Enneagram: What were they thinking? Why do they act that way?

Facilitator: Sue Burdette

The Enneagram, a psychological and spiritual map of human consciousness

Have you ever asked yourself, “Why do people act the way they do?” The Enneagram will help you answer that question by defining nine distinct personality TYPES and how each TYPE views and interacts in the world. Our personality is a set of habitual patterns and coping strategies built up over a lifetime. Understanding the motivation and strategies behind the behavior of each TYPE allows us to build compassion for ourselves and others in order to become more successful in our relationships with family, friends and the community at large.

Objectives:
- Identify descriptors for all nine TYPES
- Determine your TYPE
- Understand the motivation and strategies behind all nine TYPES
- Understand how TYPE limits our perception of the world

Book: The Enneagram Made Easy, by Renee Baron & Elizabeth Wagele. Highly recommended as an easy introduction to the Enneagram but not required for class.

Class Type: Lecture/group discussion/video

Materials Fee: $8.00 for Typing cards and handouts

Biography
Sue Burdette is a certified Enneagram teacher in the Narrative Tradition. Sue has studied the Enneagram for over 25 years and personally experienced the impact of the Enneagram on personal and business relationships. Sue has recently retired from the corporate world where she was trainer, facilitator and consultant working with leaders, supervisors and individuals to help change the dynamics and outcomes of communication in the workplace.