Treasure to Trash – Pathways for Aging in Place

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Thursdays 1:00-3:00

Syllabus

**Week 1 January 17**

Planning for the “third set”. Intro to what to do with all of our “stuff”. Making our homes safe. How to beat the emotional blocks to decluttering.

Let’s tackle clothes!

**Week 2 January 24**

Share our successes and challenges of dealing with clothes.

Let’s tackle Books and Papers

**Week 3 January 31**

Share our successes and challenges of dealing with books and papers

Let’s tackle Collectables, Photos, and Letters

**Week 4 February 7**

Share our successes and challenges of dealing with collectables, photos, and letters

Let’s talk about modifying our homes so that we can safely age in place.