Statement of Purpose:
OLLI, a member-volunteer organization, offers non-credit academic classes and stimulating programs, along with social opportunities for retired and semi-retired men and women. Members use their talents, experiences, and skills creatively in shared intellectual and cultural pursuits. We strive to respect diversity of thought in a relaxed, supportive academic environment, exploring new interests, discovering and developing latent abilities, and contributing to the immediate or broader community.

About the Osher Foundation
Thanks to the generosity of the Bernard Osher Foundation, the network of Osher Lifelong Learning Institutes, across the United States, is meeting the needs of mature learners who want to learn simply for the joy of learning and personal fulfillment. To date there are 122 OLLI programs in the United States from Maine to Hawaii and Alaska.
Dear Friends,

Enclosed is the Spring curriculum information for OLLI Central. The 8-week Spring term begins April 1st and ends May 24th. See overview of class subjects on pages 7-9 and the weekly overview of classes on pages 53-54.

**Website Information.** You may find our catalog and registration materials online by going to: [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli). Going on the website gives you the advantage of viewing classes at all six OLLI sites – Central, West, South, East, OLLI-On-Campus & Boulder. Your one-time term membership payment of $130 allows you to take as many courses as you like at any of the six sites (contingent upon space availability).

**Registration** We are now offering online registration for all sites of OLLI at DU. To register, please go to the Central site at [http://portfolio.du.edu/olli](http://portfolio.du.edu/olli) and click on the link that states “Register Now, click here”. This process allows you to pay by credit card. As you register for classes, please save the email that will be sent to you after you complete the registration process. It will list the classes for which you have registered but not yet confirmed for your attendance.

If you decide to register by mail (the old-fashioned way), the registration form is included in the catalog and a check must accompany the mailed in registration form. There is no way to pay via credit card should you decide to register by mail. Registrations received by mail will then be entered into the online system which will automatically send an email to the member. Save this email for your records. Please complete all required information online or on the registration form.

**Class Placement and Confirmation.** We will begin placing members into classes on March 1st. All registrations received during the time of February 18th thru February 28th are randomly selected and placed into classes one at a time with consideration given to class size limitations. Registrations received after February 28th are placed into classes in the order received if room is available. Confirmation notices of the classes you have been accepted in will be emailed beginning March 18th.

**Class Locations** Classes have three primary locations: Park Hill United Methodist Church, 5209 Montview Blvd.; First Universalist Church, 4101 E. Hampden Ave. (NE corner of Colo. Blvd. & Hampden); and Ruffatto Hall, DU Campus, 1999 E. Evans Ave. (High St. & Evans). See Map for Locations of Central and all other Sites on the inside back cover. Occasionally we will hold classes at other sites as space needs arise. These are not on the Map but identified on the weekly class overview.

We greatly appreciate your support and commitment to OLLI. If you have questions or want additional information, email the office at debra.loftin@du.edu.

Sincerely,

Darcey VanWagner – Central Operations Manager (darcey.vanwagner@du.edu)
John Baumgartner – Central Site Manager (john.baumgartner@du.edu)
OLLI POLICY STATEMENT

In the spirit of fostering understanding, each OLLI member is encouraged to share opinions and ideas. OLLI class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems, and beliefs. The true focus of an OLLI Class is the critical examination of issues and opinions. Each participant’s point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate. Comments shared within the class are voiced in a professional manner, without personal attack, to preclude them from being detrimental to the learning environment. In the event an issue arises compromising this premise, OLLI administration has the authority to remove a student or instructor from the class and/or the program.

MEMBERSHIP FEE INFORMATION

FEE STRUCTURE

- $130 – per term.

MEMBERSHIP FEE INCLUDES THE FOLLOWING BENEFITS:

- Participation in classes at any of the six OLLI sites – Central, West, South, East, On-Campus & Boulder (contingent upon space availability - enrollment in classes is limited based on classroom size and facilitator preferences)
- Opportunity to participate in Extracurricular classes (for additional per-class fee if applicable)
- Special member price for “The Summer Seminars of OLLI”.
- OLLI Newsletter
- Notice of un-advertised DU events (many at no cost because of DU affiliation).
- Invitations to annual social events
- Lamont School of Music – All OLLI members get the senior/group rate.
- University of Denver Library (Anderson Academic Commons) Borrowing privileges, see http://portfolio.du.edu/olli for details
- ENRICHMENT PROGRAM - Our sister organization offers classes at the University of Denver. Members of OLLI at DU enjoy a 20% discount on most courses (some exclusions do apply) when they register with the code OLLIW19. To review the course offerings please go to http://universitycollege.du.edu/enrichment or visit the 2211 South Josephine Street office and pick up a catalog in the front reception area.
- DU Athletics – Purchase 1 full price ticket and get 1 free ticket to any men’s or women’s basketball game, based on availability.
- Coors Fitness Center - $25 per month membership for 12 months. Sign up only in the fall term.

REFUND POLICY

Per term: Full refund, if requested, no later than **10 days** into the term.
SPRING ANNOUNCEMENTS: PLEASE REVIEW

1) EXTRACURRICULAR CLASS descriptions are in the catalog listed on the day the class is held. Please be sure to check them out!

2) HOLIDAYS/NO CLASS DAYS – None

3) CLASSES AND WORKSHOPS: Classes and Workshops are eight weeks in length unless stated otherwise. Some classes and workshops have fees.

4) SENIOR, MASTER & DIAMOND FACILITATORS: You will see the terms “Senior Facilitator”, “Master Facilitator” and “Diamond Facilitator” used in this book. These are the very dedicated people who have facilitated many OLLI classes. A Senior Facilitator has taught between 10-14 classes, a Master Facilitator has taught 15-24 classes and a Diamond Facilitator has taught 25 or more.

5) SNOW CLOSURES: Classes at all 3 OLLI Central locations will be cancelled if the Denver Public Schools are closed. We will also have a recording on the office line – (303) 871-3090, or you can check our website to see if a location is closed: www.portfolio.du.edu/olli.

6) BOOKS/MATERIALS: Many classes have required books. Tattered Cover offers OLLI students a 15% discount. Books can also be obtained over the internet from, for example, Amazon or Barnes and Noble.
HIKING (OLLI members only)

OLLI’s goal is to stimulate your mind, fulfilling our motto of "curiosity never retires," however, we also have programs to stimulate your physical well-being! Talk to anyone who has participated in our hiking program and you will notice their exhilarating sense of accomplishment. You will experience fresh air, social interaction, build friendships, improve your heart and lung functions, achieve more stamina, practice weight control, and attain a better quality of life!! A Harvard study of 17,000 participants found that vigorous exercise is associated with an increase in longevity. According to the Cleveland Clinic, "Exercising is the most important thing you can do to keep yourself healthy and delay the aging process." All of these benefits can be yours if you are willing to challenge yourself. So join us! Hike where your peers don’t and see Colorado as it was meant to be seen! What can compare to the sight of a meadow of high mountain wildflowers, sweeping vistas of mountain peaks, breathtaking scenery? Aging is inevitable, old age is a choice!!

Our hiking coordinator, Sheldon Fisher, has been athletic all his life, participating in team sports throughout college and individual sports since then. He has been an avid hiker for several years and enjoys being a “tree hugger.” Please join Shelly every other Friday morning for a truly stimulating experience, which he promises you won’t find disappointing!

Contact: Shelly at jpsmfish@yahoo.com and/or his cell: 303-748-4003. FYI, Shelly is looking for a trail leader so, if you are able to help, please let him know.

WALKING

“Walking is man’s best medicine.” --Hippocrates

Every MONDAY morning, a group of us get together for a brisk walk and good conversations. It’s like getting your coffee chats and morning feel-good exercise at the same time! What an awesome way to begin your week! All levels of walkers are welcome. Some go 5 miles, others 2.5 miles, but we all have so much fun it never seems like exercise! We add variety to our walks with different locations like the Highline Canal, Wash Park, the Wildlife Refuge, or Fairmont Cemetery, always in search of new spots and open to your suggestions. Our facilitator, Pam, feels moving in some way, no matter what you choose, dance, yoga, etc., is critical to your health. We have a great group and would love to have you join us to begin your week in the fresh outdoors.

Contact: Pam Murdock, facilitator: pampem@aol.com or cell: 303-918-4566

Pam received a B.A. in Philosophy from the University of Colorado. As a philosopher, she is not qualified for anything except loving life and asking questions. She owned a wholesale travel company for 35 years and was featured numerous times in the Colorado Business Magazine and Denver Business Journal as one of Colorado’s top privately owned businesses and top women-owned businesses. When not walking, she enjoys traveling, reading, hiking and spending time with her dog.

SNOWSHOEING

Snowshoeing will be offered to OLLI members every other Friday beginning in mid-January when the weather becomes less cold in the mountains. Away from the hustle and traffic of ski resorts, snowshoeing is a way to experience the peaceful winter landscape on pristine snowy trails through the woods. These beautiful surroundings and the group enjoyment make these fun and memorable events. Sometimes we even stop for treats on the trip home. Snowshoeing is exertion at higher altitudes, so it requires participants who exercise regularly or who are in good shape.

Contact: Richard Passoth for more details about snowshoes, carpooling, and to be on the email list for notification of the outings. repassoth@gmail.com phone: 801-364-3387

Richard Passoth is a long time member of the Sierra Club and an experienced guide for mountain outings. He is safety conscious and tries to assure that all participants have a good time.
HISTORY

*Benjamin Franklin, an American Life*
Howard Flicker

*Colorado’s Black History*
Jacqui Shumway

*Crusade in Europe*
Mac McHugh

*Easy Chinese Conversation*
Yi Ren

*The French Revolution & Napoleon*
Robert Dodge

*Great Debate: Advocates & Opponents of the U.S. Constitution*
Lattina Adams

*Harry Truman*
Jim Bernuth

*How the Scots Invented the Modern World*
Marjie Clark & Diane Rich

*Pilgrimages*
Christine Petty

*10 Years that Shook the World: The Russian Civil War*
Wayne Cassell

*Thomas Jefferson: The Art of Power*
David Lippman

LITERATURE & WRITING

*Become a Story Teller*
Pam Giordano

*Jane Eyre*
Maryann O’Brien

*More Recent Short Stories*
Kelly Smith

*More Science Fiction Short Stories*
Larry Matten

*My Reading Life*
Linda Katchen

*The Dubliners by James Joyce*
Ann Cohen

*The William Shakespeare Society*
Eileen Wigginton

*Two 18th Century English Novels*
Bill West

*Two Women Writers of the West*
Don & Gracie Batt

PUBLIC AFFAIRS

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Dick Reinish & Sydney Myers

*Current Events #2*
Dick Reinish & Sydney Myers

*Current Events #3*
Steve Spirn

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**COURSE DESCRIPTIONS**

**MONDAYS**

Mondays 9:30-11:30am – **Park Hill United Methodist Church**
5209 Montview Blvd.

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**EXTRACURRICULAR**

**YOGA FROM THE HEART**

Teacher, Robin Secher, has practiced yoga for the last 40-plus years and has been a certified yoga teacher since 2003. Hatha Yoga is her favorite path to gentle strengthening of the inner and outer body. Robin teaches all levels and abilities at yoga studios, spas, health clubs, colleges, and corporate work sites. Bring your own yoga mat, blanket, and pillows or we will supply them. Please contact Robin if you have any questions about attending her class at birdyoga99@gmail.com, 303-880-0508.

**Mondays: Apr. 1, 8, 15, 22, 29, May 6, 13, 20**

**Park Hill United Methodist Church, 5209 Montview Blvd.**

**Time: 9:30 – 10:45am**

Cost: $60 members      $75 Non-members (if available space)

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Mondays 9:30-11:30am – **Park Hill United Methodist Church**
5209 Montview Blvd.

**COLORADO’S BLACK HISTORY: BLACK MIGRATIONS 201**

**FACILITATOR: JACQUI SHUMWAY**

**6 weeks beginning April 15th**

Each February, an entire month of events are planned nationwide honoring the contributions of African Americans. The theme for 2019 is "Black Migrations" tracking the continuous movement of blacks from the American South to the industrialized North and Colorado. Along with the emergence of new music genres -- like ragtime, blues, and jazz -- the music scene in Denver’s Five Points also signaled a blossoming of the visual and literary arts. Well into the century, blacks continued to break the color barrier in sports, business and politics, and have recently challenged the traditional bastions of wealth and power to gain popular support at the local, state, and national level. Today, black migrations are worldwide.

**Speakers**

Various speakers and community leaders from around the Denver area will be presenting and leading discussions each week.
Class Type: lecture, discussion, speaker, film

**Facilitator: Jacqui Shumway**
Board member Martin Luther King Marade Commission - Day of Service & Community Corner Coordinator, Legislative Liaison, MLK and Rachel B. Noel Gospel Community Choirs, Former DPS Arts Resource Council and District School Committees, Greater Park Hill Communities Health & Human Services Chair, Park Hill United Methodist Church – Gospel Choir

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**EXTRACURRICULAR**

**TAI CHI: EXERCISE IS MEDICINE**

Experience for yourself the accumulated wisdom of centuries with the timeless exercise of T’ai Chi. This introduction to T’ai Chi Ch’uan is both practical and participative, the course introduces you to the basics of T’ai Chi Ch’uan, the skills and principles involved. It imparts and models best practices, using the T’ai Chi classical literature as a process for learning and understanding all the various styles. Core knowledge is discussed and skill sets are demonstrated as participants explore this meditation in motion and its role in Traditional Chinese Medicine. Each week students will learn a short sequence of the form and review material from the previous week.

**Joseph Brady** is a board-certified practitioner of Oriental Medicine and an internationally recognized expert on healthy aging. He has spent over 20 years teaching at the University of Colorado Health Sciences Center, the University of Denver Institute of Gerontology, and Metropolitan State University. A former columnist on healthy aging for the Rocky Mountain News, Joe has presented at many scientific and medical conferences and twice been a featured presenter at the Oxford Roundtable at Oxford University U.K.

**Mondays: Apr. 1, 8, 15, 22, 29, May 6, 13, 20**

**Park Hill United Methodist Church, 5209 Montview Blvd.**

**Time:** 11:00 – 11:45am

**Cost:** $55 OLLI Members. $70 Guests
BECOME A STORYTELLER

FACILITATOR PAM GIORDANO

From drawings scratched on rocks in prehistoric times to today’s digital media, stories help us share personal narratives, cultural experiences, history and religious principles. This class will help you understand what a story is, the elements of good stories and how to create them. We’ll explore stories in music, literature, and online libraries. This will be a hands-on class where students create stories at home and share them in class. We’ll also create stories together in class. Even if you’ve never written anything before, this class will help you become a storyteller.

Books/Materials: There will be a list of reading materials and online sources.

Class Type: Lecture and in-class participation. While there won’t be any written homework, students will need to create stories at home and share them in class. They’ll also participate in storytelling exercises in class.

Pam Giordano is an award-winning writer, teacher and storyteller. She has written feature stories, marketing communications materials, and case studies for Colorado businesses. She has presented workshops on storytelling for entrepreneurs. Pam served as an instructor at Front Range Community College and as a substitute teacher in the Denver and Englewood Public Schools. Today she volunteers with Reading Partners, an organization that helps students improve their reading skills. She is also an AVID volunteer at a Denver Middle School.

GREAT DECISIONS #3

FACILITATOR: BOB REILLY

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.
It is important for each attendee to read each week's briefing prior to attending class. The first week's article will be sent to registered class members about a week before the Spring term starts.

Topic 1: "Refugees and Global Migration" by Karen Jacobsen  
Topic 2: "The Middle East: Regional Disorder" by Lawrence Potter  
Topic 3: "Nuclear Negotiations: Back to the Future?" by Ronald Bee  
Topic 4: "The Rise of Populism" by James Kirchick  
Topic 5: "Decoding U.S.-China Trade" by Jeremy Haft  
Topic 6: "India and Its Neighbors" by Cynthia Watson  
Topic 7: "Cyber Conflicts and Geopolitics" by Richard Andres  
Topic 8: "State of the State Department and Diplomacy" by Nicholas Burns

**Type of class:** video and discussion of the reading

**Books/Materials:** Annual Great Decisions briefing book published by the Foreign Policy Association, **$30 available for purchase from the class or the office.** The first chapter will be forwarded by email.

**Class Type:** study and discussion with weekly video interviews and topic overviews

**Bob Reilly** received a Bachelor of Sciences Degree from Boston College and an M.B.A. from the University of Denver. His career included stints in the public and private sector in the areas of finance and operations management. Bob lives with his wife in Centennial and has a daughter and three granddaughters.

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**THE MUSIC MAN WHO GOT AWAY – RICCARDO CHAILLY**

**MASTER FACILITATOR: STEVE WESTON**

**Class begins at 12:30pm**

Many famous conductors of classical music are deceased; this one is very much alive yet overlooked by symphony orchestras in Boston, Chicago, New York and Philadelphia. Has his time come?  
He’s the Italian Riccardo Chailly, music director of the famed La Scala Opera, Milan. His exploits on the podium range from opera and symphony to film and include interpretations ranging from Bach to Brahms and Bruckner, Mahler, Respighi and the film music of Nino Rota.  
These works, several repeated from the Fall, 2016 class on the music of Gustav Mahler, combine Chailly's inner fire and physical energy and shape this new eight-week study of the conductor and his music.

**Steve Weston** is a music educator, former radio and television broadcaster, interviewer, and college level music appreciation instructor currently researching a biographical study of Sir Georg Solti, conductor of the Chicago Symphony. A retired Episcopal clergyperson, he is in his ninth year as an OLLI facilitator. This is his 26th music offering.
THE CRUCIBLE OF FAITH

SENIOR FACILITATOR: STEWART JONES

Between the years 600 BCE and 50 CE Judaism experienced a profound transformation: first from its exposure to Babylonian and Persian culture, and next from the effects of Hellenization, including Greek philosophy and science, following the exploits of Alexander the Great and his successors beginning in 320 BCE. These cultural shocks engendered such religious ideas as the struggle between heaven and hell, carried out by angels and demons, life after death, and new concepts of the cosmos. These ideas gave birth to new communities such as Qumran and Christianity. By 200 CE Judaism had purged most of these ideas, but they survived within Christianity, Gnosticism and Greek Mystery religions. This course will explore these events from earliest Israel and how they affected the development of Christianity.

Stewart Jones has been an Episcopal priest for forty-nine years and has served several parishes and missions in the Denver area during that period. He has also been a systems and software engineer for thirty-nine years with the Gates Rubber Company and Martin Marietta, where he was a Senior Staff Engineer. He is currently a volunteer at the Denver Museum of Nature and Science. He holds a BA in mathematics from Northwestern University and a Masters in Theology from Seabury Western Theological Seminary in Chicago. He has a lifelong association with the Episcopal Church.

JANE EYRE: PORTRAIT OF A WOMAN

FACILITATOR: MARYANN O’BRIEN

Charlotte Bronte’s Jane Eyre is one of the great 19th century novels that, according to Thackery’s daughter Annie Ritchie, “carried her away to an undreamed of and hitherto unimagined whirlwind.” Novels by, about, and for ladies were numerous, but this was a tale of a woman who would not be less than equal to any man. We will explore the world of Charlotte, Emily, and Anne Bronte on the Yorkshire moors. In addition to reading and discussing the novel, participants will be offered voluntary reports on relevant topics.


Class Type: Facilitator led discussions, some video, voluntary projects. Participants are encouraged to keep up with the reading, about 70 pages a week.

Maryann O’Brien, BA in Latin, MA in English and Lifetime Member of the Jane Austen Society, is a life-long learner herself and enjoys nothing better than great discussions with great minds.
B'MIDBAR: WANDERING IN THE DESERT PART 2

FACILITATOR: RABBI SANDRA COHEN

In this class, we will continue to read the narrative portions (and some other parts, as well) of the book of Numbers through the eyes of traditional Jewish commentaries. Join us for talking donkeys and the daughters of Zelophchad, among other fun stories. Discussion is welcome, and you need not have taken the previous course to join this one.

Rabbi Sandra Cohen, a former congregational rabbi, now teaches and learns Jewish texts in a variety of settings in both the Jewish and non-Jewish communities in Denver. She is also involved in pastoral care and in mental health outreach in the Jewish community.

CRUSADE IN EUROPE

MASTER FACILITATOR: MAC MCHUGH

“You are about to embark on a great crusade” as stated by Gen. Dwight D. Eisenhower to his troops as they entered their landing craft and aircraft on D-Day. But what did it take to return to Europe? And what were the conflicts required in the next eleven months to win the victory? Europe took priority over the other operating areas in the war. Why was it first for men and material? We will look at Eisenhower’s own words from his book “Crusade in Europe” to see what his thoughts were at the time.

We will look at the politics, the strategy, the tactics, and the military leaders on both sides of the conflict as the Allies drove to Germany. We will end the class with a look at the aftermath and the cost to Europe after six years of war. We will also look at the Nuremberg Trials. This was the first time enemy leaders had been tried in a world court for crimes against humanity.


Class Type: DVD/lecture/discussion

Mac McHugh, master facilitator, joined OLLI Denver in 2011. Mac spent 38 years with the Department of Defense in the areas of accounting, auditing, and systems development. He is a World War II history buff and has facilitated numerous courses on technology, film, and history at OLLI.
CURRENT EVENTS #1

**DIAMOND FACILITATOR:** DICK REINISH AND
**MASTER FACILITATOR:** SYDNEY MYERS

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

**Books/Materials:** Articles will be selected and sent by email from the facilitators. There is no charge.

**Class Type:** Discussion.

**Dick Reinish:** Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

**Sydney Myers:** Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

EASY CHINESE CONVERSATION

**FACILITATOR:** YI REN

It will focus primarily on oral communication in Chinese. People will learn how to greet and introduce each other, numbers, time and date, money exchange, talk about weather, order Chinese food, drink tea or coffee, shopping, ask directions, and emergencies in Chinese. At the same time, people will learn the Chinese culture and custom during the learning language. The people in this class will be surprised that you can speak Chinese after the first class.


**Class Type:** lecture, discussion, singing, video
Yi Ren has been living in the US more than thirty-three years. She has been teaching Chinese for American students and adults over twenty-two years. Her books “Learning Mandarin Chinese Characters V.1 & V.2”; “Mandarin Chinese Picture Dictionary” are also on Amazon and in the bookstores.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

GREAT DECISIONS #1

FACILITATOR: BARBARA HOLME

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

Topic 1: "Refugees and Global Migration" by Karen Jacobsen
Topic 2: "The Middle East: Regional Disorder" by Lawrence Potter
Topic 3: "Nuclear Negotiations: Back to the Future?" by Ronald Bee
Topic 4: "The Rise of Populism" by James Kirchick
Topic 5: "Decoding U.S.-China Trade" by Jeremy Haft
Topic 6: "India and Its Neighbors" by Cynthia Watson
Topic 7: "Cyber Conflicts and Geopolitics" by Richard Andres
Topic 8: "State of the State Department and Diplomacy" by Nicholas Burns

Type of class: video and discussion of the reading

Books/Materials: Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. The first chapter will be forwarded by email.

Class Type: study and discussion with weekly video interviews and topic overviews

Barbara Holme graduated from Stanford and was a CO State Senator 1974-84. She represented East Central Denver and served as Democratic Caucus Chair and Democratic Assistant Minority Leader. Barbara was appointed by the Governor to the Supreme Court Nominating Committee and to the Metro Air Quality Control Commission. Barbara also worked for 12 years for a Real Estate Investment Trust (AIMCO) that is headquartered in Denver but owns apartments all over the US. She led successful parent efforts for 15 years to lobby Denver Public Schools to establish and maintain the Highly Gifted Education program. She also served on the Summer Scholars Board (now called Scholars Unlimited), as President of the Denver Association of Gifted and Talented, member of Common Cause Board, Planned Parenthood Advisory Committee, and numerous other volunteer positions.
AN OLLI LECTURE SERIES

THE OXFORD STUDY: ALL NEW TOPICS!

First 4 weeks
Genetic Expression and Lifestyle
As health care costs continue to skyrocket, it is of international importance to find new approaches in preventive medicine. The Oxford study lectures are part of a long-term study in Integrative Medicine and Lifelong Learning. Students can participate in important research and provide input on future directions for health promotion and lifelong learning through the Oxford International Round Table, Harris Manchester College in the University of Oxford and Harvard Medical School’s, Osher Institute on Integrative Medicine. The purpose of these studies is to bridge the gap between world class research and community health promotion.

Genetics, Epigenetics and Lifestyle
Epigenetics is the study of what turns genes on or off. As technology advances in the field of genetic engineering the idea of “personalized” medicine in which treatments can be tailored to individual patients’ genes. Research is also showing that genes can be modified by lifestyle factors. Exciting new research is suggesting that self-awareness, meditation, yoga, Tai Chi, Qigong, exercise, lifelong learning and other health behavior changes can improve gene expression patterns and lead to healthier outcomes.

Phenotypic Plasticity
If you “feel” like the stress in your life is aging you faster, it is. Stress can accelerate the rate of aging itself. Phenotypic plasticity is the term for the changes in genetic expression that increase our ability to handle the stress of daily life. In fact our fitness to deal with stress is part of the very definition of aging. Aging is. ”the decline over time in the fitness of a person to withstand the stresses of day-to-day living.” Studies have shown that the genes that have been implicated in aging, appear to be stress response genes. By increasing our fitness to deal with stress we are actually altering the very genetic expression that defines how we age. We are either growing stronger or we are just growing older.

Culinary Alchemy
Making smart eating choices is essential to a healthy happy life. Explore the latest findings in modern research into the influence that diet and nutrition play in healthy gene expression and a healthier life. Nutrient density is the key to a healthy diet and it also can be delicious. Herbs and spices not only make ordinary dishes delightful they also contain many anti-oxidants and other nutrients essential for health. Designed to appeal to anyone at any age this course will explore medically sound advice about making healthy eating choices the easy and delicious choices.

Mindfulness: An Introduction to Meditation
Meditation offers deep and lasting benefits for both mind and body. A wide range of different styles of meditation are available, find the right one for you. From improving memory to stress reduction, from depression and anxiety to a wide range of pain relief techniques, meditation releases the power of your own mind. Learn the principles and techniques that people have used for thousands of years. This course will guide you in bringing the deep and lasting benefits of meditation into your own life.
About the Speaker

**Joseph Brady** MSTCM, L. Ac. Dipl. O.M. is a nationally board certified practitioner of Oriental Medicine. Joe taught on healthy aging issues and coordinated the Gerontology program at the University of Denver for twenty years, also teaching classes in Tai Chi, Qigong and Traditional Chinese Medicine at the University of Colorado Health Sciences Center, Metropolitan State College of Denver and currently teaches Tai Chi and Qigong at the Colorado School of Traditional Chinese Medicine. Joe wrote many articles on healthy aging for the Rocky Mountain News and has presented at many scientific conferences and has lectured and presented research at Harvard Medical School’s Osher Institute for Integrative Medicine and at the Oxford Union Debating Hall and Harris Manchester College, Oxford University U.K.

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**TUESDAYS 9:30AM-11:30AM** – **Park Hill United Methodist Church**
5209 Montview Blvd.

**TWO WOMEN WRITERS OF THE AMERICAN WEST**

**FACILITATORS: DON & GRACIE BATT**

We will read two novels that we feel exemplify traditional and modern women writers of the American West. The first will be *O Pioneers*, by Willa Cather. Willa Cather has long been recognized as a master of writing about the plains. Written in 1913, she paints a vivid picture of early life on the prairie. Our second novel, *News of the World*, by Paulette Jiles, was written in 2016 and was a National Book Award finalist. The novel deals with frontier life in Oklahoma and Texas around 1870, and vividly draws characters the reader will not soon forget.

Both books should be purchased before class begins and are available online and at local bookstores. Although you may be tempted, please do not begin reading before class. We approach reading as discovery in a reading community; therefore, much of the reading is done in class so that, together, we encounter the text as a group.

*Don and Gracie Batt* have taught literature courses on the American West for several years with OLLI. They were also teachers in Cherry Creek Schools and have designed high school, senior-level classes on the literature of the American West.

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**TUESDAYS 9:30AM-11:30AM** – **Park Hill United Methodist Church**
5209 Montview Blvd.

**WAGNER’S RING**

**DIAMOND FACILITATOR MO MATHEWS**

Wagner’s Ring Cycle is a “music drama” consisting of a prologue and three evenings totaling some 17 hours in length intended for presentation on four successive evenings. It is a formidable and monumental work centered around the efforts of Wotan, the chief god in Nordic mythology, to free himself from the stain of having paid the giants, who had built his new home for the gods, Valhala, with gold he had stolen from the Rhein maidens and, at the same time, to save the world from the evil
dwarfs who wanted to rule over all. The cast of characters includes gods, mortals, dwarfs, a dragon, mermaids, a singing bird and an earth-mother, all driven by love, lust, ambition and soaring redemption. Wagner’s aim was to change what he regarded as the stultified regimen of mid-19th century opera into an art form where genuine dialogue took place and genuine emotions were expressed. He wrote both the libretto and the music, and it took 30 years from the time he conceived the project until it was finished. He achieved his goal brilliantly. The Ring is filled with beautiful music, meaningful, heartfelt dialogue and great drama.

We will spend most of our class time listening to DVDs, but we will also discuss what Wagner was trying to do, how he did it and his life and times. Come and join us—you will be both entertained and stimulated.

Books/Materials: *Wagner’s Ring: Turning the Sky Round*, by M. Owen Lee
Class Type: Videos, Lecture, Discussion

Mo Mathews is a retired Army Officer and Civil Engineer. He has no talent at all in music, but he loves opera. For years, he and Bob Montgomery have facilitated an opera class during the OLLI winter term.

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Tuesdays 9:30am-11:30am – Ruffatto Hall – DU Campus  
1999 E. Evans Ave.

PLATE TECTONICS: The How and Why of Earthquakes, Volcanoes, Hot Spots, Mountain Chains and the Active Earth Beneath Our Feet

FACILITATOR: LYNN PEYTON

Ever wondered why there are volcanoes in Washington and Oregon, but not in Idaho? Why California is threatened by large, damaging earthquakes, but Colorado is seismically quiet? Why is the island of Hawaii, the world’s highest mountain when measured from sea floor to summit, located in the middle of the Pacific Ocean, but Mt. Everest is landlocked within the Asian continent?

In this class we will review and discuss the history and evidence for the theory of plate tectonics, which was perhaps the most significant advance in geology in the 20th century. This unifying theory helped to explain many geological conundrums very elegantly, as well as answer the questions above, and has withstood the test of time. We will examine the different kinds of Earth’s crust, and how the outer rigid layer of the earth (the lithosphere) is broken into several plates that move with respect to each other. It is the movement of these plates that creates earthquakes, and results in the formation of volcanoes, mountain ranges, ocean basins and continents. Thinking of buying a retirement home in California, Costa Rica or Hawaii? You might want to learn about plate tectonics first!
Lynn Peyton has been interested in geology ever since she discovered her pockets were big enough to hold pebbles. After obtaining an MS in Geophysics (earthquake seismology) from the University of Utah, she has worked as an exploration geophysicist in the oil and gas business. She returned to academia mid-career to earn her PhD in Geoscience from the University of Arizona. While at Arizona, her research focused mainly on the tectonics of the Rocky Mountains. This is Lynn’s first time facilitating an OLLI class, and she is excited to share her enthusiasm for planet Earth.

Tuesdays 9:30am-11:30am – Ruffatto Hall – DU Campus
1999 E. Evans Ave.

BENJAMIN FRANKLIN, AN AMERICAN LIFE

FACILITATOR: HOWARD FLICKER

As a native Philadelphian, I grew up with Benjamin Franklin. He’s been a part of my life as he has for everyone who grew up that city. Walter Isaacson’s biography of Franklin is very readable and presents an excellent view of this intriguing man. Isaacson is obsessed with genius and Franklin certainly fits that category with the additional qualities of being very important, very interesting and entertaining. This course will give us an opportunity to explore the many facets of Franklin’s life, times and contributions to American history.


Howard Flicker graduated from Penn State with a B.A. and the Honors Program in History. After graduating from UCLA Law School he practiced law for 43 years, first with the U.S. Small Business Administration and then in private practice as a trial lawyer in the courts of California and Colorado.

MATINEE AT THE BIJOU

THE SCREWBALL COMEDY MYSTERIES

MASTER FACILITATOR: MAC MCHUGH

We return to the Golden Age of Hollywood with a further light-hearted look at the matinee mystery movie genre. Our dime admission this time brings us a whole new marque of movies all of which show that if you have a good idea everyone will want to copy it. It all started in a bar. “My dog. My wife.” Nick stated. “At least you could have mentioned me first in the billing.” Nora replied. From those few words a whole new genre in mysteries evolved: the screwball mystery. This time we take a look into The Thin Man copies. Not sequels, but all new characters and plots. Many of these were
single movie but some were good enough to become a mystery series in their own right. These are husband-wife and boyfriend-girlfriend teams who quipped fast lines at each other as they solved the mystery. Join the class as we find out how well these Thin Man-style movies stood up to the original. We will have a short discussion before and after the movie to discuss the stars, the plot, and how this movie fares against William Powell and Myrna Loy.

Books/Materials: None

Class Type: DVD/discussion

Mac McHugh, master facilitator, joined OLLI Denver in 2011. Mac spent 38 years with the Department of Defense in the areas of accounting, auditing, and systems development. He is a lifelong movie buff.

Tuesdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

PLANTS: A VERY SHORT INTRODUCTION

MASTER FACILITATOR: LARRY MATTEN

First 4 weeks
This is a very short introduction to the Science of Botany and will be offered the first four weeks of the Spring term. Topics will cover mostly plant form, structure, systematics, and relationships with humans. Students will be introduced to the fascinating world of plants and will help build a better understanding of these living creatures.


Larry Matten received his doctorate in Botany and taught botanical courses for 37 years at Southern Illinois University. He has had a lifelong interest in plant structure and evolution. As a paleobotanist he has studied ancient plants from the time that they first appeared on land to the time when flowering plants covered the Earth. Larry has facilitated more than 20 courses at OLLI. This is the first course that he has done in Botany and he is extremely excited to share his knowledge with you.

Tuesdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

U.S. CRIMINAL JUSTICE SYSTEM: THE RACIAL DIVIDE

FACILITATOR: PEG SOLOMON

The US Criminal Justice System is broken. It has, for all intents and purposes, mutated into a new variant of the Jim Crow laws. Learn how the laws have created a disaster that has negatively impacted entire segments of our population. We will examine the root causes of this crisis and how these laws
and loss of rights have helped to create a racial divide in our country. This class will utilize books, articles and videos to generate discussion.

Suggested readings:

*There Are No Children Here* by Alex Kotlowitz, 1991  
*The New Jim Crow* by Michelle Alexander, 2012  
*A Colony in a Nation* by Chris Hayes, 2018  
*Locked In* by John F. Pfaff, 2017  
*You Have the Right to Remain Innocent* by James Duane, 2016

**Peg Solomon** spent the first half of her career as a speech pathologist and special education teacher. After 25 years, she switched careers and became an assistant public defender in Chicago. Peg has spent her entire professional live working with minorities.

Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church  
5209 Montview Blvd.

**THE FRENCH REVOLUTION AND NAPOLEON**  
(FRANCE 1789-1815)  

**FACILITATOR: ROBERT DODGE**

The world of modern domestic and international politics was born with French events of 1789-1815. The French Revolution toppled a society built on privilege with ideas of liberty and equality. Napoleon spread these ideas beyond France and his wars led to nationalism as a dominant force. Along with learning these events we will look at the process of interpreting history and using primary sources to analyze events. We will also apply the lessons from the period to the current world situation.

**Robert Dodge** was a history teacher for 37 years, an expat for 35 and studied game theory with Professor Schelling at Harvard’s Kennedy School. He is author of seven nonfiction books, including two on Tom Schelling and Game Theory. Dodge taught game theory to upper division high school students for 15 years in Singapore.

Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church  
5209 Montview Blvd.

**THE GREAT DEBATE: ADVOCATES AND OPPONENTS OF THE AMERICAN CONSTITUTION**  

**FACILITATOR: LATTINA ADAMS**

The course will follow the outline of The Great Courses – The Teaching Company course of the same name which has 12 (30-minute) lectures by Professor Thomas Prangle of the University of Texas at Austin. Each week, we will listen to either one or two of the lectures and discuss the content.

Charged with amending and improving the Articles of Confederation, the Founding Fathers looked not only to the successes and failures of great republics throughout history, but they used the Great Debate to weave an entirely new document, which stands today. What these men did in the sweltering summer of 1787 was incredibly improbable at the time.
The purpose of this course is not to highlight specific arguments over details of the U.S. Constitution, but rather to explore the rich debate itself between the two fundamentally conflicting visions of a healthy republic. Resolving this debate resulted in the creation of three branches of government and the Bill of Rights. We will learn which of the founding fathers were advocates and which were opponents of the new U.S. Constitution and why. We also will explore their positions and examine the fundamental political differences which were passionately debated and how the founding fathers engaged in the soul-searching compromise to give birth to the Great American Experiment that is the U.S. Constitution. DU Portfolio will be used to store all handouts and other course materials and suggested readings so participants may access these online between classes.

**Book/Materials**: Facilitator will provide material and suggested readings through DU Portfolio.

**Class Type**: Lecture/discussion

**Lattina Adams** served in the U.S. Air Force from 1982-1990. She holds a BS in Accounting, a BS in Computer Information Systems, and an MS in Computer Information Systems. After the Air Force, she worked at the Colorado Office of the State Auditor and in other executive departments in auditing and other financial positions, as well as database administration and data analytics. She taught kindergarten through high school as a substitute teacher, and taught computer classes as adjunct faculty at DU and Regis University at both the undergraduate and graduate levels. Since retirement, she enjoys theatre, travel, bicycling, walking — and loves OLLI classes. She became interested in The Federalist Papers about three years ago, and facilitated this class at OLLI West last year.

**Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church**
5209 Montview Blvd

**A HISTORY OF ROCK & ROLL; AND STORIES BEHIND THE MUSIC.**

**FACILITATOR: WAYNE GARDNER**

This course will take participants on an exciting and fun-filled journey into the history of Rock & Roll. Among the topics to be covered are the genesis of Rock & Roll; discussion of folk music from the early 1960’s to the present; Southern California Folk and Country Rock; the Birth of the Blues and Songs of Social Consciousness. We’ll also experience some of the most amazing Rock performances and take a look at the rise and success of women in Rock & Roll.

*Music is an important aspect of Wayne Gardner’s life. His father was a multi-instrumentalist with an operatic voice. He toured with the USO and had his own radio program in L.A. during the 1940s. Gardner acted as manager for his brother-in-law in the sixties. He was an aspiring singer/songwriter/musician with rock star looks and a golden voice. Gardner plays the Guitar and sings. He is a member of Swallow Hill Music Association and has performed on their stage.*
SUPREME COURT IN REVIEW, THE 2017-2018 TERM

FACILITATOR: BRIAN GIBSON

“We are not final because we are infallible, but we are infallible only because we are final.”
The Supreme Court term (its equivalent of a school year) runs from October through June. During the 2017-2018 term the Court handed down 76 opinions including the “Case of the Colorado Baker” and the “Muslim Travel Ban”.
These opinions are posted at https://www.supremecourt.gov/opinions/slопinion/17

We will
- Review the term generally
- Review in greater detail ten cases selected by me
- Review four additional cases selected by the class
- Consider the Court’s evolving place in our government
- Discuss whether we like having such a powerful Court
- And, if not, consider how we might limit its power

As by-products of our efforts, we will become
✦ More knowledgeable about law in general
✦ More familiar with the workings of our legal system
✦ And better acquainted with the Justices of our Supreme Court

And we should have a lot of fun.

Brian Gibson, PhD Physics, worked for 27 years designing and building electronics for communications satellites. His life-long interest in politics led him to retire, go to law school, and run for Congress twice. He was thoroughly trounced, but ended up an attorney. He has co-facilitated courses on the Constitution (OLLI South) and liberal versus conservative views (OLLI Central).

ARTIFICIAL INTELLIGENCE: AN EXPLORATION

FACILITATOR PAT SMITH AND MASTER FACILITATOR TERRY ORTLIEB

What exactly is artificial intelligence (AI)? Many say that robots with artificial intelligence will replace many jobs as we know them today, perhaps sooner than we think? AI raises philosophical arguments about the nature of the mind and the ethics of creating artificial beings endowed with human-like intelligence, issues which have been explored by myth, fiction and philosophy since antiquity. Some
people also consider AI a danger to humanity if it progresses unabatedly. How do you separate hype from reality? Or are there hard limits to what a machine can accomplish?

How is AI being used today? What are the three steps to artificial intelligence? AI is what runs driverless cars and robots, but what does that mean? Capabilities currently classified as AI include successfully understanding human speech, competing at a high level in strategic game systems (such as Chess and Go) and interpreting complex data. What is the intersection of AI and big data? What concerns should we have about systems or companies that know “too much”? How do we protect our privacy? Need we protect our privacy? What is Calm Technology and how will it help us? Expect a lively debate between the co-facilitators and your classmates.

**Pat Smith** has over 35 years’ management experience in Information Technology in a variety of industries. She is the recipient of the 2013 Computerworld Honors Laureate Award, the 2009 Intel IT Professional Award and the 2009 Mobile Enterprise Mobility Award. Pat has a BA in Economics, a Certificate in Telecommunications, and a graduate degree from the University of Maryland in Information Science. She has facilitated several classes at OLLI.

**Terry Ortlieb** is a semi-retired entrepreneur who sold his technology consulting company to Oracle. He has been working with information technology since he put engineering changes on IBM equipment in high school. He worked on multiple AI projects since 1980. His formal education was in Philosophy and he has maintained a strong interest in Political Philosophy and the Philosophy of science and history. He has facilitated over 10 classes at OLLI.

**Tuesdays 1:00pm-3:00pm – Ruffatto Hall – DU Campus**

1999 E. Evans Ave.

**PHILOSOPHY OF HISTORY**

**SENIOR FACILITATOR: MITCHELL STEWART**

What is “history”? What is “Philosophy of History”? Both questions have been the topic of study and of different answers by a variety of philosophers and historians. As with all philosophical questions there is neither one answer nor a conclusion. We will explore the meanings of the questions, some interesting efforts to address them, and some of the insights into the human story that these answers suggest.


**Other Readings:** There may be additional readings, generally excerpts from other books or journal articles. In those instances, I will provide these selections as PDF documents via Email. Generally speaking, there will be about 20 to 40 pages per week of reading.

**Writing:** I will provide – or try to provide – Session Notes – observations, comments, and areas of focus linked to the particular Session reading assignments. In some instances, you may desire to write either brief responses to certain of my questions or craft your own equally brief compositions. Such writing might allow fuller exploration of your own thinking and an opportunity to provoke a more robust class discussion. In other cases, I may ask you to write short responses to some questions primarily as thought exercises to anchor your own arguments.
This is an eight-week course. It is a graduate level seminar only without the examinations, presentations, and research papers. The Carr text is short and extremely readable. Gaddis is also short, equally readable, and offers a completely different perspective. The Collingwood book is longer, and I will likely only provide excerpts. This course and the supporting material is intended to challenge you intellectually and philosophically; you must be prepared to and willing to think and to question.

Mitchell Stewart has been participating in OLLI courses since 2010. His primary interests are political philosophy, moral philosophy, history, literature, and the nexus of technology and life. He focuses on topics and questions that interest him and about which he has scant knowledge and for which he has no answers.
ANIMALS 101 & DENVER ZOO FIELD TRIP

FACILITATOR: PAULA MITCHELL

First 5 weeks
During this five-week course, we will explore vertebrate animals like never before, taking apart their lifecycles, understanding their adaptations, and examining their unique behaviors. Using videos, power point, and the facilitator’s own pictures and information, the class will travel globally, learning about the unbelievable diversity of mammals, birds, fish, reptiles, and amphibians. We will also explore the various habitats and biomes where animals live to understand the difference between tundra, grassland, and desert biomes.

Intriguing questions we will answer….Why do mammals have hair but reptiles have scales? Why are there so many different types of birds’ beaks and feet, and what are they used for? Why do catfish have mouths underneath and tuna have lunate tails? All this will be explored as we discuss a different animal category each week and conclude by exploring our own backyard….Colorado animals and their habitats.

Week Five will put it all together visually, by taking a fun-filled field trip to the Denver Zoo. This is optional and will be led by the facilitator. Fee: $17 for Denver Zoo admission; $14 for senior rate if 65+

Paula Mitchell has been a volunteer docent at the Denver Zoo for 16 years. She currently serves on the OLLI South Advisory Council and organizes their special education events. She has presented at Central, South, and West’s various programs. Her past experience is with wine…having written two editions of Exploring Colorado Wineries guidebook and conducting hundreds of wine-related presentations.

CURRENT EVENTS #2

DIAMOND FACILITATOR: DICK REINISH AND MASTER FACILITATOR: SYDNEY MYERS

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.
Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

**Books/Materials:** Articles will be selected and sent by email from the facilitators. There is no charge.

**Class Type:** Discussion.

**Dick Reinish:** Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

**Sydney Myers:** Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

**Wednesdays 9:30am-11:30am – First Universalist Church**
4101 E. Hampden Ave.

**GREAT DECISIONS #2**

**SENIOR FACILITATOR: STEVE WINBER**

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

**Topic 1:** "Refugees and Global Migration" by Karen Jacobsen
**Topic 2:** "The Middle East: Regional Disorder" by Lawrence Potter
**Topic 3:** "Nuclear Negotiations: Back to the Future?" by Ronald Bee
**Topic 4:** "The Rise of Populism" by James Kirchick
**Topic 5:** "Decoding U.S.-China Trade" by Jeremy Haft
**Topic 6:** "India and Its Neighbors" by Cynthia Watson
**Topic 7:** "Cyber Conflicts and Geopolitics" by Richard Andres
**Topic 8:** "State of the State Department and Diplomacy" by Nicholas Burns

**Type of class:** video and discussion of the reading

**Books/Materials:** Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. The first chapter will be forwarded by email.

**Class Type:** study and discussion with weekly video interviews and topic overviews

**Steve Winber,** a retired Denver dentist, has had a long-standing interest in political and military history, especially that of the Middle East. He has facilitated several OLLI courses in economics and current events.
MORE GREAT MOVIES

MASTER FACILITATOR BOB MAGNANI AND FACILITATOR ARLENE PICKETT

CLASS LASTS UNTIL NOON

Many movies win Oscars that are not for best film – usually, they are contenders that may win for acting or directing or writing or production techniques. Starting with a list of about 400 contenders, in this course, I have selected what I think are some of the best - some are Love Stories: The Country Girl, The Way We Were, Love Actually, La La Land; Some are about respect for life: Our Town, It’s a Wonderful Life, Departures; Several are Genre re-defining films: Psycho, Jaws, Star Wars, The 6th Sense, The Artist; A few are about character in War: 12 O’ Clock High, The Caine Mutiny, Paths of Glory, Spartacus, A Few Good Men, The Imitation Game, Darkest Hour - and still others are about exotic experiences: Lost Horizon, Arrival, The Shape of Water. In this course, we will see Clip-Note versions of 32 films, in chronological order, 4 per session, about 100 minutes of film per session. We will run **2.5 hours** to allow time for discussion and breaks. Please bring your own recollections of these films and let’s have a good time sharing our views of the emotional truths in these iconic films.

**Bob Magnani** has been an OLLI member since 2010, attending over 70 OLLI courses and facilitating more than 25 classes at three Denver locations on Movies and Movie Making, Acting, Comedy, and Chess. His background includes both Arts and Engineering degrees from Columbia, PhD work at NYU, telecommunications design work and management at Bell Laboratories and at US West Advanced Technologies and Product Management at AT&T. Bob has a lifelong interest in film (having seen several thousand US and foreign films in his lifetime), theater, and acting and is delighted to be able to pursue these interests at OLLI.

**Arlene Pickett** began to attend OLLI events in the fall term of 2010. She has a Bachelor’s degree in Business Administration from the University of Iowa and a Master’s degree in Tax Law from the University of Denver. She spent her career in tax accounting and escaped the mental torture of her working days with a lifelong commitment to voracious reading. She has always been intensely interested in what makes a movie “good,” one to be watched over and over and studied in detail.

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SHAKESPEARE SOCIETY

MASTER FACILITATOR: EILEEN WIGGINTON

The Shakespeare class reads the plays. Each week we have a different “cast” of class members expressing their hidden talent. The Bard decided that Julius Caesar must have a sequel and Antony and Cleopatra was conceived. We left the Triumvirate celebrating their victory over Cassius and Brutus. Now, Antony is living a life of decadence with the Queen of Egypt. We will find out how that worked out.
We will switch from tragedy to "A Pleasant Conceited Comedie, Love’s Labour Lost" when a king and his three lords swear an oath to scholarship by fasting and avoiding contact with women for three years. Naturally, disguises and pranks (and cheating) ensues for a sophisticated romp. Hams welcome!

**Eileen Wigginton**, for whom the love of English and Irish literature comes naturally by heritage. Eileen has facilitated for several terms.

**Wednesdays 9:30am-11:30am** – **Park Hill United Methodist Church**  
5209 Montview Blvd.

TRANSFORMING THE 5 MAIN BUDDHIST EMOTIONS

**FACILITATOR: GRETCHEN GROTH**

First 5 weeks

The main five Buddhist emotions obscuring spiritual development are Anger, Desire, Delusion/confusion, Pride, and Envy/jealousy. Contrary to our typical understanding of these five, Vajrayana Buddhism relates each to a particular wisdom family when transmuted. Each family manifests a multitude of aspects such as a wisdom, specific Buddha, dakini, direction, color, mudra, sound, and so forth.

In this class, we will explore each family with particular emphasis on the dominant expressions of the emotion (confusion, jealousy, anger, desire, or pride) in our everyday life and consciousness. Although these emotions sometimes feel heavy and burdensome, this class will look at the humorous and playful dynamics of each as well as how to lessen its appearances in our everyday life.

While each person may have an affinity for one or two families, it is through acknowledging, accepting, and welcoming the energies of each family that we can experience and realize its complementary wisdom.

While not required, it is preferable for students to have taken the Buddhist Psychology class or be familiar with the basic concepts of Buddhism.

**Gretchen Ann Groth**, Ph.D. has been a Tibetan Buddhist practitioner within the Nyingma School for many years. Several years ago, her teacher, Dungse Shenphen Dawa Rinpoche, appointed her as a lama, Lama Pema Chokyi. She has been a central member and meditation teacher with Yeshe Nyingpo Denver. In other pursuits, she has been a national Organization Development and Diversity consultant. Currently she teaches Psychology at Metropolitan State University of Denver and pursues fiber/fabric arts.
TWO 18TH CENTURY ENGLISH NOVELS: 
**HUMPHRY CLINKER AND NORTHANGER ABBEY**

**SENIOR FACILITATOR: BILL WEST**

I'm staying for another term in the 18th century, beginning with a novel by Tobias Smollett, *Humphry Clinker*. Smollett was a contemporary of Laurence Sterne and he shares with Sterne the relaxed attitude toward the human body and its functioning that was a feature of the Enlightenment period. Might as well smile or laugh about things we can't do much about. Matt Bramble, the main character of *Humphry Clinker*, is well named because he is a prickly fellow whose testiness is directly related to his chronic constipation. Unable to move in one way, he decides to move in another by setting out on a trip around England and Scotland accompanied by his difficult sister (another source of his vexation), a young niece and nephew (both of whom Matt suspects of having romantic attachments he disapproves of), as well as a lady's-maid. You'll be happy to know that Matt's bowel problems are cured as a result of his travels, though his relief comes in quite an unexpected way.

The novel is made up entirely of letters authored by all of the travelers. It may well be the best epistolary novel ever written.

After Smollett, we'll go on to read the first of Jane Austen's novels, *Northanger Abbey*. Though only published posthumously, it was actually written in the last year or two of the 18th century and is appropriate for my course because its heroine has been an ardent reader of novels that were popular in the 18th century, often referred to as Gothic Romances, novels that have seriously misinformed and misled her. Like all of Austen's heroines, Catherine Morland has some growing up to do if she's to move from the world of fictional fantasies to the richer world of everyday reality.

Going from the novels of Sterne and Smollett to one by Austen will allow us to sense the shift that characterizes the difference between the novels of the 18th and 19th centuries, which some (like Virginia Woolf) see as a shift from works written from the male point of view to those characterized by a female sensibility.

*William West* is Professor Emeritus from The University of Colorado at Denver where he was a member of the English faculty 1970-1995. He received his BA from Ohio Wesleyan University, his MA from Columbia University, and his PhD from The University of Michigan in Ann Arbor. He wrote his Master's thesis on Willa Cather and his Ph.D. dissertation on Anthony Trollope.
WEDNESDAYS 9:30AM-11:30AM  –  Park Hill United Methodist Church
5209 Montview Blvd.

WELCOME TO THE UNIVERSE

FACILITATOR: WILSON WIEDENHEFT

Much has been discovered about our universe since Carl Sagan published *Cosmos* in 1980. This course is based on the recent book authored by three of today’s leading astrophysicists and covers part of what they teach in their introductory cosmology course at Princeton. We will cover the history of cosmology, as well as recent discoveries: how we came to learn what we know today; the incredible scale of the universe; how stars are born, live and die; how we figured out how the universe began; why the universe continues to expand; black holes; dark energy and dark matter. We will avoid much of the mathematics and technical complexity included in our reference book.

**Books/Materials:** There is no material fee, but we will be using the book *Welcome to the Universe* by Tyson, Gott, and Strauss, 2016, Princeton University Press; $27 on Amazon; $35 at Tattered Cover. A few reviewers have criticized the book as being too technical.

**Class Type:** Lecture/Discussion, 8 class sessions.

In 2012, after spending most of his career directing software and hardware development programs at Motorola, Wilson Wiedenheft retired with plans to enter a different field: geology. In December, 2014, he completed a Master's Degree in geology at Northern Illinois University (NIU) in DeKalb, IL, and began teaching geology adult education courses in NIU’s LLI while continuing paleoclimate research. After relocating to Boulder in 2015, Wilson began teaching science courses at OLLI Central.

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WEDNESDAYS 9:30AM-11:30AM  –  Temple Sinai
3509 S. Glencoe St.

THE PROPHETS

FACILITATOR: RABBI RAY ZWERIN

**THIS CLASS WILL BE HELD AT TEMPLE SINAI, 3509 S. GLENCOE ST. DENVER**

In the Tanach (Hebrew Scriptures) there are 21 books in the section called Prophets. Six of these books are histories (Joshua, Judges, Samuel I/II, Kings I/II); there are 12 Minor Prophets, so called because their books are short; and there are three lengthy Major Prophets (Isaiah, Jeremiah, Ezekiel). In this course, we begin with the fall of Jericho and then examine some of the non-literary prophets (those who have no books in their names, such as Nathan, Elijah, Elisha) and their function in the monarchical society of Saul, David, Solomon, etc. Then we'll move on to the prophets who pleaded and demanded moral behavior from a people on the verge of being conquered not once but twice (by Assyria 721 BCE and Babylonia 586 BCE).
Such pre-exilic prophecy differed in tone and content from the messages delivered to a people already in exile in Babylon (536 BCE), and from the message of compassion and hope announced to those who returned from exile to rebuild Jerusalem. The prophets were in the main enigmatic figures who enunciated a moral standard against which the destiny of their people would be judged. They demanded justice and dignity for all, and refused to temper their spirit even in the face of threats to their personal well-being.

Come learn a bit about biblical history, the biblical idiom, and a passion for wisdom, right behavior, and hope whose relevance resonates to our own times.

**Rabbi Ray Zwerin** is Rabbi at Temple Sinai where this class will be held. He has facilitated many courses for OLLI and is always well received as knowledgeable and humorous.

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**EXTRACURRICULAR PILATES FUNDAMENTALS**

The Pilates approach to exercise focuses on the balanced development of the body primarily by strengthening the core and improving spinal alignment and pelvic stability. Pilates movements use breath and mind-body awareness to help achieve these goals, as well as to promote efficient movement, and to improve coordination and balance. In this class we will learn and practice fundamental Pilates exercises. Wear comfortable clothes that will allow you to move easily and plan to work barefoot, and please bring an exercise mat and a hand towel to class. This class is not intended for anyone who has had an osteoporotic spine fracture.

**Debby Levinson** is a retired college mathematics professor and engineering manager. She has practiced Pilates for more than 10 years, is a member of the Pilates Method Alliance (PMA), and received her Pilates instructor credentials in 2013 through Balanced Body®.

8 weeks, Wednesdays: Apr. 3, 10, 17, 24, May 1, 8, 15, 22
Park Hill United Methodist Church: 11:45 – 12:40pm
Cost: $60 Members ($75 non-members, OLLI members have first priority)
Max. Class size is 12.
CURRENT EVENTS #3

FACILITATOR: STEVEN SPIRN

The world moves fast and trying to keep up can be a full time job. Events of the day affect us all in direct and indirect ways. We will try to sort out these events as best we can. I encourage people of ALL points of view to join us. We learn more when we hear all sides of the debate. We can disagree without being disagreeable.

We will spend our first hour reviewing the events since our last meeting. The second hour will focus on specific topics. I hope to be creative in the second hour. For example, I might play “devil’s advocate” and represent a point of view that differs from the group or we might set up mini debates. Where we go is up to the group.

Join me in exploring our ever changing troubling world.

Steve Spirn - Born in the Bronx but Sticker on my car says it all "Not a native but got here as quick as I could". Held lots of jobs along the way from running a newsstand in Grand Central Station to professional sports agent, but spent the last forty plus years in a dual career of college professor and labor relations consultant. Along the way received a Ph.D. and a J.D. which means I am over educated, but still can’t put a nail in straight in the wall.

DOCUMENTARY FILMS

DIAMOND FACILITATOR DICK REINISH

Class will begin at 12:30pm

The class will feature eight documentary films that will be new to OLLI including “The Last Year”, “I Am Not Your Negro”, “Mercury 13” and “Dark Money “.

Dick Reinish moved from Chicago to Denver in 2011 with his wife Barbara following his retirement from the practice of law. Prior to retiring, Dick practiced antitrust law and complex commercial litigation. He is an alumnus of the University of Michigan (BBA) and Northwestern University School of Law. He has facilitated numerous OLLI Central courses. His interests include sports (both as a participant and spectator), politics, and, of course, movies. In fact, Dick watches around 100 movies a year.
THE DUBLINERS BY JAMES JOYCE

SENIOR FACILITATOR: ANN COHEN

In this class we will read and discuss some of the stories found in “Dubliners” by James Joyce.

Ann Cohen graduated from Smith College with a major in English, and years later received a Master’s Degree in Creative Writing and a PhD in English from the University of Minnesota, teaching writing and literature while doing so. She loves the interchange of ideas found in OLLI classes, and loves discussing issues found in literature.

WHAT THE BLEEP DO WE KNOW ABOUT THEORETICAL PHYSICS?

MASTER FACILITATOR: PETER GILBERT

An introductory, non-mathematical overview to those areas of theoretical physics that you have heard of but never fully explored. Peter will cover the following topics during this 8 week course:
1. Gravity from Isaac Newton to Albert Einstein.
2. Quantum Theory and the search for the “Theory of Everything”.
3. Radioactivity from Marie Curie to the atomic and hydrogen bombs.
4. Fundamental Particles from the ancient Greeks to the discovery of the Higgs particle.
5. Cosmology from the Big Bang to the universe’s ultimate fate.
6. Astrophysics and the life cycle of our sun.
This course requires no previous knowledge but will be fast moving and wide-ranging.

Books/Materials: Handouts by email.
Class Type: Lecture/Discussion.

Peter Gilbert (terens.gilbert@gmail.com) - Born and raised in England and educated at Leeds University in science and engineering. He is now retired and living with his American wife in Colorado after serving 34 years in the British Royal Air Force as an Aeronautical Engineer.

MY READING LIFE BY PAT CONROY

FACILITATOR: LINDA KATCHEN

What made you a reader? What books have made a difference in your life? Using Pat Conroy’s book, My Reading Life, as a discussion and starting point, participants will evaluate Conroy’s and their own
personal experiences as readers and learners. We will look at the books, teachers and others who helped Conroy become a masterful writer as we look at those who have influenced us as well. We will share our ideas and lives as readers as we discover Conroy. Be prepared to look into your own life as we delve into Conroy.

Linda Katchen is a Denver native. She spent 40+ years working in the public schools as an English/reading teacher and school counselor. She has taught all ages from children to adults learning to read. She has a degree in English, two in reading and one in school counseling from C.U. and the University of Georgia. Most recently, she has been working as a freelance writer.

Wednesdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

SCIENCE IN THE TIMES-PART 1

MASTER FACILITATOR: LARRY MATTEN

The New York Times started publishing in 1851. That first issue had an article on Science. Over the past 167 years, the Times has kept its readership abreast of the latest news on science progress. David Corcoran has created a memorable book of groundbreaking scientific coverage of the New York Times from its beginnings to the present. This course will topics ranging from Archaeology to Physics and Technology. The class will help select the topics to be covered during the term and become involved in our discussions of memorable discoveries by helping to lead these discussions. This course is looking for people interested in history and science and who are willing to help contribute to the weekly classes.


Larry Matten is a retired University Professor and Attorney. He received his PhD in Botany from Cornell University and his JD from Southern Illinois University. His research specialty was Paleobotany, Plant Structure and Evolution. He has facilitated over 25 courses at OLLI. He and his wife Susan love to travel and visit children and grandchildren.

Wednesdays 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

THOMAS JEFFERSON: THE ART OF POWER

FACILITATOR: DAVID LIPPMAN

Jon Meacham’s 2013 biography of Thomas Jefferson describes him as a man who “loved his wife, his books, his farms, good wine, architecture, Homer, horseback riding, history, France, the Commonwealth of Virginia, spending money, and the very latest in ideas and insights.” Jefferson also saw his new nation as “the world’s best hope” and dedicated his life to the new nation’s success.
This discussion course uses Meacham’s biography of Jefferson as a text. The course will touch on Jefferson’s achievements and writings, but it also will focus on the character and personality of the man. “To his friends, who were numerous and devoted, Jefferson was among the greatest men who ever lived, a Renaissance figure who was formidable without seeming overbearing, sparkling without being showy, winning without appearing cloying. Yet, to his foes, who were numerous and prolific, Jefferson was an atheist and a fanatic, a demagogue and a dreamer, a womanly Francophile who could not be trusted with the government of a great nation.”

Jefferson was also a master politician and wielder of power. He spent his life seeking control over himself and power over the lives and destinies of others. He craved admiration and approval. To Jefferson, politics was “an undertaking that made everything else possible.”

**Class Type:** Discussion and occasional short, informal lecture.


*David Lippman* spent most of his career in school textbook publishing, where he helped develop texts in many subjects including government and history.
**ENVIRONMENTAL ISSUES AND OUR FUTURE**

**FACILITATOR: DAVID WEISBERG**

We are faced today with a host of environmental issues that have and will continue to have an impact on our lives. These include but are not limited to climate change, energy, water supply, wildlife conservation, forest management and population growth. It is critical that we understand the underlying facts that influence our decisions on these issues going forward. The intent of this course is to objectively present the facts that surround these subjects and to openly discuss what they mean to each of us and what we believe should be done going forward. One example: Colorado River individual state water allotments plus Mexico total 16.50 million acre feet per year. Current river flow is estimated to be 12.50 million acre feet. What needs to change in respect to this gap?

David Weisberg has facilitated earlier courses on the environment, energy, and the history of technology as well as coordinated several speaker series on science and technology. He has BS and MS degrees in civil engineering from MIT and spent most of his professional career involved in the development, marketing and use of computer technology for engineering design and analysis. He first came to Colorado to work for the State Highway Commission creating software for designing bridges, many of which are still standing around the state.

**HARRY TRUMAN: MAN OF THE PEOPLE**

**FACILITATOR: JIM BERNUTH**

Harry Truman left office in 1953 with a 22% approval rating in the polls but is ranked today by many historians as one of our most effective Presidents. Decisions he made in just his first two years as President launched the nuclear age and set the stage for the Cold War and global alliances that transformed the U.S. into a world power.

Topics to be discussed include the decision to use the atomic bomb, the Marshall Plan, the emergence of the European Union and NATO, the recognition of Israel, McCarthyism, and the Korean War. On the domestic front, Truman’s policies left lasting legacies on the civil rights movement, the progressive agenda, and our national political landscape. We’ll discuss Truman’s personal and political history to understand the motivations that influenced his policies as well as how these policies have influenced the last 70 years of world and U.S. history.

Finally, because of his compelling “common man” personal story and his iconic, come from behind 1948 political campaign, Harry Truman has acquired a man of the people reputation in our national mythology. We’ll explore the reasons for these changing views of the man and his presidency.
Books/Materials: No book will be used for the class. The facilitator will send out in advance of each class articles, web links to historical documents, and video links.

Class Type: Lecture/discussion

Jim Bernuth worked in the non-profit sector for many years in a variety of management and leadership positions. Among the organizations he has served with are the Downtown Denver Partnership, Mercy Housing, Project PAVE, and the National MS Society. Since retiring, he has pursued his passion for lifelong learning through OLLI.

Thursdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

ORIGAMI FOR THE MIND: The Foundation Course – morning class

MASTER FACILITATOR: MARK BURGER

What is Origami? Is it an art, a craft, or, perhaps, even a puzzle or a game?

Origami is, in a way, all of them, which makes it such a fascinating pastime. Sitting down with nothing more than a stack of square sheets of paper you will wonder just how the time flew by so quickly while you transformed those sheets into such interesting objects as boxes, geometric forms, birds and flowers.

It’s no wonder that educators and physicians from the 1850’s up to today have seen the merits of Origami as a means to stimulate the brain, prevent aging and reduce stress.

But don’t do it just for that. Do it so that you can make beautiful things with the simplest methods and have fun with other really nice people.

Each of the eight weekly projects will focus on a particular aspect of origami and will progress from easy to difficult.

Although the material might be hard at times, admittedly, it’s not for everyone, we will strive in this class to enjoy ourselves and to help one another. If you’ve previously attended other OLLI classes and have wondered where all the laughter was coming from in the building, it was from this class.

Class type: Project instruction and group discussion. Please note: Both morning and afternoon sections are identical courses.

Books/Materials: All paper and the difficult-to-find main text will be provided. Some class projects will require the use of your own pair of sharp pointed scissors, a ruler and a pencil. Every student enrolled in Origami for the Mind should also possess a library card.

Please bring to the first class a shoe box or tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.
**Materials Fee:** $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

**Mark Burger** is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is a Master Facilitator at OLLI at DU and is the 2017 recipient of OrigamiUSA’s Teaching Award. Please feel free to contact him at eastdenverorigami@icloud.com if you have any questions.

**Thursdays 9:30am-11:30am** – **First Universalist Church**
4101 E. Hampden Ave.

**RECENT SHORT STORIES BY HONORED AUTHORS: PART TWO**

**SENIOR FACILITATOR: F. KELLY SMITH**

In this class we will read and discuss short stories written by award-winning authors who are generally known for their novels. All of the works come from collections of stories selected by the subject writers that have been published since 1995. We will consider two stories each week from a single author. While this course is a continuation of the one with the same title offered in the Winter session, it is not necessary to have taken that class in order to register for this one. We will be reading stories by some of same authors whose collections were used last term, including Jeffery Eugenides, James McBride and Jonathan Lethem. New collections will also be used from Lauren Groff, Deborah Eisenberg, Denis Johnson, and Ben Marcus.

**Books/Materials:** No books will be required for this course. I will email each week’s stories in PDF. Alternatively, I will provide hard copies of the stories for a fee TBD.

**F. Kelly Smith** practiced law for 46 years before retiring. He joined OLLI at DU in 2013 and has previously facilitated 16 literature courses at Central and East campuses.

**Thursdays 9:30am-11:30am** – **Park Hill United Methodist Church**
5209 Montview Blvd.

**MORE SCIENCE FICTION SHORT STORIES**

**MASTER FACILITATOR: LARRY MATTEN**

Science fiction has matured into a major form of literature. It allows the author and reader to contemplate the current world with its myriad of problems and concerns and what it might be like in the future. It is a way to examine our past and compare it with modern reality and future potential. This course will introduce the reader to some of the great writers of science fiction through the short story. Participants will discuss the works critically, and are invited to respond creatively as well. The facilitator hopes to foster a favorable appreciation of science fiction literature. Some of our goals include:
achieving an understanding of the genre, developing an ability to engage with science fiction, and identifying the broad cultural impact of science fiction.

One of the more intriguing aspects of the course is comparing science fact with science fiction. Some science fiction is predictive (futuristic thinking) such as the atomic submarine and the space station. Some science fiction is speculative such as the use of genetic engineering and its consequences. Other science fiction is revisionist in that it extrapolates changes in past human history and attempts to envision what our world would be like in the event of that change (i.e. the South did not lose the Civil War).

Science Fiction provides us with new settings for a moral play. The battle between good and evil is transported to outer space, or imaginary worlds or imaginary future Earths. The reader is confronted with questions about aliens, euthanasia, different social and environmental settings, political and thought control, loved ones being left behind forever, different concepts of justice, and different concepts of a divine being or beings.


Sci Fi enthusiast, former Botany Professor and Elder Law Attorney, Larry Matten has facilitated more than 25 courses at OLLI including: Introduction to Sci Fi Literature; Sci Fi Short Stories; Sci Fi on American TV, and Science Fiction movies. Larry is retired and he and his wife, Susan, enjoy traveling and visiting their children and grandchildren.

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Thursdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

**U.S. IMMIGRATION LAW AND POLICY**

**FACILITATOR: CHRISTINA BAUER**

Immigration is a frequent topic in current U.S. news reports and political debates but often the reports and debates are ill-informed and confused. Many proposals reveal ignorance of what existing law is and why it takes the shape it does. However, everyone involved with immigration law has for many years agreed that the current system is badly broken and urgently needs reform. This is why both President George W. Bush in 2009 and President Barack Obama in 2013 worked with Congress to pass comprehensive immigration reform. Both times, proposed laws passed the Senate and were narrowly defeated in the House by its most conservative voting bloc. Today, there are serious questions that should be raised and debated about U.S. immigration policy. For example, how does U.S. immigration policy support our workforce needs for highly-skilled, skilled and unskilled workers? Are existing protections for U.S. workers adequate? How best to bring undocumented aliens already integrated into U.S. families and jobs out of the shadows and into legal status? This course will present basic information about the current U.S. immigration system and provide an opportunity to explore through class discussion how it functions and what changes need to be made to serve U.S. interests in the 21st century.

**Class Type:** Lecture & discussion.

**Books/materials:** Some background articles will be provided to assist with class preparation. Outside speakers will join us for two classes to provide additional perspectives.
Christina Bauer is a retired lawyer who spent the last 8 years of her career practicing employment-based immigration law. In this role, she helped employers seek immigration benefits for employees and deal with legal workforce issues. In addition, she regularly taught courses in these aspects of immigration law to employers and HR professionals. She came to immigration law after teaching English to adult immigrants at the beef plant in Fort Morgan CO for 2 years.

Thursdays 9:30am-11:30am – Ruffatto Hall – DU Campus
1999 E. Evans Ave.

OLLI CENTRAL SPECIAL OFFERING:

ENVISIONING A TRANSFORMATION OF COLORADO’S HEALTH CARE INDUSTRY

MODERATOR: RICHARD PASSOTH

A Process of Deliberation of OLLI Members (members do not need to be experts in health care), clinical professionals, managers and government officials

This Special Offering will not be a typical OLLI class discussion but a facilitated, focused and reasoning deliberation moving toward a possible and specific vision for our state’s health care industry. A framework for deliberation will be provided but exchanges and thinking can move in different directions if the group wishes. The goal is not compromise or even consensus but what political philosophers writing about “deliberative democracy” call a reasonable and acceptable vision. It is hoped this special offering could provide a model for the Polis administration to initiate throughout the state. Feel free to contact the moderator, Richard Passoth, if you have further questions (repassoth@gmail.com).

THURSDAYS 1:00pm-3:00pm

Thursdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

HOW HEALTHY IS OUR HEALTHCARE AND WHY DOES IT COST SO MUCH?

FACILITATOR: VINCE MARKOVCHICK

Second 4 weeks

This discussion will consist of four 2hr sessions that will cover the following subjects:

Session 1. We will discuss the evolution of our current healthcare and health insurance system from the early 20th century to the present. This will be compared and contrasted to the types of health
insurance systems in the other 23 developed countries all that provide universal healthcare to all their residents.

Session 2. We will have an in depth discussion of the current insurers ie Medicaid, Medicare, private health insurance, and the Patient Protection and the Affordable Care Act (aka Obamacare---the Good the Bad ,and the Ugly) We will “follow the money” i.e. $3.4 Trillion per year that we spend on healthcare including the sources of this funding and how it is spent.

Session 3. We will focus on the incredibly high cost of our healthcare and how this impacts us. This leads us to an in depth discussion of the huge amount of waste, fraud, and abuse which includes the outrageous costs of prescription drugs, hospital care, provider fees, and other charges that often lead to personal bankruptcy from the inability to pay these bills which does not happen in any other country. Fraud is also rampant in our systems and we will see examples and discuss what can be done about it. We will see the influence of special interests as an impediment to reform.

Session 4. We will review the key points from the 3 previous sessions and discuss potential solutions including the current proposed legislative proposals to control costs and provide single payer affordable, comprehensive, universal health insurance to all -- how this would work and how it would be funded.

The goal of these sessions is to inform the participants on the facts so that each can then educate their friends and family on an issue that impacts all of us.

Dr. Markovchick is a graduate of the Temple University School of Medicine in 1970. He then completed a rotating internship at the Presbyterian Medical Center in Denver followed by serving as a USAF Flight Surgeon in Southeast Asia. He has been a practicing Emergency Medicine physician since completing his residency in Emergency Medicine at the University of Chicago in 1976. He is a former Director of Emergency Medical Services at Denver Health where he practiced full time for 32 years He is a Past President of the American Board of Emergency Medicine and is a Professor Emeritus of Emergency Medicine in the University Of Colorado Department Of Emergency Medicine. He is currently President of the Health Care for All Colorado Foundation and is a member of Physicians for a National Health Program. Dr Markovchick’s interest in access to affordable quality health care comes from the myriad of patient encounters he has had with patients in the Denver Health ED many who had serious illness and injuries but no had no health insurance. He has been lecturing on this topic locally and nationally for the last 20 years. His current focus is on the unsustainable absurdly high cost of health much of it due to waste, fraud, and abuse on the part of private health insurers, drug companies, hospitals, and health care providers.

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Thursdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

ORIGAMI FOR THE MIND: The Foundation Course - afternoon

MASTER FACILITATOR: MARK BURGER

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you transformed those sheets into such interesting objects as boxes, geometric forms, birds and flowers.

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**Class type:** Project instruction and group discussion. Please note: Both morning and afternoon sections are identical courses.

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**Mark Burger** is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is a Master Facilitator at OLLI at DU and is the 2017 recipient of OrigamiUSA’s Teaching Award. Please feel free to contact him at eastdenverorigami@icloud.com if you have any questions.

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**Thursdays 1:00pm-3:00pm – First Universalist Church**
4101 E. Hampden Ave.

**PILGRIMAGES**

**FACILITATOR: CHRISTINE PETTY**

*Pilgrimage* is often thought of as a Religious or Spiritual practice. But to some, it may simply be a journey to a place of historical or meaningful significance to that person. Per Phil Cousineau, Pilgrimage is the kind of journeying that marks the move from mindless to mindful and soulless to soulful travel. He believes that every traveler can transform any journey into pilgrimage with a commitment to finding
something personally sacred along the road. In this class we will explore the Pilgrimage and look at some of the more famous and less famous Pilgrimages around the world.

Books/Materials: None

Class Type: Lecture/discussion

Christine Petty joined OLLI in 2014. She is a retired Family Physician and Health Insurance executive who now enjoys travel, especially trips that include hiking and long-distance walks and Pilgrimages. She enjoys learning about the history of places, finding spiritual places and meeting the people along the way. She is a Dual Pilgrim, having walked both the Camino de Santiago (in Spain) and the Kumano Kodo (in Japan). She has walked the Frances and the Portugues Coastal routes of the Camino de Santiago, and served in the Pilgrims Office in Santiago. She is one of the co-coordinators for the Colorado Front Range Chapter of the American Pilgrims on the Camino.

Thursdays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

TEN YEARS THAT SHOOK THE WORLD:
THE RUSSIAN CIVIL WAR

FACILITATOR: WAYNE CASSELL

On 11 November 1918 the guns fell silent in Western Europe and the war was over. In Eastern Europe and Russia, the fighting continued. The abdication of the Tsar created a vacuum which various political factions and parties tried to fill. With the Bolsheviks “winning” in November 1917, the losing factions took up arms to overthrow the government. Various borderland states and nationalities saw a chance for independence, foreign governments sent troops, and bandit leaders formed their own fiefdoms out of the chaos. In the middle of all this were the peasants who “fought” just to survive.

The outcome of The Russian Civil War was the USSR and the repercussions of these ten years are felt to this day.

Class Type: Lecture

Books/Materials: The Russian Civil War by Evan Mawdsley

Wayne Cassell is a former US Army officer having served during the mid to late 70’s. During the 1980’s he was a tactical training consultant for the army before moving to Colorado and becoming a technical illustrator and graphics artist. An avid amateur military historian, he finds his passion for history is useful in his hobbies which include building historically accurate models and playing board and computer strategy wargames.
HOW THE SCOTS INVENTED THE MODERN WORLD

SENIOR FACILITATOR: MARJIE CLARK and FACILITATOR DIANE RICH

In 1700 Scotland was Europe’s poorest independent country, yet this nation rose to become the engine of modern progress. To quote from one description of Arthur Herman’s book:

Who formed the first literate society? Who invented our modern ideas of democracy and free market capitalism? The Scots. In the 18th and 19th centuries Scotland made crucial contributions to science, philosophy, literature, education, medicine, commerce and politics – contributions that have formed and nurtured the modern West ever since.

The Wall Street Journal calls the story “fascinating stuff… There’s hardly a facet of modern Western life in which the Scots didn’t play a leading role.” Join us as we explore the book’s subtitle: The true story of how Western Europe’s poorest nation created our world and everything in it.


Marjie Clark and Diane Rich teamed up for the first time last year for a course on the Enlightenment. Marjie, a transplant from Texas, is a master facilitator and has presented many American history courses for OLLI Central. Diane, active in both OLLI Central and OLLI East.

THE BLUES: ROOTS AND BRANCHES

FACILITATOR: LARRY D. TANNENBAUM

Class will go until 3:15pm
This course was originally presented as a one-semester course. After completion of the course, I felt that the breadth of the subject matter of the course made it preferable that the course be expanded to a two-semester course. The second semester will be presented in a separate semester. Since The Blues is not necessarily linear in its time frame, the course will not proceed in an absolutely logical time progression. In this course (both semesters), we will examine and explore the musical genre that became known as The Blues. We will look at those musical, historical, sociological, economic and other factors and events that created, fostered and contributed to the origins and evolution of The Blues over the years. Make no mistake about it, there will be substantial focus upon the music itself. We will listen to a lot of music during the eight weeks of Semester I of the course. In the first semester, we will trace the origins of the music, the lyrics and musical form of the music and the “feel” of The Blues. We will listen to and discuss many of the progenitors of The Blues, including W.C. Handy, Ma Rainey, Bessie Smith, Leadbelly, Blind Lemon Jefferson, Reverend Gary Davis, Charley
Patton and Robert Johnson. We will also meet and discuss many individuals who impacted The Blues, including Barry Melrose, The Chess Brothers (Chess Records) and Sam Phillips. During our two-semester journey through the history and evolution of The Blues, we will visit a number of places where The Blues took root, flourished and evolved, such as the Mississippi Delta, the Piedmont region, Texas, Chicago, Detroit, Los Angeles, San Francisco and Great Britain. We will study and discuss historical events and developments that impacted The Blues, such as the advent of slavery, Jim Crow laws, the Great Migration (1915-1970), publication of sheet music, recording, race records and radio, each of which was important in the development of and evolution of The Blues. As the course progresses, we will meet, watch, listen to and discuss many of the musicians whose music and styles enabled The Blues not only to flourish, but to evolve and branch out into and influence other musical genres, such as jazz, country music, rock ‘n’ roll, folk music, blues-rock and soul. Over two semesters, we will visit, watch and listen to such diverse and important musicians as Son House, Johnny Shines, T-Bone Walker, Muddy Waters, Lightnin’ Hopkins, Howlin’ Wolf, B.B. King, Little Richard, Elvis Presley, Jerry Lee Lewis, Lonnie Donegan, Eric Clapton, the Rolling Stones, Janis Joplin, Jimi Hendrix, Buddy Guy and Stevie Ray Vaughn, all of whom were connected to and influenced by The Blues and all of whom contributed to the evolution of The Blues. The course will culminate with an exploration of current Blues, which I believe is alive and well and currently produces excellent music, some of which we will enjoy via video and current concert footage.

PORTFOLIO: There are no required materials for The Blues: Roots and Branches. The University of Denver, through OLLI, has provided a web page and I have downloaded a number of articles, songs and videos onto the Portfolio page for this course. The materials are intended to supplement the eight classes of Semester I and, if you enjoy The Blues or are curious about the events, people and music that comprise The Blues, you might enjoy reading the various articles and listening to and viewing the downloaded music. The materials are arranged so that there is an introductory tab and eight additional tabs, one for each of the eight weeks of the course. Each tab will make you to that week’s material. The left column contains a brief outline of the subject matter of that week’s class. The right column contains downloaded articles, music, video and podcasts relating to the subject matter to be covered. Initially, only Semester I will appear in Portfolio. Semester II is “under construction” and will not likely be fully completed until Semester I has been concluded.

Larry Tannenbaum was a practicing trial attorney in Colorado from 1971 to 2014. He is a Colorado native who has substantial interest in music. Mr. Tannenbaum enjoys sharing the knowledge gained about several music genres with others, as well as the music itself, and has previously facilitated a well-received OLLI course on The Blues: Roots and Branches
Who are OLLI Facilitators?

They are people . . . just like you!
At the heart of OLLI are our facilitators and curriculum. OLLI is successful because every term we have an intriguing curriculum and a “faculty” of dedicated people volunteering their time to make it happen.

The majority of OLLI facilitators have never taught a class in their lives. They all find many different ways to organize a class based on the topic and their style – some prepare discussion questions from the text they have chosen; some prefer using lecture tapes and building a discussion around them; others have members of the class give reports; and many invite guest lecturers.

How can you find out about becoming a facilitator?
It is quite easy. You may begin by simply indicating your interest to a Curriculum Committee member. They will be delighted to answer your questions and offer suggestions. Here's how to get started: 1) request a course proposal form from the Curriculum Committee Chair; 2) return the completed form to the appropriate sub-committee chair; 3) meet with the appropriate subcommittee chair for an evaluation of your proposal.

Curriculum Committee Contacts

Curriculum Committee Chairperson: Tom Bieging, (303) 324-8754, biegfam@comcast.net

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<th>Public Affairs</th>
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<tr>
<td>Chair</td>
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<tr>
<td>Gene Cole</td>
<td>(720) 482-0137 <a href="mailto:gene_cole@comcast.net">gene_cole@comcast.net</a></td>
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<tr>
<td>Chair</td>
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<tr>
<td>Nan Morehead</td>
<td>(303) 690-1949 <a href="mailto:nanmore@q.com">nanmore@q.com</a></td>
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<th>Philosophy, Religion and Psychology</th>
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<tr>
<td>Chair</td>
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<tr>
<td>Richard Passoth</td>
<td>(801) 364-3387 <a href="mailto:repassoth@gmail.com">repassoth@gmail.com</a></td>
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<tr>
<td>Marianne Lorenz</td>
<td>(970) 568-6729 <a href="mailto:lhooq@att.net">lhooq@att.net</a></td>
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<td>Don &amp; Gracie Batt</td>
<td>(303) 837-1369 <a href="mailto:graciebatt@earthlink.net">graciebatt@earthlink.net</a></td>
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<tr>
<td>David Shander</td>
<td>(303) 355-6028 <a href="mailto:alubdub@aol.com">alubdub@aol.com</a></td>
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OLLI CENTRAL MEMBER RELATIONS ADVISORY COUNCIL

David Ramsey, President, (303) 693-5327, g.ramsey@comcast.net
Gayle Lipson, Secretary, (303) 399-6960, glipson@4edisp.net
Glenn Cooper, (720) 394-2720, coopergx@aol.com
Sydney Myers, (303) 771-0017, sydsiemyers@yahoo.com
Bonnie Payne, (720) 936-2577, bonnierenne@gmail.com
Dick Reinish, (303) 355-3135, rlreinish@aol.com
Doug Wayland, (303) 759-2759, drwayland@comcast.net
2019 Spring Term Registration – OLLI Central  
April 1st thru May 24th  
OLLI CENTRAL, 2211 S. JOSEPHINE ST. DENVER 80208-8301  
www.portfolio.du.edu/olli

*New to OLLI? _______ (check for “yes”)   * = Required Field

*NAME____________________________________________________________

*ADDRESS_________________________________________  *CITY_________  *ZIP________

*PHONE________________________  *EMAIL________________________________________

► *I would like to participate in a TOTAL of ___classes ◄  
Classes listed over this total number will be considered alternate choices.

For classes as Ruffatto (DU campus), please supply your license plate number for issuance of a parking pass: ______________________________

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<th>Class Name – Please list in order of preference.</th>
<th>Would You Be Class Assistant?</th>
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EXTRACURRICULAR OFFERINGS

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Please double check your form for accuracy as to day of the week, time, and class location!

Please make check payable to OLLI and mail with your registration requests to:

OLLI
UNIVERSITY COLLEGE, UNIVERSITY OF DENVER
2211 South Josephine Street
Denver, Colorado 80208-8301

Please indicate on the envelope if the classes are for Central, South, West, East, On-Campus, Boulder or Mixed

PLEASE ENCLOSE YOUR $130 TUITION CHECK PAYABLE TO OLLI. (The tuition includes your membership fee.) If you are also registering for Extracurricular class offerings, include a separate check for those fees as well.

Check(s) enclosed:
_______ Tuition: $130 per term, per person
_______ OLLI EXTRACURRICULAR registration fees: Total for all classes requested.
_______ OLLI Tax Deductible Donation, please enclose a separate check
_______ Total Amount Enclosed

For information and/or questions, contact:
Debbie Loftin at 303-871-3090 or debra.loftin@du.edu

NOTICE
By registering, I understand and agree that the University of Denver, its Trustees, employees and agents have no legal responsibility for my physical welfare while a member of the Osher Lifelong Learning Institute at the University of Denver or during any program-sponsored trip or activity. By registering, I agree to hold harmless the University of Denver, its Trustees, employees and agents for any claims for personal injury or damage arising out of the member or guest association with the program. Additionally, I agree to authorize OLLI at DU to record and photograph my image and/or voice for use by OLLI at DU in education and promotional programs and material.

SIGNATURE REQUIRED: __________________________________________
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<th>MONDAY 9:30 – 11:30am</th>
<th>TUESDAY 9:30-11:30AM</th>
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<td><strong>B'Midbar: Wandering in the Desert</strong>&lt;br&gt;Rabbi Sandra Cohen</td>
<td><strong>Animals 101</strong>&lt;br&gt;Paula Mitchell&lt;br&gt;<em>1st</em> 5 weeks</td>
<td><strong>Environmental Issues</strong>&lt;br&gt;David Weisberg</td>
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<td><strong>Crusade in Europe</strong>&lt;br&gt;Mac McHugh</td>
<td><strong>Current Events #2</strong>&lt;br&gt;D. Reinish &amp; S. Myers</td>
<td><strong>Origami the Foundation-morning</strong>&lt;br&gt;Mark Burger</td>
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<td><strong>Easy Chinese Conversation</strong>&lt;br&gt;Yi Ren</td>
<td><strong>Great Decisions #2</strong>&lt;br&gt;Steve Winber</td>
<td><strong>Recent Short Stories – Part 2</strong>&lt;br&gt;Kelly Smith</td>
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<td><strong>Current Events #1</strong>&lt;br&gt;D. Reinish &amp; S. Myers</td>
<td><strong>More Great Movies</strong>&lt;br&gt;B. Magnani &amp; A. Pickett&lt;br&gt;Class lasts until noon</td>
<td><strong>Truman</strong>&lt;br&gt;Jim Bernuth</td>
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<td><strong>TEMPLE SINAI</strong>&lt;br&gt;The Prophets&lt;br&gt;Rabbi Zwerin</td>
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<td><strong>Yoga from the Heart</strong>&lt;br&gt;9:30 to 10:45am</td>
<td><strong>Great Decisions #1</strong>&lt;br&gt;Barbara Holme</td>
<td><strong>Shakespeare Society</strong>&lt;br&gt;Eileen Wigginton</td>
<td><strong>U.S. Immigration</strong>&lt;br&gt;Chris Bauer</td>
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<td><strong>Colorado’s Black History</strong>&lt;br&gt;Jacqui Shumway&lt;br&gt;6 weeks beginning&lt;br&gt;April 15th</td>
<td><strong>The Oxford Univ. Studies</strong>&lt;br&gt;Joe Brady&lt;br&gt;<em>1st</em> 4 weeks</td>
<td><strong>Transforming 5 Main Buddhist Emotions</strong>&lt;br&gt;Gretchen Groth&lt;br&gt;<em>1st</em> 5 weeks</td>
<td><strong>More Sci Fi Short Stories</strong>&lt;br&gt;Larry Matten</td>
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<td><strong>Tai Chi</strong>&lt;br&gt;11:00 – 11:45am</td>
<td>Two Women Writers of the West&lt;br&gt;Don &amp; Gracie Batt</td>
<td><strong>Two 18th Century English Novels</strong>&lt;br&gt;Bill West</td>
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<td><strong>Wagner’s Ring</strong>&lt;br&gt;Mo Mathews</td>
<td><strong>Welcome to the Universe</strong>&lt;br&gt;Wilson Wiedenheft</td>
<td><strong>Pilates</strong>&lt;br&gt;11:45 – 12:40pm</td>
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<td><strong>Benjamin Franklin</strong>&lt;br&gt;Howard Flicker</td>
<td><strong>Healthcare Deliberation</strong>&lt;br&gt;Rich Passoth</td>
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<td><strong>Plate Tectonics</strong>&lt;br&gt;Lynn Peyton</td>
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<td><strong>Become a Story Teller</strong>&lt;br&gt;Pam Giordano</td>
<td><strong>Criminal Justice System</strong>&lt;br&gt;Peg Solomon</td>
<td><strong>Current Events #3</strong>&lt;br&gt;Steve Spirn</td>
<td><strong>How Healthy is our Health System?</strong>&lt;br&gt;Vince Markovich&lt;br&gt;<em>2nd 4 weeks</em></td>
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<td><strong>Great Decisions #3</strong>&lt;br&gt;Bob Reilly</td>
<td><strong>Matinee at the Bijou</strong>&lt;br&gt;Mac McHugh</td>
<td><strong>Documentaries</strong>&lt;br&gt;Dick Reinish&lt;br&gt;<em>Begins 12:30pm</em></td>
<td><strong>Origami the Foundation-afternoon</strong>&lt;br&gt;Mark Burger</td>
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<td><strong>The Music Man Who Got Away</strong>&lt;br&gt;Steve Weston&lt;br&gt;<em>Begins 12:30pm</em></td>
<td><strong>Plants</strong>&lt;br&gt;Larry Matten&lt;br&gt;<em>1st 4 weeks</em></td>
<td><strong>The Dubliners</strong>&lt;br&gt;Ann Cohen</td>
<td><strong>What the Bleep – Theoretical Physics</strong>&lt;br&gt;Peter Gilbert</td>
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<td><strong>10 Years that Shook the World</strong>&lt;br&gt;Wayne Cassell</td>
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<td><strong>The Crucible of Faith</strong>&lt;br&gt;Stewart Jones</td>
<td><strong>The French Revolution</strong>&lt;br&gt;Robert Dodge</td>
<td><strong>My Reading Life</strong>&lt;br&gt;Linda Katchen</td>
<td><strong>How the Scots Invented the Modern World</strong>&lt;br&gt;M. Clark &amp; D. Rich</td>
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<td><strong>Jane Eyre</strong>&lt;br&gt;Maryann O’Brien</td>
<td><strong>The Great Debate</strong>&lt;br&gt;Lattina Adams</td>
<td><strong>Science in the Times</strong>&lt;br&gt;Larry Matten</td>
<td><strong>The Blues: Roots &amp; Branches</strong>&lt;br&gt;Larry Tannenbaum&lt;br&gt;<em>Class goes to 3:15pm</em></td>
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<td><strong>History of Rock &amp; Roll</strong>&lt;br&gt;Wayne Gardner</td>
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<td><strong>Thomas Jefferson</strong>&lt;br&gt;David Lippman</td>
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<td><strong>Supreme Court in Review</strong>&lt;br&gt;Brian Gibson</td>
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<td><strong>Philosophy of History</strong>&lt;br&gt;Mitch Stewart</td>
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OSHER LIFELONG LEARNING INSTITUTE
AT DU DENVER METRO LOCATIONS

OLLI at DU Main Office
1 University College
  2211 South Josephine Street
  Denver, CO 80208

OLLI Central
2 First Universalist Church of Denver
  4101 East Hampden, Denver, CO 80222
3 Park Hill United Methodist Church
  5299 Montview Blvd, Denver 80207
8 Ruffatto Hall on DU Campus (Frontier Hall)
  1999 East Evans Avenue, Denver, CO 80210

OLLI South
4 Valley View Christian Church
  11804 Wildfield Lane, Littleton, CO 80125

OLLI West
5 Jefferson Unitarian Church
  14350 West 32nd Avenue, Golden, CO 80401
6 Shepherd of the Hills Presbyterian Church
  11500 West 20th Ave., Lakewood, CO 80215

OLLI East
7 Mississippi Avenue Baptist Church
  13231 East Mississippi Ave, Aurora, CO 80012

OLLI-on-Campus
8 Ruffatto Hall on DU Campus
  1999 East Evans Avenue, Denver, CO 80210

OLLI Boulder
9 Mountain View United Methodist Church
  355 Ponca Place, Boulder, CO