Statement of Purpose:
OLLI, a member-volunteer organization, offers non-credit academic classes and stimulating programs, along with social opportunities for retired and semi-retired men and women. Members use their talents, experiences, and skills creatively in shared intellectual and cultural pursuits. We strive to respect diversity of thought in a relaxed, supportive academic environment, exploring new interests, discovering and developing latent abilities, and contributing to the immediate or broader community.

About the Osher Foundation
Thanks to the generosity of the Bernard Osher Foundation, the network of Osher Lifelong Learning Institutes, across the United States, is meeting the needs of mature learners who want to learn simply for the joy of learning and personal fulfillment. To date there are 123 OLLI programs in the United States from Maine to Hawaii and Alaska.
August 5, 2019

Dear Friends,

Enclosed is the Fall curriculum information for OLLI Central. The 8-week Fall term begins Sept. 16th and ends November 8th (ends the week of Nov. 11th for Monday and Wednesday classes). See overview of class subjects on pages 7-9 and the weekly overview of classes on pages 51-52.

Website Information. You may find our catalog and registration materials online by going to: http://portfolio.du.edu/olli. Going on the website gives you the advantage of viewing classes at all six OLLI sites – Central, West, South, East, OLLI-On-Campus & Boulder. Your one-time term membership payment of $130 allows you to take as many courses as you like at any of the six sites (contingent upon space availability).

Registration. We are now offering online registration for all sites of OLLI at DU. To register, please go to the Central site at http://portfolio.du.edu/olli and click on the link that states “Register Now, click here”. This process allows you to pay by credit card. As you register for classes, please save the email that will be sent to you after you complete the registration process. It will list the classes for which you have registered but not yet confirmed for your attendance.

If you decide to register by mail (the old-fashioned way), the registration form is included in the catalog and a check must accompany the mailed in registration form. There is no way to pay via credit card should you decide to register by mail. Registrations received by mail will then be entered into the online system which will automatically send an email to the member. Save this email for your records. Please complete all required information online or on the registration form.

Class Placement and Confirmation. We will begin placing members into classes on August 16th. All registrations received during the time of August 5th thru August 16th are randomly selected and placed into classes one at a time with consideration given to class size limitations. Registrations received after August 16th are placed into classes in the order received if room is available. Confirmation notices of the classes you have been accepted in will be emailed beginning Sept. 3rd.

Class Locations. Central classes have three primary locations: Park Hill United Methodist Church, 5209 Montview Blvd.; First Universalist Church, 4101 E. Hampden Ave. (NE corner of Colo. Blvd. & Hampden); and Ruffatto Hall, DU Campus, 1999 E. Evans Ave. (High St. & Evans). See Map for Locations of Central and all other Sites on the inside back cover. Occasionally we will hold classes at other locations as space needs arise. These are not on the Map but identified on the weekly class overview.

We greatly appreciate your support and commitment to OLLI. If you have questions or want additional information, email the office at debra.loftin@du.edu.

Sincerely,
Darcey VanWagner – Central Operations Manager (darcey.vanwagner@du.edu)
John Baumgartner – Central Site Manager (john.baumgartner@du.edu)
OLLI POLICY STATEMENT

In the spirit of fostering understanding, each OLLI member is encouraged to share opinions and ideas. OLLI class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems, and beliefs. The true focus of an OLLI Class is the critical examination of issues and opinions. Each participant’s point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate. Comments shared within the class are voiced in a professional manner, without personal attack, to preclude them from being detrimental to the learning environment. In the event an issue arises compromising this premise, OLLI administration has the authority to remove a student or instructor from the class and/or the program.

MEMBERSHIP FEE INFORMATION

FEE STRUCTURE

- $130 – per term.

MEMBERSHIP FEE INCLUDES THE FOLLOWING BENEFITS:

- Participation in classes at any of the six OLLI sites – Central, West, South, East, On-Campus & Boulder (contingent upon space availability - enrollment in classes is limited based on classroom size and facilitator preferences)
- Opportunity to participate in Extracurricular classes (for additional per-class fee if applicable)
- Special member price for “The Summer Seminars of OLLI”.
- Notice of un-advertised DU events (many at no cost because of DU affiliation).
- Invitations to annual social events
- Lamont School of Music – All OLLI members get the senior/group rate.
- University of Denver Library (Anderson Academic Commons) Borrowing privileges, see http://portfolio.du.edu/olli for details
- ENRICHMENT PROGRAM - Our sister organization offers classes at the University of Denver. Members of OLLI at DU enjoy a 20% discount on most courses (some exclusions do apply) when they register with the code OLLIF19. To review the course offerings please go to http://universitycollege.du.edu/enrichment or visit the 2211 South Josephine Street office and pick up a catalog in the front reception area.
- The OLLI at DU card qualifies as a student ID for the Colorado Symphony and you can receive student ticket pricing. For more information, go to their website: https://coloradosymphony.org/Education/Discounts
- DU Athletics – Purchase 1 full price ticket and get 1 free ticket to any men’s or women’s basketball game, based on availability.
- Coors Fitness Center - $25 per month membership for 12 months. Sign up only in the fall term.

REFUND POLICY

Per term: Full refund, if requested, no later than 10 days into the term.
FALL ANNOUNCEMENTS: PLEASE REVIEW

1) EXTRACURRICULAR CLASS descriptions are in the catalog listed on the day the class is held. Please be sure to check them out!

2) HOLIDAYS/NO CLASS DAYS – Sept. 30th and Oct. 9th

3) CLASSES AND WORKSHOPS: Classes and Workshops are eight weeks in length unless stated otherwise. Some classes and workshops have fees.

4) SENIOR, MASTER & DIAMOND FACILITATORS: You will see the terms “Senior Facilitator”, “Master Facilitator” and “Diamond Facilitator” used in this book. These are the very dedicated people who have facilitated many OLLI classes. A Senior Facilitator has taught between 10-14 classes, a Master Facilitator has taught 15-24 classes and a Diamond Facilitator has taught 25 or more.

5) SNOW CLOSURES: Classes at all 3 OLLI Central locations will be cancelled if the Denver Public Schools are closed. We will also have a recording on the office line – (303) 871-3090, or you can check our website to see if a location is closed: www.portfolio.du.edu/olli.

6) BOOKS/MATERIALS: Many classes have required books. Tattered Cover offers OLLI students a 15% discount. Books can also be obtained over the internet from, for example, Amazon or Barnes and Noble.
HIKING (OLLI members only)

OLLI’s goal is to stimulate your mind, fulfilling our motto of “curiosity never retires,” however, we also have programs to stimulate your physical well-being!! Talk to anyone who has participated in our hiking program over the last 5 years and you will feel their exhilarating sense of accomplishment. OLLI HIKERS experience social interaction, camaraderie, building friendships while, at the same time, improve heart and lung functions, improve stamina, maintain weight control, and attain a better quality of life. PHYSICAL activity, no matter how small, may help improve your overall health, in addition, it can lead to improving your mood, lowering stress, improving sleep and keeping your MIND ACTIVE. We feel it also can help you to increase longevity.

Of course, it is INCUMBENT on each hiker to know their physical abilities as well as their physical limitations and their capacity to handle each hike they undertake. Exercise allows you to be young while growing old. Aging is inevitable, old age is a choice!!

Come hike with OLLI every other Friday all year long for a truly stimulating and enjoyable experience, you won’t be disappointed. Besides, you will see the REAL Colorado!

Please contact ollihikingteam@gmail.com for more information.

WALKING

“Walking is man's best medicine.” --Hippocrates

Every MONDAY morning, a group of us get together for a brisk walk and good conversations. It's like getting your coffee chats and morning feel-good exercise at the same time! What an awesome way to begin your week! All levels of walkers are welcome. Some go 5 miles, others 2.5 miles, but we all have so much fun it never seems like exercise! We add variety to our walks with different locations like the Highline Canal, Wash Park, the Wildlife Refuge, or Fairmont Cemetery, always in search of new spots and open to your suggestions. Our facilitator, Pam, feels moving in some way, no matter what you choose, dance, yoga, etc., is critical to your health. We have a great group and would love to have you join us to begin your week in the fresh outdoors.

Contact: Pam Murdock, facilitator: pampem@aol.com or cell: 303-918-4566

Pam received a B.A. in Philosophy from the University of Colorado. As a philosopher, she is not qualified for anything except loving life and asking questions. She owned a wholesale travel company for 35 years and was featured numerous times in the Colorado Business Magazine and Denver Business Journal as one of Colorado's top privately owned businesses and top women-owned businesses. When not walking, she enjoys traveling, reading, hiking and spending time with her dog.

SNOWSHOEING

Snowshoeing will be offered to OLLI members every other Friday beginning in mid-January when the weather becomes less cold in the mountains. Away from the hustle and traffic of ski resorts, snowshoeing is a way to experience the peaceful winter landscape on pristine snowy trails through the woods. These beautiful surroundings and the group enjoyment make these fun and memorable events. Sometimes we even stop for treats on the trip home. Snowshoeing is exertion at higher altitudes, so it requires participants who exercise regularly or who are in good shape.

Contact: Richard Passoth for more details about snowshoes, carpooling, and to be on the email list for notification of the outings. repassoth@gmail.com phone: 801-364-3387

Richard Passoth is a long-time member of the Sierra Club and an experienced guide for mountain outings. He is safety conscious and tries to assure that all participants have a good time.
OLLI CENTRAL ACADEMIC SCHEDULE
Fall 2019
SHORT VERSION BY TOPIC

HISTORY
Accidental Empress
Easy Chinese Conversation
Great Cathedrals
Great Chinese Revolution
Great Generals & Admirals of WWII

Harry Truman
Less than Human
The Witches: Salem, 1692
Wolf Hall

LITERATURE & WRITING
Burger's Daughter
By Nobel Prize Winner Nadine Gordimer
Pride & Prejudice
Recent Short Stories – Part III
Science Fiction Short Stories - Around the World
The Shakespeare Society
Short Stories with an Edge
Ulysses for Reluctant Readers
Virginia Woolf: Two Novels

PUBLIC AFFAIRS
Active Minds: An OLLI at DU Speakers Series
Campaigns and Elections
Current Events #1
Current Events #2
Current Events #3
Current Events #4
The Economics of Extraction & Exclusivity
First Amendment

FACILITATOR
Barb Forsyth & Becky Bennett
Yi Ren
Mo Matthews
Irwin Kirk
Bix Bicknell, Tom Berry & Fred Woll
Jim Bernuth
Diane Carter
David Lippman
Hilary Carlson & Kathy Stokes

FACILITATOR
Maureen Beigel & Rivka Schwab
Linda Katchen
Kelly Smith
Larry Matten
Eileen Wigginton
Judith Vlasin
Ann Cohen
Kelly Smith

FACILITATOR
Active Minds
Dennis Johnson
Dick Reinish & Sydney Myers
Dick Reinish & Sydney Myers
Gordon Appell & Barbara Holme
Doug Seagren
Keith Ruckhaus & Alec Tsoucatos
Barbara Shecter
Great Decisions #1
Great Decisions #2
Selected Topics of Interest in the Criminal Justice system
Ted Talks
U.S. Immigration: Law and Policy

Steve Winber
Joseph Feldstein
Rick Levinson
Gene Cole
Chris Bauer

PHILOSOPHY, RELIGION & PSYCHOLOGY

Buddhist Psychology
More Adventures in B’Midbar & Beyond
Neoliberalism
Squaring the Curve is not for Squares

Gretchen Groth
Rabbi Sandra Cohen
Mitch Stewart
Jacqui Shumway

FACILITATOR

SCIENCE, MEDICINE & TECHNOLOGY

Be Good to Your Gut – The Science & Art of Wild Fermentation
Colorado Mining Legacy
Fascinating Felines
Human Cardiovascular System
Making Decisions in a Complex World
Oxford Study Lectures
An OLLI at DU Lecture Series
Science Potpourri - An OLLI at DU Speakers Series
Taste the Plant Rainbow
U.S. Global Water Resource Issues

Judie Maurelli
Gary Curtiss
Carri Currier & Mary Dudzinski
David Shander
Terry Ortlieb
Joe Brady

FACILITATOR

VISUAL & PERFORMING ARTS

‘60s Music – The Songs and the Times
The Blues: Roots & Branches #2
Finding Mr. Dickens through Film
Foreign Films
Loving Vincent: Van Gogh thru Multi Media
Origami for the Mind: Foundation - AM class
Origami for the Mind: Foundation - PM class

Paul Simon & Glenn Gravlee
Larry Tannenbaum
Andrew Brier
Dick Reinish
Judith Vlasin
Mark Burger

FACILITATOR

An OLLI at DU Lecture Series
Science Potpourri - An OLLI at DU Speakers Series
Taste the Plant Rainbow
U.S. Global Water Resource Issues
Public Art in Downtown Denver  
Some of The Best Fantasy Films of All Time  
Sports Movies & Cultural Impact  
Symphony

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Barbara Thorngren  
Larry Matten & Greg Petty  
Alan Folkestad  
Catherine Beeson
COURSE DESCRIPTIONS

MONDAYS

Mondays 9:30-11:30am – First Plymouth Church
3501 S. Colorado Blvd

SHORT STORIES WITH AN EDGE

MASTER FACILITATOR: JUDITH VLASIN

Note class location above
This class is for the adventuresome reader. It includes "edgy" stories with unusual, controversial, or bold content. These stories will provoke interesting discussion. Some are from other countries, some by U.S. authors. None of the stories included in this course have been used in the two previous Vlasin short story classes (American Short Stories Through the Decades and Connections Interspecies: Short Stories of Lydia Millet), so this class will have no repeat content. If this description intrigues you, join us -- it will be a fun, provocative and engaging class on the largely under-appreciated genre of the short story.

Judith Vlasin retired seven years ago after teaching literature, composition, and film classes to high school students for 42 years. She is now an entrenched OLLI fan, taking and facilitating classes at Central, South and West. She is also an avid reader of short stories.

Mondays 9:30-10:45am – Park Hill United Methodist Church
5209 Montview Blvd.

EXTRACURRICULAR

YOGA FROM THE HEART

Teacher, Robin Secher, has practiced yoga for the last 40-plus years and has been a certified yoga teacher since 2003. Hatha Yoga is her favorite path to gentle strengthening of the inner and outer body. Robin teaches all levels and abilities at yoga studios, spas, health clubs, colleges, and corporate work sites. Bring your own yoga mat, blanket, and pillows or we will supply them. Please contact Robin if you have any questions about attending her class at birdyoga99@gmail.com, 303-880-0508.

Mondays: Sept 16, 23, Oct 7, 14, 21, 28, Nov. 4, 11

Park Hill United Methodist Church, 5209 Montview Blvd.

Time: 9:30 – 10:45am

Cost: $60 members $75 Non-members (if available space)
EXTRACURRICULAR

TAI CHI: EXERCISE IS MEDICINE

Experience for yourself the accumulated wisdom of centuries with the timeless exercise of T’ai Chi. This introduction to T’ai Chi Ch’uan is both practical and participative, the course introduces you to the basics of T’ai Chi Ch’uan, the skills and principles involved. It imparts and models best practices, using the T’ai Chi classical literature as a process for learning and understanding all the various styles. Core knowledge is discussed and skill sets are demonstrated as participants explore this meditation in motion and its role in Traditional Chinese Medicine. Each week students will learn a short sequence of the form and review material from the previous week.

Joseph Brady is a board-certified practitioner of Oriental Medicine and an internationally recognized expert on healthy aging. He has spent over 20 years teaching at the University of Colorado Health Sciences Center, the University of Denver Institute of Gerontology, and Metropolitan State University. A former columnist on healthy aging for the Rocky Mountain News, Joe has presented at many scientific and medical conferences and twice been a featured presenter at the Oxford Roundtable at Oxford University U.K.

Mondays: Sept 16, 23, Oct 7, 14, 21, 28, Nov. 4, 11
Park Hill United Methodist Church, 5209 Montview Blvd.
Time: 11:00 – 11:45am
Cost: $55 OLLI Members. $70 Guests

Mondays 1:00pm-3:00pm

‘60s MUSIC: THE SONGS AND THE TIMES

FACILITATORS: PAUL SIMON AND GLENN GRAVLEE

Who doesn’t hear a few bars of a favorite song from “back then” and flash on favorite memories? This course will rediscover the music of the 1960s. We’ll listen to a variety of music each week and discuss the major movements and influences of this period, including sociologic and political factors that influenced some genres. We will learn more about the artists who performed these songs and the impetus for their music. The first week will be devoted to shared experiences and an entertaining video review of ‘60s music. Each successive week will be devoted to a particular theme or two. Participants should take from this course the comfort of hearing favorites tunes from the ‘60s as well as fascinating facts that enhance the audio pleasure in hearing the music.
Paul Simon, a proud new grandparent, is a child of the ‘60s who is halfway adept at recognizing ‘60s songs by name and artist after a few bars -- particularly Simon & Garfunkel music. A longtime journalist (Associated Press, Denver Post), he has taught adjunct newswriting and reporting classes at the University of Denver and at the Denver Post. He joined the OLLI staff as Central manager in October 2015 and switched to OLLI East a year ago to help build a new campus to serve the lifelong learning needs of the Aurora and East Denver areas.

Glenn Gravlee is an Emeritus Professor of Anesthesiology at University of Colorado School of Medicine. Over a 40-year career, he worked clinically and taught at several other medical schools as well: Harvard, Wake Forest, MCP/ Hahnemann (now Drexel), Ohio State. He retired in January 2018 and has enjoyed being a “pioneer” student at OLLI East. He notes he has plenty of teaching experience, but 1960’s music as a subject is a first. He and Joyce, his wife of 45 years, have two children and six grandchildren.

Mondays 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

SPORT MOVIES AND CULTURAL IMPACT, SECOND INNING

MASTER FACILITATOR: ALAN FOLKESTAD

Before we could walk we often played with a ball. Today many OLLI members are involved in sports in some manner or another. The movies we will see involve a wide variety of sports--from boxing, basketball, and golf to the ever-popular baseball and football. The treatment of sports is a fraction of the movies emphasis and we will explore the underlying social issues explored such as race, gender, and other biases.

Book/Materials: None

Class Type: There is no text for the class. We will use prepared Power Point, the movies and discussion.

A movie fan all his life Alan Folkestad is keen on delving below the surface of film to discover deeper implications. At the University of Minnesota, he majored in Political Science and earned a MPA degree from Texas Christian University. Having lost track of classes facilitated, Alan thinks it’s around 20.
TASTE THE PLANT RAINBOW

FACILITATOR: SANDRA SOULE

Five weeks beginning Sept. 23rd
Would you like to feel better, gain energy and stamina and lose weight? This class demonstrates healthy cooking techniques, shares recipes, covers new studies in reversing disease and gives you tastes of delicious dishes. Based on Dr. Joel Fuhrman’s Eat to Live plan, you will learn how to cook and eat healthy in your home. Bring your lunch and your taste buds to class!

First Session: Replacing meat, fish and chicken
Other protein sources are used in entrees such as lentil loaf, baked tofu and vegetable pizza.

Second Session: Using oil-free salad dressings. Create large dinner salads with nut and seed-based dressings.

Third Session: Replacing salt in soups with salt-free seasoning and other herbs and spices. Using dates and raisins in place of sugar in desserts.

Fourth Session: Alternatives to alcohol, caffeine, dairy, other animal products. Lunchtime potluck with dishes made by class participants using what they have learned.

As a participant for 4 years in Dr. Joel Fuhrman’s Eat To Live program, Sandra Soule has gained strength, stamina and energy. She is now enrolled in the Nutritarian Education Institute working toward a certificate to be awarded in the fall. She is passionate about sharing what she has learned and experienced with the Nutritarian way to eat and has made over 140 of the recipes created by Dr Fuhrman. Health food can taste very good; it is not like the bland uninteresting healthy diets of the past. Sandra has been amazed at the tasty and healthy aspects of the program and is excited to share them. She has started a monthly community potluck dinner using the Eat To Live principles. Sandra graduated from Parma Senior High School as a valedictorian of a class of nearly 1000 students in 1962, graduated cum laude from Ohio State University in 1966 and spent over 20 years in computer systems design and project management in Philadelphia and NYC. She moved to Aurora in 2008 after retiring to enjoy the climate and outdoor activities such as hiking, cross country skiing and biking.

CURRENT EVENTS #4

FACILITATOR: DOUG SEAGREN

We live in a time where the world is moving very fast and keeping up with the events of the day can be more than a full-time job. Together we will try to sort things out as best we can, learn something and have some fun. Toward that, the class will be interactive and diverse points of view will be highly encouraged. I will not be sending out any reading assignments as my experience is the participants do not need them.
Typically, each week we will spend much of the first hour determining, as a group, a few events the class most wants to discuss that day. Those events will be the topics for the remainder of the class time. Some could carry over to the next week.


Mondays 1:00pm–3:00pm – Park Hill United Methodist Church  
5209 Montview Blvd.

ACTIVE MINDS

FACILITATOR: ACTIVE MINDS

Sept. 16, 23, October 7, 14

Zimbabwe – Sept 16
On November 15th, 2017, the then President of Zimbabwe Robert Mugabe was removed from power via a military coup. Current President Emmerson Mnangagwa faces a challenging transition following a leader who was both oppressive and beloved by many. Join Active Minds as we review Zimbabwe’s history as a former British Colony, the nominally independent country of Rhodesia, and a 15-year civil war involving complicated race relations. We will also cover where the country may be heading as it seeks to find its path after nearly four decades under the dictatorial rule of Mugabe.

Japan - Sept 23
From imperialist empire to economic power, Japan has a complicated and fascinating history. Join Active Minds as we trace the evolution of the modern Japanese state from its ancient roots to the present. We will cover the impact of Japan’s involvement in World War II as well as their economic recession in the 1990’s.

Kashmir – Oct 7th
Since the formation of India and Pakistan in 1947, both countries have fought over the region known as Kashmir. Containing a Muslim majority, but ruled by Hindu dominated India, Kashmir is viewed by Pakistan as belonging to them. So strong is this conflict that it has been the trigger of two separate wars between India and Pakistan, and even drawn China into the conflict. Add to the mix, the nuclear arsenal of both countries and it’s not difficult to see the potential flashpoint that Kashmir represents in the region. Join Active Minds as we explore Kashmir and seek to understand its pivotal role in South Asia.

In 2016 British voters elected to exit the European Union. With important deadlines looming soon, the future is full of uncertainty. Join Active Minds as we place this important transition in its historic context and explore where the path may lead, not only for the UK, but also the EU and the rest of the world.
**1ST AMENDMENT – HOT TOPICS IN THE SPEECH AND RELIGION CLAUSES, YESTERDAY AND TODAY**

**FACILITATOR: BARBARA SHECER**

Focusing on the speech and religion clauses, we’ll discover how justices have interpreted the language of the 1st Amendment, how that has changed over time, what are the causes and effects of those changes, and look at the current speech and religion issues facing us. We will work together through the material, with me presenting scenarios of actual cases and asking lots of questions, and you sharing ideas and thoughts about all of the materials.

**Books/Materials:** none required

**Class Type:** It will be very similar to a law school class, without the mean intimidating Professor Kingsfield (Paper Chase) at the front. We discuss real Supreme Court cases in the areas of speech and religion, and our discussion is based on the actual facts of the cases presented.

*Barbara Shecter* is a lawyer, a former Associate Dean and Professor at the University of Denver College of Law, and a 1st Amendment junkie.

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**LOVING VINCENT: VAN GOGH THROUGH MULTI-MEDIA**

**MASTER FACILITATOR: JUDITH VLASIN**

Four weeks 9/16, 9/23, 10/7, 10/14 – Note class location above

Vincent van Gogh has been the subject of interest and speculation for well over a century. He stands tall among the most famous and influential figures in the history of Western art. In just over a decade, he created 2100 works of art, including more than 800 oil paintings. He was most prolific during the last two years of a life characterized by mental illness and poverty. Despite the hardships in his life, he never stopped creating. Today he is remembered as an important but tragic figure who played a major role in Post-Impressionism and in the foundations of modern art.

In this class, we will examine and discuss various types of tributes to this well-loved artist. We’ll watch feature-length and short films about his life (including 2017’s ‘Loving Vincent’), read short stories, excerpts and poetry about him, listen to music dedicated to the man and his craft, and explore some of his artwork. We will discuss these as we move through the fascinating journey of Van Gogh’s life and his timeless art.

*Judith Vlasin* retired seven years ago after teaching literature, composition and film courses to high school students for 42 years. She is now an entrenched OLLI fan, taking and facilitating classes at Central, South and West. She is also an ardent Van Gogh enthusiast.
CURRENT EVENTS #1

DIAMOND FACILITATORS: DICK REINISH AND SYDNEY MYERS

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dick Reinish: Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

Sydney Myers: Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

EASY CHINESE CONVERSATION

FACILITATOR: YI REN

This course’s focus is primary oral communication in Chinese. You will learn how to greet and introduce each other, numbers, time and date, money exchange, talk about weather, order Chinese food, drink tea or coffee, shopping, ask directions in Chinese. At the same time, you will learn basic Chinese characters writing skill, and will learn the Chinese culture and custom during the process of learning the language.

Class Type: lecture, discussion, singing, video
Yi Ren has been living in the US many years. She has been teaching Chinese for American students and adults over twenty-three years. She wrote a few books about learning Chinese.

FASCINATING FELINES
EXPLORING THE WORLD OF CATS (AND KITTENS)

FACILITATORS: CARRI CURRIER AND MARY DUDZINSKI

2nd six weeks (beginning Oct. 1st)

Are you curious as a cat? Whether you’re a lifetime cat lover, or considering adopting your first cat, join us for an exploration of the fascinating world of felines. Learn things you never knew about cats, share your own cat stories, and of course, watch some great cat videos! We’ll pounce on the following topics:

- Identifying cat breeds
- Cats in history and modern culture; myths and legends
- Growth and development; kitty care and health issues
- Tips on making a happy home for cats
- Plus much more!

From history to hairballs, catnip to Cairo, we’ll share our personal experiences, answer questions, and discover why felines are purr-fectly fascinating!

After leaving a career in nursing caring for newborns, and raising two children, Mary Dudzinski still had a passion for nurturing. So, she turned to kittens. For the past 12 years, Mary has been fostering kittens, often nursing them to good health, always socializing them for adoption into loving homes. Along the way, she has guided nearly a dozen pregnant cats through delivery and fostered more than 250 kittens.

Carri Currier has been “owned” by many cats throughout her life. Mary turned her on to fostering and her current companions (Eddie and Henri) were fosters. (They are sprawled on her office floor as she writes this). She retired from a career in IT and in addition to being a “geekette” she loves to paint, cook, garden and travel. She has facilitated many classes including A Culinary History of Food, Political Science as taught by the West Wing and painting.
The class encompasses various facets of Water, including: (1) An introduction of basic hydrologic terms and principles relating to surface water, groundwater, and water quality; (2) development of plans and management of watersheds for water quantity, quality, and beneficial use; (3) selected U.S. and international case studies to demonstrate the various aspects of water interactions with energy and food; (4) water administration as practiced in the western U.S. (with specific reference to State of Colorado river-basin compacts); (5) special focus on mining impacts and permitting, with associated aspects of water-quality contamination. Class discussions will be encouraged on issues of water policy, regulatory protection of water’s various beneficial uses and water quality, and broader aspects of science versus politics, socioeconomics, and institutions.

Tim Steele, PhD has been involved in water-quality hydrology and regional (watershed) assessments and data programs for over 50 years. He has managed numerous multidisciplinary projects and directed hydrologic baseline and modeling studies for characterizing water-quantity and quality contaminants, hydrologic and water-quality monitoring network design/operations/data assessments, and watershed/river-basin planning. He has been an Affiliate Faculty Member at Colorado State University (CSU) and has worked in 13 countries for The World Bank, UN agencies, and consultants. He has given lectures and courses previously at several OLLI’s.

James R. (Jim) Kunkel, Ph.D., P.E. is a semi-retired engineer with over 50 years of domestic and international experience in hydrology and water resources. He has worked on water resources projects in 32 states and 22 foreign countries. His academic experience includes 17 years as an adjunct associate professor at Colorado School of Mines, where he taught graduate hydrologic engineering courses in the Department of Geological Engineering. He has given presentations, professional technical lectures and short courses to news media, government agencies and professional societies in the USA, Colombia, Ecuador, Peru and Mexico. Dr. Kunkel’s recent work has been as an expert technical witness for environmental attorneys representing large environmental organizations in the USA.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

CURRENT EVENTS #3

MASTER FACILITATOR: GORDON APPELL AND FACILITATOR: BARBARA HOLME

During the first hour of class, we will follow the traditional OLLI current events format of discussing international and national events, but we will also discuss state and local news and issues. Following the 10- or 15-minute break, we will discuss brief readings sent out ahead of time covering one or two topics each week. PLEASE COME TO OUR FIRST CLASS PREPARED TO SUGGEST TOPICS, and we will vote on the most wanted. We would like to focus more on possible solutions than on descriptions of the issues, and if we take-up any of the topics that usually get discussed (health care, immigration, income inequality), let’s see if we can come up with new ideas or new ways to approach those topics.
Class Type: Discussion.

Barbara Holme graduated from Stanford and was a CO State Senator 1974-84. She represented East Central Denver and served as Democratic Caucus Chair and Democratic Assistant Minority Leader. Barbara was appointed by the Governor to the Supreme Court Nominating Committee and to the Metro Air Quality Control Commission. Barbara also worked for 12 years for a Real Estate Investment Trust (AIMCO) that is headquartered in Denver but owns apartments all over the US. She led successful parent efforts for 15 years to lobby Denver Public Schools to establish and maintain the Highly Gifted Education program. She also served on the Summer Scholars Board (now called Scholars Unlimited), as President of the Denver Association of Gifted and Talented, member of Common Cause Board, Planned Parenthood Advisory Committee, and numerous other volunteer positions.

Gordon Appell is a Master Facilitator who has offered courses on a wide range of public and global affairs topics such as Great Decisions, The Fate of Africa, Alternative Energy, the Future of the Middle East and Current Events. He is a retired Denver city planner with a lifelong interest in foreign affairs. He has traveled extensively and studied abroad.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

AN OLLI LECTURE SERIES

THE OXFORD STUDY LECTURES
LIFELONG LEARNING: CULTIVATING MIND AND BODY

ALL NEW TOPICS

1st four weeks
As health care costs continue to skyrocket, it is of international importance to find new approaches in preventive medicine. The Oxford study lectures are part of a long-term study in integrative medicine and lifelong learning. Students can participate in important research of interest to the University of Denver's Osher Lifelong Learning Institute, the Oxford International Round Table, Harris Manchester College in the University of Oxford and Harvard Medical School's, Osher Institute on Integrative Medicine. The purpose of these studies is to bridge the gap between world class research and community health promotion.

These lectures will introduce students to the latest findings in research being conducted at the University of Denver’s OLLI, that may help determine future directions for lifelong learning here at OLLI and around the world.

Lifelong Learning: Improving Cognitive Function

“LIVE AS IF YOU WERE TO DIE TOMORROW. LEARN AS IF YOU WERE TO LIVE FOREVER.”
– Mahatma Gandhi

In the modern world we all need to be lifelong learners. The fast pace of the modern world means we can now become obsolete faster than ever before. At the same time the modern technological
world gives us access to new ideas and new experiences from all around the world just waiting to be explored. A recent Pew research survey found that 73% of people consider themselves lifelong learners and participate in activities that they are particularly interested in. At no phase of life is this more important than as we get older. To stay sharp and relevant people are encouraged to continue learning throughout their lifetimes, whether on our own through self-directed learning or in adult education and continuing education classrooms. Although the life-long learning trend is likely to continue as baby boomers age, actual research showing the benefits of continuing education in older adults is still limited. Learn how to stay sharp and make learning an adventure.

The Mediterranean Diet: Tasty and Healthy Eating

The Mediterranean diet is a heart-healthy eating plan that focuses on eating foods that mainly come from plants, such as whole grains, legumes, nuts, fruits and vegetables. It substitutes healthy fats like olive oil instead of butter, replacing salt with anti-oxidant rich herbs and spices and consuming a lot more fish and chicken, instead of red meat. This course aims to introduce participants to the typical Mediterranean diet and offers you an exciting journey to explore cultures and traditions of the Mediterranean countries and how they differ when it comes to recipes, and cooking methods. If you’re looking for a healthy and delicious eating plan, the Mediterranean diet might be right for you. The Mediterranean diet incorporates scientifically valid healthy eating recommendations with lots of flavor and perhaps a glass of red wine typical of the traditional cooking style of countries bordering the Mediterranean. Most healthy diets include fruits, vegetables, fish and whole grains, and limit unhealthy fats learning to prepare them in convenient and flavorful ways may make a big difference in your risk of heart disease.

Taoist Yoga: Mindfulness Meditation and Traditional Chinese Medicine

Taoist yoga or Qigong meditation has been an integral part of traditional Chinese Medicine since the Yellow Emperor’s Classic on Internal Medicine. Recently the subject of much research at the Osher Institute on Integrative Medicine at the Harvard Medical School it has been shown to provide a wide range of potential benefits to practitioners in the modern world. One review of 77 random controlled trials showed that this form of meditation improved bone density, cardiopulmonary function, physical function, reduced falls and related risk factors, improved Quality of Life, self-efficacy, psychological wellbeing, and immune function. Learn some simple meditations to give it a try for yourself and discover one of the world’s oldest and most revered forms of mindfulness meditation.

Wisdom and Mastery: Isn’t that the point of getting older anyway?

The key to building a healthier life and a healthier world is self-efficacy; we first have to believe we can make the changes we need to live healthier lives. According to former Surgeon General C. Everett Koop, we already know how to empty half the hospitals in the United States, we know how to empty half the nursing homes. The key to making this happen is a concept called self-efficacy or self-mastery. Bandura’s theory of self-efficacy has been applied in many areas of healthy behavior change including smoking cessation, pain control, eating problems, cardiac rehabilitation, and adherence to regimens. It has been found that a strong sense of personal power or self-efficacy is related to better health, higher achievement, and more social integration. Self-efficacy makes a difference in how people feel, think and act. In terms of feeling, a low sense of self-efficacy is associated with depression, anxiety, and helplessness. This concept works in diverse areas such as school achievement, emotional disorders, mental and physical health, career choice, and sociopolitical change. It has become a key variable in clinical, educational, social, developmental, health, and personality psychology. Self-efficacy or personal power refers to one's belief in the ability to do a specific behavior. Are you a victim in life and in health or are you an active participant in a vigorous life?
The answer to that question may be the secret to the quality of our lives. This class will examine self-efficacy theory, describe how to build your own personal power, Learn the four steps toward achieving a sense of mastery in your own life.

About the Speaker

Joseph Brady  MSTCM, L. Ac. Dipl. O.M. is a nationally board-certified practitioner of Oriental Medicine. Joe taught on healthy aging issues and coordinated the Gerontology program at the University of Denver for twenty years, also teaching classes in Tai Chi, Qigong and Traditional Chinese Medicine at the University of Colorado Health Sciences Center, Metropolitan State College of Denver and currently teaches Tai Chi and Qigong at the Colorado School of Traditional Chinese Medicine. Joe wrote many articles on healthy aging for the Rocky Mountain News and has presented at many scientific conferences and has lectured and presented research at Harvard Medical School’s Osher Institute for Integrative Medicine, Oxford Union Debating Hall and Harris Manchester College, Oxford University U.K.

Tuesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

SQUARING THE CURVE IS NOT FOR SQUARES

FACILITATOR:  JACQUI SHUMWAY

2nd four weeks
The quality of our lives is determined by the quality of the way we live our lives on a daily basis. For decades, everywhere and everyone has been telling us to stay healthy, but the major barriers of convenience, cost, and lack of desire continue to get in the way of our best intentions to stay healthy. “Squaring the Curve” is the term used when our lifestyle improves the healthy, active, and quality portion of our lifespan. This four-week course will address ways to improve health and find the joy in aging each and every day. Using art, music and dance, each class will cover practical techniques that can reduce visits to the urgent care center by taking control of your own aches and pains with evidence-based alternatives. When you finish, you will know more about the following natural pain relief options: acupressure points, tai chi, massage, exercise, yoga, qigong.

Researching and teaching healthy lifestyles for over 35 years, Jacqui Shumway, M.A. is dedicated to the joy of active living. She combines western therapeutic kinesiology (preventive physical therapy) with eastern healing exercises and behavior change research. An old Chinese saying is that “The greatest healer is a teacher” and Jacqui is a master teacher... who also loves to have fun! Dedicated to providing students with compelling information on health issues coupled with ancient wisdom, Jacqui inspires students to have fun taking control of their own health through her compassionate attention to mindful healing through physical movement. Jacqui has presented at Oxford and Harvard and taught at higher education institutions for 28 years. She became site coordinator for OLLI’s Park Hill location in 2018. Jacqui’s advice to anyone? “Hang out with folks who like to have fun as they are learning something new because as Richard Bach said… Argue for your limitations, and sure enough, they’re yours!”
Virginia Woolf was a prominent member of the avant-garde, intellectual Bloomsbury Circle in northern London from the years just before World War I until her unsurprising suicide in 1941. Other participants in the group included John Maynard Keynes, Lytton Strachey, E.M. Forster, Bertrand Russell and T. S. Eliot. Woolf is best known for her novels, which represent the peak of the British modernist “stream-of-consciousness” literary technique, characterized by the representation of characters’ inner thoughts, a focus on everyday action, and the pervasive instability or unreliability of narration. In this class, we will study two of her novels that optimize this motif: *Mrs. Dalloway* (1925) & *The Waves* (1931). The earlier work focuses on the title character on a single day, during which she prepares for and hosts a sophisticated London dinner party. In the later novel, six central figures tender soliloquies that span each character’s life, interspersed with nine brief third-person narratives detailing a coastal scene at varying stages from sunrise to sunset.

You should expect to discuss how the two novels resemble or differ from one another and whether you perceive a progression in Woolf’s use of the stream of consciousness narrative structure and other varieties of literary experimentation from 1925 to 1931. Most of all, though, you should presume your greater understanding and appreciation of these seminal novels of the early Twentieth Century and the complex life of the author who created them.

**Books/Materials:** So that we all may make references to common texts, participants will be required to obtain *Mrs. Dalloway* (Mariner Books; Ed. 1990; ISBN: 9780156628709) & *The Waves* (Harvest Books; Ed. 1978; ISBN: 9780156949606). Both books are available new and used on Amazon, the Tattered Cover (Colfax), and at your local public library.

**Course Type:** Close reading, some lecture and all-inclusive discussions.

**Class Size:** This class will be limited to 22 participants.

*F. Kelly Smith* practiced law for 46 years before retiring. He joined OLLI at DU in 2013 and has previously facilitated 18 literature courses.
Winner of the 2009 Man Booker Prize, *Wolf Hall* by Hilary Mantel recounts the rise of Thomas Cromwell. This thoroughly researched historical fiction depicts Henry VIII’s Tudor England both rough and refined. It is Cromwell in this novel who is the "man for all seasons;" he speaks many languages and can recite the New Testament from memory. Despite his violent youth and personal losses, he is a man of boundless energy and invention. Cromwell is the “consummate politician” who midwifes the Protestant Reformation in England so that Henry may re-marry, produce a male heir and avoid civil war.

If you have not already read this novel, or another by Hilary Mantel, you may wish to watch the excellent BBC series called “Wolf Hall,” six hour-long episodes. It will help to keep the characters straight. However, it is the novel we shall be studying. A dramatization is no substitute for the amazing novel.

**Books/Materials:** *Wolf Hall* by Hilary Mantel, available in paperback.

**Course type:** Reading and discussion with attention to the historical struggle between the church and the crown.

Hilary Carlson and Kathy Stokes, retired teachers of teenagers, have facilitated many OLLI classes.

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Frequent and fair elections, open to all, are fundamental elements of a democracy. The United States, through its local, state, and national contests, holds more elections, more often, than any other democracy in the world. But in recent years, there have been troubling signs that our system of campaigns and elections has become much more fragile than we had previously thought. More specifically, campaigns have changed profoundly: social media and viral messaging compete with traditional media, Supreme Court decisions on campaign finance law now encourage mega-donors, voters are more polarized, and we have faced the threat of foreign influence in our national elections. In this course, we’ll look at some key questions: Who votes in American elections? How are legislative districts gerrymandered? Do the candidates with the most money always win? Is there an alternative to the electoral college? Is there really voter fraud?

**Books/Materials:** Recommended - Hot off the presses, we will read Dennis Johnson’s newest book, *Campaigns and Elections: What Everyone Needs to Know* (Oxford, $16.95). (Available October 1)
**Class Type**: Lecturer, with lots of time for Q&A.

*Dennis Johnson* is professor emeritus from George Washington University and has written or edited 12 books, mostly on elections and campaigns. His Ph.D. is in political science, but he also spent many years as a political consultant.

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**Tuesdays 9:30am-11:30am** – **Ruffatto Hall – DU Campus**  
1999 E. Evans Ave.

**THE ECONOMICS OF EXTRACTION AND EXCLUSIVITY IN THE OLD TESTAMENT AND CONTEMPORARY SOCIETY**

**FACILITATORS: KEITH RUCKHAUS AND ALEC TSOUCATOS**

Keith Ruckhaus (Old Testament Scholar) and Alec Tsoucatos (Economist) will cover the issues of wealth acquisition and distribution in the Old Testament and modern economics. They will demonstrate the similarities of economic and ethical structures between these two eras as well as introduce the ways that have been suggested to extricate ourselves from the hole we have created for ourselves.

The topics will include: debt, interest acquisition of wealth, exploitation, economic and environmental justice, the earth as gift, and other topics that arise during discussions.

**Class Type**: lecture, discussion

**Book/materials**: Handouts

**Materials Fee**: $5 payable to facilitator


**Alec Tsoucatos, PhD** - Alex was born to Greek parents in Alesandria, Egypt. He has lived in Egypt, Greece, England and America. He received his Bachelor and Master Degrees in UC Berkeley and his PhD from CU Boulder under the tutelage of Kenneth Boulding. His main interests are in: sustainable and just economy, integrative medicine, positive psychology and progressive, mystical Christianity.

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**TUESDAYS 1:00pm – 3:00pm**

**SISI – THE ACCIDENTAL EMPRESS**

**FACILITATORS: BARB FORSYTH & BECKY BENNETT**
From drawings scratched on rocks in prehistoric times to today’s digital media, stories help us share
SISI – The Accidental Empress

The year is 1853 and the Habsburgs are Europe’s most powerful ruling family. Emperor Franz Joseph is young, rich and ready to marry. Sisi, the duchess of Bavaria accompanies her family to the Habsburg court so that her sister can meet her betrothed Franz Joseph. The story becomes entangled when Franz Joseph and Sisi are attracted to one another. All plans are in disarray and Sisi clearly isn’t ready to become an empress. From this point forward, the story is one of intrigue, disparate political and familial loyalties all in a quest to win and keep the love of her emperor, her people and the world.

Books/Materials: We will be using two books for this class. During the first four weeks we will read The Accidental Empress by Alison Pataki. During the second four weeks we will read Sisi, Empress on Her Own also by Alison Pataki. These books are both New York Times Bestsellers and are “vivid, sumptuous descriptions of the Habsburg Court” according to Jennifer Chiaverini, bestselling author of Mrs. Lincoln’s Dressmaker.

Barb Forsyth is a Denver native and Denver Public Schools graduate. After 30 years as a DPS employee Barb discovered OLLI and has taken several History courses. She is a fan of historical fiction and is looking forward to sharing her enthusiasm for Sisi and her life story.

Upon retiring from 32+ years of government service Becky Bennett joined OLLI in 2011. After participating in classes on literature, art and history she found herself gravitating more and more toward history. The Accidental Empress will be Becky’s third foray into facilitating and she is looking forward to exploring 19th century Austria with Barb and all of the class participants! Becky lives in Centennial with her husband (also an OLLI facilitator), three dogs and one cat.

Tuesdays 12:30pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

SOME OF THE BEST FANTASY FILMS OF ALL TIME

DIAMOND FACILITATOR: LARRY MATTEN AND FACILITATOR: GREG PETTY

Begins at 12:30pm
One of the more exciting genres in movies is the Fantasy Movie. We have chosen 8 great films from the list of the top fantasy films by IMDB and Rotten Tomatoes. Many of these films have become favorites over the years. So, let’s go back in time to our wonder years and release our inner youth by watching such films as: Pan’s Labyrinth, Princess Bride, Thief of Bagdad, Jason and the Argonauts, The Witches, Who Framed Roger Rabbit, The Wizard of Oz, and Beauty and the Beast. The class will start early and last 2.5 hours so that we can watch the entire movie and have adequate time to discuss it.

Larry Matten has facilitated six film courses (Science Fiction Movies (x3), Science Fiction and TV, Hollywood and Baseball [co-facilitated with Greg Petty], and The Great Kate). He is an enthusiastic movie buff and wants to share his enthusiasm with other OLLI members. His career was spent as a Professor of Botany at Southern Illinois University and as an Elder Law Attorney in Englewood, Colorado.
**Greg Petty** has facilitated a number of baseball courses at OLLI and has co-facilitated the Hollywood and Baseball movie class. His career was spent as an administrator for a not-for-profit, colleges and universities in Illinois and Colorado.

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**Tuesdays 1:00pm-3:00pm** – **First Universalist Church**  
4101 E. Hampden Ave.

**ULYSSES FOR RELUCTANT READERS**

**MASTER FACILITATOR: ANN COHEN**

The teacher of this class understands students’ fears concerning the difficulty of James Joyce’s “Ulysses,” but she asks you to approach this book in a new way. In this class you will not be asked to read this book on your own - instead, we will all enjoy the book by listening to selected parts in class. Joyce uses language in amazing ways to evoke laughter and a sense of everyday life that we can all appreciate, the ups and downs of it all. And you will find out why the book was banned both from Dublin and the US when it first came out! I look forward once again to sharing this book and its delights with as many people as I can - let’s do this thing!!

*Ann Cohen* graduated from Smith College with a major in English, and years later received a Master’s Degree in Creative Writing and a PhD in English from the University of Minnesota, teaching writing and literature while doing so. She wrote her dissertation on mythic patterns in the Hades chapter of Joyce’s *Ulysses*, and is delighted to share her joy in Joyce with her colleagues at OLLI.

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**Tuesdays 1:00pm-3:00pm** – **Park Hill United Methodist Church**  
5209 Montview Blvd.

**GREAT CATHEDRALS**

**DIAMOND FACILITATOR: MO MATHEWS**

Why a course on cathedrals?  
Well, first of all, most are immensely old, vestiges of the middle ages, monuments to past dreams and loaded with history, all of which makes their study fascinating for the history buff. Secondly, they are architectural marvels, immensely expensive to build, and embody the most state-of-the-art design and construction techniques of their day. We’ll cover this aspect for the technical-minded. Further, they are beautiful, perhaps not so much to the uninitiated, but with application and study their true beauty becomes evident. And not just the structures themselves, but the centuries-old stained glass and the sculptures covering their exteriors as well.  
Finally, for those of you who anticipate a visit to Europe, a knowledge of cathedrals, which crown the center of most cities there, will greatly enhance your journey.  
NOTE: We all saw Notre Dame burn last winter. During the course we will follow the efforts of the French to rebuild this Gothic centerpiece of Paris. Will it be traditional or modern?
The aim of the course is to make you knowledgeable of the cathedral culture that permeated Europe in past centuries and conversant with the magnificent structures it has left us.

**Books/Materials:** There is no assigned text for this course.

**Class Type:** Most of our class sessions will be lectures heavily illustrated by slides and film; we will also use lectures from the Teaching Company’s “The Cathedral.” All lectures will be followed by class discussion.

*Mo Mathews* is a retired civil engineer who graduated from West Point and later taught mathematics there. He has been able to travel extensively in Europe, where he developed a fascination for cathedrals. He has taught a number of OLLI courses on many different subjects over the past fifteen years.

**Tuesdays 1:00pm-3:00pm – Park Hill United Methodist Church**
5209 Montview Blvd.

**GREAT DECISIONS #2**

**FACILITATOR: JOSEPH FELDSTEIN**

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

Topic 1: "Refugees and Global Migration" by Karen Jacobsen
Topic 2: "The Middle East: Regional Disorder" by Lawrence Potter
Topic 3: "Nuclear Negotiations: Back to the Future?" by Ronald Bee
Topic 4: "The Rise of Populism" by James Kirchick
Topic 5: "Decoding U.S.- China Trade" by Jeremy Haft
Topic 6: "India and Its Neighbors" by Cynthia Watson
Topic 7: "Cyber Conflicts and Geopolitics" by Richard Andres
Topic 8: "State of the State Department and Diplomacy" by Nicholas Burns

**Type of class:** video and discussion of the reading

**Books/Materials:** Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office. The first chapter will be forwarded by email.

**Class Type:** study and discussion with weekly video interviews and topic overviews

*Joseph Feldstein* is the son of immigrant parents from Europe and grew up participating in heated discussions about current events and foreign policy around the family dinner table. Joseph joined the US military out of high school and was stationed overseas for most of his service. Joseph attended Colorado State University on the GI Bill, graduating with a BS in Physical Sciences in 1976. Joseph’s career job was with an international engineering and manufacturing company, Mine Safety Appliances Company, where he held the position of Manager Technical Services until he retired in
SYMPHONY 101

FACILITATOR: CATHERINE BEESON

Symphony 101 is a class for those who are new to symphonic classical music and those who already enjoy it but want a deeper connection through guidance from a Colorado Symphony Musician Teaching Artist. No prior knowledge of music is required. Together we will explore the building blocks of composition in order to become more active listeners. We will listen to examples, discuss, and make observations about compositions and composers from Bach to Beethoven to Brahms and beyond. Learn about the inner workings of the professional symphony world and about your Colorado Symphony with an expert!

Class Type: Music, Lecture, Discussion

Books/Materials: Handouts

This class will be facilitated by a member of the Colorado Symphony with new perspective. It may include some professional demonstrations of musical instruments. OLLI has partnered with the Symphony for several years now, bringing members of the orchestra to share their amazing knowledge with us, often referencing the current Symphony program through the performance season. Each year this class is new, so consider taking this class again and again.

MAKING DECISIONS IN A COMPLEX WORLD

DIAMOND FACILITATOR: TERRY ORTLIEB

Success in any system is when we have the right team executing the right process in the right environment. The goal of this class is to use a game to demonstrate what type of environment our children and grandchildren will most likely be experiencing as they take on the challenges that are forecast for the future. The hope is that we will get a feel for what it will be like making decisions in a complex world. We will look at what the right team and process might look like to deliver success in the future. We will experience the challenges associated with making decisions with incomplete knowledge in an ever-changing environment. The goal is to have the class learn to anticipate what the future might hold.

Terry Ortlieb is a semi-retired entrepreneur who sold his technology consulting company to Oracle. He has been working with information technology since he put engineering changes on IBM equipment in high school. His formal education was in philosophy and he has maintained a strong interest in political philosophy, science and history. After facilitating multiple classes on science of the future he has decided to try his hand at providing some solutions to the complex problems our children and grandchildren will face.
NEOLIBERALISM

SENIOR FACILITATOR: MITCHELL STEWART

This is a course in political philosophy. While we will reference some political theory, a very little economics, and occasionally some historical and contemporary citations, our fundamental focus will be a philosophical inquiry. The course objective is to gain a common understanding of “liberalism” and, more particularly, “neoliberalism”.

Consider this question: If liberalism may be characterized by particular notions of liberty, equality, and human dignity, and liberal democracy further characterized by notions of inviolable rights, procedural fairness, and equal political participation, then what makes “neoliberalism” different; what makes it “neo”? Additionally, what are the implications of “neoliberalism” for the notions of liberty, equality, human dignity, and liberal democracy?

Text and Materials:

Required: The primary texts will be Damien Cahill & Martijn Konings, Neoliberalism (Polity Press, 2017), and Wendy Brown, Undoing the Demos: Neoliberalism’s Stealth Revolution (Zone Books, 2017).

Other Recommended Reading: David Harvey, A Brief History of Neoliberalism (Oxford University Press, 2005) is an excellent, brief history with a Marxist derivation. George DeMartino, Global Economy, Global Justice (Routledge, 2000) provides both a clear presentation of the economic fundamentals and a more technical, if dated, policy analysis.

Additional Reading: There will be journal articles and other essays to augment foundational issues and to provide more contemporary illustrations. I will provide these selections as PDF documents via Email – it is critical that I have your Email address. Generally speaking, there will be about 20 to 50 pages per week of reading.

Writing: I will generally provide written questions and commentaries for each session linked to the session reading assignments. In addition, I may from time to time ask you either to write either brief responses to certain of my questions or to craft your own equally brief compositions. Such writing, however brief, will allow fuller exploration of your own thinking and an opportunity to provoke a more robust class discussion.

Course Type and Duration: This is an eight-week course similar in structure and intellectual expectations to a graduate level seminar – EXCEPT there are no examinations, presentations, or research papers. On the other hand, there are some demanding reading assignments. However, in the absence of those other pressures, I hope you will find the reading and the discussions challenging, stimulating, and provocative.

CURRENT EVENTS #2

DIAMOND FACILITATORS: DICK REINISH AND SYDNEY MYERS

During the first hour of class, the discussion will focus on the week’s most important news stories. In the second hour, we will discuss the brief readings covering two timely topics each week. The reading assignments will be emailed every Sunday afternoon by the facilitators. They may come from sources such as The New York Times, The Economist, The Atlantic Monthly, The New Yorker, Foreign Affairs, National Public Radio, the internet or, any source the class members are interested in introducing. Participants are encouraged to bring additional resources for the class to consider.

Our discussions will stress the facts of the event, how the event can be interpreted by different interest groups, and the significance of the event. We will examine current events from a variety of fields: government policy, health, science and technology, culture and the arts, communications and media, law, politics, diplomacy, economics, business and entertainment.

Books/Materials: Articles will be selected and sent by email from the facilitators. There is no charge.

Class Type: Discussion.

Dick Reinish: Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

Sydney Myers: Sydney is a former retail executive who lived in Mexico for 7 years. She returned to Denver in 2006.

GREAT DECISIONS #1

MASTER FACILITATOR: STEVE WINBER

Great Decisions is a program of the Foreign Policy Association which is new each year. High quality educational materials are prepared and provided to discussion groups in cities and universities throughout the U.S.A. On each topic there will be a chapter describing the current issues around the selected topic and a video of background information and relevant interviews with world leaders and scholars.

Topic 1: "Refugees and Global Migration" by Karen Jacobsen
Type of class: video and discussion of the reading

Books/Materials: Annual Great Decisions briefing book published by the Foreign Policy Association, $30 available for purchase from the class or the office.  The first chapter will be forwarded by email.

Class Type: study and discussion with weekly video interviews and topic overviews

Steve Winber, a retired Denver dentist, has had a long-standing interest in political and military history, especially that of the Middle East. He has facilitated several OLLI courses in economics and current events.

Wednesday 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

GREAT ADMIRALS AND GENERALS OF WW II

MASTER FACILITATOR: BIX BICKNELL, AND FACILITATORS: FRED WOLL AND TOM BERRY

The political leaders of the 1930s and 1940s had great influence on the events leading to the causes of World War II and the alliances during the war. However, the military leaders had greater effect on the actual outcome of war itself. Each session will feature different military leaders of both the allies and the axis to examine their unique effect on their campaigns and the outcome of war. Some discussion of events influencing their campaigns, the context in which their campaigns occurred, and the lasting results from their campaigns will be encouraged. Recognition of the leadership and strategy of generals and admirals for both sides of the world conflict will be presented.

Bix Bicknell - Graduate of US Naval Academy served as gunnery officer on destroyers, shore duty in Saigon, and instructor in drone helos. Graduate of Colorado Law School.

Fred Woll - Retired banker who is an avid student of World War II history
Tom Berry - Retired faculty member CU School of Dental Medicine with great interest in history and the context in which events happened.

Wednesdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

SCIENCE POTPOURRI

AN OLLI SPEAKERS SERIES

FACILITATORS: DAVID SHANDER AND ROBERT SARGENT

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David Shander MD, FACS is a retired clinical cardiologist who practiced at Rose Medical Center for almost 40 years. He was a clinical professor of medicine at University of Colorado Health Sciences Center for much of that time. He has had an unswerving interest in science for all of his life and for the past 15 years has been a volunteer in the Space Odyssey exhibit at the Denver Museum of Nature and Science. This exhibit is devoted to astronomy and cosmology. He has facilitated several previous courses at OLLI which were generally well regarded.


Wednesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

BUDDHIST PSYCHOLOGY: ADDRESSING THE CHALLENGES AND STRESSES IN OUR LIVES
**SENIOR FACILITATOR: GRETCHE GROTH**

1st four weeks

Buddhism, a 2500-year-old spiritual path, continues to be relevant to this world’s challenges as evidenced by it being one of the growing spiritual traditions within this and other Western countries. Mindfulness, a meditation practice grounded in Buddhism has almost become a household word. This class will present some of the basic tenets of Buddhism such as the nature of mind, the freedom arising from non-attachment, and the Four Immeasurables (loving-kindness, equanimity, compassion and empathetic joy). We will explore how they apply to or can inform our everyday challenges and stresses.

We will sample various meditation forms such as mindfulness, compassion and mantra. The class format is lecture, discussion and experiential activities.

**Gretchen Groth,** PhD has been a Tibetan Buddhist practitioner with the Nyingma School for many years. Several years ago, her teacher, Dungse Shenphen Dawa Rinpoche, appointed her as a lama, Lama Pema Chokyi. She has been a central member and meditation teacher with Yeshe Nyingpo Denver. In other pursuits, she has been a national Organization Development and Diversity consultant. Currently she teaches Psychology at Metropolitan State University of Denver and pursues fiber/fabric arts.

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Wednesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

**THE SHAKESPEARE SOCIETY**

**MASTER FACILITATOR: EILEEN WIGGINTON**

We will read *King John.* It opens when a messenger, speaking for King Philip of France arrives at the English court. He demands that King John abdicate his throne in favor of his nephew Arthur who claims to be the rightful heir to the throne. When John refuses to step down, France threatens war (again). We will see how the Bard sorts this out, once and for all, and move on to *Titus Andronicus.*

This Roman general returns from ten years of war with only four out of twenty-five sons left. He has captured Tamora, Queen of the Goths, her three sons, and Aaron the Moor. In obedience to Roman rituals, he sacrifices her eldest son to his own dead sons, which understandably sparks revenge in her heart. This results in an average of 5.2 atrocities per act, or one for every 97 lines.” We will endure. As usual, we have a different cast each week. Hams welcome!

**Eileen Wigginton,** for whom the love of English and Irish literature comes naturally by heritage. *Eileen has facilitated for several terms.*

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Wednesdays 9:30am-11:30am – Park Hill United Methodist Church
5209 Montview Blvd.

**SELECTED TOPICS OF INTEREST IN THE CRIMINAL JUSTICE SYSTEM**

**FACILITATOR: RICK LEVINSON**

During this course we will examine selected topics of interest involving the criminal justice system. The plan is to spend each session on a different topic. The topics could include: search and seizure
law, the law relating to involuntary statements or confessions, the criminal justice process from charge to sentence, juvenile justice or the lack thereof, the death penalty etc. The class would participate in the selection of the topic of the week. When possible, guests might be invited to further the discussion.

Rick Levinson was a graduate of Carleton College with a BA in Government and International Relations in 1968. He attended the University of Florida College of Law and graduated in 1971 with a Juris Dr. Degree. Rick has been a law clerk for a Florida Appellate Judge, a public defender and a partner in three law firms. He has represented foster children, foster parents and is on the board of directors of a child placement agency.

Wednesdays 11:45am-12:40pm – Park Hill United Methodist Church
5209 Montview Blvd.

EXTRACURRICULAR
PILATES FUNDAMENTALS

The Pilates approach to exercise focuses on the balanced development of the body primarily by strengthening the core and improving spinal alignment and pelvic stability. Pilates movements use breath and mind-body awareness to help achieve these goals, as well as to promote efficient movement, and to improve coordination and balance. In this class we will learn and practice fundamental Pilates exercises. Wear comfortable clothes that will allow you to move easily and plan to work barefoot, and please bring an exercise mat and a hand towel to class. This class is not intended for anyone who has had an osteoporotic spine fracture.

Debby Levinson is a retired college mathematics professor and engineering manager. She has practiced Pilates for more than 10 years, is a member of the Pilates Method Alliance (PMA), and received her Pilates instructor credentials in 2013 through Balanced Body®.

8 weeks, Wednesdays: Sept. 18, 25, Oct. 2, 16, 23, 30, Nov. 6, 13
Park Hill United Methodist Church: 11:45 – 12:40pm
Cost: $60 Members ($75 non-members, OLLI members have first priority)
Max. Class size is 12.
FOREIGN FILMS

DIAMOND FACILITATOR: DICK REINISH

The Foreign Film class will start at 12:30 each Wednesday. A film (not previously shown in prior classes) will be shown followed by a discussion of the film. Tentatively scheduled for this term are films from Lebanon, New Zealand, Denmark, Australia, Japan, Canada (in French), Iceland and Germany.

Prior to each class, pertinent articles will be emailed to each class participant. This class is a discussion class, so all students are expected to stay until the discussion component of the class is concluded.

Class Type: Film viewing and discussion

Dick Reinish: Dick is a former antitrust attorney. He and his wife Barbara moved from Chicago in 2011.

MORE ADVENTURES IN B'MIDBAR AND BEYOND!

FACILITATOR: RABBI SANDRA COHEN

This class will continue its close reading of the book of Numbers through the eyes of traditional Jewish commentators -- and modern ideas and your own reflections! Not to spoil the stories, but. . . Miriam dies, Moses will not enter the Promised Land, and Korach will rebel. The class will continue using "The Commentators' Bible (The JPS Miqra'ot Gedolot) Numbers," as in previous classes. (Available on Amazon and the JPS website). If you choose not to purchase this beautiful book, handouts will be available. You do NOT have to have taken previous B'Midbar classes to join us this term.

Rabbi Sandra Cohen, a former congregational rabbi, now teaches and learns Jewish texts in a variety of settings in both the Jewish and non-Jewish communities in Denver. She is also involved in pastoral care and in mental health outreach in the Jewish community.
TED TALKS WITH LIVELY DISCUSSION

FACILITATOR: GENE COLE

TED Talks is an international speaker's forum providing a platform for “Ideas Worth Sharing” using the internet to reach the widest possible audience. Speakers are pre-screened, and fact checked for quality control. Some of these ideas are particularly worth discussing toward increasing our understanding. Our facilitator has selected talks and subjects for OLLI that cover a broad range of issues; two talks will be presented and discussed in each class.

Class type: short videos (<20 minutes each) followed by lively class discussion

Books and Materials: None required, but internet access is necessary to preview talks.

Gene Cole is an Engineering Management Professional with over 30 years of experience in leading the development of new medical products, the support of existing products, and the improvement of product quality. He has participated in OLLI for 4 years, and has facilitated the course Great Decisions, a foreign policy discussion class.

PRIDE AND PREJUDICE

FACILITATOR: LINDA KATCHEN

Pride and Prejudice is often on the lists of best books of all time. It is a romantic novel that was first published in 1813. The characters remind the readers that we as human beings often make snap judgments about others that are not necessarily correct. Let's join Elizabeth Bennett and her four sisters as they meet and make judgments about the newcomers in the neighborhood while at the same time judgments are made about the Bennett's as well. Hopefully, we will have time to enjoy some of the movies that have been made of this book.

Linda Katchen, Ph.D. has taught English and reading to all ages of students. Pride and Prejudice has been a favorite of hers since she was in high school. After years of thinking of re-reading it, she decided that the best way to do that would be sharing thoughts and ideas with others from OLLI.
THE WITCHES: SALEM, 1692

FACILITATOR: DAVID LIPPMAN

Pulitzer-Prize winning author Stacy Schiff writes a highly readable history of the familiar events that took place in 1692 Salem. General readers recognize her exceptional gift for language and historians admire her thorough, careful research. Hillary Mantel, author of Wolf Hall, pronounced The Witches her book of the year. “Context is everything, and Schiff defines it; she interrogates her sources, makes every detail count, and her style is intriguing—sharp-eyed, discriminating, crisp. You want to understand the subject, and you want to meet the historian.”

Puritan New England in 1692 mandated universal literacy and was perhaps the most literate society up to that date in history. Harvard College had been founded 60 years before. The settlements were under constant attack by hostile native peoples, sometimes goaded by the French. The recently concluded King Phillip's War had destroyed over a third of New England settlements and left numerous destitute widows and orphans to care for. A revolt in Massachusetts several years earlier had overthrown the colonial government and left the colony without a charter. Feuds over property and inheritances made litigation a major part of every-day New England life. The English Civil War that pitted Puritan Parliamentarians against Anglican Royalists resulting in more than 200,000 deaths concluded only 40 years before. Overarching all this turmoil were the Calvinist doctrines and social, political, and religious hierarchies of the Puritans that demanded strict adherence to established practices and norms for behavior.

The class will examine the broader social context of events in Salem and explore the concept of witch hunt as parable, metaphor and literary inspiration. Finally, we'll discuss how the events in Salem happened and speculate why they occurred.

Class Type: Discussion and occasional short, informal lecture.


David Lippman earned degrees in the social sciences from the University of Southern California and the University of Chicago. He began his career doing social science research in legal areas for the American Bar Foundation. David spent most of his career in school textbook publishing, where he directed the development of texts in many subjects including science, literature, government and history.
BE GOOD TO YOUR GUT – THE SCIENCE AND ART OF WILD FERMENTATION

FACILITATOR: JUDIE MAURELLI

Four weeks – Oct. 17 thru Nov. 7
Fermented foods have regained popularity because of their ability to improve digestive health, boost immunity and fight inflammation through a process of lacto fermentation. We will make a variety of fermented foods using simple processes and ingredients. Most of the equipment needed is already in your kitchen, and vegetables and a few fruits are easily available year-round. Cooking skills are not required—just the ability to use a knife and measure some spices. This is a delicious hobby!! Just think of the gifts from your kitchen you'll have this Holiday Season.

Class type: Some history and instruction will be given at each session, but this is a hands-on class in the kitchen.

Books/Materials: There is no text book, however some suggested resources will be given to the registrants with a supply list and a materials fee for food collected at the first class.

Judie Maurelli is a self-proclaimed Fermentista who began wild fermenting for her own health issues five years ago. After researching the importance of gut health, she began eating a variety of fermented foods to reculture good gut bacteria after many rounds of antibiotics and to help with allergies. She has a B.S. in Home Economics and an extensive background in food preparation for groups over the years.

ORIGAMI FOR THE MIND: The Foundation Course – morning class

MASTER FACILITATOR: MARK BURGER

What is Origami? Is it an art, a craft, or, perhaps, even a puzzle or a game?

Origami is, in a way, all of them, which makes it such a fascinating pastime. Sitting down with nothing more than a stack of square sheets of paper you will wonder just how the time flew by so quickly while you transformed those sheets into such interesting objects as boxes, geometric forms, birds and flowers.

It’s no wonder that educators and physicians from the 1850’s up to today have seen the merits of Origami as a means to stimulate the brain, prevent aging and reduce stress.
But don’t do it just for that. Do it so that you can make beautiful things with the simplest methods and have fun with other really nice people.

Each of the eight weekly projects will focus on a particular aspect of origami and will progress from easy to difficult.

Although the material might be hard at times, admittedly, it’s not for everyone, we will strive in this class to enjoy ourselves and to help one another. If you’ve previously attended other OLLI classes and have wondered where all the laughter was coming from in the building, it was from this class.

Class type: Project instruction and group discussion. Please note: Both morning and afternoon sections are identical courses.

Books/Materials: All materials will be provided.

Please bring a tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.

Materials Fee: $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

Mark Burger is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is a Master Facilitator at OLLI at DU and is the 2017 recipient of OrigamiUSA’s Teaching Award. Please feel free to contact him at eastdenverorigami@icloud.com if you have any questions.

Thursdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

RECENT SHORT STORIES: PART THREE

MASTER FACILITATOR: F. KELLY SMITH

This is the third class considering short stories collected in books published between 2015 and 2019. You may register for this course irrespective of your having participated in either of the prior offerings in this series. The facilitator has curated stories from eight collections by authors, including: Mark Haddon, who wrote The Curious Incident of the Dog in the Night-Time; Adam Johnson, the winner of the Pulitzer Prize for The Orphan Master’s Son; Lionel Shriver, who penned We Need to Talk About Kevin; Karen Russell, honored for the novel Swamplandia; plus, Helen DeWitt, Curtis Sittenfeld, Amy Hempel, and David Means. During each of the eight weeks of the Fall term, we will read and discuss two stories by one of the noted writers. The stories have been selected based primarily on their quality as literary works. Nearly all of them exhibit postmodern motifs and, perhaps, elements of magical realism, fabulism and absurdism. As you will learn, however, one ought not to fit the stories into any particular genre in order to enjoy them.
Books/Materials: None. The facilitator will provide participants with PDF files of the stories. They may be received on a weekly basis or, alternatively can all be provided on a pre-loaded thumb drive.

Class Limitation: A maximum of twenty participants will be registered for the class.

F. Kelly Smith practiced law for 46 years before retiring. He joined OLLI at DU in 2013 and has previously facilitated 18 literature courses, 15 of which were centered on short stories.

Thursdays 9:30am-11:30am – First Universalist Church
4101 E. Hampden Ave.

HARRY TRUMAN AND THE ORIGINS OF THE POSTWAR WORLD

FACILITATOR: JIM BERNUTH

Harry Truman left office in 1953 with a 22% approval rating in the polls but is ranked today by many historians as one of our most effective Presidents. Decisions he made in just his first two years as President launched the nuclear age and set the stage for the Cold War and global alliances that transformed the U.S. into a world power. Topics to be discussed include the decision to use the atomic bomb, the Marshall Plan, the emergence of the European Union and NATO, the recognition of Israel, McCarthyism, and the Korean War. On the domestic front, Truman’s policies left equally long-lasting legacies on the civil rights movement, the progressive agenda, and our national political landscape. We’ll discuss Truman’s personal and political history to understand the motivations that influenced his policies as well as how these policies have influenced the last 70 years of world and U.S. history. Finally, because of his compelling “common man” personal story and his iconic, come from behind 1948 political campaign, Harry Truman has acquired a nostalgic man of the people reputation in our national mythology. We’ll explore the reasons for these changing views of the man and his presidency.

Books/Materials: No book will be used for the class. The facilitator will send out in advance of each class articles, web links to historical documents, and video links.

Class Type: Lecture/discussion

Jim Bernuth worked in the non-profit sector for many years in a variety of management and leadership positions. Among the organizations he has served with are the Downtown Denver Partnership, Mercy Housing, Project PAVE, and the National MS Society. Since retiring, he has pursued his passion for lifelong learning through OLLI.
LESS THAN HUMAN

FACILITATOR: DIANE CARTER

In this course, we will discuss how we understand what happens to people individually and as a group that leads them to abuse and even murder other people with impunity. With the current rise in white supremacy, racial tensions, and the tendency to blame immigrants for our problems in this country, this topic seems particularly relevant today. The basis for the course is the book Less Than Human: Why We Demean, Enslave, and Exterminate Others by David Livingston Smith. We will study the events surrounding the Holocaust, the treatment of African American slaves and of Native Americans through the lens of this book and examine the circumstances whether biological, psychological, sociological, economic and political which lead to such abuse and murder. We will also examine, through a selection of other shorter readings, the psychology of those people who colluded in such behavior and those who fought against such oppression.

_Diane Carter_ has spent nearly all of her career in health policy fighting to restore, implement, and maintain the rights and dignity of elders in our society. She founded and was the President and CEO of a national nursing home association dedicated to improving the quality of care and life and staffing in America’s nursing homes. She is an RN, has a Masters Degree in nursing, and is a clinical specialist in psychiatric nursing. While her career was in health policy, her greatest advocation and obsession has been how human beings can be so cruel to one another. She has read extensively on the treatment of the Jews in concentration camps in an attempt to understand the behavior of human beings under such extreme circumstances and will share those insights in this course.

PUBLIC ART IN DOWNTOWN DENVER

MASTER FACILITATOR: BARBARA THORNGREN

Do you want a new way to get those 10,000 steps? Would you like to be a tourist in your hometown? Exercise your body and feed your mind while you explore downtown Denver’s works of public art. After the first week in the classroom for some background and discussion, each week we will wander a different section of downtown Denver and learn about the public art there. It's a chance to get to know the people in the class, as well, since we have quite a lot of strolling time since we go up to two miles each week. Most weeks we will gather and finish near a light rail station or near the free Mall Ride so that you can get to a light rail station.

Class Type: Lecture, discussion, active walking

_Barbara Thorngren_ is a downtown dweller and helped create this tour about ten years ago. She was a teacher for thirty-four years in music, English and the library and has facilitated a number of classes for OLLI over the years.
Past OLLI Science Fiction Short Story courses have concentrated on American and British writers and stories. This year (2019-20), we are going to use an anthology that showcases science fiction from many countries and languages. The editors of this book have compiled English translations of many fascinating stories. The book is large, featuring over 100 stories and authors, and will be divided into thirds, each third to be featured in a single course. Thus, the facilitator will offer three separate courses during the 2019-20 academic year. The student can sign up for each or any of the three courses during the year and use the same text. The range of the stories goes from H.G. Wells in the 19th century to several stories in the 21st century and includes such favorites as Ray Bradbury, Isaac Asimov, Arthur C Clark, George R. R. Martin, Connie Willis, and Robert Silverberg. We will discuss four stories per week and the average read is about 40 pages per week. The stories will range from horror to humor; from revisionary history to future contact with aliens; from dystopia to human problems; and from time travel to predicting the future and space travel. As in past classes, students are expected to read the weekly assignments and to come to class prepared to discuss the stories. Looking forward to seeing you this fall.


Larry Matten loves science fiction and fantasy. He is a retired Professor of Botany (32 years at Southern Illinois University) and a retired elder law Attorney (7 years in Englewood). Larry has facilitated over 25 courses at OLLI and Science Fiction literature is probably his favorite. He is married to Susan Krems and between them they have 6 children, 14 grandchildren, and 1 great grandchild.

Immigration issues and arguments over immigration policy blanket news coverage and political debates. Often these sources are ill-informed and confused about procedures or policies already in place and fail to deal with the complexity of the questions presented. Everyone involved with immigration agrees on one point, however: The current immigration system is badly broken and not functioning as it should to serve the interests of the U.S. in the 21st century. This is why both Presidents George W. Bush and Barack Obama worked with Congress to create comprehensive immigration reform bills. Both times, proposed laws passed the Senate and were defeated by political maneuvering in the House driven by its most conservative voting bloc. Today, the public debates may be misguided but there are serious questions that should be raised and debated about
U.S. immigration policy. This course will present basic information about the current U.S. immigration system and provide an opportunity to explore through class presentations and discussion how it functions and how it should change. Discussions will be lively as we try to make sense of the daily news and political debates. Learners will join a very select group of people who actually understand immigration law today.

**Book/Materials:** Background articles and presentation outlines will be posted to DU’s Portfolio to assist with class preparation. Outside speakers may join some classes to provide additional perspectives.

**Class Type:** Facilitator and outside speaker presentations. Discussion.

*Christina Bauer* is a retired lawyer who spent the 8 years prior to retirement practicing employment-based immigration law, seeking immigration benefits for employees and helping employers with legal workforce issues. She regularly taught courses in these aspects of immigration law to employers and HR professionals. She also taught English to adult immigrants for 2 years.

**Thursdays 9:30am-11:30am – Ruffatto Hall – DU Campus**

1999 E. Evans Ave.

**COLORADO’S MINING LEGACY: THE GEOLOGY, HISTORY, AND RECLAMATION OF COLORADO MINES (WITH AN EMPHASIS ON THE FRONT RANGE)**

**FACILITATOR: GARY CURTISS**

You may have run across some of the more than 23,000 abandoned mine openings in Colorado and wondered what they mined and how they did it. This course will answer those questions and others such as who those early Argonauts were, types of mining and milling methods, and how those sites have impacted our environment. We will visit some of these sites and see how state and federal agencies reclaim abandoned mines and regulate the mining industry today. We will tour the Colorado School of Mines underground experimental gold mine in Idaho Springs (small fee) and perhaps the Henderson underground mine near Empire, one of the largest molybdenum mines in the world. I will try to host a guest lecturer from the Colorado Division of Wildlife (DOW) to discuss bats in abandoned mines. We may be able to schedule an evening field trip to a DOW bat study at an abandoned mine site.

The field trip locations will take place at elevations of approximately 9,000 feet altitude. Folks with mobility and/or respiratory problems might not be able to attend.

*Gary Curtiss* has a BA in geology from Western State College in Gunnison, Colorado (now University of Western Colorado). He initially was an exploration geologist for the USGS and several mining companies and mining consultants. He worked as an aerial photographer, surveyor, and environmental geologist for a period before spending 22 years with the State of Colorado in mine regulation and abandoned mine reclamation. He enjoys rock collecting, oceanography, archaeology of the southwest, American and Native American history, and the study of meteoritics and cosmochemistry. He has given geology and meteorite talks at grade schools, state parks, and county commissioner meetings but never to a class of grown up kids like this.
FINDING MR. DICKENS THROUGH FILM

FACILITATOR: ANDREW BRIER

Class will run from 12:30pm to 3:30pm

We will rouse our Old Curiosity by watching rare classics and modern movies created from Charles Dickens’ masterpieces. I hope to stimulate your Great Expectations through class discussion of these films. It will be “the best of times and the worst of times” in class, as we pay our respects to David Copperfield, Nicholas Nickleby, Mr. Pickwick and Jacob Marley’s Ghost. The class will also view several documentaries dealing with “the mystery of Charles Dickens”, his life and his world. In addition, we will discuss some of the recent BBC productions of Dickens’ lesser known great works: Little Dorrit, Bleak House, Our Mutual Friend and Hard Times.

*Reading Dickens novels is Not required And... I shall highly recommend it.

The last two sessions, (as we approach the holidays), will deal with the many versions of A Christmas Carol and some of his other Christmas writing. I hope that, like Oliver, you will ask: “Please Sir, may I have some more?”

Class Type: We will watch some of the best films made of Dickens’ novels and use class discussion to share our views, with guidance from me - a huge Dickens Nerd.

Book/materials: none required

I will recommend Dickens viewing and reading during class.

Andrew Brier: I am a filmmaker/playwright just moved to Denver, after working for NBC Sports in San Francisco for the past ten years. I also produced and directed theater in S.F., was a professional Photographer, I have an Emmy award, and I made “Grandma Got Run Over by a Reindeer” for MTV

GREAT CHINESE REVOLUTION: 1800 to 1949

MASTER FACILITATOR: IRWIN KIRK

In the past years the Chinese people have traveled a rocky road: the Manchu dynasty rule of 276 years and wars of foreign aggression: the Opium War of 1839 and the eight years of Japanese invasion 1937-1945. In the same era China experienced civil war in the Taiping Rebellion, the Republican Revolution of 1911, the part-way Nationalist Revolution of 1925-28 for unity against foreign imperialism, and the Kuomintang-Communist civil war of 1945-1949. Why with China’s history of a high level of technology, did China fail a breakthrough into industrial revolution? What was the
role of Western imperialism, or, did the Chinese do it themselves? Fairbank provides a dry, often humorous analysis of the Chinese experience for the general reader, while not debasing scholarship.

**Books/materials:** *The Great Chinese Revolution 1800 to 1985*, John King Fairbank, 1987, paperback. Fairbank was the acknowledged dean of China studies.

**Class Type:** Lecture, Class Reports, Discussion, and Projections

**Irwin Kirk,** retired government attorney, recently presented the Russian Revolution, and earlier, *Modern Middle East, American Frontier West, American Disunion, Reconstruction, 1914, World War One as Political Tragedy, Paris 1919, and Origins of World War Two.*

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**Thursdays 1:00pm–3:00pm – First Universalist Church**

4101 E. Hampden Ave.

**ORIGAMI FOR THE MIND: The Foundation Course – afternoon class**

**MASTER FACILITATOR: MARK BURGER**

What is Origami? Is it an art, a craft, or, perhaps, even a puzzle or a game?

Origami is, in a way, all of them, which makes it such a fascinating pastime. Sitting down with nothing more than a stack of square sheets of paper you will wonder just how the time flew by so quickly while you transformed those sheets into such interesting objects as boxes, geometric forms, birds and flowers.

It’s no wonder that educators and physicians from the 1850’s up to today have seen the merits of Origami as a means to stimulate the brain, prevent aging and reduce stress.

But don’t do it just for that. Do it so that you can make beautiful things with the simplest methods and have fun with other really nice people.

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Please bring a tote bag to transport the models you will make. If you wear reading glasses, bring those, too. Along with a check or exact cash for the materials fee, there is no need to bring anything else that day.
Materials Fee: $25.00 to be paid directly to the facilitator on the first day of class. Please do not send it to OLLI with your registration.

Mark Burger is a Denver native who enjoys designing and making things that are both useful and beautiful. He founded the East Denver Origami Society with monthly meetings so that graduates of Origami for the Mind might continue with the fun and apply their new-found skills to do good works. He has been a favorite teacher at architecture schools around the country. He lives in Cherry Creek with his wife, Marita, where, incidentally, they walk everywhere they need to go and rarely use their car. Mark is a Master Facilitator at OLLI at DU and is the 2017 recipient of OrigamiUSA’s Teaching Award. Please feel free to contact him at eastdenverorigami@icloud.com if you have any questions.

Thursday 1:00pm-3:00pm – First Universalist Church
4101 E. Hampden Ave.

BURGER'S DAUGHTER BY NOBEL PRIZE WINNER NADINE GORDIMER

FACILITATORS: MAUREEN BEIGEL AND RIVKA SCHWAB

Written by Nobel-prize winning author Nadine Gordimer, this is not simply a book about Apartheid but also about a young woman’s slowly evolving identity and her understanding of a life bounded on all sides by forces not of her own choosing. Set in the turbulent political environment of South African Apartheid, it seems everyone has expectations of her—and the government is still watching her even in England and France. Over a period of several years Rosa comes to understand the complexity of South Africa’s political climate and what it really means to be the daughter of activist parents.

Maureen Beigel, who was born in S.A. and lived there through the apartheid years, relocated to Denver where she discovered OLLI. This is the second time she is facilitating a class based on South African prize-winning literature.

Rivka Schwab moved to Denver after graduate school and is a retired librarian/information scientist/technical writer. With a life-long fascination with everything, OLLI has provided wonderful opportunities in the sciences, the arts, and literature. Having taken Maureen’s first class, she is delighted to co-facilitate Nadine Gordimer’s wonderful novel.

Thursday 1:00pm-3:00pm – Park Hill United Methodist Church
5209 Montview Blvd.

THE HUMAN CARDIOVASCULAR SYSTEM: THE GOOD AND THE BAD

FACILITATOR: DAVID SHANDER MD

This course, consisting largely of lectures with time for discussion, will describe the anatomy and physiology of the cardiovascular system, its embryologic development and some of its pathologic states. We will also discuss management of diseases of the heart and circulation with emphasis on newer developments for their management as understood by a retired cardiologist.

Dr. Shander practiced cardiology at Rose Medical Center for 36 years until his retirement 13 years ago. He graduated from the University of Rochester School of Medicine and did his cardiology
fellowship at the University of Colorado School of Medicine. He was a clinical professor of medicine at the University of Colorado and was the recipient of an “Outstanding Teacher Award” from the Medical School. He has facilitated a number of courses for OLLI including one on the Human heart.

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**THE BLUES: ROOTS AND BRANCHES, PART 2**

**FACILITATOR: LARRY D. TANNENBAUM**

**Class will run until 3:15pm**

The course will continue to explore the musical genre that has become known as The Blues, including the origins of the genre, its evolution and its expansion into a number of other musical genres, including rock 'n' roll, rhythm and blues, soul, country and American Folk Music. The class will focus upon important and influential musicians, as well as non-musicians, whose contributions to the genre helped it to grow and evolve. In addition to the musical component, the course will continue to explore the historical, political, sociological, economic and other factors contributing to the development and evolution of The Blues. The class will conclude with an exploration of the recent and current state of the blues, including current concert footage.

Among those important and influential contributors to be discussed in Part 2, we will meet a number of individuals, including (not in the following order), Muddy Waters, Howlin’ Wolf, B.B. King, Sam Phillips, Leonard and Phil Chess, Alan Lomax, Denver Ferguson, Don Robey, Elvis Presley, Louis Jordan, Little Richard, Jerry Lee Lewis, Chuck Berry, Lonnie Donegan, The Rolling Stones, Eric Clapton, Jeff Beck, Jimmie Page, Paul Butterfield, Buddy Guy, Albert King, Freddie King, Janis Joplin, Stevie Ray Vaughn, Bonnie Raitt, Taj Mahal, Beth Hart and Joe Bonamassa.

**Class Type:** The course includes lecture, discussion, slides, music, videos and, possibly, other media.

**Book/materials:** None. Portfolio is available as a supplement to class presentations.

**Larry Tannenbaum** was a practicing attorney in Colorado for 43 years. He was awarded a B.A. Degree from the University of Denver in 1968 and received as J.D. Degree from the University of Denver College of Law in 1971. Larry spent 27 of his years practicing law as a Senior Assistant Attorney General in the Colorado Attorney General’s Office. After retirement, Larry took the opportunity to explore a life-long interest in music. Always an historian, Larry has expended considerable effort since his retirement in 2014 exploring the roots, evolution and the multitude of artists in some of his favorite musical genres, such as the blues, rock 'n' roll and American folk music. Larry often spends time listening to music and watching musical video on internet media.

Larry has previously presented The Blues: Roots and Branches at OLLI West. The expanded course, The Blues: Roots and Branches, Part 1 has also been presented at OLL West and OLLI Central. Larry made a one-time presentation about Reverend Gary Davis, a seminal iconic figure in The Blues and American Folk Music. Larry is also working on a one-time presentation about Bessie Smith, Empress of the Blues, and Elvis Presley.
Who are OLLI Facilitators?

They are people . . . just like you!
At the heart of OLLI are our facilitators and curriculum. OLLI is successful because every term we have an intriguing curriculum and a “faculty” of dedicated people volunteering their time to make it happen.

The majority of OLLI facilitators have never taught a class in their lives. They all find many different ways to organize a class based on the topic and their style – some prepare discussion questions from the text they have chosen; some prefer using lecture tapes and building a discussion around them; others have members of the class give reports; and many invite guest lecturers.

How can you find out about becoming a facilitator?
It is quite easy. You may begin by simply indicating your interest to a Curriculum Committee member. They will be delighted to answer your questions and offer suggestions. Here’s how to get started: 1) request a course proposal form from the Curriculum Committee Chair; 2) return the completed form to the appropriate sub-committee chair; 3) meet with the appropriate subcommittee chair for an evaluation of your proposal.

Curriculum Committee Contacts

Curriculum Committee Chairperson: Tom Bieging, (303) 324-8754, biegfam@comcast.net

<table>
<thead>
<tr>
<th>Public Affairs &amp; Economics</th>
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<tr>
<td>Chair</td>
<td>Gene Cole</td>
<td>(720) 482-0137</td>
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<tr>
<td>History</td>
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<tr>
<td>Chair</td>
<td>Nan Morehead</td>
<td>(303) 690-1949</td>
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| Philosophy, Religion and Psychology |  |  |
| Chair                     | Richard Passoth | (801) 364-3387 | repassoth@gmail.com |

| Visual and Performing Arts |  |  |
| Chair                     | Marianne Lorenz | (970) 568-6729 | lhooq@att.net |

| Literature, Writing and Language |  |  |
| Chair(s)                   | Don & Gracie Batt | (303) 837-1369 | graciebatt@earthlink.net |

| Science, Medicine and Technology |  |  |
| Chair                     | David Shander | (303) 355-6028 | alubdub@aol.com |
OLLI CENTRAL MEMBER RELATIONS ADVISORY COUNCIL

David Ramsey, President, (303) 693-5327, g.ramsey@comcast.net
Gayle Lipson, Secretary, (303) 399-6960, glipson@4edisp.net
Dick Reinish, (303) 355-3135, rlreinish@aol.com
Doug Wayland, (303) 759-2759, drwayland@comcast.net
2019 Fall Term Registration – OLLI Central
Sept. 16th thru Nov. 8th (ends the week of Nov. 14th for Mon. & Wed. classes)
OLLI CENTRAL, 2211 S. JOSEPHINE ST. DENVER 80208-8301
www.portfolio.du.edu/olli

*New to OLLI? ______ (yes or no) * = Required Field

*NAME__________________________________________________________

*ADDRESS________________________________________ *CITY________ *ZIP_______

*PHONE__________________________ *EMAIL________________________________________

► *I would like to participate in a TOTAL of ____ classes ◄
Classes listed over this total number will be considered alternate choices.

For classes at Ruffatto (DU campus), please supply your license plate number for issuance of a parking pass: ________________________________________

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<tr>
<th>#</th>
<th>Class Name – Please list in order of preference.</th>
<th>Would You Be Class Assistant?</th>
<th>Day Of Week</th>
<th>AM PM</th>
<th>Location: PH, 1stUC, Ruffatto</th>
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EXTRACURRICULAR OFFERINGS

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<th>#</th>
<th>EXTRACURRICULAR CLASS NAME</th>
<th>Costs</th>
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<td>Member $_____ Guest $_____</td>
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<td>TOTAL AMOUNT FOR EXTRA-CURRICULAR CLASSES LISTED $</td>
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Please double check your form for accuracy as to day of the week, time, and class location!

Please make check payable to OLLI and mail with your registration requests to:

OLLI
UNIVERSITY COLLEGE, UNIVERSITY OF DENVER
2211 South Josephine Street
Denver, Colorado 80208-8301

Please indicate on the envelope if the classes are for Central, South, West, East, On-Campus, Boulder or Mixed

PLEASE ENCLOSE YOUR $130 TUITION CHECK PAYABLE TO OLLI. (The tuition includes your membership fee.) If you are also registering for Extracurricular class offerings, include a separate check for those fees as well.

Check(s) enclosed:

_______  Tuition: $130 per term, per person
_______  OLLI EXTRACURRICULAR registration fees: Total for all classes requested.
_______  OLLI Tax Deductible Donation, please enclose a separate check
_______  Total Amount Enclosed

For information and/or questions, contact:
Debbie Loftin at 303-871-3090 or debra.loftin@du.edu

NOTICE

By registering, I understand and agree that the University of Denver, its Trustees, employees and agents have no legal responsibility for my physical welfare while a member of the Osher Lifelong Learning Institute at the University of Denver or during any program-sponsored trip or activity. By registering, I agree to hold harmless the University of Denver, its Trustees, employees and agents for any claims for personal injury or damage arising out of the member or guest association with the program. Additionally, I agree to authorize OLLI at DU to record and photograph my image and/or voice for use by OLLI at DU in education and promotional programs and material.

*SIGNATURE REQUIRED: ______________________________  ______________________________
**WEEKLY CLASS OVERVIEW FOR THE OLLI CENTRAL FALL TERM 2019**

**First Universalist Church, 4101 E. Hampden Ave.**  
**Park Hill United Methodist Church, 5209 Montview Blvd.**  
**Ruffatto Hall, 1999 E. Evans Ave.**

**MORNINGS**

<table>
<thead>
<tr>
<th>MONDAY 9:30 – 11:30am</th>
<th>TUESDAY 9:30-11:30AM</th>
<th>WEDNESDAY 9:30-11:30AM</th>
<th>THURSDAY 9:30-11:30AM</th>
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<tr>
<td>First Universalist Church</td>
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| *Current Events #1*  
D. Reinish & S. Myers | *Current Events #2*  
D. Reinish & S. Myers | *Be Good to Your Gut*  
Judie Maurelli | |
| *Easy Chinese Conversation*  
Yi Ren | *Great Decisions #1*  
Steve Winber | *Origami the Foundation-morning*  
Mark Burger | |
| *Fascinating Felines*  
C. Currier & M. Dudzinski  
6 weeks beg. Oct 2nd | *Great Admirals & Generals - WWII*  
B. Bicknell, T. Berry, F. Woll | *Recent Short Stories – Pt 3*  
Kelly Smith | |
| *US Global Water Resources*  
J. Kunkel & T. Steele | *Science Potpourri*  
David Shander | *Truman*  
Jim Bernuth | |
| Park Hill United Methodist | Park Hill United Methodist | Park Hill United Methodist | Park Hill United Methodist |
| *Yoga from the Heart*  
9:30 to 10:45am | *Current Events #3*  
G. Appell & B. Holme | *Buddhist Psychology*  
Gretchen Groth  
1st 4 weeks | *Less Than Human*  
Diane Carter |
| *Tai Chi*  
11:00 – 11:45am | *The Oxford Studies*  
Joe Brady  
1st 4 weeks | *Shakespeare Society*  
Eileen Wigginton | *More Sci Fi Short Stories*  
Larry Matten |
| *Squaring the Curve not for Squares*  
Jacqui Shumway  
2nd 4 weeks | *Criminal Justice System*  
Rick Levinson | *Public Art in Downtown*  
Barbara Thorngren | |
| **FIRST PLYMOUTH**  
3501 S. Colorado Blvd.  
**Short Stories with an Edge**  
Judith Vlasin | *Virginia Woolf*  
Kelly Smith  
*Wolf Hall*  
H. Carlson & K. Stokes | *Pilates*  
11:45 – 12:40pm | |
| **Ruffatto Hall - DU** | **Ruffatto Hall - DU** | **Ruffatto Hall - DU** | **Ruffatto Hall - DU** |
| *Campaigns & Elections*  
Dennis Johnson | *Colorado Mining Legacy*  
Gary Curtiss | |
| *Economics of Extraction & Exclusivity*  
A Tsoucatos & K Ruckhaus | | | |
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<tr>
<th><strong>AFTERNOONS</strong></th>
<th><strong>MONDAY 1:00-3:00PM</strong></th>
<th><strong>TUESDAY 1:00-3:00PM</strong></th>
<th><strong>WEDNESDAY 1:00-3:00PM</strong></th>
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<td>'60s Music</td>
<td>Accidental Empress</td>
<td>Foreign Films</td>
<td>Burger’s Daughter</td>
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<td>P. Simon &amp; G. Gravlee</td>
<td>B. Forsyth &amp; B Bennett</td>
<td>Dick Reinish</td>
<td>M. Beigel &amp; R. Schwab</td>
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<tr>
<td>Sports Movies</td>
<td>Some of the Best Fantasy Films of all Time</td>
<td>More Adventures in B’Midbar</td>
<td>Finding Mr. Dickens Through Film</td>
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<td>Alan Folkestad</td>
<td>Larry Matten &amp; Greg Petty</td>
<td>Rabbi Cohen</td>
<td>Andrew Brier</td>
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<td>Taste the Plant Rainbow</td>
<td>Ulysses for Reluctant Readers</td>
<td>Ted Talks</td>
<td>Great Chinese Revolution</td>
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<td>Sandy Soule</td>
<td>Ann Cohen</td>
<td>Gene Cole</td>
<td>Irwin Kirk</td>
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<td>5 weeks beg. 9/23</td>
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<td>Current Events #4</td>
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<td>Origami the Foundation- afternoon</td>
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<td>Doug Seagren</td>
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<td>Mark Burger</td>
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<td>Park Hill United Methodist</td>
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<td>Active Minds</td>
<td>Great Cathedrals</td>
<td>Pride and Prejudice</td>
<td>Human Cardiovascular System</td>
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<td>Sept 16, 23, Oct 7 &amp; 14</td>
<td>Mo Mathews</td>
<td>Linda Katchen</td>
<td>David Shander</td>
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<td>1st Amendment</td>
<td>Great Decisions #2</td>
<td>The Witches</td>
<td>The Blues: Roots &amp; Branches, Part 2</td>
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<td>Barbara Shecter</td>
<td>Joseph Feldstein</td>
<td>David Lippman</td>
<td>Larry Tannenbaum</td>
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<td>Class runs to 3:15pm</td>
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<td>Symphony</td>
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<td>Catherine Beeson</td>
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<td>Van Gogh</td>
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<td>Judith Vlasin</td>
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<td>Ruffatto Hall - DU</td>
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<td>Making Decisions in Complex World</td>
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<td>Terry Ortlieb</td>
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<td>Mitch Stewart</td>
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OLLI at DU Main Office
1 University College
   2211 South Josephine Street
   Denver, CO 80208

OLLI Central
2 First Universalist Church of Denver
   4101 East Hampden, Denver, CO 80222
3 Park Hill United Methodist Church
   5209 Montview Blvd, Denver 80207
8 Ruffatto Hall on DU Campus (Frontier Hall)
   1999 East Evans Avenue, Denver, CO 80210

OLLI South
4 Valley View Christian Church
   11004 Wildfield Lane, Littleton, CO 80125

OLLI West
5 Jefferson Unitarian Church
   14350 West 32nd Avenue, Golden, CO 80401
6 Shepherd of the Hills Presbyterian Church
   11500 West 20th Ave., Lakewood, CO 80215

OLLI East
7 Mississippi Avenue Baptist Church
   13231 East Mississippi Ave, Aurora, CO 80012

OLLI-on-Campus
8 Ruffatto Hall on DU Campus
   1999 East Evans Avenue, Denver, CO 80210

OLLI Boulder
9 Mountain View United Methodist Church
   355 Ponca Place, Boulder, CO