

Curriculum Vitae

ARTUR POCZWARDOWSKI

University of Denver

Graduate School of Professional Psychology

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ACADEMIC PREPARATION

- Ph.D., 1997 *University of Utah, Salt Lake City*
Field of Study: Exercise and Sport Science
Emphasis: Psychosocial Aspects of Sport
Cognate: Counseling
Dissertation: *Athletes and Coaches: Their Relationship and Its Meaning.*
(Chair: Dr. Keith P. Henschen)
- M.S., 1991 *University of Gdansk, Gdansk, Poland*
Field of Study: Psychology
Emphasis: Clinical Psychology
Thesis: *Psychological Variables in Successful versus Unsuccessful Judo Athletes.* (Chair: Prof. Dr. Hab. Józef Rembowski)
- M.S., 1989 *University of Physical Education, Gdansk, Poland*
with distinction Field of Study: Physical Education
Specialization: Coaching
Thesis: *The Analysis of Training Volume and Intensity Based on Andriejev's Method: AZS AWF Gdansk Judo Athletes.*
(Chair: Dr. Marek Adam)

ACADEMIC POSITIONS

PROFESSOR, SEPTEMBER 2012 to PRESENT

University of Denver, Graduate School of Professional Psychology, Denver, Colorado

ASSOCIATE PROFESSOR, SEPTEMBER 2008 to 2012

University of Denver, Graduate School of Professional Psychology, Denver, Colorado

ASSOCIATE PROFESSOR, AUGUST 2004 to MAY 2008

Barry University, Department of Sport and Exercise Sciences, Miami Shores, Florida

ASSISTANT PROFESSOR, AUGUST 1999 to MAY 2004

St. Lawrence University, Department of Psychology, Canton, New York

VISITING ASSISTANT PROFESSOR, SEPTEMBER 1997 to MAY 1999

University of Utah, Department of Exercise and Sport Science, Salt Lake City

ACADEMIC INSTRUCTOR, FEBRUARY 1989 to SEPTEMBER 1993
University of Physical Education, Department of Psychology, Gdansk, Poland

ADJUNCT PROFESSOR, Instructor; Empirical Paper Tutor ('14, '15)
Uniwersytet Warszawski (Warsaw University), Warsaw, Poland

ADJUNCT PROFESSOR, Summer Semester Instructor ('10, '11, '12, '14, '15)
Szkoła Wyższa Psychologii Społecznej (School of Social Sciences and Humanities), Sopot, Poland

ADJUNCT PROFESSOR, Winter/Interim Semester Instructor ('17, '18, '19)
Szkoła Wyższa Psychologii Społecznej (School of Social Sciences and Humanities), Warsaw, Poland

ADJUNCT PROFESSOR, OCTOBER 2006 to FEBRUARY 2011
Szkoła Wyższa Psychologii Społecznej (Warsaw School of Social Sciences and Humanities), Warsaw, Poland

ADJUNCT PROFESSOR, Summer Program Instructor, Vienna, Austria ('05, '06, '07, '08)
St. Lawrence University, Department of Psychology, Canton, New York

TEACHING AND ACADEMIC ADVISING

PROFESSOR, SEPTEMBER 2012 to PRESENT
ASSOCIATE PROFESSOR, SEPTEMBER 2008 to AUGUST 2012
University of Denver, Graduate School of Professional Psychology, Denver, Colorado

I. Classroom Teaching

Graduate Courses:

1. Theories of Performance Excellence (CPSY 4671)
2. Motivational Interviewing (CPSY 4657)
3. Theoretical Aspects of Sport and Performance Psychology (CPSY 4652)
4. Exercise Physiology (CPSY 4610)
5. Applied Motor Learning (CPSY 4663)
6. Adept, Professional, Supervisor and Leader (CPSY4630)
7. Movement Principles for Performance (CPSY 4666)
8. Consulting Methods & Practices (CPSY 4669)
9. Motivation, Emotion, and Learning (CPSY 4677)
10. Practicum in Sport and Performance Psychology (CPSY 4680); a three-quarter sequence
11. Human Growth and Development (CPSY 4685)
12. Practicum in Sport and Performance Psychology: Professional Practice (CPSY 4686); a three-quarter sequence
13. Scholarly Writing Methods and Practices (CPSY 4678)
14. Sport and Performance Psychology Practicum in Collegiate Athletics (CPSY 5468)

II. Graduate Research Supervising and Advising

A. Doctoral Papers/Doctoral Dissertations:

1. Lindsey Colbert (in progress). (Co-chair)
 2. Jannae Bratcher (in progress). (Member)
 3. Jason Silverberg (in progress). (Chair)
 4. Brooke Lamphere (in progress). (Member)
 5. Raquel Meade (2019). *Cultural Factors Affecting Suicide-Specific Grief in the Latinx Community: A Systematic Literature Review of Studies*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 6. Clare Jinzhao Zhao (2019). *Exploring the Moderation Mechanisms of the Association between Acculturative Stress and Social Self-Efficacy among Asian International Students*. Unpublished doctoral dissertation. University of Denver, Denver, CO. (Member)
 7. Ashley Herbst (2018). *Gravity of Threats: Clinical Psychology Graduate Student Training and Threat Assessment*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 8. Tricia Kennedy (2018). *A Parametric Analysis of Socioeconomic Status: How SES Relates to Psychological Health*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 9. Kirsten Allen (2017). *Using skilled intuition to rationally integrate mental health into sport and performance psychology consultation*. Unpublished doctoral paper. University of Denver, Denver, CO. (Chair)
 10. Matt Poon (2016). *The BRAVE Man Project – Mentorship Program for Bullies and Bullied Boys*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 11. Heather Snead (2016). *Toward more homogenous subgroups in bipolar disorder: The hypothesized role of individual differences in resistance to the effects of sleep deprivation on neurocognitive performance*. Unpublished doctoral paper. University of Denver, Denver, CO. (Chair)
 12. Melissa Gollick (2015). *Adaptation experiences among NCAA Division 1 international student-athletes: A qualitative examination*. Unpublished doctoral paper. University of Denver, Denver, CO. (Chair)
 13. Laura Niver (2014). *Meaning and psychosis: An intersubjective approach to the treatment of schizophrenia*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 14. Nathaan Demers (2014). *Measure of Maturity: The Montana Adolescent Maturity Assessment*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 15. Jaimie Lusk (2013). *A qualitative study of potential suicide risk factors among Soldiers transitioning from Operation Iraqi Freedom/Operation Enduring Freedom*. Unpublished doctoral paper. University of Denver, Denver, CO. (Chair)
 16. Akeisha Mitchel (2012). *A qualitative study on successful African American marriages on how they create and repair attachment injuries using emotional skillfulness*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 17. Michael Brinker (2012). *Sport related concussions in adolescents: Impact of multiple incidents on immediate and long-term functioning*. Unpublished doctoral paper. University of Denver, Denver, CO. (Chair)
 18. Meghan Thompson (2011). *Impact of Romanian and American society and culture on the self-perception and behaviors on children adopted at an older age from Romania*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
 19. Greta Raaen (2010). *Teaching responsibility through physical activity to at-risk youth: Application in a residential treatment center*. Unpublished doctoral paper. University of Denver, Denver, CO. (Member)
- B. Master's Projects:
1. Corey Homber (2019). *Thriving in Your Own State of Flux*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)
 2. Allysha Dixon (2019). *Theoretical Orientation to Performance Excellence*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)
 3. Erin Murray (2019). *Reflective Practice: Sport is Secondary*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)

4. Sami Gothberg (2019). *Moving Mountains: Theoretical Orientation to Human Behavior*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)
5. Elizabeth Rubio (2019). *Theoretical Orientation of Performance*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)
6. Olivia Wyatt (2019). *Theoretical Orientation to Performance Excellence: A Start*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)
7. Bailey Mathis (2019). *Theoretical Orientation to Performance Excellence*. Unpublished master's project (self-reflective practice). University of Denver, Denver, CO. (Chair)
8. Isaac Gardner and Donato Fanelle (2018). *Assessing the impact of emotions on performance in the sport of ultimate*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
9. Stephanie Hale and Jonathon Rowe (2018). *A Reflection on the Process of Incorporating Psychological Skills Training within Strength and Conditioning Programming and Future Implications for Service Delivery for Consultants-in-Training*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
10. Margaret Jasper and Kailee Feldman (2017). *Influence of Coaching Behavior on Motivation for Sport Participation: Interviews with Youth Athletes with Disabilities*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
11. Sarah Hudak (2017). *All The World's A Stage: A Neophyte Sport Psychology Consultant as Performer*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
12. Emily Paterman Cabano and Jackie Dingeldein (2017). *Perceived Resources in Collegiate and Professional Sport Domains*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
13. Katherine B. Steinert and Sarah E. Beacham (2017). *A reflective case study of a year-long mental skills training program with JROTC cadets*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
14. Joseph R. Fritz (2016). *Perceptions of How Motorcycle Road Racing Team Relationships Affect Rider Performance*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
15. Emily Minaker, Haziel B. Bustillo, and Gabriela A. Whitmer (2016). *Exploring Developmental Experiences Related to Social Responsibility in Youth Sport Organizations*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
16. Alyson N. Calman and Meghan K. Krasnow (2015). *The impact of the coach-athlete relationship on athletes' confidence and motivation levels*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
17. Kirill Grinchenko, Kevin O'Connor, and Rasheed Swindell (2015). *An exploration of stress, psychological demands, and coping in law enforcement officers*. Unpublished master's project. University of Denver, Denver, CO. (Member)
18. Aaron D'Addario (2014). *Expert approaches to mental toughness development in the high risk sport of diving*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
19. Chris Bilder (2014). *Perceived autonomy supportive coaching behavior and self-determined motivation in adolescent athletes with physical disabilities*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
20. Daren Koehler and Kaelene Curry (2014). *Program evaluation of the partnership between a non-profit sport psychology consulting educational organization and a metropolitan public school system*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
21. Amber Latner and Kellie Weiler (2014). *Mental toughness, leadership, and American football: Correlations in NCAA Division I college football players*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
22. Thomas Fritze and Mark Laird (2014). *Revisiting gaining entry with athletic personnel for season-long consulting*. Unpublished master's project. University of Denver, Denver, CO. (Member)
23. Joanna Foss, Cody Hall, and Stephanie Seng (2014). *An exploratory study of the psychological and emotional demands of firefighters*. Unpublished master's project. University of Denver, Denver, CO. (Member)

24. Liz Canning, Ryan Goetzl, and Bridget Smith (2014). *The perceived sources of stress in scholarship and non-scholarship student-athletes*. Unpublished master's project. University of Denver, Denver, CO. (Member)
25. Ashely Marsh, Kyra Rodene, and Stephanie Zavilla (2013). *Perceptions of purpose and parental involvement in competitive youth sport*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
26. Kirsten Allen, Brooke Lamphere, and Rendy Marican (2013). *An exploratory study of interpersonal dynamics within successful beach volleyball dyads*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
27. Ashley Jenkins and Megan Marsh (2013). *The components of self-determination theory and the relationship to exercise frequency*. Unpublished master's project. University of Denver, Denver, CO. (Member)
28. Michael Mosley, Yihan Cheng, and Desiree Frierson (2013). *Spirituality and sport: Consulting Christian athletes*. Unpublished master's project. University of Denver, Denver, CO. (Member)
29. Mark Campfield (2012). *Action sport as a unique context for sport psychology: A service delivery heuristic*. Unpublished master's project. University of Denver, Denver, CO. (Member)
30. Kathleen Carter, Sunleaf Hinton, and Victoria Raeburn (2012). *Principles of translating scholarly work into lay terms and daily applications: Focus groups with high school coaches*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
31. Louis Goldin (2012). *Descriptive study of the reactionary style of goal tending in lacrosse*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
32. Ted Fifield (2012). *The effects of intrinsic motivation on the experience of burnout in high school student-athletes*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
33. Elana Jauhar, Liza Schrank, and Ian Ankney (2012). *Factors that contribute to psychological readiness to return to sport after injury*. Unpublished master's project. University of Denver, Denver, CO. (Member)
34. Erica Cox (2012). *Emotional and coping responses in participants trained in mindfulness*. Unpublished master's project. University of Denver, Denver, CO. (Member)
35. Taryn Brandt and Zi Wang (2012). *Parental attitudes toward psychological skills training programs*. Unpublished master's project. University of Denver, Denver, CO. (Member)
36. Amy Duba (in progress). *Psychological skills training intervention with women's soccer team with a losing history*. Unpublished master's project. University of Denver, Denver, CO. (Member)
37. Trevor Cote, Bob Diehl, Michelle Eck, and Adam O'Neil (2011). *Factors in an adaptive transition to the Olympic Training Center (OTC) and subsequent excellence in performance*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
38. Cody Sohn-Mitchell and Shawn Saylor (2011). *Pre-relationship phase of the coach-athlete dyad: A qualitative exploration*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
39. Allison Graf (2011). *Life and diabetic disruption: Relationship to positive emotion, the flow state, performance outcomes and the effects of coping skills/Proposal*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
40. Curtis Tunson (2011). *The career development of novice applied sport psychology professionals: A literature review*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
41. Aubrette M. Biegel, Graham T. Baughn, Jessica L. Williams, and Johnathan A. Carter (2011). *Return to sport following injury: Development of a scale predicting psychological readiness*. Unpublished master's project. University of Denver, Denver, CO. (Member)
42. Juliette Bowers and Jeff Prater (2011). *Organizational citizenship behavior in sport: A qualitative look at extra-role behaviors*. Unpublished master's project. University of Denver, Denver, CO. (Member)
43. Johnathan Duff (2010). *The effects of a single session of yoga on immediate mood in practicing yogis*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
44. Melissa Gollick (2010). *The decision-making process in athlete career transition after achieving a peak performance*. Unpublished master's project. University of Denver, Denver, CO. (Chair)

45. Lucy Galleher (2010). *Mood states and characteristics of self-talk in relation to figure skating skill level and patterns in skate jump consistency*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
46. Lindsay Holtz (2010). *Positive sport parenting: A guide for swimming*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
47. Erik Leslie (2010). *Flow, meditation, and mindfulness in achieving optimal performance: A program for baseball players*. Unpublished master's project. University of Denver, Denver, CO. (Member & Reader)
48. Erin Beskid (2010). *Psychological skills training with elite youth winter sport athletes*. Unpublished master's project. University of Denver, Denver, CO. (Member & Reader)
49. Devon Ambler (2010). *A running club for homeless: A study proposal*. Unpublished master's project. University of Denver, Denver, CO. (Member)
50. Pat Schneider (2010). *The impact of pre-competition emotions on sport performance: A study proposal of youth ice hockey players*. Unpublished master's project. University of Denver, Denver, CO. (Member & Reader)
51. Nick Bartley (2010). *Bio- and neuro-feedback uses in sport psychology: A survey*. Unpublished master's project. University of Denver, Denver, CO. (Member)
52. Soek Hau (2010). *Reviewing the mental skills in applied sport psychology: A cross-cultural comparison between the U.S. and China*. Unpublished master's project. University of Denver, Denver, CO. (Member & Reader)
53. Maeve O'Donnell (2010). *It only takes one: An investigation of sport as a unique context for positive youth development, implications for urban adolescents and service delivery heuristic for sport psychology professionals*. Unpublished master's project. University of Denver, Denver, CO. (Member)
54. Ashely Anderson (2009). *Aligning the mental with the physical: Designing a season long periodized mental training program for a community based running club*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
55. Crissy Codi (2009). *A self-reflective journey through the application of performance psychology with an at-risk adolescent*. Unpublished master's project. University of Denver, Denver, CO. (Chair)
56. Alicia Akiyama (2009). *A coach's guide to using reflective practice*. Unpublished master's project. University of Denver, Denver, CO. (Member)
57. Birinder Aujla (2009). *How do the parental expectations affect youth athletic performance*. Unpublished master's project. University of Denver, Denver, CO. (Member)
58. Philip Del Vecchio (2009). *Creating a business website to convey the use of the resonance model and positive psychology techniques to consult with athletes*. Unpublished master's project. University of Denver, Denver, CO. (Member)
59. Judith Mandeville (2009). *Shooting Starz: A two-tiered approach to teaching youth accountability through athletic/performance skills, life skills, and scholastic skills*. Unpublished master's project. University of Denver, Denver, CO. (Member)
60. Robert Price (2009). *Crisis management for athletic coaches: A resource guide for university athletic personnel*. Unpublished master's project. University of Denver, Denver, CO. (Member)
61. Richelle Walker (2009). *Exercise behavior after retiring from elite sports*. Unpublished master's project. University of Denver, Denver, CO. (Member)
62. Kyle P. Zaber (2009). *Creating the best sport environment. Positive sport parenting*. Unpublished master's project. University of Denver, Denver, CO. (Member)

PROFESSOR, appointed in MAY 2008

ASSOCIATE PROFESSOR, AUGUST 2004 to MAY 2008

Barry University, Department of Sport and Exercise Sciences, Miami Shores, Florida

I. Classroom Teaching

A. Undergraduate courses:

1. Principles of Motor Learning (SES 326)
2. Psychosocial Aspects of Sport (SES 335)

B. Graduate Courses:

1. Sport Psychology (SES 537)
2. Research Methodology (SES 616)
3. Motor Learning and Control (SES 625)
4. Motor Development (SES 664)
5. Sport and Exercise Psychology Advanced Practicum (SES 686)
6. Sport and Exercise Psychology Service Delivery (SES 677) (*new course*)
7. Sport and Exercise Psychology Professional Practice (SES 678) (*new course*)

C. Physical Activity Teaching

1. Judo and Self-Defense (ISR 135/235)

D. SES Special Topic:

1. International Perspectives on Sport and Exercise (*new course*)
(prepared a syllabus and organizational information for a summer abroad [Gdansk, Poland]; course accepted by HPLS faculty in Fall 2006).

II. Graduate Research Supervising and Advising

A. Master's Thesis:

1. Kelly Alums (2008). *Physical activity preference and psychological well-being among adolescents with intellectual disabilities*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Chair)
2. Jessica Kenia (2008). *Effects of visual feedback on gait biomechanics and functionality: Two case studies*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)
3. Madhu Lenna Vallala (research proposal, 2008). *Effects of 6-week back exercise intervention on athletes with low back pain*. (Member)
4. Zarko Krkeljas (research proposal, 2008). *Predicting the rate of energy expenditure during walking in children with cerebral palsy*. (Member)
5. Catherine Donlon (2007). *Family involvement and gender differences in sport based on perfectionism, self-concept, and psychological well-being*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Chair)
6. Andrew Scopa (2007). *Aggression as a predictor of burnout in male and female NCAA Division II soccer players*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)
7. Candice M. Franco (2007). *Age differences in imagery abilities and the habitual physical activity of middle and high school students*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)
8. Kimi Sato (2007). *Does core strength training affect kinetic efficiency, lower extremity efficiency, and 5000m performance in runners?* Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)
9. Heidi Fuchser (research proposal; 2006). *Social physique anxiety and self-efficacy: An analysis of stage of change for exercise in an ethnically diverse population*. (Chair)
10. Tamesha Hiliard (research proposal; 2006). *The effects of physical practice on a novel mental imagery task as measured by electroencephalography (EEG)*. (Member)
11. Adam Kiefer (2005). *EEG recordings during learning of a novel motor task using whole/part practice techniques*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)

12. David Fortenbaugh (2005). *The biomechanics of situational baseball: A left-handed pitcher's pick-off move to first base*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)
13. Brooke Norwood (2005). *Self-efficacy and goal orientation: A comparison of intramural and varsity athletes*. Unpublished master's thesis. Barry University, Miami Shores, FL. (Member)

B. Master's Committees (Non-thesis track: Internship Projects and Reports)

1. Arlene Engels (2008) (Chair)
2. Jermaine Roll (2008) (Chair)
3. Tamara Thompson (2008) (Chair)
4. Janet Branch (2008) (Chair)
5. Emilie Donols (2007) (Chair)
6. Gizella Turbok (2007) (Chair)
7. Kenyata Dawson (2007) (Member)
8. Juan P. Millon (2007) (Chair)
9. Richard Andrade (2006) (Chair)
10. Nakole Coleman (2006) (Chair)
11. Jason Presto (2006) (Chair)
12. Kristen Lockman (2006) (Chair)
13. Kacey Ellis (2006) (Chair)
14. Bijal Shah (2006) (Chair)
15. Christina Farwerda (2005) (member)

ASSISTANT PROFESSOR, AUGUST 1999 to MAY 2004

St. Lawrence University, Department of Psychology, Canton, New York

I. Classroom Teaching

Undergraduate courses:

1. Introductory Psychology (Psyc 100)
2. First Year Seminar (FRPG 189): Pursuing a Happy and Optimistic Life: Can You? Should You? Will you? (*new course*)
3. Sport Psychology (Psyc 255)
4. Personality (Psyc 253)
5. Interpersonal Dynamics in Sport (Psyc 448) (*new course*)
6. Independent Study; Independent Research (Psyc 472; Psyc 497)
7. Senior Project (Psyc 499)
8. Performance Enhancement (for St. Lawrence University Talented Juniors Program) (*new course*)
9. As an adjunct professor: Psychology of Creativity (Psyc 248C; summer abroad course in Vienna, Austria ('05, '06, '07, '08) (*new course*)

II. Research Supervising and Advising -- Honor Theses:

1. Barat Wolfe (2004). *Predicting positive perceptions of coaching behaviors within a women's college hockey team*. Unpublished honor thesis. St. Lawrence University (supervisor).
2. Marcus Perman (2003). *Neurofeedback: Effects of training attentional abilities in female college students*. Unpublished honor thesis. St. Lawrence University (supervisor).
3. Colleen Coakley (2002). *Coach-athlete compatibility and athletes' satisfaction, and self confidence*. Unpublished honor thesis. St. Lawrence University (supervisor).

4. Courtney Walter (2002). *Psychological correlates of burnout among in female collegiate athletes*. Unpublished honor thesis. St. Lawrence University (supervisor).
5. Matt Fisher (2001). *The impact of mental preparation on free throw shooting and self efficacy with collegiate basketball players: A psychological skills training approach*. Unpublished honor thesis. St. Lawrence University (supervisor).
6. Ed Kupiec (2000). *The relationship between inclusion in the athlete-coach relationship and athlete satisfaction*. Unpublished honor thesis. St. Lawrence University (supervisor).

VISITING ASSISTANT PROFESSOR, SEPTEMBER 1997 TO MAY 1999
University of Utah, Department of Exercise and Sport Science, Salt Lake City

I. Classroom Teaching

A. Undergraduate courses:

1. Introduction to Sport Psychology (ESS 334)
2. Introduction to Exercise and Sport Science (ESS 250)
3. Motor Learning (ESS 363; co-teaching: 50% of the course)
4. Sport Psychology (ESS 3340)
5. Motor Behavior (ESS 3550; co-teaching: 40% of the course: Motor Development)

B. Graduate courses:

1. Applied Sport Psychology (ESS 673)
2. Group Dynamics in Sport (ESS 674)
3. Seminar - Qualitative Research Methods (ESS 782) (*new course*)
4. Training Planning and Periodization (ESS 569)
5. Psychophysiological Aspects in Human Movement (ESS 6710)
6. Independent Study -- College Teaching Experience (ESS 7920)

II. Graduate Research Advising

A. Doctoral Dissertations

1. Daniel Freigang (1998). *Effects of psychological skills training program in varsity swimmers*. Unpublished doctoral dissertation. University of Utah, Salt Lake City. (Member)

B. Master's Thesis

1. Dawn Teuscher (1999). *The effects of psychological skills training on high school softball players batting averages*. Unpublished master's thesis. University of Utah, Salt Lake City. (Chair)

C. Master's Committees (Non-thesis track/Comprehensive Exams)

1. Brian Seigel (1998) (Member)
2. Jeffrey Perry (1998) (Member)
3. Barry Bryan Haycock (1999) (Member)

TEACHING ASSISTANT, SEPTEMBER 1993 to AUGUST 1997
University of Utah, Department of Exercise and Sport Science, Salt Lake City

- I. Classroom Teaching
 - A. Undergraduate courses:
 - 1. Introduction to Sport Psychology (ESS 334)
 - B. Physical Activity Teaching:
 - 1. Beginning Swimming (ESS 166)
 - 2. Intermediate Swimming (ESS 167)
 - 3. Beginning Weight Training (ESS 110)
 - 4. Intermediate Weight Training (ESS 111)
 - 5. Basketball (ESS 115)
 - 6. Jogging (ESS 104)
 - 7. Power Walking (ESS 101)

ACADEMIC INSTRUCTOR, FEBRUARY 1989 TO SEPTEMBER 1993
University of Physical Education, Department of Psychology, Gdansk, Poland

- I. Classroom Teaching
 - A. Undergraduate Courses:
 - 1. Introduction to Psychology
 - 2. Developmental Psychology and School Psychology
 - B. Graduate Courses:
 - 1. Psychoregulation Methods and Performance Enhancement Skills

ADJUNCT PROFESSOR, OCTOBER 2006 to 2011
Szkoła Wyższa Psychologii Społecznej (Warsaw School of Social Science and Humanities), Warsaw, Poland

- I. Classroom Teaching
 - Graduate Courses:
 - 1. Współczesne Kierunki Rozwoju Psychologii Sportu [Contemporary Advancements in Sport Psychology] (*new course*) Summers '07 – '10.
 - 2. Pozytywne Podejście do Rozwoju Talentu Ludzkiego w Różnych Dziedzinach Osiągnięć [Positive Approaches to Talent Development in Various Performance Domains] (*new course*) Summer '10.
 - 3. Analiza doświadczeń coachingowych [Analysis of Coaching Experiences] (*new course*) Summers '09 – '10.
 - 4. Sport Psychology (for MS in psychology in English; Summer '07).
- II. Conceptual overseeing of the design of the first MS sport psychology specialization in Poland. A program of study prepared and submitted (December 2006)
- III. Master's Thesis (Chair):
 - 1. Aleksandra Krukowska (2012). *Coach as a transformational leader and optimal development of young male volleyball players: a qualitative investigation*. Unpublished master's project. Warsaw School of Social Science and Humanities. (Co-Chair)

2. Jarosław Szynkarewicz (2011). Wartości i ich rola w życiu sportowca wyczynowego [*Values and their role in live of professional athlete*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
3. Bartłomiej Biernacki (2011). Humor jako pozytywna forma interwencji psychologicznej w zespole sportowym [*Humor as a psychological intervention in indoor soccer*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
4. Jagoda Nowik (2011). Pozytywny wpływ inteligencji emocjonalnej i stylów radzenia sobie ze stresem na komunikację i wynik sportowy na przykładzie diad żeglarskich klasy 29er i 49er [*Positive impact of emotional intelligence and coping styles on communication and performance of dyads in category 29er and 49er sailing*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
5. Magdalena Jaszczur-Nowicka (2011). Trening mentalny a szkoleniu sportowe w żeglarstwie dzieci i młodzieży w ujęciu sportu pozytywnego [*Positive sport: Impact of mental training on performance and psychological well-being of young sailors*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
6. Monika Kalita (2011). Związek pozytywnego stylu wychowania dzieci z motywacją sportową, samooceną i wynikiem sportowym, na przykładzie tancerzy [*The relationship between positive child-rearing styles and sport motivation, self-esteem, and sports achievements among young dancers*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
7. Olga Pacek (2010). Transformacyjny styl przywództwa a dobrostan, efektywność grupy roboczej i zwrotny wpływ na lidera [*Transformational leadership, subjective well-being and task effectiveness: Reciprocal influences between leader and workers*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
8. Agnieszka Brewińska (2010). Eksploracja pozytywnych elementów w relacji interpersonalnych par sportowego tańca towarzyskiego: Rezultaty badania jakościowego. [*Positive elements in interpersonal relationship in dancing dyads: A qualitative exploration*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
9. Natalia Doraczyńska (2010). Oczekiwania młodych zawodników w sporcie jeździeckim wobec trenera i rodziców: Rezultaty eksploracyjnego badania jakościowego. [*Children's expectations of coaches and parents in equestrian sports: A qualitative exploration*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
10. Katarzyna Piotrowska (2010). Związek komunikacji interpersonalnej z percepcją zachowań przywódczych [*Relationship between leader's communication skills and perceived leadership style*]. Unpublished master's project. Warsaw School of Social Science and Humanities.
11. Anna Michalak (2010). Kwestionariusz do badania relacji trener-zawodnik (CART-Q): Podstawy teoretyczne oraz polska adaptacja (PICART-Q) [*The Polish Coach Athlete Relationship Questionnaire (PICART-Q): Adaptation and Initial Validation*]. Unpublished master's project. Warsaw School of Social Science and Humanities.

RESEARCH, SCHOLARSHIP, AND CREATIVE ACHIEVEMENTS

PUBLICATIONS

1. Peer-Reviewed Journal Articles

1. Poczwardowski, A. (2019). Deconstructing sport and performance psychology Consultant: Expert, person, performer and self-regulator. *International Journal of Sport and Exercise Psychology*,

17(5), 427-444. DOI: 10.1080/1612197X.2017.1390484

2. Diehl, R., Poczwadowski, A., Stambulova, N., O'Neil, A., & Haberl, P. (2019). Transitioning to and thriving at the Olympic Training Center, Colorado Springs: Phases of an adaptive transition. *Sport in Society*, DOI: 10.1080/17430437.2019.1600299. (Published online: 14 Apr 2019.)
3. Poczwadowski, A., Lamphere, B., Allen, K., Marican, R., & Haberl, P. (2019). The 5C's model of successful partnerships in elite beach volleyball dyads. *Journal of Applied Sport Psychology*, DOI: 10.1080/10413200.2019.1573205. (Published online: 28 Mar 2019.)
4. Aoyagi, M. W., Cohen, A. B., Poczwadowski, A., Metzler, J. N., & Statler, T. (2018). Models of performance excellence: Four approaches to sport psychology consulting. *Journal of Sport Psychology in Action*, 9(2), 94-110. DOI: 10.1080/21520704.2017.1355861
5. Aoyagi, M. W., Poczwadowski, A., Statler, T., Shapiro, J. L., & Cohen, A. B. (2017). The performance interview guide: Recommendations for initial consultations in sport & performance psychology. *Professional Psychology: Research and Practice*, 48(5), 352-360. DOI: <http://dx.doi.org/10.1037/pro0000121>
6. Poczwadowski, A., Serwotka, E., Radomski, K., Pogorzelska, A., Zienowicz, A., & Krukowska, A. (2015). Coaching in positive sport: Theoretical bases of i7W model. *Studies in Sport Humanities*, 18, 6-16.
7. Szykarewicz J. & Poczwadowski, A. (2015). Values and their role in competitive Sport: In-depth Interviews with highly accomplished athletes. *Studies in Sport Humanities*, 18, 47-55.
8. Krukowska, A., Poczwadowski, A., & Parzelski, D. (2015). Optimal development of young male volleyball players through transformational coach leadership. *Polish Journal of Applied Psychology*, 13(3), 9-24.
9. Lusk, J., Brenner, L.A., Betthausen, L.M., Terrio, H., Scher, A.I., Schwab, K., & Poczwadowski A. (2015). A qualitative study of potential suicide risk factors among operation Iraqi Freedom/Operation Enduring Freedom Soldiers returning to the Continental United States (CONUS). *Journal of Clinical Psychology*, 71(9), 843-855. DOI: 10.1002/jclp.22164
10. Michalak, A. & Poczwadowski, A. (2015). Kwestionariusz do badania relacji trener-zawodnik (CART Q): polska adaptacja (PICART-Q) [Polish adaptation (PICART-Q) of a questionnaire to examine coach-athlete relationship (CART-Q)]. *Testy Psychologiczne w Praktyce i Badaniach*, 1, 62-75.
11. Marsh, A., Zavilla, S., Acuna, K., & Poczwadowski, A. (2015). Perception of purpose and parental involvement in competitive youth sport. *Health Psychology Report*, 3(1), 13-23, DOI: 10.5114/jcb.2015.48558
12. Poczwadowski, A., Diehl, B., O'Neil, A., Cote, T., & Haberl, P. (2014). Successful transitions to the Olympic Training Center, Colorado Springs: A mixed-method exploration with six resident athletes. *Journal of Applied Sport Psychology*, 26, 33-51. DOI: 10.1080/10413200.2013.773950
13. Cremades, G., Donlon, C., & Poczwadowski, A. (2013). Parental involvement and gender differences in the psychological profile of freshmen collegiate athletes. *Journal of Sport and Health Science*, 2(3), 160-167.

14. Szczerbak, E. W., Parzelski, D., & Poczwadowski, A. (2012). Keeping your distance: The relationship between the size of psychological distance and sport type. *Polish Journal of Applied Psychology, 19*(2), 159-177.
15. Aoyagi, M. W., Portenga, S., Poczwadowski, A., Cohen, A., & Statler, T. (2012). Reflections and directions: The profession of sport psychology past, present, and future. *Professional Psychology: Research and Practice, 43*, 32-38. doi: 10.1037/a0025676
16. Poczwadowski, A., & Sherman, C. P. (2011). Revisions to the Sport Psychology Service Delivery (SPSD) heuristic: Explorations with experienced consultants. *The Sport Psychologist, 25*, 511-531.
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18. Poczwadowski, A. (2009). Praktyczne refleksje nad przydatnością wybranych technik treningu psychologicznego [*Practical reflections on the suitability of selected teaching techniques in psychological training*]. *Studia Humanistyczne, 9*, 45-58.
19. Poczwadowski, A., & Lauer, L. (2006). The process of the Redondo Beach sport psychology consulting think tank. *The Sport Psychologist, 20*, 74-93.
20. Poczwadowski, A., Barott, J. E., & Jowett, S. (2006). Diversifying approaches to research on athlete coach relationship. *Psychology of Sport and Exercise, 7*, 125-142.
21. Giacobbi, P. R., Poczwadowski, A., & Hager, P. (2005). A pragmatic research philosophy for sport and exercise psychology. *The Sport Psychologist, 19*, 18-31.
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23. Grosshans, O., Poczwadowski, A., Trunnell, E., & Ransdell, L. (2003). Senior faculty retrospectives on mentoring. *Journal of Health Education, 34*(3), 146-153.
24. Poczwadowski, A., Grosshans, O., & Trunnell, E. (2003). Sustaining enthusiasm in classroom: Reinvestment strategies that work. *American Journal of Health Behavior, 27*(4), 322-335.
25. Poczwadowski, A., & Conroy, D. E. (2002). Coping responses to failure and success among elite athletes and performing artists. *Journal of Applied Sport Psychology, 14*, 314-340.
26. Poczwadowski, A., Barott, J. E., & Peregoy, J. J. (2002). The athlete and coach: Their relationship and its meaning. Methodological concerns and research process. *International Journal of Sport Psychology, 33*(1), 98-115.
27. Poczwadowski, A., Henschen, K. P., & Barott, J. E. (2002). The athlete and coach: Their relationship and its meaning. Results of an interpretive study. *International Journal of Sport Psychology, 33*(1), 116-140.

28. Conroy, D. E., Poczwadowski, A., & Henschen, K. P. (2001). Evaluative criteria associated with failure and success for elite athletes and performing artists. *Journal of Applied Sport Psychology*, 13, 300-322.
29. Watson, D. L., Poczwadowski, A., & Eisenman, P. (2000). Planning physical activity programs for adolescent girls: Lessons from an after-school program. *The Journal of Physical Education, Recreation & Dance*, 17-21.
30. Poczwadowski, A., Sherman, C., & Henschen, K. P. (1998). A sport psychology service delivery heuristic: Building on theory and practice. *The Sport Psychologist*, 12, 191-207.

2. Books

1. Poczwadowski, A., Pogorzelska, A., Serwotka, E., & Tadzic, M. (Eds.) (in press). *Poradnik pozytywnego trenera: Model i7W w sporcie*. [*Positive coaching guide: Model i7W in sport*].
2. Aoyagi, M. W., Poczwadowski, A., & Shapiro J. L. (Eds.). (2017). *A peer guide to applied sport psychology for consultants in training*. Taylor and Francis.
3. Aoyagi, M. W., & Poczwadowski, A. (Eds.). (2012). *Expert approaches to sport psychology: Applied theories of performance excellence*. Morgantown, WV: Fitness Information Technology.

3. Book Chapters/ Book Parts

1. Poczwadowski, A. (in press). Wyróżniaj. [*Appreciate*]. In A. Poczwadowski, A. Pogorzelska, E. Serwotka and M. Tadzic (Eds.), *Poradnik pozytywnego trenera: Model i7W w sporcie*. [*Positive coaching guide: Model i7W in sport*.] (pp. 91-106).
2. Poczwadowski, A., Pogorzelska, A., Serwotka, E., & Tadzic, M. (in press). Wstęp. [Foreword]. In A. Poczwadowski, Pogorzelska, E. Serwotka and M. Tadzic (Eds.), *Poradnik pozytywnego trenera: Model i7W w sporcie*. [*Positive coaching guide: Model i7W in sport*.] (pp. 7-11).
3. Poczwadowski, A., Pogorzelska, A., Serwotka, E., & Tadzic, M. (in press). Posłowie. [Afterword]. In A. Poczwadowski, Pogorzelska, E. Serwotka and M. Tadzic (Eds.), *Poradnik pozytywnego trenera: Model i7W w sporcie*. [*Positive coaching guide: Model i7W in sport*.] (p. 140).
4. Serwotka, E. & Poczwadowski, A. (in press). Wymagaj. [*Expect*]. In A. Poczwadowski, Pogorzelska, E. Serwotka and M. Tadzic (Eds.), *Poradnik pozytywnego trenera: Model i7W w sporcie*. [*Positive coaching guide: Model i7W in sport*.] (pp. 47-58).
5. Cote, T. A., Vieselmeyer, J., & Poczwadowski, A. (2017). From science to practice: The hows of translating classroom lessons to field experiences and applications. In M. W. Aoyagi, A. Poczwadowski, & J. L. Shapiro (Eds.). *A peer guide to applied sport psychology for consultants in training* (pp. 18-30). Taylor and Francis.
6. Aoyagi, M. W., Poczwadowski, A., & Shapiro J. L. (2017). Preface. In M. W. Aoyagi, A. Poczwadowski, & J. L. Shapiro (Eds.). *A peer guide to applied sport psychology for consultants in training* (pp. ix-x). Taylor and Francis.

7. Shapiro J. L., Aoyagi, M. W., & Poczwadowski, A. (2017). Frequently asked questions. In M. W. Aoyagi, A. Poczwadowski, & J. L. Shapiro (Eds.), *A peer guide to applied sport psychology for consultants in training* (pp. 163-174). Taylor and Francis.
8. Poczwadowski, A., Aoyagi, M. W., Shapiro, J. L., & Van Raalte, J. L. (2014). Developing professional philosophy for sport psychology consulting practice. In A. G. Papaioannou & D. Hackfort (Eds.), *Routledge companion to sport and exercise psychology: Global perspectives and fundamental concepts* (pp. 895-907). London, UK: Routledge.
9. Aoyagi, M. W. & Poczwadowski, A. (2012). Foreword. In M.W. Aoyagi and A. Poczwadowski (Eds.) *Expert approaches to sport psychology: Applied theories of performance excellence* (pp. xiii-xviii). Morgantown, WV: Fitness Information Technology.
10. Poczwadowski, A., & Aoyagi, M. W. (2012). Afterword. In M.W. Aoyagi and A. Poczwadowski(Eds.) *Expert approaches to sport psychology: Applied theories of performance excellence* (pp. 273-275). Morgantown, WV: Fitness Information Technology.
11. Brewińska, A., & Poczwadowski, A. (2012). Eksploracja pozytywnych elementów w relacjach interpersonalnych par sportowego tańca towarzyskiego: Rezultaty badania jakościowego. [*Positive elements in interpersonal relationship in dancing dyads: A qualitative exploration*]. In J. Blecharz, M. Siekańska, & A. Tokarz (Eds.). *Optymalizacja treningu sportowego i zdrowotnego z perspektywy psychologii* (pp. 233-245). Praktyczna Psychologia Sportu Monografia 7, Akademia Wychowania Fizycznego im. Bronisława Czecha, Cracow, Poland.
12. Doraczyńska, N., & Poczwadowski, A. (2012). Oczekiwania młodych zawodników w sporcie jeździeckim wobec trenera i rodziców: Rezultaty eksploracyjnego badania jakościowego. [*Children's expectations of coaches and parents in equestrian sports: A qualitative exploration*]. In J. Blecharz, M. Siekańska, & A. Tokarz (Eds.). *Optymalizacja treningu sportowego i zdrowotnego z perspektywy psychologii* (pp. 297-315). Praktyczna Psychologia Sportu Monografia 7, Akademia Wychowania Fizycznego im. Bronisława Czecha, Cracow, Poland.
13. Aoyagi, M. W., & Poczwadowski, A. (2012). Models of sport psychology practice and delivery: A review. In S.D. Mellalieu & S. Hanton (Eds.), *Professional practice issues in sport psychology: Critical reviews* (pp. 5-30). London and New York: Routledge.
14. Poczwadowski, A. (2009). Model superwizji w przygotowaniu magistrów na kierunku psychologii sportu i wysiłku w Barry University [*Supervision in Sport Psychology Training: Model adopted at Barry University*]. In W J. Blecharz, & M. Siekańska (Eds.). *Praktyczna psychologia sportu. Wykorzystanie koncepcji psychologicznych w sporcie* (pp. 77-84). Studia i Monografie nr 54, Akademia Wychowania Fizycznego im. Bronisława Czecha, Cracow, Poland.
15. Jowett, S., & Poczwadowski, A. (2007). Critical issues in the conceptualization of and future research on coach-athlete relationships. In S. Jowett & D. Lavalley (Eds.), *Social psychology in sport* (pp. 3-14). Champaign, IL: Human Kinetics.
16. Sherman, C., & Poczwadowski, A. (2005). Presenting mental skills to young teams: The why and the how of integrated instruction. In M. Andersen (Ed.), *Sport psychology in practice* (pp. 17-44). Champaign, IL: Human Kinetics.

17. Sherman, C., & Poczwadowski, A. (2000). Relax! It ain't easy (Or is it?). In M. Andersen (Ed.), *Doing sport psychology* (pp. 47-60). Champaign, IL: Human Kinetics.
18. Poczwadowski, A. (1996). Kształtowanie zaufania do siebie w sporcie [Building, maintaining and restoring self-confidence in sport]. In J. Kłodecka-Różalska (Ed.), *Przekraczanie umysłem możliwości ciała* [Exceeding body limitations with your mind] (pp. 15-25). Warsaw, Poland: Biblioteka Trenera.

4. **Other Editorial Works: Conference Proceedings**

1. Poczwadowski, A. & Serwotka, E. (Eds.) (2016). II Ogólnopolskie Sympozjum: Droga na Biegun Mistrzostwa. 4-5 grudnia, 2015. Podsumowanie. [2nd National Symposium on Positive Sport: Paths to the Pole of Sport Mastery. December 4-5th, 2015. Narrated Proceedings.]. Fundacja Sportu Pozytywnego, Gdynia, Poland.

5. **Refereed by Chief-Editor Journal Articles (not peer-reviewed)**

1. Haberl, P., & Poczwadowski, A. (2014). Flourishing at the Olympic Training Center: On the road to success at the Olympic Games. *Olympic Coach*, 25(3), 31-42.
2. Poczwadowski, A., Nowak, A., Parzelski, D., Kłodecka-Różalska, J. (2012). Psychologia sportu pozytywnego. *Sport Wyczynowy* [The Competitive Sport], 2, 68-81.
3. Poczwadowski, A. (2011). *Coaching philosophy, eclecticism and positivism: A commentary*. Annual Review of High Performance Coaching and Consulting (2011): an on-line supplement of the *International Journal of Sports Science and Coaching*, 99-102.
4. Poczwadowski, A., & Kupiec, E. (2001). Improving relationships with your athletes. *Youth Sports Journal*, 3(1), 3-4.
5. Poczwadowski, A. (2000). Relacje pomiędzy trenerem i zawodnikiem: Jak je doskonalić? [The interpersonal relations between coaches and athletes: How to improve them?]. *Sport Wyczynowy*, 3-4, 35-43.
6. Kłodecka-Różalska, J. (2000). To, czego nauczyłem się w kraju, nabrało dla mnie nowego znaczenia w Stanach: Rozmowa z dr-em Arturem Poczwadowskim [What I learned in Poland gained a new meaning in the States: An interview with Dr. Artur Poczwadowski]. *Sport Wyczynowy*, 3-4, 92-102.
7. Kłodecka-Różalska, J. & Poczwadowski, A. (1999). III Światowy Kongres Treningu Mentalnego: Dążenie do doskonałości w działaniu [3rd World Congress on Mental Training: In pursuit of excellence in performance]. *Sport Wyczynowy*, 7-8, 101-107.
8. Poczwadowski, A. (1998, Spring). Can you ever stop building your mental toughness? *Stadion News. International Sports Insider*, 5(2), 2-3.
9. Poczwadowski, A. (1997, Summer, Spring, Winter; 1996, Winter). Your self-confidence and your performance. Parts I- IV. *Stadion News. International Sports Insider*, 4(3; 2; 1); 3(4), 2-3.

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11. Poczwadowski, A. (1993). Konstrukcja Skali Percepcji Sytuacji Stresowej i próba jej ewaluacji [Developing and evaluating of Stress Situation Perception Scale]. *Rocznik Naukowy*, II (205-229). Gdansk, Poland: AWF.
12. Poczwadowski, A. & Makurat, F. (1993). Wybrane zmienne psychologiczne zawodników judo reprezentujących różny poziom sportowy [Selected psychological variables of judo athletes of the different skill levels]. *Rocznik Naukowy*, II (231-243). Gdansk, Poland: AWF.
13. Kłodecka-Różalska, J. & Poczwadowski, A. (1991). Konferencje, sympozja... I Światowy Kongres Treningu Mentalnego [Conferences, symposia... 1st World Congress on Mental Training]. *Sport Wyczynowy*, 11-12, 101-104.

5. Book Reviews

1. Poczwadowski, A. (1991). Recenzje i omówienia książek. Releasing. The new behavioral-science method for dealing with pressure situations [Review of the book *The new behavioral-science method for dealing with pressure situations*]. In W. Tłokiński, (Ed), *W kręgu psychofizycznych zagadnień profilaktyki i terapii w sporcie* (pp. 74-76). Gdańsk, Poland: AWF.

6. Other Works

Encyclopedia Entries

1. Poczwadowski, A. (2014). [Sport and Exercise Psychology] 'Services'. In R. C. Eklund and G. Tenenbaum (Eds.), *Encyclopedia of Sport and Exercise Psychology* (pp. 776-778). Thousand Oaks, CA: Sage.

Communicating Relevant Research: Summaries

1. Poczwadowski, A. (2002). "Turning down" your head during sport performance may have unexpected pay-offs! *Physical Activity Today*, 8(1), 4.
2. Poczwadowski, A. (2001). Making P.E. tasks more interesting: I might like it more if you just make it a bit more complicated. *Physical Activity Today*, 7(4), 4.

Professional and Personal Notes

1. Poczwadowski, A. (2007/August). Golf, the ultimate mind/body connection. *Wellness*, 11-12.
2. Poczwadowski, A. (2007/Spring). Mental Golf for the First Tee Miami. *Mental Golf Quarterly Newsletter*.
3. Poczwadowski, A. (2001). Absolwent internauta: Wspomnienia Artura Poczwadowskiego. Korespondencja z USA. [A Graduate's Notes: Artur Poczwadowski reports from USA]. *Panorama AWF Gdansk*, 33(I-III), 22-23.
4. Poczwadowski, A. (2001). Absolwent internauta: Wspomnienia Artura Poczwadowskiego. Korespondencja z USA. [A Graduate's Notes: Artur Poczwadowski reports from USA]. *Panorama AWF Gdansk*, 34(IV-VI), 10.

Podcast Guest Speaker

1. Więclaw, G. (October 15, 2019). Jak budować mentalność zwycięzcy? [How to develop go-getter mentality?] <https://www.glowarzadzi.pl/post/grz017>

Media Attention

1. Kurach, T. & Badowska J. (2014, June 9). How to positively get hooked in sports. [Jak pozytywnie odlecieć w sporcie]. *Gazeta Wyborcza*, p. 16. Also available electronically with subscription at: http://m.wyborcza.pl/wyborcza/1,105407,16124584,Jak_pozytywnie_odleciec_w_sporcie.html
2. Tipton, N. (2011, January 9). *Winning the mind game*. Albuquerque Journal/Fit. Retrieved from <http://www.abqjournalfit.com/2011/01/09/winning-the-mind-game/> on July 28, 2011.
3. Griffith, K. (2009, March 31). Poczwadowski's passions align with sport and performance program at DU. *DU Today*. Retrieved from <http://www.du.edu/today/stories/2009/03/2009-03-31sport.html> on April 1, 2009.
4. Lewandowski, P. (2008, July). Sticky phrases in mental training. An interview with Dr. Artur Poczwadowski [Lepkie hasła w treningu mentalnym. Wywiad z dr Arturem Poczwadowskim]. *Magazyn Olimpijski*, 2, 56-57.
5. Fry, M. (2005). *Can you ever stop building mental toughness?* [an audio recording of a phone interview]; available at <http://www.grapplersgym.com/Files/arturpoc.wma>
6. Cook, S. (Winter 2003). Relax! We have two labs for that. *St. Lawrence University Magazine*, pp. 22-23.
7. Newman, B. (February 11, 2002). The key to ski jumping? Never think about it. *Wall Street Journal*, p. A6.
8. Kaczmarek, M. (June 24; 1992). Sport: It is not only physical [Nie tylko trening fizyczny]. *Coast Voice* [Głos Wybrzeża].

SCHOLARLY PRESENTATIONS

1. Peer-reviewed

1. Harwood, C., Poczwadowski, A., Ryba, T., Hung, E., & Quartiroli, A. (July 18, 2019). *Supervision in Applied Sport Psychology: Developing Good Practice for the ISSP-Registry (ISSP-R)*. 15th European Congress of Sport and Exercise Psychology, Meunster, Germany.
2. Poczwadowski, A., Siekańska, M., & Blecharz, J. (July 17, 2019). The Role of Self-regulation in Sport: A Conceptual Review. In M. Siekańska and A. Poczwadowski (Chairs), *Self-regulation in Sport: Developmental, Learning, Performance, and Growth Cycle Perspectives*. Symposium conducted at 15th European Congress of Sport and Exercise Psychology, Meunster, Germany.
3. Blecharz, J., & Poczwadowski, A. (July 17, 2019). Self-regulation of pre-competitive mental states: Impact of long term self-regulatory practices. In M. Siekańska and A. Poczwadowski (Chairs), *Self-regulation in Sport: Developmental, Learning, Performance, and Growth Cycle Perspectives*. Symposium conducted at 15th European Congress of Sport and Exercise Psychology, Meunster, Germany.
4. Siekańska, M. & Poczwadowski, A (Chairs; October 6, 2018). *Metacognition as an internal mechanism of athletes' growth following adversities: Four case studies*. Association for Applied Sport Psychology 33rd Annual Convention, Toronto, Canada. Other presenters: Gordin, R.,

Blecharz, J., and Kack, L.

5. Pogorzelska, A., Poczwadowski, A., & Kurach, T. (October 5, 2018). *Social Change 101: Positive Sport as a socially responsible alternative to 'traditional' sport*. Association for Applied Sport Psychology 33rd Annual Convention, Toronto, Canada.
6. Serwotka, E., Pogorzelska, A., Pawelska, N., & Poczwadowski, A. (October 4, 2018). *Post-Masters' studies in Positive Sport Psychology as a way of advancing Positive Sport*. Association for Applied Sport Psychology 33rd Annual Convention, Toronto, Canada.
7. Poczwadowski, A. (June 30, 2018). Sport psychology service delivery with United States Winter Paralympic teams in preparation for PyeongChang 2018: Challenges, opportunities, and lessons learned. In A. Poczwadowski (Chair), Olympic and Paralympic preparation: *International perspectives from sport psychology consultants*. Symposium conducted during the Asian Southern Pacific Association for Sport Psychology (ASPASP) 2018 Annual Convention, Daegu, South Korea.
8. Lamphere, B., Allen, K., Marican, R., Poczwadowski, A., & Haberl, P. (October 21, 2017). Athlete-athlete relationships: An exploratory study of interpersonal components within successful beach volleyball dyads. In B. Lamphere and A. Poczwadowski (Chairs), *Interpersonal relationships with a teammate, coach, partners, and parents: Isn't achievement in sports complicated already?* Symposium conducted during the Association for Applied Sport Psychology 32nd Annual Convention, Orlando, Florida, USA.
9. Sohn, C., Saylor, S., Diehl, R., & Poczwadowski, A. (October 21, 2017). Coach-athlete relationships in elite sport (Pre-relationship stage). In B. Lamphere and A. Poczwadowski (Chairs), *Interpersonal relationships with a teammate, coach, partners, and parents: Isn't achievement in sports complicated already?* Symposium conducted during the Association for Applied Sport Psychology 32nd Annual Convention, Orlando, Florida, USA.
10. Poczwadowski, A. (October 21, 2017). Discussant in B. Lamphere and A. Poczwadowski (Chairs), *Interpersonal relationships with a teammate, coach, partners, and parents: Isn't achievement in sports complicated already?* Symposium conducted during the Association for Applied Sport Psychology 32nd Annual Convention, Orlando, Florida, USA.
11. Shapiro, J., Poczwadowski, A., Clark, E., & Mitchell, S. (October 20, 2017). *Sport psychology consulting with United States Paralympic athletes*. Association for Applied Sport Psychology 32nd Annual Convention, Orlando, Florida, USA.
12. Poczwadowski, A., Ravizza, K., & Aoyagi, M. (October 21, 2017). *Reflecting on past practices, recent challenges, and problem-solving in gaining entry*. Association for Applied Sport Psychology 32nd Annual Convention, Orlando, Florida, USA.
13. Poczwadowski, A. & Si, G. (July 14, 2017). ISSP progress in introducing international credentialing: Processes, challenges, and emerging solutions. In A. Poczwadowski and R. Schinke (Chairs), *Global efforts in developing credentialing systems for sport and exercise psychologists: Four organizational perspectives (AASP, FEPSAC, EFPA, and ISSP)*. Symposium conducted at during the 14th International Society of Sport Psychology (ISSP) World Congress of Sport Psychology, Seville, Spain.
14. Siekańska, M. & Poczwadowski, A. (July 11, 2017). Positive Sport perspective on high achievement of Polish expert athletes: On late talent identification and exploration stage. In A. Poczwadowski

and M. Siekańska (Chairs), *Positive Evidencing principles of Positive Sport through theoretical insights, practical applications, and empirical evaluations*. Symposium conducted at during the 14th International Society of Sport Psychology (ISSP) World Congress of Sport Psychology, Seville, Spain.

15. Pogorzelska, A., Krukowska, A., Poczwadowski, A., Kurach, T., & Zienowicz, A. (July 11, 2017). Positive Sport as a system: Exploring the relationship between athletic and life excellence. In A. Poczwadowski and M. Siekańska (Chairs), *Positive Evidencing principles of Positive Sport through theoretical insights, practical applications, and empirical evaluations*. Symposium conducted at during the 14th International Society of Sport Psychology (ISSP) World Congress of Sport Psychology, Seville, Spain.
16. Krukowska, K., Poczwadowski, A., Kurach, T., Radomski, K., Zienowicz, A., Serwotka, E., Tadzik, M., Pogorzelska, A., Tadzik, W., & Pajęczkowska, M. (July 11, 2017). *i7W Model as a tool for coaches: Theoretical and applied insights into the practice of Positive Sport*. In A. Poczwadowski and M. Siekańska (Chairs), *Positive Evidencing principles of Positive Sport through theoretical insights, practical applications, and empirical evaluations*. Symposium conducted at during the 14th International Society of Sport Psychology (ISSP) World Congress of Sport Psychology, Seville, Spain.
17. Fritz, J. & Poczwadowski, A. (September 30, 2016). *Perceptions of how motorcycle road racing team relationships affect rider performance*. Association for Applied Sport Psychology 31st Annual Convention, Phoenix, AZ, USA.
18. Baltzell, A., Hays, K. F., Poczwadowski, A., & Chow, G. (September 29, 2016). *Time's up! Handling acute competition distraction and distress: A discussion with four experts*. Association for Applied Sport Psychology 31st Annual Convention, Phoenix, AZ, USA.
19. Fritze, T., Laird, M., Aoyagi, M., & Poczwadowski, A. (September 28, 2016). *Revisiting Gaining Entry with Athletic Personnel for Season-long Consulting*. Association for Applied Sport Psychology 31st Annual Convention, Phoenix, AZ, USA.
20. Zienowicz, A., Kurach, T., Serwotka, E., Radomski, K., Poczwadowski, A., Krukowska, A., Tadzik, M., Pogorzelska, A., Tadzik, W., Pajęczkowska, M. (May 20, 2016). Weryfikacja użyteczności Modelu i7W jako narzędzia w pracy trenera [*Testing the usefulness of i7W Model as a coaching tool*]. IV Convention on Practice of Sport psychology, Gdansk, Poland.
21. Diehl, R., Stambulova, N., Poczwadowski, A., & O'Neill, A. (August 6, 2016). *Introducing a Transition to the Olympic Training Center Theoretical Model*. 124th Annual Convention of American Psychological Association, Denver, CO, USA.
22. Shapiro, J. L. & Poczwadowski, A. (August 5, 2016). Consulting with United States Paralympic Teams: Utilizing professional peer consultation. In A. Poczwadowski and J. L. Shapiro (Cochairs), *Athletes With Physical Disabilities—Peer Consultation, Field Placement, and Supervision*. Symposium conducted at the 124th Annual Convention of American Psychological Association, Denver, CO, USA.
23. Stergios, L., Hanley, S., & Poczwadowski, A. (August 5, 2016). Gaining entry and sport psychology service delivery with adaptive athletes. In A. Poczwadowski and J. L. Shapiro (Cochairs), *Athletes With Physical Disabilities—Peer Consultation, Field Placement, and Supervision*. Symposium conducted at the 124th Annual Convention of American Psychological Association, Denver, CO, USA.

24. Szynekarewicz, J., Poczwadowski, A., & Parzelski, D. (October 16, 2015). *Values in training, competing, and living: In-depth interviews with internationally accomplished Polish athletes*. Association for Applied Sport Psychology 30th Annual Convention, Indianapolis, IN, USA.
25. Foss, J., Hall, C., Seng, S., Aoyagi, M., & Poczwadowski, A. (October 15, 2015). *An exploration of firefighters psychological needs and resources*. Association for Applied Sport Psychology 30th Annual Convention, Indianapolis, IN, USA.
26. D'Addario, A. & Poczwadowski, A. (July 16, 2015). *Expert approaches to mental toughness development in the high risk sport of diving*. 14th European Congress of Sport Psychology, Bern, Switzerland.
27. Serwotka, E., Kurach, T., Radomski, K., Zienowicz, A., Pogorzelska, A., Nowak, A., & Poczwadowski, A. (February 21, 2015). *Developing a Method of Positive Sport*. 1st International AASP Student Conference, Loughborough, UK.
28. Sachs, M., Van Raalte, J., Galli, N., Kamphoff, C., Kerulis, M., Poczwadowski, A., Butcher-Poffley, L., & Statler, T. (October 18, 2014). *Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology: Gold Standard Sport Psychology Practice Graduate Programs*. In J. Silva, M. J. Van Raalte, M. Kerulius, A. Cohen, M. Aoyagi, T. Petrie, B. Carr, and I. Connole, (Chairs), *Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology: A Report and Discussion*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
29. Poczwadowski, A., Pogorzelska, A., Nowak, A., & Parzelski, D. (October 16, 2014). *Definition, practices, and social resonance of Positive Sport: A Central European perspective*. In A. Poczwadowski and A. Pogorzelska (Chairs), *Positive Sport: Just a dream? Reports on its coming true*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
30. Pogorzelska, A., Poczwadowski, A., Zienowicz, A., & Krukowska A. (October 16, 2014). *Explorations of athletic careers of four Olympic Champions: Parallels to the philosophy of Positive Sport*. In A. Poczwadowski and A. Pogorzelska (Chairs), *Positive Sport: Just a dream? Reports on its coming true*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
31. Serwotka, E., Radomski, K., Pogorzelska, A., Zienowicz, A., & Poczwadowski, A., (October 16, 2014). *Practical methods of Positive Sport in coaching: A 5W model*. In A. Poczwadowski and A. Pogorzelska (Chairs), *Positive Sport: Just a dream? Reports on its coming true*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
32. Sachs, M., Van Raalte, J., Galli, N., Kamphoff, C., Kerulis, M., Poczwadowski, A., Butcher-Poffley, L., & Statler, T. (October 18, 2014). *Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology: Gold Standard Sport Psychology Practice Graduate Programs*. In J. Silva, M. J. Van Raalte, M. Kerulius, A. Cohen, M. Aoyagi, T. Petrie, B. Carr, and I. Connole, (Chairs), *Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology: A Report and Discussion*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.

33. Poczwadowski, A., Pogorzelska, A., Nowak, A., & Parzelski, D. (October 16, 2014). Definition, practices, and social resonance of Positive Sport: A Central European perspective. In A. Poczwadowski and A. Pogorzelska (Chairs), *Positive Sport: Just a dream? Reports on its coming true*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
34. Pogorzelska, A., Poczwadowski, A., Zienowicz, A., & Krukowska A. (October 16, 2014). Explorations of athletic careers of four Olympic Champions: Parallels to the philosophy of Positive Sport. In A. Poczwadowski and A. Pogorzelska (Chairs), *Positive Sport: Just a dream? Reports on its coming true*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
35. Serwotka, E., Radomski, K., Pogorzelska, A., Zienowicz, A., & Poczwadowski, A., (October 16, 2014). Practical methods of Positive Sport in coaching: A 5W model. In A. Poczwadowski and A. Pogorzelska (Chairs), *Positive Sport: Just a dream? Reports on its coming true*. Symposium conducted at the Association for Applied Sport Psychology 29th Annual Convention, Las Vegas, NV, USA.
36. Poczwadowski, A., Carter, L., Harmison, R., Herzog, Y., & Statler, T. (October 3, 2013). *Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology: CC-AASP, Licensed Master's Practitioner Pathway*. In J. Silva, M. Sachs, R. Appaneal, B. Carr, S. Castillo, A. Cohen and A. Poczwadowski (Chairs), *Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology: A Report and Discussion*. Symposium conducted at the Association for Applied Sport Psychology 28th Annual Convention, New Orleans, LA, USA.
37. Poczwadowski, A. (October 5, 2013). Discussant in M. Aoyagi (Chair), *Expert Approaches to Sport Psychology I: Critical Experiences Influencing Applied Theories*. Symposium conducted at the Association for Applied Sport Psychology 28th Annual Convention, New Orleans, LA, USA.
38. Pogorzelska, A., Poczwadowski, A., Zienowicz, A., Krukowska, A., & Madey, J. (May 17, 2013) *Elementy Sportu Pozytywnego w Karierze Mistrzow Olimpijskich [Aspects of Positive Sport in Careers of Olympic Champions]*. 1st International Conference on Positive Psychology in Poland, Sopot.
39. Pogorzelska, A., Nowak, A., Poczwadowski, A., Mienkowska, B., Parzelski, D. & Zienowicz, A. (May 18, 2013). *Studia podyplomowe: Psychologia w Sporcie Pozytywnym – jako zjawisko społeczne [Post-Master's Studies: Psychology in Positive Sport As a Social Movement]*. 1st International Conference on Positive Psychology in Poland, Sopot.
40. Diehl, B., O'Neil, A., Poczwadowski, A., Cote, T., Eck, M., & Haberl, P. (October 6, 2012). *Transitioning to and thriving at the Olympic Training Center, Colorado Springs*. In A. Poczwadowski and P. Haberl (Chairs), *Transitions of young Swedish athletes and American Olympians to elite training settings*. Symposium conducted at the Association for Applied Sport Psychology 27th Annual Convention, Atlanta, GA, USA. Other presenters: P. Haberl, N. Stambulova.
41. O'Neil, A., Diehl, B., Cote, T., Eck, M., & Poczwadowski, A. (October 6, 2012). *Mapping out the factors in adaptation to elite training centers: Integrating data and theory*. In A. Poczwadowski and P. Haberl (Chairs), *Transitions of young Swedish athletes and American Olympians to elite training settings*. Symposium conducted at the Association for Applied Sport Psychology 27th Annual Convention, Atlanta, GA, USA. Other presenters: P. Haberl, N.

Stambulova.

42. Poczwadowski, A. (October 5, 2012). *Making the theoretical practically useful: Theory, data, and art in service of sport psychology practice*. In A. Cohen (Chair), *Interdisciplinary Perspectives on Applied Sport Psychology: Five Approaches to Performance Excellence*. Symposium conducted at the Association for Applied Sport Psychology 27th Annual Convention, Atlanta, GA, USA. Other presenters: A. Cohen, M. Aoyagi, S. Portenga, J. Metzler, T. Statler.
43. Krukowska, A., Poczwadowski, A., & Parzelski, D. (October 3, 2012). *Coach as a transformational leader and young athletes' development: A qualitative investigation*. Association for Applied Sport Psychology 27th Annual Convention, Atlanta, GA, USA.
44. Poczwadowski, A., & Michalak, A. (September 23, 2011). *The Polish Coach-Athlete Relationship Questionnaire (PICART-Q): Adaptation and Initial Validation*. Association for Applied Sport Psychology 26th Annual Convention, Honolulu, HI, USA.
45. Poczwadowski, A., & Shapiro, J. (September 22, 2011). *Faculty's mentors: Explorations of being mentored and extending mentoring*. In J. Shapiro, (Chair), *Mentoring through the generations: Threading a legacy of applied sport and performance psychology*. Symposium conducted at the Association for Applied Sport Psychology 26th Annual Convention, Honolulu, HI, USA. Other presenters: S. Portenga, J. Dale, A. O'Neil, E. Bowen, K. Carter, and D. Christensen.
46. Poczwadowski, A. (October 28, 2010). *Usefulness of eclectic perspective in informing one's unique consulting style: An illustration based on a conceptualization of the case of X*. In M. W. Aoyagi, (Chair), *How theory informs practice: The case of X conceptualized from four different perspectives*. Symposium conducted at the Association for Applied Sport Psychology 25th Annual Convention, Providence, RI, USA.
47. Poczwadowski, A., Nowak, A., Parzelski, D., & Pogorzelska, A. (July 3, 2010). *Psychologia sportu pozytywnego: Sport pozytywny w podnoszeniu osiągnięć i jakości przeżyć wszystkich uczestników sportu. [Psychology of positive sport: Positive sport for performance excellence and quality of experience]*. Symposium on Positive Psychology—Martin Seligman Europe, Wrocław, Poland.
48. Totwiński, B., Pogorzelska, A., Nowak, A., & Poczwadowski, A. (July 3, 2010). *Psychologia sportu pozytywnego z punktu widzenia trenera w/g filozofii Kalos Kagathos „Piękny i dobry” na przykładzie Klubu MKS”Truso” Elbląg – sekcja Triathlon. [Psychology of positive sport from coaching perspective: Kalos Kagathos philosophy at “Truso” Triathlon Club]*. Symposium on Positive Psychology—Martin Seligman Europe, Wrocław, Poland.
49. Pogorzelska, A., Nowak, A., Poczwadowski, A., & Parzelski, D. (July 3, 2010). *Pozytywna psychologia w sporcie – wizja sportu pozytywnego realizowana w Polsce. [Psychology of positive sport: Vision for development of positive sport movement in Poland]*. Symposium on Positive Psychology—Martin Seligman Europe, Wrocław, Poland.
50. Pacek, O., & Poczwadowski, A. (July 3, 2010). *Transformacyjny styl przywództwa a dobrostan i efektywność w grupie roboczej oraz zwrotny wpływ na osobę lidera. [The impact of transformative leadership on psychological well-being and task effectiveness: An exploration of a reciprocal relationship]*. Symposium on Positive Psychology—Martin Seligman Europe, Wrocław, Poland.

51. Brewińska, A., & Poczwadowski, A. (May 15, 2010). Eksploracja pozytywnych elementów w relacjach interpersonalnych par sportowego tańca towarzyskiego: Rezultaty badania jakościowego. [*Positive elements in interpersonal relationship in dancing dyads: A qualitative exploration*]. 2nd Convention on Practice of Sport psychology, Cracow, Poland.
52. Doraczyńska, N., & Poczwadowski, A. (May 15, 2010). Oczekiwania młodych zawodników w sporcie jeździeckim wobec trenera i rodziców: Rezultaty badania jakościowego. [*Children's expectations of coaches and parents in equestrian sports: A qualitative exploration*]. 2nd Convention on Practice of Sport psychology, Cracow, Poland.
53. Poczwadowski, A. (September 18, 2009). *Revisions to the sport psychology service delivery model: A qualitative exploration*. Association for Applied Sport Psychology 24th Annual Convention, Salt Lake City, USA.
54. Poczwadowski, A., & Sherman, C. (September 17, 2009). *Best practices in sport psychology service delivery: Results of qualitative, interpretive investigation*. Association for Applied Sport Psychology 24th Annual Convention, Salt Lake City, USA.
55. Aoyagi, M., Czech, D., Portenga, S., Metzler, J., & Poczwadowski, A., (September 17, 2009). *Current issues and working solutions in designing and delivering master's programs: What might the future bring?* Association for Applied Sport Psychology 24th Annual Convention, Salt Lake City, USA.
56. Poczwadowski, A., Donlon, C. J., & Cremades, G. J. (August 8, 2009). *Athlete perfectionism, self concept, and psychological well-being and sports family involvement*. American Psychological Association 117th Annual Convention, Toronto, Canada.
57. Allums-Featherston, K., & Poczwadowski, A. (August 8, 2009). *Activity preference and psychological well-being among adolescents with intellectual disabilities*. American Psychological Association 117th Annual Convention, Toronto, Canada.
58. Poczwadowski, A., Aoyagi, M., & Parzelski, D. (December 11, 2008). *'Exercise and Sport Psychology' as a joint emphasis in labeling the field: Is this a valuable distinction in recruiting and graduating master's students?* British Psychological Society, Division of Sport & Exercise Psychology Inaugural Conference 2008, London, United Kingdom.
59. Poczwadowski, A., Lauer, L., Chung, Y., & Giges, B. (September 25, 2008). *On student development: Self-reflection in presenting a workshop and conducting an interview*. AASP 23rd Annual Convention, St. Louis, USA.
60. Poczwadowski, A. & Cremades, G. (October 26, 2007). *Supervision of applied sport and exercise psychology experiences: Master's program based on AASP certification standards*. AASP22th Annual Convention, Louisville, USA.
61. Sherman, C. P., & Poczwadowski, A. (September 30, 2006). Philosophically grounded in the next generation: Integrated instruction in youth physical activity settings. In A. Poczwadowski (Chair), *Professional philosophy in sport psychology service delivery: Advances in reflection and research*. Symposium conducted at the AAASP 21th Annual Convention, Miami, USA. Other presenters: T. Statler, C. P. Sherman, & K. Ravizza.
62. Poczwadowski, A., & Sherman, C. P. (September 30, 2006). Reflecting on professional philosophy in sport psychology service delivery: Results of qualitative investigation. In A. Poczwadowski

(Chair), *Professional philosophy in sport psychology service delivery: Advances in reflection and research*. Symposium conducted at the AAASP 21th Annual Convention, Miami, USA. Other presenters: T. Statler, C. P. Sherman, & K. Ravizza.

63. Poczwadowski, A., Barott, J., Wolfe, B., & Jowett, S. (September 29, 2006). *Advancing understanding of athlete-coach relationships: Issues for research and practice*. AAASP 21th Annual Convention, Miami, USA.
64. Cremades, G., & Poczwadowski, A. (September 28, 2006). *Master's program curriculum development based on AAASP certification standards*. AAASP 21th Annual Convention, Miami, USA.
65. Kiefer, A. W., Cremades, G. J., Poczwadowski, A., Rosenberg, D., & Starratt, Ch. (June 3, 2006). *EEG recordings during the learning of a novel motor task using whole/part practice techniques*. North American Society for Psychology of Sport and Physical Activity (NASPSPA) Annual Convention, Denver, Colorado, USA.
66. Poczwadowski, A., Statler, T., Gould, D., Botterill, C., Lauer, L., Davis, P., & Fifer, A. (October 30, 2005). *Advancing sport psychology knowledge: Think tank as learning strategy*. AAASP 20th Annual Convention, Vancouver, Canada.
67. Wolfe, B., & Poczwadowski, A. (October 30, 2005). *Predicting positive perceptions of coaching behaviors: Women's college hockey team*. AAASP 20th Annual Convention, Vancouver, Canada.
68. Sato, K., Poczwadowski, A., & Butcher-Mokha, M. (August 24, 2005). *Relationship between ground reaction force and stability level of the lower extremity in young active adults*. XXIII Convention of the International Society of Biomechanics in Sport, Beijing, China.
69. Poczwadowski, A., Vernacchia, R., Haberl, P., & Blecharz, J. (October 2, 2004). *Political emotion and the performance of elite international athletes*. AAASP 19th Annual Convention, Minneapolis, Minnesota, USA.
70. Poczwadowski, A., Coakley, C., & Kupiec, E. (March 31, 2004). *Predictors of Productive Athlete-Coach Relationships in Collegiate Sports* [poster presentation]. 119th AAHPERD National Convention, New Orleans, Louisiana, USA.
71. Walter, C., & Poczwadowski, A. (August, 2003). *Psychological correlates of burnout in female collegiate athletes* [poster presentation; not delivered by the first author due to a death in her family]. APA Annual Convention, Toronto, Canada.
72. Poczwadowski, A. (July 25, 2003). *Cultural intentionality in sport psychology consulting: A Pole in New York*. In A. Poczwadowski and K. P. Henschen (Chairs), *Europeans in the United States: Multiculturalism in sport psychology service delivery*. Symposium conducted at European Federation of Sport Psychology Congress, Copenhagen, Denmark. Other presenters: G. Balague, P. Haberl, and G. Roberts.
73. Poczwadowski, A., & Fisher, M. (July 24, 2003). *The impact of mental preparation on free throw shooting and self-efficacy for collegiate men's basketball players: A psychological skills training approach* [poster presentation]. European Federation of Sport Psychology Congress, Copenhagen, Denmark.

74. Giacobbi, P. R., Poczwadowski, A., & Hager, P. (June 6, 2003). *A pragmatic research philosophy for exercise and sport psychology: Underlying assumptions and exemplar designs* [poster presentation]. NASPSPA 2003 Conference, Savannah, GA, USA.
75. Poczwadowski, A., & Conroy, D. E (November 1, 2002). *Coping responses to success and failure among elite performers in sports and arts: Cross-domain differences?* [poster presentation]. AAASP 17th Annual Convention, Tucson, Arizona, USA.
76. Poczwadowski, A., & Conroy, D. E (October 31, 2002). A descriptive model of coping strategies used by elite athletes and performing artists: A qualitative investigation. In P. Giacobbi (Chair), *Contemporary stress and coping research in sport and exercise psychology: Where are we now and where do we want to go?* Symposium conducted at the AAASP 17th Annual Convention, Tucson, Arizona, USA. Other presenters: D. E. Conroy, D. Burton, and M. Anshel.
77. Poczwadowski, A., Grosshans, O., & Trunnell, E., (April 8, 2002). *The art and wisdom of mentoring: Leaving the best legacy* [poster presentation]. 117th AAHPERD National Convention, San Diego, California, USA.
78. Poczwadowski, A., Balague, G., Vernacchia, R., & Nideffer, R. (October 5, 2001). *Collegial consultation as strategy for managing self in consulting process: How effectively can you deliver sport psychology services in isolation?* [1hr colloquium]. AAASP 16th Annual Convention, Orlando, Florida, USA.
79. Poczwadowski, A., Henschen, K. P. , & Barott, J. E. (October 4, 2001). *Phases and stages in athlete coach relationship: A qualitative exploration of a female college gymnastics team.* [poster presentation]. AAASP 16th Annual Convention, Orlando, Florida, USA.
80. Grosshans, O., Romeo, A., Trunnell, E., & Poczwadowski, A. (June 23, 2001). *What's like to teach 20 years – and still enjoy it!* [research paper]. SWD AAPHERD Convention, Park City, Utah, USA.
81. Poczwadowski, A. (May 31, 2001). Sport psychology service delivery model: A heuristics for systemizing and optimizing consulting practice [conceptual paper]. In A. Poczwadowski (Chair), *Consultant variables, consultant-client relationship, immersion, and goodness of fit in successful sport psychology service delivery.* Symposium conducted at the 10th World Congress of Sport Psychology, Skiathos, Greece. Other presenters: M. Andersen, C. Botterill, P. Davis, Y. Hanin, K. Henschen, & D. Yukelson.
82. Grosshans, O., Trunnell, E., Poczwadowski, A., & Romeo, A. (March 31, 2001). *The art and wisdom of mentoring: Leaving the best legacy* [research paper]. 116th AAHPERD National Convention, Cincinnati, Ohio, USA.
83. Poczwadowski, A., Sherman, C. P., Silva, J. M., & McCann, S. (October 21, 2000). *Practical implications of professional philosophy in the delivery of sport psychology service* [colloquium] AAASP 15th Annual Convention, Nashville, Tennessee, USA.
84. Poczwadowski, A, Barott, J. E., & Henschen, K. P. (October 19, 2000). *The influence of team dynamics on the interpersonal relationships of female gymnasts and their coaches: A qualitative perspective.*[poster presentation]. AAASP 15th Annual Convention, Nashville, Tennessee, USA.

85. Poczwadowski, A. (October 19, 2000). Quantitative and qualitative research methods in concert: The two processes in theory generating and testing [paper]. In A. Poczwadowski (Chair), *Qualitative research methods in sport psychology: Questions about the transition into the 21 century*. Symposium conducted at the AAASP 15th Annual Convention, Nashville, Tennessee, USA. Other presenters: D. Conroy, G. Dale, D. Gould, & G. Shelly.
86. Grosshans, O., Trunnell, E., & Poczwadowski, A. (June 24, 2000). *Work, play, and love: Integral components of successful teaching career* [research paper]. SWD AAPHERD Convention, Honolulu, Hawaii, USA.
87. Grosshans, O., Trunnell, E., & Poczwadowski, A. (June 22, 2000). *How “experienced” teachers reinvest in their teaching* [research paper]. SWD AAPHERD Convention, Honolulu, Hawaii, USA.
88. Poczwadowski, A. (March 25, 2000). *Major themes in reinvestment strategies among the health education faculty: A qualitative study* [research paper]. 115th AAHPERD National Convention, Orlando, Florida, USA.
89. Henschen, K. P., Conroy, D. E., & Poczwadowski, A. (September 23, 1999). The consultant’s dilemma: Framing and understanding fear of failure in elite performers [research paper]. In D. E. Conroy (Chair), *Understanding emotional responses to failure*. Symposium conducted at the AAASP 14th Annual Convention, Banff, Canada. Other presenters: R. Gordin.
90. Poczwadowski, A., Conroy, D. E., & Henschen, K. P. (September 23, 1999). Elite performers’ perceptions of the consequences of failure: A qualitative study [research paper]. In D. E. Conroy (Chair), *Understanding emotional responses to failure*. Symposium conducted at the AAASP 14th Annual Convention, Banff, Canada.
91. Conroy, D. E., Poczwadowski, A., & Henschen, K. P. (September 23, 1999). Extrapolating appraisals associated with fear of failure from interviews with elite athletes and performing artists [research paper]. In D. E. Conroy (Chair), *Understanding emotional responses to failure*. Symposium conducted at the AAASP 14th Annual Convention, Banff, Canada.
92. Poczwadowski, A., & Conroy, D. E. (September 23, 1999). *Research process management: Problems, solutions, and innovations in the Emotional Responses to Failure and Success Qualitative Project* [poster presentation]. AAASP 14th Annual Convention, Banff, Canada.
93. Nowicki, D., Blecharz, J., & Poczwadowski, A. (May 22, 1999). *Polish Model of mental training in Olympic preparation* [1.5 hr workshop]. The Third World Congress on Mental Training. Salt Lake City, USA.
94. Poczwadowski, A. (May 21, 1999). Athlete-coach relationship: In pursuit of interpersonal excellence [research paper]. In A. Poczwadowski (Chair), *Faces of excellence in sport*. Symposium conducted at the Third World Congress on Mental Training. Salt Lake City, USA. Other presenters: M. Fredrick, G. Shelley, C. Sherman, and K. Ravizza.
95. Conroy, D. E., Poczwadowski, A., & Henschen, K. P. (May 20, 1999). The emotional responses project: A model of achievement anxiety and performance [research paper]. In D. E. Conroy (Chair), *Emotional responses to failure and success: Findings, integration, and discussion*. Symposium conducted at the Third World Congress on Mental Training. Salt Lake City, USA. Other presenters: C. Botterill.

96. Poczwadowski, A., Conroy, D. E., Henschen, K. P. (May 20, 1999). Language of success and failure in elite athletes and performing artists [research paper]. In D. E. Conroy (Chair), *Emotional responses to failure and success: Findings, integration, and discussion*. Symposium conducted at the Third World Congress on Mental Training. Salt Lake City, USA.
97. Poczwadowski, A., & Kłodecka-Różalska, J. (May 21, 1999). *Consulting with Olympic athletes: A Polish perspective on the sport psychology service delivery model* [.5 hr colloquium]. The Third World Congress on Mental Training. Salt Lake City, USA.
98. Conroy, D. E., Poczwadowski, A., & Henschen, K. P. (May 15, 1999). *Interpersonal derivations of achievement conflicts in elite athletes and performing artist* [poster presentation]. The 2nd Annual Meeting of the Society for Interpersonal Theory and Research, Madison, Wisconsin, USA.
99. Poczwadowski, A., Sherman, C., Henschen, K., Gordin, R., Ravizza, K., & Shelley, G. (September 27, 1998). *Making sport psychology consulting effective: Demonstrations from applied sport psychology classes* [2 hr workshop]. AAASP 13th Annual Conference, Cape Cod, Massachusetts, USA.
100. Shelley, G. A., & Poczwadowski, A. (September 30, 1998). *Qualitative methodologies in applied sport psychology: A phenomenological research model* [45 min colloquium]. AAASP 13th Annual Conference, Cape Cod, Massachusetts, USA.
101. Poczwadowski, A., Henschen, K. P., & Barott, J. (August 13, 1998). *Relationship issues in sports: A challenge for applied sport psychology at the threshold of the Third Millennium* [research paper]. 24th International Congress on Applied Psychology, San Francisco, California, USA.
102. Poczwadowski, A., & Barott, J. (August 13, 1998). *The challenge for applied sport psychology: True phenomena in true research* [research paper]. 24th International Congress on Applied Psychology, San Francisco, California, USA.
103. Sherman, C. P., Poczwadowski, A., & Scruggs, P. (April 6, 1998). *Development of an integrative instructional approach for elementary physical education: An exploratory analysis* [poster presentation]. 113th AAHPERD National Convention, Reno, Nevada.
104. Poczwadowski, A., Sherman, C., & Quealy, S. M. (October 16-20, 1996). *A long-term psychological skills training program: Preparing speed skaters for the 2002 Olympics (S. Klotkowski Speed skating Program)* [poster presentation]. AAASP 11th Annual Conference, Williamsburg, Virginia, USA.
105. Poczwadowski, A. (May 27, 1995). *A young Olympic consultant. Professional and personal experiences in consulting athletes* [poster presentation]. 1995 International Society of Mental Training and Excellence (ISMTE) Congress, Ottawa, Canada.
106. Poczwadowski, A. (May 29, 1995). *Mental training techniques for high stress workplace*. [2 hrs workshop]. 1995 International Society of Mental Training and Excellence (ISMTE) Congress, Ottawa, Canada.

2. Keynote Addresses

1. Poczwadowski, A. (December 4, 2015). On the Myth of Early Specialization and Professionalization: Positive Impact of Early Exploration and Fun Beginnings in Sport [*Mit Wczesnej Specjalizacji i Profesjonalizacji. O Pozytywnych Wpływach Wczesnej Eksploracji i Radosnych Początkach w Sporcie*]. II Polish Symposium on Getting to the Pole of Sport Mastery [II *Ogólnopolskie Sympozjum: Wyprawa na Biegun Mistrzostwa*], Gdynia, Poland.
2. Poczwadowski, A. (June 13, 2014). Positive Sport: A Perspective Grounded in Professional Philosophy and Life Values [*Sport Pozytywny: Perspektywa Filozofii Zawodowej i Wartości Życiowych*]. Polish Symposium on Getting to the Pole of Positive Sport [*Ogólnopolskie Sympozjum: Wyprawa na Biegun Sportu Pozytywnego*], Gdynia, Poland.
3. Poczwadowski, A. (July 25, 2013). *What if the Secret is You? In Pursuit of Excellence in Performance Psychology Service Delivery*. 13th The International Society of Sport Psychology World Congress of Sport Psychology, Beijing, China.
4. Poczwadowski, A. (May 14, 2008). Model superwizji w przygotowaniu magistrów na kierunku psychologii sportu i wysiłku w Barry University [*Supervision in Sport Psychology Training: Model adopted at Barry University*]. Inaugural Convention on Practice of Sport Psychology, Cracow, Poland.

3. **Invited**

1. Clark, B., Shapiro, J., & Poczwadowski, A. (March 19, 2019). *Consulting with Athletes with Disabilities: Building on Theory, Practice and Reflection*. 1hr Continued Education webinar conducted for American Psychological Association, Division 47-- Society for Sport, Exercise, & Performance Psychology.
2. Harwood, C., Schinke, R., Poczwadowski, A., Kim, Y., Kuan, G. (July 1, 2018). *Joint ISSP-ASPASP panel discussion: Accreditation standards*. Asian Southern Pacific Association for Sport Psychology (ASPASP) 2018 Annual Convention, Daegu, South Korea.
3. Shapiro, J. & Poczwadowski, A. (April 14, 2018). *You don't need to try harder or be more: The tapestry of reminders at the 2018 Winter Paralympic Games*. 2018 AASP Southwest Regional Student Conference, University of Denver, Denver, CO, USA.
4. Poczwadowski, A. & Parzelski, D. (July 10, 2017). *Sport psychology service delivery: Reflections on Emerging Practices in Tele-consulting*. International Society of Sport Psychology (ISSP) Glencross Workshop. Seville, Spain.
5. Poczwadowski, A. (June 9, 2017). Psycholog Sportu jako Wykonawca: Refleksje na Temat Samoregulacji Rozwoju Zawodowego [*Sport Psychologist as a Performer: Reflections on Self Regulation and Professional Development*]. 2-hr workshop presented for Foundation of Positive Sport. Warsaw, Poland.
6. Poczwadowski, A. (January 27, 2017). *Navigating Consultation: Rules and Exceptions*. Sport Psychology TED Sessions. Olympic Training Center, Colorado Springs, CO, USA.
7. Poczwadowski, A. (April 15, 2016). Interdisciplinary Connections in Sport Psychology Service Delivery: From Theory and Research to Practice. In R. Schinke (Chair), *From Research to Sport Psychology Services for Olympic Athletes*. A symposium conducted during the ISSP 1st Regional Conference hosted by IX Congreso Internacional e XVI Congresso Brasileiro de Psicologia do

Esporte, Belo Horizonte, Brazil.

8. Si, G., Schinke, R., Noce, F., & Poczwadowski, A. (April 15, 2016). *Approaching Olympic Games 2016 in Rio*. A round-table discussion conducted during the ISSP 1st Regional Conference, hosted by IX Congresso Internacional e XVI Congresso Brasileiro de Psicologia do Esporte Belo Horizonte, Brazil.
9. Poczwadowski, A. (April 9, 2016). *Prepare, Perform, Recover, and Improve: Parent's Guide to Assist Their Children Swimmers in Pursuit of Excellence and Well-being*. 1-hr workshop presented to the parents for USA Swim Catch the Spirit. Westminster, CO, USA.
10. Poczwadowski, A. (April 9, 2016). *Prepare, Perform, Recover, and Improve: Swimmer's Guide to Pursuing Excellence*. 1-hr workshop presented to the athletes for USA Swim Catch the Spirit. Westminster, CO, USA.
11. Poczwadowski, A. (September 25, 2015). *Positive Sport: Just a dream? On Social Responsibility in the World of Sport*. A seminar conducted at DU Pioneer Symposium, Denver, CO.
12. Poczwadowski, A. (June 10, 2015). *Professional Development in Performance Psychology: Meta Supervision Theory and Practice*. A 6-hr workshop at University of Social Sciences and Humanities, Sopot, Poland.
13. Poczwadowski, A. (April 24, 2015). *Enhancing Athletic Performance: Grounded in Psychology, Sport Sciences, and the Context*. Open lecture, School of Health and Welfare, Halmstad University, Halmstad, Sweden.
14. Poczwadowski, A. (April 23, 2015). *It Takes More Than Expertise, It Takes the Person: Reflections on Sport Psychology Service Delivery*. Class (Applied Sport Psychology) conducted for master's students at School of Health and Welfare, Halmstad University, Halmstad, Sweden.
15. Poczwadowski, A. (April 20, 2015). Sport Psychology Consultant as Performer: Embracing the Future through Current Challenges and Opportunities. In A. Garcia-Mass (Chair), *New Approaches and Strategies for Sport Psychology Consultant*. A symposium conducted during the 50th Anniversary International Society of Sport Psychology (ISSP) International Seminar, Rome, Italy.
16. Poczwadowski, A. (April 11, 2015). *Prepare, Perform, Recover, and Improve: Parent's Guide to Assist Their Children Swimmers in Pursuit of Excellence and Well-being*. 1-hr workshop presented to the parents for USA Swim Catch the Spirit. Westminster, CO, USA.
17. Poczwadowski, A. (April 11, 2015). *Prepare, Perform, Recover, and Improve: Swimmer's Guide to Pursuing Excellence*. 1-hr workshop presented to the athletes for USA Swim Catch the Spirit. Westminster, CO, USA.
18. Poczwadowski, A. (January 15, 2015). *Motivating Athletes*. 1-hr workshop for US Archery/ Continued Education for Coaches. Colorado Springs, CO.
19. Poczwadowski, A. (January 15, 2015). *Conflict Resolution*. 1-hr workshop for US Archery/ Continued Education for Coaches. Colorado Springs, CO.

20. Van Raalte, J., & Poczwadowski, A. (July 24, 2014). *Best Practices in Supervision for Developing Competent Consultants*. 1hr Continued Education webinar conducted for Association for Applied Sport Psychology.
21. Poczwadowski, A. (May 9, 2014). *Culturally Competent Sport Psychology Services: A Journey through Curiosity, Intentionality, Reflexivity, Awareness, and Delivery*. In C. A. Rivas Graza (Chair), Athletic performance in cultural and career contexts. A symposium conducted during the XIIth International Congress on Sport Psychology for Asociación Mexiquense de Psicología del Deporte y la Actividad Física A.C. (AMPDAF) and International Society of Sport Psychology (ISSP), Toluca, Mexico.
22. Poczwadowski, A. (April 11, 2014). *Prepare, Perform, Recover, and Improve: Parent's Guide to Assist Their Children Swimmers in Pursuit of Excellence and Well-being*. 1-hr workshop presented to the parents for USA Swim Catch the Spirit. Westminster, CO, USA.
23. Poczwadowski, A. (April 11, 2014). *Prepare, Perform, Recover, and Improve: Swimmer's Guide to Pursuing Excellence*. 1-hr workshop presented to the athletes for USA Swim Catch the Spirit. Westminster, CO, USA.
24. Poczwadowski, A. (April 4, 2014). *Professional Panel on Hands-on Approaches to Enhance Self-Directed Learning*. 2014 Office of Teaching and Learning Conference: Empowering Students to be Self-Directed Learners, University of Denver, Denver, CO, USA.
25. Poczwadowski, A. (October 15, 2013). *Positivity by Barbara Fredrickson*. Respondent in G. Bower, University of Denver monthly book discussion. University of Denver, Denver, CO, USA.
26. Poczwadowski, A. (July 22, 2013). *Sport Psychology Consultant: Growing as a Performer, Person, and Self-regulator*. In A. Poczwadowski (Chair), *It Takes More Than Expertise, It Takes the Person: Reflections on Sport Psychology Service Delivery*. Symposium conducted during the World Congress of Sport Psychology, Beijing, China.
27. Aoyagi, M., Henschen, K., Poczwadowski, A., Portenga, S., Ravizza, K., & Statler, T. (April 6, 2013). *Professional panel on Gaining Entry in Applied Sport Psychology*. 2013 AASP Southwest Regional Student Conference, University of Denver, Denver, CO, USA.
28. Poczwadowski, A. & Shapiro, J. (March 8, 2013). *The Professional as Performer: Engage, Enjoy, Excel!* American Psychological Association Continued Education Workshop. Graduate School of Professional Psychology, University of Denver, CO.
29. Aoyagi, M., Balague, G., Borlabi, W., Poczwadowski, A., & Shapiro, J. (April 14, 2012). *Speed Mentoring*. 2012 AASP Southwest Regional Student Conference, University of Denver, Denver, CO, USA.
30. Poczwadowski, A. (March 23, 2012). *Zawodowe Doskonalenie Psychologa Osiągnięć: Superwizyjna Sesja i Koleżeńska Konsultacja (Analiza Przypadków)*. [*In Pursuit of Professional Excellence: Collegial Supervision (Case Studies)*]. Warsaw School of Social Sciences and Humanities, Sopot, Poland.
31. Poczwadowski, A. (June 13, 2011). *Sport pozytywny: Ile w tym Psychologii? [Positive sport: How much psychology is it in it?]*. Warsaw School of Social Sciences and Humanities, Sopot, Poland.

32. Aoyagi, M., Poczwadowski, A., Portenga, S., & Shapiro, J. (April 16, 2011). *Professional Panel on Current Issues in Sport and Performance Psychology*. 2011 AASP Southwest Regional Student Conference, University of Denver, Denver, CO, USA.
33. Poczwadowski, A. (June 11, 2010). Sport pozytywny: Z radością w życie. [*Positive sport: From there, embrace life with joy*]. University of Physical Education and Sports, Gdańsk, Poland.
34. Poczwadowski, A. (May 24, 2008). *Effective applications of psychological skills: Review of best practices*. A 3-hr workshop presented at the Polish Olympic Committee, Warsaw, Poland.
35. Hardy, Ch., Czech, D., Metzler, J., & Poczwadowski, A. (February 22, 2008). *Professional panel on current issues in sport and exercise psychology and AASP mission*. 2008 AASP Southeast Regional Student Conference, Georgia Southern University, Statesboro, GA, USA.
36. Poczwadowski, A. (June 13, 2006). *Contemporary sport psychology: Issues, trends, and challenges. What about dynamical approach? Exactly! ☺* [90-min. seminar]. Warsaw University, Warsaw, Poland.
37. Poczwadowski, A. (March 17, 2004). Polak za Atlantykiem: Psycholog sportu w amerykańskim środowisku akademickim [*A Pole across Atlantic: A sport psychologist in an American academic setting*; 90-min. interactive lecture]. University of Physical Education, Krakow, Poland.
38. Poczwadowski, A. (January 26 & February 9, 2004). Finding an edge: Mental training techniques [two 1 hr interactive lectures]. Clarkson University Intercollegiate Athletics, Potsdam, NY, USA.
39. Poczwadowski, A. (October 9, 2003). *Invited international symposium: Sport psychology in complex socioeconomic transitions in former Eastern Bloc countries* [organizer and presider]. AAASP 18th Annual Convention, Philadelphia, Pennsylvania, USA. Presenters: N. Stambulova, J. Blecharz, & M. Graczyk.
40. Poczwadowski, A. (September 12, 1998). *Training planning and periodization: An Eastern Bloc perspective* [two 1.5 hr lectures]. United States Skiing Association, Park City, Utah, USA.
41. Poczwadowski, A. (June 11, 1998). *Psychological skills training: Polish and American models of practice* [1hr lecture; Sport Psychology Class]. University of California at Los Angeles, Los Angeles, USA.
42. Poczwadowski, A. (June 11, 1998). *Research in talent development: Levels of analysis* [2 hr workshop]. International Center for Talent Development, University of California at Los Angeles, Los Angeles, USA.
43. Poczwadowski, A. (September 16-17, 1997). *Ingredients of an effective physical activity class*. ESS Pre-Service Workshop for Teaching Assistants [three 1hr workshops]. University of Utah, Salt Lake City, USA.
44. Poczwadowski, A., & Nowicki, D. (October 26, 27, & 28, 1995). Kształtowanie zaufania do siebie w sporcie [*Applied aspects of enhancing self-confidence in sports*] [three 1hr workshops]. 1st International Conference on Mental Preparation to Atlanta '96. Institute of Sport, Jadwisin, Poland.

45. Nowicki, D., & Poczwadowski, A. (October 26, 27, & 28, 1995). Zastosowanie treningu mentalnego w procesie szkolenia sportowego [*Mental training for sports in yearly training process*] [*three 1hr workshops*]. 1st International Conference on Mental Preparation to Atlanta '96. Institute of Sport, Jadwisin, Poland.

4. Educational/Professional

1. Poczwadowski, A. (April 6, 2019). *Prepare, Perform, Recover, and Improve: Parent's Guide to Assist Their Children Swimmers in Pursuit of Excellence and Well-being*. 1-hr workshop presented to the parents for USA Swim Catch the Spirit. Westminster, CO, USA.
2. Poczwadowski, A. (April 6, 2019). *Prepare, Perform, Recover, and Improve: Swimmer's Guide to Pursuing Excellence*. 1-hr workshop presented to the athletes for USA Swim Catch the Spirit. Westminster, CO, USA.
3. Harwood, C., Henriksen, K., & Poczwadowski, A (June 30, 2018). *Professional conduct in high performance sport psychology*. International Society of Sport Psychology (ISSP) Continued Education 2-hr workshop conducted during Asian Southern Pacific Association for Sport Psychology (ASPASP) 2018 Annual Convention, Daegu, South Korea.
4. Poczwadowski, A. (April 7, 2018). *Prepare, Perform, Recover, and Improve: Parent's Guide to Assist Their Children Swimmers in Pursuit of Excellence and Well-being*. 1-hr workshop presented to the parents for USA Swim Catch the Spirit. Westminster, CO, USA.
5. Poczwadowski, A. (April 7, 2018). *Prepare, Perform, Recover, and Improve: Swimmer's Guide to Pursuing Excellence*. 1-hr workshop presented to the athletes for USA Swim Catch the Spirit. Westminster, CO, USA.
6. Poczwadowski, A. (January 10, 2018). *Consultation and Collaboration in Sport and Performance Psychology* [1 hr; doctoral seminar; Clinical Psychology PsyD Program], University of Denver, Denver, CO, USA.
7. Poczwadowski, A. (June 9, 2017). *Engaging Community Partners in Sport Psychology Consultation as Collaboration*. 1-hr consultation for Sport Psychology Club, Warsaw School of Social Sciences and Humanities, Warsaw, Poland.
8. Poczwadowski, A. (April 8, 2017). *Prepare, Perform, Recover, and Improve: Parent's Guide to Assist Their Children Swimmers in Pursuit of Excellence and Well-being*. 1-hr workshop presented to the parents for USA Swim Catch the Spirit. Westminster, CO, USA.
9. Poczwadowski, A. (April 8, 2017). *Prepare, Perform, Recover, and Improve: Swimmer's Guide to Pursuing Excellence*. 1-hr workshop presented to the athletes for USA Swim Catch the Spirit. Westminster, CO, USA.
10. Poczwadowski, A. (February 1, 2017). *Consultation and Collaboration in Sport and Performance Psychology* [1.5 hr; doctoral seminar; Clinical Psychology PsyD Program], University of Denver, Denver, CO, USA.
11. Poczwadowski, A. (April 2, 2015). *Qualitative Analyses and Report Writing in Sport and Performance Psychology Research* [1hr; graduate seminar; Sport and Performance Psychology MA Program], University of Denver, Denver, CO.

12. Poczwadowski, A. (February 18, 2015). *Consultation and Collaboration in Sport and Performance Psychology* [1.5 hr; doctoral seminar; Clinical Psychology PsyD Program], University of Denver, Denver, CO, USA.
13. Poczwadowski, A. (October 30, 2014). *Qualitative and Mixed-Method Designs in Sport and Performance Psychology Research* [1hr; graduate seminar; Sport and Performance Psychology MA Program], University of Denver, Denver, CO.
14. Poczwadowski, A. (September 25, 2014). *Personal Theoretical Orientation to Performance Excellence in Sports* [2hr; graduate seminar; Sport and Performance Psychology MA Program], University of Denver, Denver, CO.
15. Poczwadowski, A. (September 15, 2014). *Feedback for Athlete Improved Motor Learning and Self confidence*. 1hr lecture delivered to coaching staff at Hyland Hills Hockey. Westminster, CO, USA.
16. Poczwadowski, A. (September 5, 2014). *The Therapist as Performer: Lessons from Sport and Performance Psychology*. 1-hr presentation for social workers at Highlands Ranch Behavioral Systems as part of their Continued Education program, Highlands Ranch, CO, USA.
17. Poczwadowski, A. (July 22, 2014). *Consultation and Collaboration in Sport and Performance Psychology* [1.5 hr; doctoral seminar; Clinical Psychology PsyD Program], University of Denver, Denver, CO.
18. Poczwadowski, A. (June 4, 2014). *Questions and Answers on Sport Psychology in the U.S. and Poland: Traditional and Emerging Career Opportunities*. Guest speaker for Sport Psychology Club, Warsaw School of Social Sciences and Humanities, Warsaw, Poland.
19. Poczwadowski, A. (June 3, 2014). *Expanding Sport Psychology Practice: Coaches as Clients*. 1.5 hr workshop for Sport Psychology Club, Warsaw University, Warsaw, Poland.
20. Poczwadowski, A. (April 29, 2014). *Current Trends in Professional Practice: North American Perspective*. Guest speaker (via skype) for Sport Psychology Club, Gdańsk University, Gdańsk, Poland.
21. Poczwadowski, A. (February 13, 2014). *Psychosocial Benefits of Sports and Play: Youth Sports* [1 hr; graduate seminar; International Disaster Psychology Program], University of Denver, Denver, CO.
22. Poczwadowski, A. (October 31, 2013). *Marketing Consulting Business: Lessons Learned on "Cold Call."* [1hr; graduate seminar; Center for Performance Excellence], University of Denver, Denver, CO.
23. Poczwadowski, A. (November 12, 2013). *The Process of Innovation: Applications from Performance Psychology* [1.5 hr; undergraduate seminar; Creativity & Entrepreneurship; Living & Learning Community], University of Denver, Denver, CO.
24. Poczwadowski, A. (March 11, 2013). *Personal Theory of Performance Excellence*. Guest Speaker (phone conference) for: Tele-Consultation Groups, Organizer: Dr. Kate Hays, Toronto, Canada.
25. Poczwadowski, A., Lamphere, B., Latner, A., & Palombo, I. (November 8, 2012). *Performance Psychology: Bridging Sport Psychology with Business Clients*. [1hr; graduate seminar; Center

for Performance Excellence], University of Denver, Denver, CO.

26. Poczwadowski, A. (February 1, 2012). *Assessment in Applied Sport and Performance Psychology Research* [1 hr; graduate seminar; Sport and Performance Psychology Program], University of Denver, Denver, CO.
27. Poczwadowski, A. (June 14, 2011). Seminarium trenerskie: Zastosowania sportu pozytywnego dla trenerow. [*Coaching Seminar: Positive sport and its implications for Coaching Practice*] 5-hr undergraduate seminar.] University of Physical Education and Sports, Gdańsk, Poland.
28. Poczwadowski, A. (June 16, 2011). Seminarium trenerskie: Relacja Zawodnik-Trener - Teoria i Praktyka. [*Coaching Seminar: Coach-Athlete Relationship – Theory and Practice*; 5-hr undergraduate seminar.] University of Physical Education and Sports, Gdańsk, Poland.
29. Poczwadowski, A. (June 11 & 15, 2010). Seminarium trenerskie: Zastosowania sportu pozytywnego dla trenerow. [*Coaching Seminar: Positive sport and its implications for Coaching Practice*; two 3-hr undergraduate seminars.] University of Physical Education and Sports, Gdańsk, Poland.
30. Poczwadowski, A. (May 5, 2009). *The role of organized sports in youth development* [1 hr; graduate seminar; International Disaster Psychology Program], University of Denver, Denver, CO.
31. Poczwadowski, A. & Cremades, G. (January 24, 2005). *Research and practice in sport and exercise psychology: Is sport psychology a form of counseling?* [2 hr doctoral seminar] Barry University, Miami Shores, FL.
32. Poczwadowski, A. (May 4, 2001). *What can you do to enhance your performance enhancement services? A revised model of sport psychology service delivery* [1 hr; graduate seminar] University of Ottawa, Ottawa, Canada.
33. Poczwadowski, A. (April 30, 2001). *Sustaining enthusiasm in the classroom: Reinvestment strategies that work* [1 hr; research paper] Faculty Forum, St. Lawrence University, Canton, NY, USA.
34. Poczwadowski, A. (April 19, 2000). *Successes and failures in professional coping, reinvesting and growing: What is the secret to surviving 20 years in classroom?* [1 hr; research paper] Faculty Forum, St. Lawrence University, Canton, NY, USA.
35. Poczwadowski, A. (May 18, 1998). *Becoming a sport psychologist: Education, issues, jobs, and professional activities* [three 1hr lectures]. Health Sciences: Is It Something for You? Murray High School, Salt Lake City, USA.
36. Poczwadowski, A., & Schoen, C. (May 17, 1997). *Polish and American systems of sport psychology service delivery to the Olympic athletes.* [1 hr presentation]. Sport and Exercise Psychology Symposium, University of Utah, Salt Lake City, USA.
37. Sherman, C., & Poczwadowski, A. (May 17, 1997). *Using psychometric testing in sport psychology practice* [1 hr presentation]. Sport and Exercise Psychology Symposium, University of Utah, Salt Lake City, USA.
38. Poczwadowski, A., & Sherman, C. (May 17, 1996). *How to design effective mental training programs?* [1 hr presentation]. Sport and Exercise Psychology Symposium, University of Utah,

Salt Lake City, USA.

39. Poczwadowski, A., Henschen, K. P., Orlick, T., Gordin, R., & Hall, E. (May 10, 1996). *Athlete-coach relationship. Is it an issue?* [1.5 hr presentation;]. Sport and Exercise Psychology Symposium, University of Utah, Salt Lake City, USA.
40. Poczwadowski, A., Nowicki, D. & Kurz, T. (May 29, 1995). *Applying mental training into a physical practice: Judo Practice Session*. [judo and mental training workshop; 2 hrs.]. Gutineau, Quebec, Canada.
41. Poczwadowski, A. (September 4-6, 1993). Trening mentalny dla potrzeb studiów wyższych [*Mental training for an academic career*] [two 6 hr workshops]. Student Preparation Courses College of Ecological Education, Gdańsk, Poland.
42. Poczwadowski, A. (May 17-18, 1993). *Sport Psychology*. Instructor Certificate Course. Finnish Fencing Association [4 hr workshop], Gdańsk, Poland.
43. Poczwadowski, A. (October 7, 1992). Trening mentalny w dobie reform gospodarki rynkowej [*Mental training and reforms towards the free market economy*] [1 hr lecture]. University of Gdańsk, Gdańsk, Poland.
44. Poczwadowski, A. (April 17, 1992). Psychologia osiągnięć - kto i jak może z tego korzystać? [*Performance psychology: For whom and how to use it?*] [1 hr lecture]. University of Gdańsk, Gdańsk, Poland.

RESEARCH and TEACHING FUNDING

1. External

1. Poczwadowski, A., Lamphere, B., Allen, K., & Marican, R. (2012). *An Exploratory Study of Interpersonal Dynamics and Components of Relationship Satisfaction within Successful Beach Volleyball Dyads*. United States Olympic Committee. (\$1,011.00)
2. Poczwadowski, A., Cote, T., Diehl, B., Eck, M., & O'Neil, A. (2011). *An investigation of the factors that contribute to an adaptive transition to training at the Olympic Training Center and subsequent excellence in performance including medals at Olympic Games*. United States Olympic Committee. (\$3,858.00)
3. Watson, D., Eisenman, P. A., & Poczwadowski, A. (1998-1999). *"U move with the STARZZ": An after-school physical activity program for middle school girls*. (Funding negotiated and provided as needed by the WNBA Utah Starzz).

2. Internal

1. Poczwadowski, A., & Aoyagi, M. (2016). *Integrating International Perspectives into Education, Service, and Research in Sport and Performance Psychology*. Internationalization Grant Program, University of Denver (\$2,000.00).
2. Poczwadowski, A., & Aoyagi, M. (2014). *Integrating International Perspectives into Learning, Service, and Research in Sport and Performance Psychology*. Internationalization Grant Program, University of Denver (\$3,409.00).

3. Aoyagi, M., & Poczwadowski, A. (2010). *Master's of Art in Sport and Performance Psychology: Continuation of Integrating International Perspectives into Learning and Research*. Internationalization Grant Program, University of Denver (\$4,000.00).
4. Poczwadowski, A. & Aoyagi, M. (2009). *Master's of Art in Sport and Performance Psychology: Integrating International Perspectives into Learning and Research*. Internationalization Grant Program, University of Denver (\$1,950.00).
5. Poczwadowski, A. (2008). *Women's Library Association Collection Development Program*. University of Denver (\$3,976.03).
6. Palmer-Angel, T., & Poczwadowski, A. (2004). *Tennis mediation: A model based upon traditional Buddhist visualization*. St. Lawrence University Fellowship Program (\$5,980.00)
7. Poczwadowski, A. (2003). The process and product of sport psychology think tank: An alternative way to advance the field of applied sport psychology. *Faculty Research: Small Grant*. St. Lawrence University, Canton, (\$531.37).
8. Poczwadowski, A. (2002). *The Technology for Teaching Project: Spring & Fall 2002*. St. Lawrence University, Canton, (\$850).
9. Poczwadowski, A. (2001). *The Technology for Teaching Project: Fall 2001*. St. Lawrence University, Canton, (\$405).
10. Poczwadowski, A. (2001). An interpretive study of the content and process of sport psychology services delivered by experienced consultants. *Faculty Research: Large Grant*. St. Lawrence University, Canton, (\$1,483.40).
11. Poczwadowski, A. (2000). *The Technology for Teaching Project: Fall 2000*. St. Lawrence University, Canton, (\$710.40).
12. Grosshans, O., Trunel, E., & Poczwadowski, A. (1999). *A qualitative study of the perceived changes in university faculty with 20 or more years of teaching experience*. Creative Grant Funding #07985, University of Utah, Salt Lake City (\$5,727.66).
13. Henschen, K. P., Conroy, D., & Poczwadowski, A. (1998). *An interpretive study of emotional responses to success and failure in elite performers*. University of Utah, Salt Lake City, Grant # 01-00196-2000-07078 (\$5,994.83).

OTHER RELATED CERTIFICATIONS and PROFESSIONAL EXPERIENCE

CERTIFICATIONS RELATED TO SPORT PSYCHOLOGY CONSULTING

1. Certified Mental Performance Consultant, the Association for Applied Sport Psychology (CMPC, AASP) #215; 2005-2020.
2. Registered Psychotherapist, Colorado State Department of Regulatory Agencies. #14189, through August 31, 2019.

CERTIFICATIONS RELATED TO TEACHING and COACHING

University of Physical Education, Gdansk, Poland:

1. Diploma, Certified Coach of Level II, 1989.
2. Certified Instructor in Swimming, 1989.
3. Certified Instructor in Gymnastics, 1989.
4. Certified Instructor in Track and Field, 1989.
5. Certified Instructor in Soccer, 1989.
6. Certified Instructor in Handball, 1989.
7. Certified Instructor in Volleyball, 1989.
8. Certified Instructor in Basketball, 1989.

JUDO INSTRUCTOR and COACH

AZS AWF Gdansk Sport Club, Gdansk, Poland (February 1991 to June 1991)

Coached a judo team (14-19 years old boys); National championships: 1 silver medal.

JUDO OFFICIAL

Regional Judo Association in Gdansk (February 1988 to June 1990)

Organizer and referee for regional tournaments (juniors).

CONTINUED EDUCATION

1. Completed 7.5 CE credits via an Association for Applied Sport Psychology (AASP) 2019 AASP Southwest Regional Conference (April 5 & 6, 2019). CMPC Required CE Areas: [i] Professional Ethics and [ii] General Sport and Performance Psychology.
2. Completed 6.0 CE credits via an Association for Applied Sport Psychology (AASP) 2018 AASP Southwest Regional Conference (April 13 & 14, 2018). CMPC Required CE Areas: [i] Professional Ethics, [ii], Diversity, [iii] Mentorship/Supervision, and [iv] General Sport and Performance Psychology.
3. Completed 1.25 CE credits via an Association for Applied Sport Psychology (AASP) webinar (online; September 26, 2018): *Professional Development as a Journey - with the Supervisor as a Tour Guide*. CMPC Required CE Area: Mentorship/Supervision.
4. Completed 1.25 CE credits via an Association for Applied Sport Psychology (AASP) webinar (online; December 14, 2017): *Red Pill, Blue Pill: Decoding the Matrix of Cultural Diversity and Inclusion*. CMPC Required CE Area: Multicultural competence.
5. Completed 3 CE credit hours by attending an Association for Applied Sport Psychology (AASP) Continued Education workshop: *From the Green Flag to the Checkered Flag: Periodization, Planning, and Plot for Performance Consulting*. (Indianapolis, October 15, 2015).
6. Completed a 1-hr webinar on *Canvas Basics (Online)* offered by Office of Teaching and Learning, University of Denver (online; August 27, 2014).
7. Attending the 2014 Office of Teaching and Learning Conference: *Empowering Students to be Self-Directed Learners* (1 day), University of Denver (Denver, CO; April 4, 2014).
8. Completed 6 units by attending an Association for Applied Sport Psychology (AASP) Continued Education workshop: *Essentials of mentorship: Developing quality sport psychology practitioners*. (Honolulu, September 20-21, 2011.)
9. Completed a two-day workshop (17 hours) entitled: *Acceptance and Commitment Therapy* by Dr. Steve Hayes. (University of Denver, Denver, Colorado, October 9-10, 2010.)
10. Completed a workshop (4 hours) entitled: *State of the Art Supervision: Current Trends & Issues*. (University of Denver, Denver, Colorado, November 7, 2008.)

11. Completed 6 units by attending an Association for the Advancement for Applied Sport Psychology (AAASP) Continued Education workshop: *Taking the Court Again: Teaching Mental Skills on the Tennis Court*. (Miami, September 26-27, 2006.)
12. Completed a Continued Education Workshop (6.0 units): *The Art and Craft of Narrative Therapy* by Dr. David Epston. Organized by Barry University Counseling Program of the Adrian Dominican School of Education. (July 21, 2005.)
13. Attended: *National Institute on the Teaching of Psychology: Second Annual Summer Conference*. St. Petersburg, Florida. (June 23-26, 2002.)
14. Completed a two-part workshop by Victoria Rue *Theatre As Pedagogy Workshops I & II* [two 1.5-hour sessions]. St. Lawrence University Center for Teaching & Learning, Canton. (January 28 & February 18, 2002.)

PROFESSIONAL SERVICE

I. SERVICE TO THE PROFESSION

A. MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

International Organizations

1. Association for the Advancement of Applied Sport Psychology (AAASP) [1994, 1996 to present] (*name changed in 2006 to Association for Applied Sport Psychology [AASP]*)
2. International Society of Sport Psychology (ISSP) [1996 to present]
3. International Society of Mental Training and Excellence (ISMTE) [1995 to 1999; 2001]

National Organizations

1. American Psychological Association (APA), Sport and Exercise Psychology, Division 47 [1996 to 1999; 2006 to 2013; 2015 to present]
2. American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) [1997 to March 2006]
3. Professional and Organizational Development (POD) Network in Higher Education [2001 to 2004]
4. American Society of Clinical Hypnosis (ASCH) [1996-1997]
5. Polskie Towarzystwo Psychologiczne (Polish Psychological Association) [1992-1993]

B. PROFESSIONAL ORGANIZATION COMMITTEE RESPONSIBILITIES

1. Secretary General for the term 2017-2021
 1. Business meeting in Daegu, South Korea; June 27-28, 2018
2. Member-at-Large, *Managerial Council of the International Society of Sport Psychology [ISSP]* (2013-2017)
 - a. Business meeting in Seville, Spain; July 8-10, 2017.
 - b. Business meeting in Belo Horizonte, Brazil; April 12-14, 2016.
 - c. Business meeting in Orvieto, Italy; April 17-18, 2015.
 - d. Business meeting in Toluca, Mexico; May 7-8, 2014.
3. Chair, 2014 to 2017; *ISSP Ad Hoc Committee on International [ISSP] Certification*
4. Chair, 2014; *AASP Dissertation Award Committee* (9 dissertations reviewed)
5. Member, Executive Board, *Positive Sport Foundation [PSF]*, Poland (2016 to present).
 - a. Meeting in Gdynia, Poland (June 9, 2017)
6. Member, Advisory Board, *Positive Sport Foundation [PSF]*, Poland (2013 to 2016).
 - a. Meeting in Gdynia, Poland (June 10, 2016)

- b. Meeting in Gdynia, Poland (June 9, 2015)
- c. Meeting in Gdynia, Poland (June 12, 2014)
- 7. Member, Positive Sport Foundation PSF Scientific Committee
 - 1. *Symposium: Towards the Positive Sport Pole*, Gdynia, Poland, June 13-14, 2014.
 - i. Report prepared on July 18, 2014.
 - ii. Co-Facilitator (with M. Ryszkiewicz): 2-hr session entitled: *Expert Tables: Athletes, Coaches, Parents, and Sport Psychologists*.
 - iii. Co-Facilitator (with T. Kurach): 2-hr session entitled: *Voices from Science and Practice: New Directions for Positive Sport*.
 - d. *Symposium: Towards the Pole of Sport Mastery*, Gdynia, Poland, April - December 2015.
 - i. Report published (with Ewa Serwotka) in the post-conference narrated proceedings (2016)
 - ii. Co-Facilitator (with T. Kurach): 1-hr session entitled: *Expert Tables: Athletes, Coaches, Parents, and Sport Physiotherapists*.
 - iii. Co-Facilitator (with T. Kurach): 2-hr session entitled: *Bubbles of Social Change among Academics, Film/Media People, Administrators, and Organizational Partners: Support for Positive Sport*.
- 8. Past-Chair, Association for Applied Sport Psychology [AASP] *Committee on Student Development* (2010 to 2011)
- 9. Chair, *AASP Committee on Student Development* (2007 to 2010)
- 10. Member, 2013 *AASP Dissertation Award Committee* (11 dissertations reviewed)
- 11. Member, 2012 *AASP Dissertation Award Committee* (8 dissertations reviewed)
- 12. Member, 2011 *AASP Dissertation Award Committee* (2 dissertations reviewed)
- 13. Member, 2010 *AASP Dissertation Award Committee* (7 dissertations reviewed)
- 14. Member, 2009 *AASP Dissertation Award Committee* (9 dissertations reviewed)
- 15. Past-Chair, *Association for the Advancement of Applied Sport Psychology [AAASP] International Relations Committee* (2005 to 2006)
- 16. Chair, *AAASP International Relations Committee* (2004 to 2005)
- 17. Presided the 2004 *AAASP Distinguished International Reward Lecture* (September 30, 2004); prof. Natalia Stambulova (Helmstad University, Sweden). Minneapolis, Minnesota, USA.
- 18. Chair, 2001 *AAASP Dissertation Award Committee* (7 dissertations reviewed)
- 19. Member, *AAASP International Relations Committee* [2000 to 2005]

C. REVIEWER RESPONSIBILITIES

- 1. Editorial Board, *The Sport Psychologist* (TSP) [January 2007 to present; 33 manuscripts reviewed; 2 proposals for a special TSP issues reviewed].
- 2. Editorial Board, Member, *Baltic Journal of Health and Physical Activity* [November 2011 to 2016; 3 manuscripts reviewed].
- 3. Editorial Board, Member, *Health Psychology Report* [October 2013 to 2019; 2 manuscripts reviewed].
- 4. Advisory Board, Member, *Studies in Sport Humanities* [*Studia Humanistyczne*; 2009 to present; 1 manuscript reviewed]
- 5. Guest Reviewer:
 - a. *International Journal of Sport & Exercise Psychology* (IJSEP); October 1997 to present; (14 manuscripts reviewed).
 - b. *Journal of Sport Psychology in Action* (JSAP) [1 manuscript reviewed]
 - c. *Journal of Sport Science and Medicine* (JSSM) [1 manuscript reviewed]
 - d. *Przegląd Psychologiczny* [*Psychological Review*] [1 manuscript reviewed]
- 6. Book endorsements:

- a. Zienowicz, A. & Serwotka, E. (2017). *Psychologia Osiągnięć dla Twórców Filmowych [Performance Psychology for Film Professionals]*. Wydawnictwo Wojciech Marzec. Warszawa, Poland.
- b. Anshel, M. H. (2016). *In Praise of failure. The Value of Overcoming Mistakes in Sports and in Life*. Rowman & Littlefield Publishers
- c. Ward, J.E. & Woods, P. K. (in press). *Feel. Simple. Golf*.
7. Conference Proposal Review Committee, Member [March 2019], for the 15th *European Federation of Sport and Exercise Psychology [FEPSAC] Congress*, Meunster, Germany (7 abstracts reviewed).
8. Conference Proposal Review Committee, Member [March 2019], for the 2019 *Association for Applied Psychology (AASP) Annual Conference* (7 abstracts reviewed).
9. Conference Proposal Review Committee, Member [Spring 2017], for the 14th *International Society of Sport Psychology (ISSP) World Congress of Sport Psychology*, Seville, Spain (9 abstracts reviewed).
10. Review of a chapter on sport psychology in *Experience the Feel of Simple Golf*. (Ward, J.E. & Woods, P. K., 2016).
11. Conference Proposal Review Committee, Member [September 2015], for the 2nd *National Symposium on Positive Sport: Paths to the Pole of Sport Mastery*. December 4-5th, 2015 (11 abstracts reviewed).
12. Conference Proposal Review Committee, Member [March 2015], for the 2015 *European Federation of Sport and Exercise Psychology [FEPSAC] Congress*, Bern, Switzerland (14 abstracts reviewed).
13. Professional (paid) review of a Book Proposal: *Performance Psychology* (August, 2014). Publisher: Elsevier.
14. Professional (paid) review of a Book Proposal: *Motivation for Learning* (September, 2013). Publisher: Elsevier.
15. Advisory Board; *Most Impactful Publications in Applied Sport Psychology (journal articles and book chapters)*. [Fall 2012 to Spring 2013.] Project leader: Dr. Gershon Tenenbaum, Florida State University, Tallahassee, FL.
16. Conference Proposal Review Committee, Member [March 2013], for the 1st *International Conference on Positive Psychology in Poland*, Sopot. (5 abstracts reviewed).
17. Professional (paid) review of *Explorations of Sport and Exercise Psychology 3rd ed.* [November, 2012]. Publisher: American Psychological Association.
18. Conference Proposal Review Committee, Member [March 2009], for the 2009 *Association for Applied Psychology (AASP) Annual Conference* (12 abstracts reviewed).
19. Guest grant proposal reviewer [December 2008 to present]:
 - a. *Leverhulme Trust Research Fellowship* (United Kingdom; 1 application reviewed)
20. Tenure and Promotion External Reviewer
 - a. for *University of New Mexico* Department of Health, Exercise & Sports Sciences (2018; Albuquerque, NM; 1 portfolio for a full professor reviewed).
 - a. for *University of Ottawa* Faculty of Health Sciences (2017; Ottawa, Canada; 1 portfolio for a full professor reviewed).
 - b. for *Ithaca College School of Health Sciences and Human Performance* (2015; 1 portfolio for an associate professor reviewed).
 - c. for *University Sains Malaysia, Penang, Malaysia* (2015; 1 portfolio for an associate professor reviewed).
 - d. for *New Mexico State University* College of Education (Las Cruces, NM; 2014; 1 portfolio reviewed).
 - e. for *West Virginia University* College of Physical Activity and Sport Sciences (2013; Morgantown, WV; 1 portfolio for an associate professor reviewed).
 - f. for *University of Ottawa* Faculty of Health Sciences (2009; Ottawa, Canada; 1 portfolio for an associate professor reviewed).

21. Linguistic and cultural adaptations/revisions of manuscripts being prepared for publication [1997 to present; 13 manuscripts, multiple conference presentation abstracts, 6 poster presentations revised/edited).
22. Conference Proposal Review Committee, Member [February 2007], for the 2007 *Association for Applied Psychology* (AASP) Annual Conference (18 abstracts reviewed).
23. Associate Editor, *The Sport Psychologist* (TSP) [December, 2005 to January 2007: 73 manuscripts completed: reviews and editorial decisions (53 submitted manuscripts; 20 revised manuscripts)].
24. Conference Proposal Review Committee, Member [December 2004], for the 2005 Annual American Psychological Association (APA) convention, Division 47: Sport and Exercise Psychology (38 abstracts reviewed).
25. Guest “Professional Practice” and “Applied Research” sections reviewer for *The Sport Psychologist* (TSP); August 2000 to 2004; (5 manuscripts reviewed).
26. Guest Reviewer, *Journal of Sport Science and Medicine*; March 2014 to present [1 manuscript reviewed]
27. Guest Reviewer, *Journal of Applied Sport Psychology* (JASP); October 2001 to present; (2 manuscripts reviewed).
28. Guest “Physical Activity Today” summaries of research articles for the Research Consortium (*American Alliance for Health, Physical Education, Recreation and Dance* [AAHPERD]); September 2001 to December 2002 (2 articles summarized).
29. Reviewed two chapters on sport psychology for: Kurz, T. (2001). *Science of sports training. How to plan and control training for peak performance* (2nd ed.). Island Pond, VT: Stadion.

D. OTHER

1. Task-force group on Conference Programming and Professional Development; *AASP 2016-2019 Strategic Planning*. (Summer [e-communications and conferences] - Fall 2015 [1.5-day meetings Indianapolis, IN]).
2. Contribution to *the Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology*
 - i. problem-solve meetings at University of North Carolina, Greensboro (Jan. 4-5, 2013 [in person]) and West Virginia University (May 25-26, 2013 [via distance communication platform]). Convener of the “CC-AASP, LPC” task force.
 - ii. Member of a task-force group preparing a document entitled: *Gold Standard Sport Psychology Practice Graduate Programs* (November 2013 – June 2014).

II. SERVICE TO THE UNIVERSITY

A. UNIVERSITY

University of Denver

1. Sponsored Programs Academic Research Council (SPARC; Member; May 2016 to July 2019).
2. Conduct Review Board: University of Denver Office of Citizenship & Community Standards (Member; 2009 – Fall 2014; participated in 11 training workshops; participated in 9 hearings).
3. Participated in the *Shape of Knowledge* meeting (February 2, 2015) as part of determining transformative directions that will guide DU strategic development.
4. Search Committee (Member; July, 2014): Dean, Morgridge College of Education.
5. The English Language Center: supervised a delivery of 16 workshops to international students (2008 - 2012; collaboration with Lisa Wexler).

Barry University

1. Grade Appeals Committee (Member; 2005 to 2008)

2. Distance Education (Member; 2005/2006)
3. Faculty Senate Committee: Academic Affairs (Member; 2006 to 2008)
4. Graduate Council (Member; 2006 to 2008)

St. Lawrence University

1. Festival of Science, Co-Chair (2002 to 2004); Member (1999 to 2004)
2. Faculty Teaching and Development Committee (2001 to 2003)
3. National Collegiate Athletic Association (NCAA) Champs/Life Skills Advisory Committee, Member, (2001 to 2004)
4. Faculty Mentoring Program (2001/2002; 2003/2004)
5. Center for Teaching and Learning, Advisory Board, Member (2000 to 2004)
6. Student Academic Grievance Board, Member (2001 to 2004)
7. Student Retention Project – Data Collection Subcommittee, Member (2000/2001)
8. Conservation Council, Member (2000/2001)

B. DEPARTMENT/SCHOOL

University of Denver, Graduate School of Professional Psychology

1. Appointment, Tenure, and Promotion (2015 to 2019)
2. International Students Task Force (2016 to present)
3. Sport and Performance Psychology Clinical Assistant Professor: Search Committee (Member; 2009, 2011, and 2016)
4. Search Committee (Member; summer 2014): Director of an on-line Master's Program on Sport Coaching Education
5. Co-facilitated (with Joanna Foss, M.A., '14) two sessions of "Speed Networking" during The GSPP Alumni Reunion Weekend (August 2, 2014)
6. "GSPP Expo" Subcommittee to Research Symposium Committee (Summer 2011 to 2012)
7. Faculty Representative to GSPP Executive Board (Fall 2010 to Spring 2011)

Barry University, Department of Sport and Exercise Sciences

1. Sport and Exercise Science Faculty Grant Council, Chairperson (January 2006 to February 2007)
2. Sport and Exercise Science Faculty Grant Council, Member (February 2007 to present)
3. Sport and Exercise Psychology Society (co-advisor to a graduate students' club, 2005 to 2008)

St. Lawrence University, Department of Psychology

1. Social Psychology Position, Search Committee, Member (2001)
2. Honor Thesis Research, Member (2000 to 2004)
3. Summer Scheduling, Department Representative (2000 to 2004)
4. Participant Pool. (Chair) (2000 to 2004)

University of Utah, College of Health

1. The 1998-1999 College of Health Kennecott Scholarship Committee, Member.
2. University representative at the Franklin Quest Golf Tournament exposition (1997).

University of Utah, Department of Exercise and Sport Science

6. Exercise Science Distinguished Scholar Award (1999), Member
7. Graduate Student Recruitment (Psychosocial Aspect of Sport) (1998; 1999), Member
8. 1998 Southwest Sport and Exercise Psychology Student Conference, Member

III. PROFESSIONAL SERVICE TO THE COMMUNITY

1. Volunteered sport psychology educational services (e.g., workshops, informational conversations) to players, instructors, and parents from Pembroke Lakes Racquet Club and High Performance Tennis (2007-2008).
2. Volunteered sport psychology educational services (e.g., meetings; newsletters) to players, instructors, and parents from The First Tee Miami (*Helping Youth Through Golf*) (2006-2008).
3. Volunteered sport psychology consulting services to coaches, teams, and individual athletes for Barry University Division II NCAA teams (men's soccer; women's golf; women's rowing) (2004-2007)
4. Volunteered sport psychology consulting services to coaches, teams, and individual athletes. (November 1999 to May 2004). St. Lawrence University, Canton, NY.
5. Volunteered sport psychology consulting services to coaches and individual athletes. (December 1995 to June 1998). Stanley Klotkowski's Speed Skating Program, Salt Lake City, Utah.
6. Volunteer guest judo instructor (all ages and skill levels; July 1994 to March 1996). Dr. Chen's Judo Club, Salt Lake City, Utah.

IV. OTHER SERVICE TO THE COMMUNITY

1. Contributed financially and actively participated in the Denver Race for Cure/5K Walk (October 3, 2010).
2. Volunteer; organizational functions during swimming meets for *Colorado Association of Recreational Athletics* (CARA); through Highlands Ranch Seahawks; Summer 2009.
3. Involved in *Feeding Homeless* stewardships (ministry) through St. Maximilian Kolbe Catholic Church, Pembroke Pines (January 2006 to 2007)
4. Contributed financially and actively participated in the American Cancer Society Relay for Life (Spring 2006) and Booble Wooble 5K Fun Run (Fall 2007).

PROFESSIONAL CONSULTING

I. Sport Psychology (January 1991 to present)

1. Sport and Performance Excellence Consultants, LLC, private practice and business (a member of a four-person consulting firm). Denver, CO (February 2013 – present). Provided sport psychology consulting to individual players (cycling, sailing, swimming, golf, basketball, American football, e-sport gamers); corporate client (crossfit gym); and US Paralympic Alpine Skiing Team, US Paralympic Nordic Skiing Team, US Paralympic Swimming Team, US Paralympic Track & Field Team, and individual Paralympic athletes.
2. iPerformance Consultants, LLC; private practice. Denver, CO (May 2012 – December 2012). Provided sport psychology consulting to individual players (golf, wrestling, football, diving) and corporate client (fitness franchise).
3. Planet Excellence/Sports, Inc. (private practice and business), Miami, FL. (September 2006 to June 2009). Provided sport psychology consulting to the tennis and golf academies and individual players.
4. Planning the sport psychology services for United States Team Handball (men's and women's teams). USA TH Sport Science and Technology Committee (member). (October 2004 to 2005; August 2009 - 2010).
5. St. Lawrence University Women's Hockey Team, Canton, New York. (November 2000 to 2004). Provided sport psychology consulting to the team and individual athletes.

2001 NCAA Frozen Four (University of Minnesota, Twin Cities)
2004 NCAA Frozen Four (Providence, RI)

6. Conducted workshops for athletes and coaches and provided individual consulting for St. Lawrence University varsity teams (men's and women's alpine skiing, men's and women's cross country skiing, men's and women's golf, women's hockey; women's volleyball; men's soccer; baseball; men's tennis; men's and women's squash). (1999-2004)
7. Provided sport psychology consulting to individual athletes of the following sports: soccer, diving, speed skating, bobsledding, skeleton, freestyle skiing, snowboarding, air pistol shooting, and figure skating, Salt Lake City, Utah, USA (1996-1999)
8. Stanley Klotkowski Speed Skating Program, Salt Lake City, Utah, USA (December 1995 to June 1998). Delivered sport psychology consulting service to coaches and athletes. Conducted research and supervised field experiences of University of Utah undergraduate students.
9. AZS AWF Gdansk Sport Club, Gdańsk, Poland (January 1991 - September 1993). Provided sport psychology consulting to group and individual athletes (judo, team handball, table tennis).
10. Polish Judo Association, Warsaw, Poland (January 1991 - August 1992)
Provided sport psychology consulting to the Polish judo men's and women's national teams.
Consultant for the teams competing at:
1991 European Championships in Prague; 1992 European Championships in Paris
1991 World Championships in Barcelona; 1992 Olympic Games in Barcelona

II. Performance Psychology

1. Planet Excellence/Sports (private practice), Miami, FL. (September 2006 to June 2008). Offered consulting to performers from various domains on excellence in performance and excellence in living.
2. Psychological Studio of Performance Enhancement (private practice), Gdańsk, Poland. Delivered performance enhancement services to individual professionals and business corporations, and also educated about applied performance psychology on the Gdańsk Coast. (April 1991 to September 1993).

AWARDS AND HONORS

2016-2017 FACULTY CAREER CHAMPION

University of Denver Career & Professional Development recognition for faculty members who have "gone above and beyond to support their students' career and post-graduation goals."

2017, 2012, 2017, 2019 INVITED, UNIVERSITY OF DENVER FACULTY RECOGNITION DINNER

Research, Scholarship, and Creative Work Faculty Recognition Dinner. This event recognizes the most outstanding (top 8%) researchers, scholars, and creative artists on the University's faculty.

2015 ASSOCIATION for APPLIED SPORT PSYCHOLOGY (AASP) FELLOW

"In recognition of significant and ongoing contributions to AASP and the field of sport and exercise/health psychology as demonstrated by the leaders within the Association"

2013 RECIPIENT, UNIVERSITY OF DENVER DISTINGUISHED TEACHING AWARD

This award is given to a faculty member in recognition of outstanding service to the university, the community, or the profession (from among 640 full-time professors).

2012 NOMINATED, UNIVERSITY OF DENVER DISTINGUISHED TEACHING AWARD

This award is given to a faculty member in recognition of outstanding service to the university, the community, or the profession (from among 640 full-time professors).

2011 RECIPIENT, FACULTY MEMBER of the YEAR AWARD, CONDUCT REVIEW BOARD

Annual award presented for outstanding service to the community as nominated by CRB Staff. The Office of Citizenship and Community Standards, University of Denver

2008 NOMINATED, APPLE AWARD, the BARRY UNIVERSITY LEADING EDUCATORS

Annual Appreciation for Leading Educators, Barry University, Office of Commuter Affairs.

2007 RECIPIENT, the BARRY UNIVERSITY OUTSTANDING FACULTY AWARD

Annual award presented to the Barry University outstanding faculty member for accomplishments in teaching, research, and service (from among 380 full-time professors).

2006 LISTED, the UNITED STATES OLYMPIC COMMITTEE SPORT PSYCHOLOGY REGISTRY (2005-2008, 2009-2012, and 2013-2016 Olympic Cycles)

American most prestigious registry of sport psychology certified consultants and licensed psychologists.

2006 CANDIDATE, nominated and ran for the office of PRESIDENT, ASSOCIATION FOR THE ADVANCEMENT OF APPLIED SPORT PSYCHOLOGY (AAASP)

AAASP is the largest professional organization in applied sport psychology in the world (over 1200 members from more than 30 countries).

2005 RECOGNIZED, WHO IS WHO AMONG AMERICA'S TEACHERS, (9th edition, 2005)

A citation for being the country's outstanding teachers (5% of the nation's teachers are cited). Nominated by three students from St. Lawrence University who have been cited for academic excellence themselves in the National Dean's List.

2003 RECIPIENT, WILLIAM B. BRADBURY JUNIOR FACULTY AWARD

Award to support research work of tenure-track faculty, St. Lawrence University

2003 RECIPIENT, OMICRON DELTA KAPPA HONORARY SOCIETY

An annual recognition of two faculty members (from among 180 professors) by students of St. Lawrence University

1998 MEMBER, THE NATIONAL HONORARY SOCIETY OF PHI KAPPA PHI

National recognition of superior scholarship, USA.

1997 NOMINATED, THE ANNUAL DISSERTATION AWARD

*Association for the Advancement of Applied Sport Psychology (AAASP)
Exercise and Sport Psychology, Division 47, American Psychological Association (APA)
National Association for Sport and Physical Education (NASPE) Sport Psychology Academy*

1997 RECIPIENT, FRANKLIN QUEST AWARD

Annual award honoring the top student in the Department of Exercise and Sport Science, University of Utah, Salt Lake City, USA.

1989 RECIPIENT, "RED ROSE" AWARD

Annual award honoring the top four graduate students of the seven Gdańsk Coast universities, Poland.

1989 BEST GRADUATE

"Techno-Service" award honoring the very best graduate student of the academic year of each of the seven Gdańsk Coast universities, Poland.

1989 GRADUATED WITH DISTINCTION

Academy of Physical Education, Gdańsk, Poland

1988 & 1987 RECIPIENT, MINISTRY OF EDUCATION NATIONAL SCHOLARSHIP

National award honoring the top six physical education and sport sciences graduate students in Poland.

1986 RECIPIENT, TECHNO-SERVICE SCHOLARSHIP

Annual award honoring the first top graduate student of each one of the seven Gdańsk Coast universities, Poland.

ATHLETIC EXPERIENCE

1. Judo athlete 1978-1995; competed on regional, national, and international level.
2. Two-time Polish Judo University Champion '89, '91.
3. A member of Polish academic national judo team (1986-88).
4. Completed Salt Lake City Granite Furniture Marathon (1995).