HR Liaison Quarterly Meeting
February 6, 2014 1:30 – 3:00 p.m.
Our plan for today...

• Opening and Welcome
• Total Rewards
• Wellness
• Office of Equal Opportunity / Recruiting
• Talent Management / Employee Services
• Ombuds Office
• HR Liaison News, Updates and Questions
• Next Meeting May 1st, 2014
Professional Attire Fair
12:00pm- 3:00pm on Wednesday, April 16
Driscoll Student Center 1864
Why spend a fortune on professional clothes, when you can get great quality at no cost?

And bring your resume for a review with a career professional!

Staff, faculty, alumni, and students will contribute gently used professional clothing for current students to pick up and own for interviews, the workplace, and the career fair on April 23rd!

www.du.edu/career
www.du.edu/cme

303.871.2150
Total Rewards

• Benefits Fair
  – May 7 from 9am to 3pm
• Open Enrollment
  – May 1-15
• Health Care Rates
• Premium Discount Requirements
  – Total Health assessment/Biometrics
• Temporary Salary Increase Guidelines
# Winter Wellness Workshops

## February—March 2014

<table>
<thead>
<tr>
<th>Class or Workshop</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>Healthy Cooking Workshop</strong></td>
<td>Tuesday, February 18th OR</td>
<td>4:00pm—6:30pm</td>
<td>Lower level of Joy Burns Center</td>
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<tr>
<td></td>
<td>Thursday, February 27th</td>
<td>4:00pm—6:30pm</td>
<td>Knoebel School of Hospitality Management.</td>
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<tr>
<td>Join your fellow faculty and staff in learning healthy ways to prepare delicious meals. Chef Raymond Liegl has created a winter menu including: Hearty kale salad, North African spicy chicken curry with sun-dried fruit, and flourless chocolate cake.</td>
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<tr>
<td><strong>Grocery 101 Series</strong></td>
<td>• King Soopers Tour -</td>
<td>4:00pm—5:00pm</td>
<td>Classes will meet at the grocery store and begin promptly at 4pm.</td>
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<td></td>
<td>Tuesday, March 4th</td>
<td></td>
<td>King Soopers— University &amp; Hampden</td>
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<td></td>
<td>• Sprouts Tour—</td>
<td></td>
<td>Sprouts— South of Yale on Colorado</td>
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<td></td>
<td>Tuesday, March 11th</td>
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<td>Costco— South of Hampden on Santa Fe</td>
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<td></td>
<td>• Costco Tour—</td>
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<td></td>
<td>Tuesday, March 18th</td>
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<td>Hitting the grocery store after work with everyone else can be a daunting and stressful task—but it doesn’t have to be. Registered Dietician, Holly Klamer, will lead you on a tour of your favorite grocery store and help you to make better choices, read labels quickly, and shop more efficiently with meal planning tips and shopping lists. Learn when to buy fresh vs. frozen and organic vs. non-organic. Who knew – it’s even possible to shop healthy at bulk stores such as Costco. Each tour will last 30 minutes followed by 30 minutes for questions and your own personal shopping.</td>
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<tr>
<td><strong>Body Weight Workouts</strong></td>
<td>TBA</td>
<td>12:00pm—1:00pm</td>
<td>Personal Training Studio at Coors Fitness</td>
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<td>This is an interactive workshop on no-equipment, body-weight workouts will provide sample workouts that can be done in the gym, at home, or on the go. (Recommended: Wear workout gear.)</td>
<td>Presented by: Coors Fitness Center</td>
<td>Check-in @ Coors Fitness Center</td>
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<tr>
<td><strong>Fueling Your Workouts</strong></td>
<td>TBA</td>
<td>12:00pm—1:00pm</td>
<td>TBA</td>
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<tr>
<td>Do protein bars, supplements, and gels have you confused? Learn what you should be eating pre, during, and post workout.</td>
<td>Presented by: Coors Fitness Center</td>
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</tbody>
</table>

Contact: Mandy.Sigmund@du.edu / 1-4932
Talent Management & Employee Services (TMES)

- SilkRoad – RedCarpet
- Performance Management Process Update
- Upcoming Development Opportunities
Jan. 29, 2014

To: University of Denver campus community

As you are likely aware, Amendment 64 which became law on Jan. 1, 2014, allows the sale and private consumption of recreational marijuana in Colorado for adults over the age of 21. However, in accordance with federal law, the University of Denver has long had a policy against drug use on campus and that policy does not change with Colorado's adoption of Amendment 64. DU continues to prohibit the possession, use and consumption of marijuana on University property.
Performance Management

• Online system change
• Interim solution / timeframe
• Training
• More details to come...
Employee Experience

- Arriving at DU - weekly
- Thriving at DU – monthly
- DU Employee Campus Tour – Feb 18, March 13, April 15
- Our Past is Your Future: The History of DU – March 19 & May 6
- Catalyst for a Purposeful Life: Meaning Behind the DU Brand – March 21
Professional/Career Development

- What’s Your Picture of Excellence? StrengthsFinder 2.0 – Feb 17 or April 8
- Emotional Intelligence in the Workplace – Feb 13
- Conflict Resolution and Coaching Student Employees – Feb 14
- Join the “In” Crowd: Developing Your Network with LinkedIn - Feb 20
- Change: Managing Your Emotions and Expectations - March 11
- 5 Languages of Workplace Appreciation – March 20 or June 6
- Time Management: You and Your Time – March 27
- Power Up Your LinkedIn Profile – April 2
Program Overview

Mentoring has long been recognized as an effective method through which critical information or knowledge transfer may be passed from one individual to another. The success of this program depends on the commitment, trust and confidentiality of the participants. The purpose of this program is to:

- Foster development of future leaders;
- Further the critical skill and knowledge development for professionals in higher education;
- Foster career and personal development.

[2014 DU Employee Mentoring Program Guide.pdf]

2014 Program Timeline

- Accept applications: Extended until Friday, February 7
- Mentor/Mentee selection: February 3 – 14
- Mentor/Mentee matches announced: Monday, February 17
- Program overview and kick-off event: February 27 and February 28
- Program start: March 3
- Mid-year reception and networking event: (TBD)
- Program end: October 31
- End of program celebration: (TBD)

Contact Information

If you have questions about the program, your application, etc., please contact Human Resources.

Aimee Neu
aimee.neu@du.edu
303.871.3307
Supervisor Development

- Supervisor Core Competencies Four Week Series
  - February 7, 14, 21 and 28
  - April 4, 11, 18 and 25
  - July 11, 18, 25 and August 1

- Start off Right: First Day and Beyond for Staff - Feb 27 or June 3

- Management Fundamentals: What’s Your Style? (DiSC) – March 4

- The Fair Labor Standards Act (FLSA) and DU Policies - Feb 26 or May 9

- Coffee Break Series
  - Asking for Feedback as the Manager – March 25
  - Developing Critical Thinkers – April 29
Student of Employee of the Year

• Application deadline 2/19
• Winner - $500 book scholarship
• Other top 3 - $250 book scholarships
• Open to all DU student employees

• Submit to Lori.Orzech@du.edu
Sesquicentennial - 150 Years!

150 YEARS OF LOOKING FORWARD
A WORLD OF REASONS TO CONNECT.
During our sesquicentennial year, we invite you to connect, celebrate and remember with your fellow alumni and the University.

www.du.edu/udenver150

UPCOMING EVENTS
- Feb 7 - Night Out at the Theater With
- More Info
- Feb 7 - Cherrington Hall
- More Info
- Feb 8 - Men's Basketball vs. South
- More Info
- Feb 8 - Ritchie Center
- More Info
See all events

INTERACTIVE CAMPUS MAP
Get a bird's-eye view of our campus as it evolves, grows and transforms over the years.

Start your tour

Discover the legacy of our first 150 years in stories, pictures and video. You can even claim your own place in our history by logging in and adding your memories of your time as a Pioneer.

Explore the history
PIONEERS FOR PEOPLE
ANNUAL COAT DRIVE
A SMILE CAN WARM YOUR HEART...
"WARM & FUZZIES" WARM THE REST!

DONATE "WARM & FUZZIES"
COATS-HATS-GLOVES-SCARVES-BLANKETS

JANUARY 24 THROUGH FEBRUARY 7

BENEFITS THE:

SPONSORED BY:

UNIVERSITY OF DENVER STAFF ADVISORY COUNCIL

QUESTIONS? staffadvisory@du.edu

DROP OFF LOCATIONS:
Academic Commons
Annie Hyde Building
Ben Cherrington Hall
Boettcher West
Coors Fitness Center
Craig Hall
Women's College Chambers Center
Daniels College of Business
Driehaus University Center
Facilities Service Center
Fisher Early Learning Center
Frank H. Reichert Jr. Law Building
Joy Burns Ice Arena
Mary Reed Building
Newman Center Lobby
Purchasing Services
Residence Halls
Rutgers Center Ticket Box Offices
Ruffalo Hall
Sturm Hall
University Hall
THANK YOU.... IT’S ALL GOOD
- LOOK TOWARD MAY 1ST, 2014