limited to 30 participants in order to promote greater involvement and discussion.

We will avoid political issues and medical ethical issues as much as possible. These topics are covered extensively in other OLLI classes.

The class will run for six weeks as an initial OLLI offering. Feedback will dictate future classes.

**Steve Spirn** - Born in the Bronx but Sticker on my car says it all "Not a native but got here as quick as I could". Held lots of jobs along the way from running a newsstand in Grand Central Station to professional sports agent, but spent the last forty plus years in a dual career of college professor and labor relations consultant. Along the way received a Ph.D. and a J.D. which means I am over educated, but still can’t put a nail in straight in the wall. Facilitating this class as a break from the steady diet of nerve racking current events and political discourse.

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**8 MORE FOREIGN FILMS**

**DIAMOND FACILITATOR:** DICK REINISH

Class will start at 12:30

This class will first watch a foreign film and then discuss it. The films are ones that have not been shown in Dick’s prior foreign film classes. The class will include films from Germany, Australia, New Zealand, Lebanon, and elsewhere.

**Dick Reinish** moved from Chicago to Denver in 2011 with his wife Barbara following his retirement from the practice of law. Prior to retiring, Dick practiced antitrust law and complex commercial litigation. He is an alumnus of the University of Michigan (BBA) and Northwestern University School of Law. He has facilitated numerous OLLI Central courses. His interests include sports (both as a participant and spectator), politics, and, of course, movies. In fact, Dick watches around 100 movies a year.

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**GREAT DECISIONS #1**

**FACILITATOR:** GENE COLE

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

- Refugees and Global Migration
Type of class: video and discussion of the reading

Books/Materials: Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. We will forward the first chapter by email as the books are usually not available before classes begin in January.

Class Type: study and discussion with weekly video interviews and topic overviews

*Gene Cole* is an Engineering Management Professional with over 30 years of experience in leading the development of new medical products, the support of existing products, and the improvement of product quality. He has participated in OLLI for 4 years, and has facilitated the course Great Decisions, a foreign policy discussion class.

The course aims to look at Italy in the 15/16 centuries. The Renaissance has been called the beginning of the modern world. The idea is to have fun exploring this concept through reading, sharing ideas and looking at some really cool art. There is a world beyond Michelangelo, Raphael and Leonardo. Did you know that there were two Renaissances in Italy? Ah yes, and one beyond the Alps (we'll have a peek there too), come and join the fun.


Class Type: Lecture, Discussion, Book Study, Film, Slides

*Diana Williams* taught history and art history for several years at the college level. She has lived in Italy, soaking up art, history, language, wine, food, and stories. All of which (well, maybe, not the wine, sorry) she loves to share.
PICKING BOOKS FOR THE YOUNG PEOPLE IN YOUR LIFE

FACILITATOR: LINDA KATCHEN

Have you ever wanted to buy a book for a young person that you didn’t know and found you didn’t know where to begin? Children and adolescent literature keeps evolving and changing. Learn about some of the changes and how to select great books.

Class Type: Lecture, Discussion

*Linda Katchen* is a Denver native. She spent 40+ years working in the public schools as an English/reading teacher and school counselor. She has taught all ages from children to adults learning to read. She has a degree in English, two in reading and one in school counseling from C.U. and the University of Georgia. Most recently, she has been working as a freelance writer.

ECONOMICS AND POLITICS

FACILITATOR: RANDY BRAUN

2nd 4 weeks

Do you ever get confused by all the economic rhetoric being thrown around by politicians and pundits? This class will bring you up to speed. You’ll start by examining the morals and ideologies that so deeply divide the left and right and then see how those beliefs have historically manifested themselves in global economies. You’ll learn about and discuss current topics such as: the pros and cons of trade, capitalism vs socialism, supply-side vs demand side economics, and the role of the Federal Reserve. All topics are examined from both a liberal and conservative viewpoint.

*Randy Braun*, MBA, is an Adjunct Professor at DU where he currently teaches International Marketing. He received of the 2010 Excellence in Teaching Award from Gold Key International while on the adjunct faculty at Metropolitan State University of Denver.
THOMAS JEFFERSON: THE ART OF POWER

Facilitator: David Lippman

Jon Meacham’s 2013 biography of Thomas Jefferson describes him as a man who “loved his wife, his books, his farms, good wine, architecture, Homer, horseback riding, history, France, the Commonwealth of Virginia, spending money, and the very latest in ideas and insights.” Jefferson also saw his new nation as “the world’s best hope” and dedicated his life to the new nation’s success.

This discussion course uses Meacham’s biography of Jefferson as a text. The course will touch on Jefferson’s achievements and writings, but it also will focus on the character and personality of the man. “To his friends, who were numerous and devoted, Jefferson was among the greatest men who ever lived, a Renaissance figure who was formidable without seeming overbearing, sparkling without being showy, winning without appearing cloying. Yet, to his foes, who were numerous and prolific, Jefferson was an atheist and a fanatic, a demagogue and a dreamer, a womanly Francophile who could not be trusted with the government of a great nation.”

Jefferson was also a master politician and wielder of power. He spent his life seeking control over himself and power over the lives and destinies of others. He craved admiration and approval. To Jefferson, politics was “an undertaking that made everything else possible.”

Class Type: Discussion and occasional short, informal lecture.


David Lippman spent most of his career in school textbook publishing, where he helped develop texts in many subjects including government and history.

THE TRANSCONTINENTAL RAILROAD

Senior Facilitator: Stewart Jones

On July 1, 1862, President Abraham Lincoln signed the Railroad Act authorizing the building of a transcontinental railroad. It wasn’t until the end of the Civil War in 1865 that building began in earnest. However the construction project faced huge challenges: political, logistical, technical, financial, demographic, organizational and labor. This course will explore how each of these challenges were met to complete the project in four years and how the project changed America forever.

Stewart Jones has been an Episcopal priest for fifty-two years and has served several parishes and missions in the Denver area during that period. He has also been a systems and software engineer for thirty-nine years with the Gates Rubber Company and Martin Marietta, where he was a Senior Staff Engineer. He is currently a volunteer at the Denver Museum of Nature and Science. He holds a BA in mathematics from Northwestern University and a Masters in Theology from Seabury Western Theological Seminary in Chicago. He has been a lifelong model railroader with a particular interest in western railroads.
AMERICAN HISTORY 1865 – 1917: Manifest Destiny and MORE

SENIOR FACILITATOR: STEVE WINBER

This course will trace the growth of the United States, geographically, industrially, and politically, emerging from the horrors of the Civil War to grow into a world power.

We will cover post-Civil War Reconstruction and the economic consequences in the South of the end of slavery, Westward expansion, explosive industrial growth – and some of the men who made it possible, the growth of the Labor Movement, the increased role the central government, and a phenomenon new to the American experience – imperialism.

In addition to lectures, several videos will be shown illustrating various aspects of the course. Class participation will be encouraged.

Course type – lectures, video clips, discussion.

Steve Winber, a retired Denver dentist, has had a long-standing interest in political and military history, especially that of the Middle East. He has facilitated several OLLI courses in economics and current events.

A LEONARD BERNSTEIN BIRTHDAY BASH

MASTER FACILITATOR: STEVE WESTON

Ends at noon

In his 100th birthday year ending last August 25th, the joy of music associated with American-born conductor, composer, pianist, educator, writer and television personality Leonard Bernstein is still being celebrated literally around the world. One of the great musicians of the 20th century, Bernstein still leaves an indelible impression as “Music’s Monarch” (New York Times). His multi-faceted career encompasses Broadway (West Side Story, On the Town, Wonderful Town, Peter Pan, 1600 Pennsylvania Avenue) and a Hollywood film score (On the Waterfront) His two operas (Trouble in Tahiti, A Quiet Place, three symphonies, Mass, the Chichester Psalms, various song cycles, Candide, and an immense recording catalog for Columbia Records (Sony) and Deutsche Grammophon (DG) designate “LB” as relevant a spokesperson for American music today as well as when he was conducting the New York Philharmonic, the Boston Symphony, or the Vienna Philharmonic.
This eight-week series of presentations by and about Leonard Bernstein focus his musical and artistic genius as they speak to the importance of his contribution to American cultural development, especially the enjoyment of classical music.

_Steve Weston is a former classical music producer, radio broadcaster, and a college music appreciation instructor. This is his seventh year as an OLLI facilitator and his 25th OLLI presentation._

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**Thursdays 9:30am-11:30am – First Universalist Church**  
4101 E. Hampden Ave.

**ORIGAMI FOR THE MIND: The Foundation Course – Morning class**

**MASTER FACILITATOR: MARK BURGER**

What is Origami? Is it an art, a craft, or, perhaps, even a puzzle or a game?

Origami is, in a way, all of them, which makes it such a fascinating pastime. Sitting down with nothing more than a stack of square sheets of paper you will wonder just how the time flew by so quickly while you transformed those sheets into such interesting objects as boxes, geometric forms, birds and flowers.

It’s no wonder that educators and physicians from the 1850’s up to today have seen the merits of Origami as a means to stimulate the brain, prevent aging and reduce stress.

But don’t do it just for that. Do it so that you can make beautiful things with the simplest methods and have fun with other really nice people.

Each of the eight weekly projects will focus on a particular aspect of origami and will progress from easy to difficult.

Although the material might be hard at times, admittedly, it’s not for everyone, we will strive in this class to enjoy ourselves and to help one another. If you’ve previously attended other OLLI classes and have wondered where all the laughter was coming from in the building, it was from this class.

**Class type:** Project instruction and group discussion. Please note: Both morning and afternoon sections are identical courses.

**Books/Materials:** All paper and the difficult-to-find main text will be provided. Some class projects will require the use of your own pair of sharp pointed scissors, a ruler and a pencil. Every student enrolled in Origami for the Mind should also possess a library card.

Please bring to the first class a shoe box or tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.
Materials Fee: $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

Mark Burger is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is a Master Facilitator at OLLI at DU and is the 2017 recipient of OrigamiUSA’s Teaching Award. Please feel free to contact him at eastdenverorigami@icloud.com if you have any questions.

Thursdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

RECENT SHORT STORIES BY HONORED AUTHORS: MARGARET ATWOOD, JEFFREY EUGENIDES, HILARY MANTEL & OTHERS

SENIOR FACILITATOR: F. KELLY SMITH

In this class we will read and discuss short stories written by award-winning authors who are generally known for their novels. All of the works come from collections of stories selected by the subject novelists that have been published since 1995. We will consider two stories each week from a single author. Others whose works may be presented include James McBride, Karen Russell, Emily Fridland, Thomas Pierce and Jeremy Letham, among others. We may need two OLLI sessions to cover all the wonderful stories in my short story collections library.

The class will be centered on fully-inclusive discussions, something like a book club on steroids. Backgrounds of authors will be presented and registrants are encouraged to offer articles, reviews, whatever that might be found on the web, from news sources or even from public libraries.

Books/Materials: No books will be required for this course. I will email each week’s stories in PDF.

F. Kelly Smith received his undergraduate and law degrees from the University of Iowa, home of the Iowa Writers Workshop. He was introduced to modern and post-modern fiction by friends who were members of the faculty or student body of the Workshop. While in law school, Kelly was the Teaching Assistant in the graduate department of European Literature and Thought. He has facilitated more than a dozen OLLI literature classes since 2014.
**Thursdays 9:30am-11:30am – First Universalist Church**  
4101 E. Hampden Ave.

**TED TALKS WITH LIVELY DISCUSSION**

**FACILITATOR: JIM BERNUTH**

TED Talks is an international speaker's forum providing a platform for “Ideas Worth Sharing” using the internet to reach the widest possible audience. Speakers are pre-screened and fact checked for quality control. Some of these ideas are particularly worth discussing toward increasing our understanding. Our facilitator has selected talks and subjects for OLLI that cover a broad range of issues; two talks will be presented and discussed in each class.

**Class type:** short videos (<20 minutes each) followed by lively class discussion

**Books and Materials:** None required, but internet access is necessary to preview talks.

Jim Bernuth worked in the non-profit sector for many years in a variety of management and leadership positions. Among the organizations he has served with are the Downtown Denver Partnership, Mercy Housing, and the National MS Society. Since retiring, he has pursued his passion for lifelong learning through OLLI.

**Thursdays 9:30am-11:30am – Park Hill United Methodist Church**  
5209 Montview Blvd.

**THE EVOLUTION OF ETIQUETTE AND PROTOCOL: THE IMPORTANCE OF CIVILITY AND MANNERS**

**FACILITATOR: JANIS MCCUBBREY**

1st 5 weeks  
When we think of etiquette or protocol, we rarely think of their origin and evolution. As mankind has evolved from pre-history through the ages to the present day, codes of conduct changed as well in order to continuously promote orderly societies. In this class, we'll explore civility and manners and how they affect your life and the way others see you - from the way you make introductions to the way you handle conversations. With the informal style of most Americans today, there is and will always be a need for good manners and respect for others. And how have protocol rules changed from the 60’s and 70’s? Are thank you notes still relevant? What happened to “please” and “thank you” and “after you?” We'll also address proper cell phone, text, and email etiquette. With so many of us traveling internationally, it is important to be aware of cultural differences in greetings, eye contact, conducting business, gifts, etc. Don’t assume the American way is internationally accepted. Study the countries’ rules and politics and history before you visit. For example, learn the history of the “high tea” tradition that started in 1800’s England and why it was so important for women.

Janis McCubbrey has spent most of her career in consumer awareness and protection, working with non-profit organizations and government agencies at the local, state and federal levels. She is a native Denverite, holds an MA in English, and most recently narrated audiobooks for independent writers. She has always had an interest in etiquette and protocol and received training from the Etiquette Advocate, a firm in Washington, DC.
GREAT DECISIONS #2

MASTER FACILITATOR: JAY BAUGHER

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

- Refugees and Global Migration
- The Middle East: Regional Disorder
- Nuclear Negotiations: Back to the Future?
- The Rise of Populism in Europe
- Decoding U.S.-China Trade
- Cyber Conflict and Geopolitics
- The United States and Mexico: Partnership Tested
- State of the State Department and Diplomacy

Type of class: video and discussion of the reading

Books/Materials: Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. We will forward the first chapter by email as the books are usually not available before classes begin in January.

Class Type: study and discussion with weekly video interviews and topic overviews

Jay Baugher has enjoyed facilitating Great Decisions and Current Events classes several times for OLLI. He has a long term interest in politics, social policy and foreign affairs. Jay feels the real fun and value of the class comes from the class discussion of the important issues covered by the Foreign Policy Association course.
**Thursdays 9:30am-11:30am – Park Hill United Methodist Church**
5209 Montview Blvd.

**LET’S LEARN THE LESSONS OF THE PAST, WITH JON MEACHAM AS OUR GUIDE**

**MASTER FACILITATORS: HILARY CARLSON AND KATHLEEN STOKES**

Jon Meacham’s *The Soul of America*, hot off the presses in May 2018, reassures Americans as it reminds us, “Political strife and division, particularly of the poisonous variety, are in some ways the rule in American life rather than the exception.” In a New York Times review, *The Soul of America* is described as “a call to action. ‘Let’s learn the lessons of the past.’”

This discussion course features Meacham’s optimistic book which endorses Lincoln’s appeal to the “better angels of our nature.” The book explores various crises which are sure to be familiar to students of American history and intriguing for those whose history is “rusty.” In many respects, this work is an eye-opener. Fewer than 300 pages, *The Soul of America* includes notes and bibliography of almost another one hundred.

Fans of Donald Trump and of his administration are sure to be annoyed, and they will recognize a tradition of which Trump is a part. Meacham reminds us “Wisdom usually comes from a free exchange of ideas, and there can be no free exchange of ideas if everyone on your side already agrees with one another.”

**Class Type:** Discussion and occasional short, informal lecture.

**Books/Materials:** *The Soul of America*, Jon Meacham, Random House, 2018; available in all formats. Check because hardback may be less expensive than paper.

*Kathy Stokes and Hilary Carlson* have facilitated many OLLI classes. *Both are retired teachers of adolescents.*

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**Thursdays 9:30am-11:30am – Park Hill United Methodist Church**
5209 Montview Blvd.

**AGATHA CHRISTIE AND LATE HERCULE POIROT**

**FACILITATOR: BILL KAENHNY**

The goal of the course is to familiarize the participant with some of Christie’s background and her final use of the Belgian detective Poirot. Participants will read and discuss the last three Poirot novels:

2. Elephants Can Remember (1972)
3. Curtain: Poirot’s Last Case (1975)
Books/Materials: Some of the texts will be read aloud in class by participants. All of these titles will be found on Amazon and may be available at The Tattered Cover.

Dr. Kaehny is a retired Professor of Medicine of the University of Colorado (1973-2011). His training in Medicine and Nephrology occurred in Milwaukee, Albany and Boston. His interest in literature was fostered by Jesuits and included reading the Odyssey in Greek. He is also a retired soccer referee having done almost 5000 youth, high school, college and adult games. He is a fan of whodunits and suspense novels. He has collections of Agatha Christie, Georges Simenon, Anne Perry as well as the more modern authors Alan Bradley, Lee Child, Barbara Cleverly, John Dunning, John Lescroart, Louise Penny, Daniel Silva, Martin Walker, Jacqueline Winspear. Email: wdkaehny@gmail.com.

THURSDAYS 1:00pm-3:00pm

Thursdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

FAITH AND REASON

FACILITATOR: MIKE PREVEDEL

When religion and secularism meet, the result is often characterized by misunderstanding. In this class we will utilize a seven part PBS series called Faith and Reason hosted by Bill Moyers. He explores the region between faith and rationality (where most of us reside), engaging in thoughtful conversation with some of the world’s noted authors and thinkers – i.e., Salman Rushdie; Margaret Atwood; and Sir John Houghton.

These contributors present challenging questions and equally challenging answers. These programs shed light where an uncertain world needs it most.

Course Type: Film and Discussion

Mike Prevedel is a retired social studies teacher. As an OLLI facilitator he has previously presented What You Need to Know About Islam and What the Buddha Taught.
THE MANY FACES OF ELEANOR ROOSEVELT

FACILITATOR: RITA ALEXANDER

First Lady, diplomat, social activist, political visionary—all words that can be used to describe Eleanor Roosevelt. She was born into a distinguished family, married her fifth cousin, Franklin Roosevelt, and began a public life as Franklin became Governor of New York and the 4 term President of the US.

We will be discussing this side of Eleanor but also discovering her “behind the scenes” life, what shaped her, and how her “private relationships” helped her find the strength to become her own person and champion causes both in the U.S. and around the world. You’ll be surprised what you will learn about this very special woman who was revered around the world but had many challenges through the years.

Class type: Lecture, discussion, films, volunteer class reports

Books/materials: Suggested readings and DVDs but no required text

Rita Alexander: Since I was a child I have been fascinated by US Presidents and First Ladies. Eleanor forever changed the figurehead role of the First Lady, and I would love to share what I have learned about the public and more interesting private life of this remarkable woman. This will be the 2nd OLLI class I have taught.

ORIGAMI FOR THE MIND: The Foundation Course – Afternoon class

MASTER FACILITATOR: MARK BURGER

What is Origami? Is it an art, a craft, or, perhaps, even a puzzle or a game?

Origami is, in a way, all of them, which makes it such a fascinating pastime. Sitting down with nothing more than a stack of square sheets of paper you will wonder just how the time flew by so quickly while you transformed those sheets into such interesting objects as boxes, geometric forms, birds and flowers.

It’s no wonder that educators and physicians from the 1850’s up to today have seen the merits of Origami as a means to stimulate the brain, prevent aging and reduce stress.

But don’t do it just for that. Do it so that you can make beautiful things with the simplest methods and have fun with other really nice people.
Each of the eight weekly projects will focus on a particular aspect of origami and will progress from easy to difficult.

Although the material might be hard at times, admittedly, it’s not for everyone, we will strive in this class to enjoy ourselves and to help one another. If you’ve previously attended other OLLI classes and have wondered where all the laughter was coming from in the building, it was from this class.

**Class type:** Project instruction and group discussion.  
Please note: Both morning and afternoon sections are identical courses.

**Books/Materials:** All paper and the difficult-to-find main text will be provided. Some class projects will require the use of your own pair of sharp pointed scissors, a ruler and a pencil. Every student enrolled in Origami for the Mind should also possess a library card.

Please bring to the first class a shoe box or tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.

**Materials Fee:** $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

Mark Burger is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is a Master Facilitator at OLLI at DU and is the 2017 recipient of OrigamiUSA’s Teaching Award. Please feel free to contact him at eastdenverorigami@icloud.com if you have any questions.

**Thursdays 1:00pm-3:00pm** – **First Universalist Church**
4101 E. Hampden Ave.

**WISDOM FROM GREEK MYTHOLOGY**

**FACILITATOR: SUSAN LEDGES**

Mythology from parts of Homer to Greek theatre and other Greek arts will be the heart of this course. Multi-media will be used at times.

Class discussion will be encouraged and no homework.

Susan Ledges is a retired reading specialist who especially loved her work in rural NY State with middle school students. She also taught courses in critical reading and advanced writing skills to undergraduates. She retired to Colorado with her husband and loves city living near her grandchildren. Quilting is one of her favorite hobbies and travel is in her blood.
WOMEN IN SCIENCE AND TECHNOLOGY: STEREOTYPES, REALITY AND UNIQUE CHALLENGES

FACILITATOR: BARBARA T. ZIMMERMAN, PH.D.

Women scientists have often been stereotyped as “geeks” or “nerds” who may be brilliant but not really feminine according to the standards of the dominant males of their generation. Alternatively, early TV shows often portrayed women scientists as attractive ladies in white coats whose role is to serve and support to the male scientist. In this class, we will explore the realities of becoming a scientist, male or female, including the rigorous education, training and skills one must obtain to excel in a highly competitive profession. We will introduce participants to some famous women in science, and discuss the unique obstacles and challenges women face in becoming scientists. We will investigate why there are still relatively few women in science, and will discuss the effect of the #MeToo movement on women in the sciences. We will also discuss alternative careers for those who discover that laboratory is not the right environment for them.

Barbara T. Zimmerman received her Ph.D. in Pathology from the University of Colorado Health Sciences Center. She did research for 11 years, investigating diseases at the cellular and molecular level. Barbara moved into medical writing and communication in 1997, and founded her own (freelance) company, Biomedical Communication and Consulting. She has written successful multi-million dollar grants for the build-out of the new Anschutz Medical Campus and for the recruitment of new research faculty at the School of Dentistry. Her book, Understanding Breast Cancer Genetics, was published by the University Press of Mississippi in 2004. She enjoys translating biomedical science concepts to lay audiences, and is particularly concerned about gender bias in biomedical research and in medicine. Barbara is an active member of the American Medical Writers Association as well as the American Women in Science. She presented the “Women in Science and Technology” course for OLLI in Spring 2018 and looks forward to presenting it again.

A BRIEF HISTORY OF THE AMERICAN MUSICAL THEATRE

FACILITATOR: WENDY ROUDER

History buffs may have heard claims: “George Washington ate here.” But do they know what musical “comedy” he saw after dining? This course begins at that beginning and goes up until….? Wendy Rouder, repeating her much appreciated course from 2014, takes you through the 20th century musical theatre until what Wendy opines is its near demise. The course is a journey through America’s own cultural treasure and its joy, laughter, and even tears. Through the use of videos, rare footage and photos, original recordings, and compelling behind the scene stories, experience or relive the unique American voice of the 20th century American musical. Take a closer look at successful shows from the
craft’s pioneers and periods: Cohan, Gershwin, Porter, Kern, Hammerstein, Hart and Rodgers, and then a glorious sampling from the best of the Golden Age. Finish up with.... Well, a little controversy never hurt.

**Wendy Rouder** has loved live performance her whole life and holds BA, MA and PhD degrees in theatre. She has taught theater and directed plays, both musicals and dramas around the country to college students and lifelong learners alike. Her articles on early 20th century American actors appear in the Dictionary of American Biography.

**Thursdays 1:00pm-3:00pm – Park Hill United Methodist Church**
5209 Montview Blvd.

**AMERICAN POLITICS: THE ISSUES THAT DIVIDE US**

**FACILITATOR: REID REYNOLDS**

This course presumes that our personal politics are influenced by many factors, including our views on issues important to us. (It is also true that our views on particular issues important to us influence our general political orientation.) When we think about and talk about politics we often focus on a particular issue like those selected for this course (see below).

It is assumed that all participants will bring to the course background knowledge and personal views on most, or all, of the selected issues. However, this course aspires to a more in-depth exploration of selected issues than we are likely to encounter in everyday conversations about politics. Suggested background readings are designed to enhance one’s understanding of the historical background and contemporary thought from a variety of perspectives (“divergent views”). It is hoped that the suggested readings, facilitator’s presentations and class discussions might (if ever so slightly) modify participants’ views regarding one or more of these issues.

The course will follow the lecture/discussion format with a class limit of 30 participants. Classes will consist of a presentation of the facilitator’s understanding of an issue and a framing of alternative views.

Participants will be encouraged to comment on the views presented by the facilitator and in the suggested readings and to offer divergent views.

Each week we will consider one or more topics such as those listed below:

**Communicating about politics and policy**: How do we, as individuals, communicate with each other (family, friends, and beyond) about politics and policy? How are changes in the media environment affecting the national conversation about politics and policy?

**Voting and elections**: Who votes and why? How do we make sense of the outcomes of recent elections? Going forward, how should elections be financed and administered?

**The size and scope of government**: What should government do (and not do) and how should it do it?
The Economy: What is the proper role for government in our mixed economy? How do growth and growing inequality affect our politics?

Immigration: How has immigration shaped our country? What should our immigration policy be now?

International relations (America’s role in a world of nation states and international alliances): How have competition (including wars) and collaboration (trade, alliances, foreign aid) shaped our politics? What is the proper role for the U.S. in the 21st Century?

Self-reliance and safety net: What is the proper role of government in assuring access to education, health, housing, etc.?

Class Type: Study, Lecture, Discussion

Reid Reynolds is a relative newcomer to OLLI but a lifelong learner (20 years in higher education and many books, magazines and newspapers since then). Reid came to Colorado to work in state government (State Demographer, Medicaid analyst) and has held a string of positions in the health care sector since “retirement”. He has pursued his interest in recent changes in our political culture in several OLLI courses.

Thursdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

UNDERSTANDING A BIT ABOUT IMPERIAL CHINA – DYNASTIES, LIFE AND CULTURE

MASTER FACILITATOR: BARBE RATCLIFFE

The time period of Imperial China spanned from 1600 BCE to 1912 CE, from the first Emperor, Ying Zheng to the last emperor of the Qing Dynasty…from the time of the Roman Republic to the beginning of World War 1.

One course could not cover all of the events and significant happenings during this expansive time period, so we will be focused on this period from the perspective of the imperial subjects and foreign visitors including the daily lives of the courtesans, convicts, wives, widows, monks, merchants and military men. This lens will provide a unique look at the diversity and dynamism of imperial China.

Each week we will experience two selected segments of the Great Courses DVD series by the same name. After each section there will be additional information as well as discussion as we relate to how the information provided may be reflected in current day China.

Barbe Ratcliffe has a wide variety of interest and love of travel and a trip to China peaked her interest in the country and the people. Barbe enjoys facilitating for the learning it brings as she prepares for the course. Barbe is a Master Facilitator for OLLI at DU. Her course offerings spanning Mindfulness to History and courses in between.
Who are OLLI Facilitators?

They are people . . . just like you!
At the heart of OLLI are our facilitators and curriculum. OLLI is successful because every term we have an intriguing curriculum and a “faculty” of dedicated people volunteering their time to make it happen.

The majority of OLLI facilitators have never taught a class in their lives. They all find many different ways to organize a class based on the topic and their style – some prepare discussion questions from the text they have chosen; some prefer using lecture tapes and building a discussion around them; others have members of the class give reports; and many invite guest lecturers.

How can you find out about becoming a facilitator?
It is quite easy. You may begin by simply indicating your interest to a Curriculum Committee member. They will be delighted to answer your questions and offer suggestions. Here’s how to get started: 1) request a course proposal form from the Curriculum Committee Chair; 2) return the completed form to the appropriate sub-committee chair; 3) meet with the appropriate subcommittee chair for an evaluation of your proposal.

Curriculum Committee Contacts

Curriculum Committee Chairperson: Nancy Cain, (303) 329-0669, ncainforever@gmail.com

<table>
<thead>
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<tr>
<td>Chair</td>
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<tr>
<td>Jay Baugher</td>
<td>(303) 880-7574</td>
<td><a href="mailto:jaybaugher1@gmail.com">jaybaugher1@gmail.com</a></td>
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<tr>
<td>Nan Morehead</td>
<td>(303) 690-1949</td>
<td><a href="mailto:nanmore@q.com">nanmore@q.com</a></td>
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<tr>
<td>Philosophy, Religion and Psychology</td>
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<td>Chair</td>
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<tr>
<td>Richard Passoth</td>
<td>(801) 364-3387</td>
<td><a href="mailto:repassoth@gmail.com">repassoth@gmail.com</a></td>
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<tr>
<td>Visual and Performing Arts</td>
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<tr>
<td>Marianne Lorenz</td>
<td>(970) 568-6729</td>
<td><a href="mailto:lhoog@att.net">lhoog@att.net</a></td>
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<tr>
<td>Don &amp; Gracie Batt</td>
<td>(303) 837-1369</td>
<td><a href="mailto:graciebatt@earthlink.net">graciebatt@earthlink.net</a></td>
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<tr>
<td>Larry Matten</td>
<td>(303) 770-5276</td>
<td><a href="mailto:lcmatten@gmail.com">lcmatten@gmail.com</a></td>
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OLLi CENTRAL MEMBER RELATIONS ADVISORY COUNCIL

Tom Bieging, President, (720) 488-5420, biegfam@comcast.net
David Ramsey, Vice President, (303) 693-5327, g.ramsey@comcast.net
Gayle Lipson, Secretary, (303) 399-6960, glipson@4edisp.net
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Dick Reinish, (303) 355-3135, rlreinish@aol.com
Doug Wayland, (303) 759-2759, drwayland@comcast.net
2019 Winter Term Registration – OLLI Central
January 14th thru March 11th
OLLI CENTRAL 2211 S. JOSEPHINE ST. DENVER 80208-8301
www.portfolio.du.edu/olli

*New to OLLI? _______ (check for “yes”)  * = Required Field

*NAME______________________________________________________
NAMETAG: __________________________________________________
(Nametag ONLY If NEW, please PRINT your name as you would like it to appear on your nametag)

*ADDRESS_________________________________________  *CITY__________  *ZIP ________

*PHONE________________________________________  *EMAIL________________________

► *I would like to participate in a TOTAL of ___ classes ◄
Classes listed over this total number will be considered alternate choices.
Failure to complete required fields (those with *) may affect class placement

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<th>Would You Be Class Assistant?</th>
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EXTRACURRICULAR OFFERINGS

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TOTAL AMOUNT FOR EXTRA-CURRICULAR CLASSES LISTED $
Please double check your form for accuracy as to
day of the week, time, and class location!

Please make check payable to OLLI and mail with your registration requests to:

OLLI
UNIVERSITY COLLEGE, UNIVERSITY OF DENVER
2211 South Josephine Street
Denver, Colorado 80208-8301

Please indicate on the envelope if the classes are for
Central, South, West, East, On-Campus, Boulder or Mixed

PLEASE ENCLOSE YOUR $130 TUITION CHECK PAYABLE TO OLLI. (The tuition includes your membership fee.) If you are also registering for Extracurricular class offerings, include a separate check for those fees as well.

Check(s) enclosed:

_____ Tuition: $130 per term, per person

_____ OLLI EXTRACURRICULAR registration fees: Total for all classes requested.

_____ OLLI Tax Deductible Donation, please enclose a separate check

_____ Total Amount Enclosed

For information and/or questions, contact:
Debbie Loftin at 303-871-3090 or debra.loftin@du.edu

Please let us know if you have special needs or require accommodation 303-871-3090

We hope you will access future OLLI curriculum information and registration forms from the OLLI website: www.portfolio.du.edu/olli

Thank you for helping us reduce our printing and postage costs.

PLEASE TAKE NOTICE that for OLLI Central, catalog information will be available online at www.portfolio.du.edu/olli AND copies of the catalog may be picked up at the OLLI office at 2211 South Josephine, Denver

IF YOU HAVE QUESTIONS, PLEASE CALL 303-871-3090
## Weekly Class Overview for the OLLI Central Winter Term 2019

First Universalist Church, 4101 E. Hampden Ave.
Park Hill United Methodist Church, 5209 Montview Blvd.
Ruffatto Hall, 1999 E. Evans Ave.

### Mornings

<table>
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<tr>
<th>Monday 9:30 – 11:30am</th>
<th>Tuesday 9:30-11:30AM</th>
<th>Wednesday 9:30-11:30AM</th>
<th>Thursday 9:30-11:30AM</th>
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| **Current Events #1**  
D. Reinish & S. Myers | **Current Events #2**  
D. Reinish & S. Myers | **American History 1865-1917**  
Steve Winber | **Leonard Bernstein Birthday Bash**  
Steve Weston  
*Ends at noon* |
| **Navigating the Healthcare Maze**  
M. Levine, F. Kutner & A. Lazaroff | **Chinese Conversation**  
Yi Ren | **Oscar Movies II**  
Bob Magnani  
*Ends at 11:45am* | **Origami the Foundation-morning**  
Mark Burger |
| **Necessary Losses**  
Ruth Neubauer  
1st 7 weeks | **Stories of the Sages**  
Rabbi Sandra Cohen | **Hard Choices**  
Richard Lamm & Buie Seawell | **Great Decisions #2**  
Jay Baugher |
| **Plants**  
Larry Matten  
2nd 4 weeks | **The Life & Opinions of Tristram Shandy**  
Bill West | **The 7 Greatest Scientific Discoveries**  
Wilson Wiedenheft | **Let’s Learn the Lessons of the Past**  
H. Carlson & K. Stokes  
**More Agatha Christie**  
Bill Kaehny |
| **Chinese Calligraphy**  
Dennis Johnson  
2nd 4 weeks | **Exploring the Promise of Chinese Medicine**  
Joe Brady  
1st 4 weeks | **Opera – Our Choices**  
M. Mathews & B. Montgomery  
**Shakespeare Society**  
Eileen Wigginton | **Woman Suffrage & Meaning of Citizenship**  
Myra Rich  
**Pilates**  
11:45 – 12:40pm |
| **Yoga from the Heart**  
9:30 to 10:45am | **Great Decisions #3**  
Gordon Appell | **Supreme Court – Its Role in our Society**  
Tom Bieging  
Jan. 22 – Feb. 26 | **The Geology of Colorado**  
Larry Meckel |
| **Tai Chi**  
11:00 – 11:45am | **The Life & Opinions of Tristram Shandy**  
Bill West | **Stories of the New American West**  
Don & Gracie Batt | **Great Decisions #3**  
Gordon Appell |
| **Operas – Our Choices**  
M. Mathews & B. Montgomery | **Woman Suffrage & Meaning of Citizenship**  
Myra Rich  
**Pilates**  
11:45 – 12:40pm | **Ruffatto Hall - DU** | **Ruffatto Hall - DU** |
## AFTERNOONS

<table>
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<tr>
<th>MONDAY 1:00-3:00PM</th>
<th>TUESDAY 1:00-3:00PM</th>
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| **Birds, Secrets of Flight & Behavior**  
  *Steve Johnson* | **Isabella, the Warrior Queen**  
  *R. Greenburg & N. Morehead* | **Ethical Decision Making**  
  *Steve Spirn*  
  *1st 6 weeks* | **Faith and Reason**  
  *Mike Prevedel* |
| **The Great Gatsby & All That Jazz**  
  *Marianne Lorenz* | **Journeys in Film**  
  *J. Testa & E. Spain* | **8 More Foreign Films**  
  *Dick Reinish*  
  **Begins 12:30pm** | **The Many Faces of Eleanor Roosevelt**  
  *Rita Alexander* |
| **Sport Movies**  
  *Alan Folkestad*  
  **Begins 12:30pm** | **Science Tech & Medicine**  
  *Gerson Greenburg* | **Great Decisions #1**  
  *Gene Cole* | **Origami the Foundation- afternoons**  
  *Mark Burger* |
| **Three Writers Reveal Absurd Worlds**  
  *Ann Cohen* | **The Renaissance**  
  *Diana Williams* | | **Wisdom from Greek Mythology**  
  *Susan Ledges* |
| **Write to Save Your Life**  
  *Patricia Cox*  
  **2nd 6 weeks** | | | **Women in Science**  
  *Barbara Zimmerman* |
| Park Hill United Methodist | Park Hill United Methodist | Park Hill United Methodist | Park Hill United Methodist |
| **Active Minds**  
  *1st 4 weeks* | **Are We Really Healthy?**  
  *Barbara Shecter* | **Economics and Politics**  
  *Randy Braun*  
  **2nd 4 weeks** | **A Brief History of Amer. Musical Theater**  
  *Wendy Rouder* |
| **Black History**  
  *Jacqui Shumway*  
  **1st 7 weeks** | **Forgotten Presidents**  
  *Marjorie Clark* | **Picking Books for the Young People in Your Life**  
  *Linda Katchen* | **American Politics**  
  *Reid Reynolds* |
| **Current Events #3**  
  *Maria Valdes* | **Help! What You Can Do for Mental Health**  
  *Kip Doran*  
  **4 weeks beg. Feb 4th** | **Thomas Jefferson: The Art of Power**  
  *David Lippman* | **Understanding a Bit about Imperial China**  
  *Barbe Ratcliffe*  
  **1st 7 weeks** |
| **The Sunday Night Poet**  
  *Ed Hanson*  
  **2nd 4 weeks** | **Introduction to Game Theory**  
  *Robert Dodge* | **The Transcontinental Railroad**  
  *Stewart Jones* | |
| **Ruffatto Hall - DU** | | | |
| **Harari’s 21 Lessons**  
  *Terry Ortlieb* | | | |
| **Philosophical Strands of Socialism**  
  *Mitch Stewart* | | | |
OSHER LIFELONG LEARNING INSTITUTE
AT DU DENVER METRO LOCATIONS

**OLLI at DU Main Office**
1. University College
   2211 South Josephine Street
   Denver, CO 80208

**OLLI Central**
2. First Universalist Church of Denver
   4101 East Hampden, Denver, CO 80222
3. Park Hill United Methodist Church
   5299 Montview Blvd, Denver 80207
8. Ruffatto Hall on DU Campus (Frontier Hall)
   1999 East Evans Avenue, Denver, CO 80210

**OLLI South**
4. Valley View Christian Church
   11854 Wildfield Lane, Littleton, CO 80125

**OLLI West**
5. Jefferson Unitarian Church
   14350 West 32nd Avenue, Golden, CO 80401
6. Shepherd of the Hills Presbyterian Church
   11500 West 20th Ave., Lakewood, CO 80215

**OLLI East**
7. Mississippi Avenue Baptist Church
   13231 East Mississippi Ave, Aurora, CO 80012

**OLLI-on-Campus**
8. Ruffatto Hall on DU Campus
   1999 East Evans Avenue, Denver, CO 80210

**OLLI Boulder**
9. Mountain View United Methodist Church
   355 Ponca Place, Boulder, CO