



## 2023-2024 COHORT STUDENT INFORMATION SHEET

The US Department of Health and Human Services, Health Resources and Services Administration (HRSA) has awarded GSSW federal funding to expand the behavioral health workforce in Colorado focused on high need-high demand areas, medically underserved and rural communities. A limited number of \$10,000 stipends are available for this academic year. All students who are completing their advanced standing or concentration year field placements are eligible to apply.

### Integrated Behavioral Health

According to the Agency for Healthcare Research and Quality<sup>1</sup>, Integrated Behavioral Health is defined as

The care a patient experiences as a result of a team of primary care and behavioral health clinicians, working together with patients and families, using a systematic and cost-effective approach to provide patient-centered care for a defined population. This care may address mental health and substance use conditions, health behaviors (including their contribution to chronic mental illnesses), life stressors and crises, stress-related physical symptoms, and ineffective patterns of healthcare utilization.

### Concentration/Advanced Standing Field Internship

In addition to an emphasis on cultural and linguistic competency in medically underserved and rural communities, preferred internship sites may include the following:

- interdisciplinary training of two or more health disciplines using a team-based care approach to provide quality behavioral health services;
  - placement in an integrated primary care outpatient clinic
  - primary care health team working alongside behavioral health providers
- utilization of evidence-based practices for mental health & substance use interventions in these health settings

Though internships at primary care sites (as described above) receive priority in the application process, internships that are not primary care, but which include an interdisciplinary team providing interdisciplinary training of two or more health disciplines using a team-based care approach to provide quality behavioral health services will also be considered for the stipend program on a space-available basis.

We encourage students placed in ***non-traditional experiential training sites*** dedicated to promoting integration of behavioral health in high need and high demand areas to apply to CLIMB. Examples of non-traditional sites include, but are not limited to, **hospitals, crisis centers, state and local health departments, emergency departments, faith-based organizations, first responders, and judicial systems.**

### Cultural and Linguistic Competency

According to the Agency for Healthcare Research and Quality, Cultural and Linguistic Competency is defined as

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<sup>1</sup> <https://www.ahrq.gov/index.html>



The ability of health care providers and health care organizations to understand and respond effectively to the cultural and linguistic needs brought by the patient to the health care encounter.

### Application Requirements

The selection process for the CLIMB@DU stipend is competitive. Applications will be available at the beginning of the spring quarter. The following must be received by the application deadline stated on the application for candidates to be considered:

- fully completed application
- personal essay
- current resume

The Field Confirmation Form confirming a secured field internship that meets the IBH requirements stated above does not have to be submitted at the time of application; however, it must be received before candidates can be awarded a stipend. Candidates who do not secure a field internship that meets the IBH requirements stated above will not be awarded a stipend.

Students who are awarded the CLIMB@DU stipend must also provide a Letter of Support from their Field Placement Supervisor in early September, prior to stipend payments starting. Failure to provide this letter in the time allowed will result in the student forfeiting the stipend.

Priority will be given to candidates whose applications are received by **June 1, 2023**. However, applications will be accepted after the priority deadline *if* there are still stipends available *until* all available stipends have been awarded.

**Applications can be accessed on the CLIMB@DU website:**

**<http://portfolio.du.edu/CLIMB/page/95223>**

Component	CLIMB@DU
Stipend	<ul style="list-style-type: none"><li>• \$10,000 disbursed monthly October – June (\$1111.11)</li></ul>
Application	<ul style="list-style-type: none"><li>• Completed application</li><li>• Personal essay</li><li>• Current resume</li><li>• Field Confirmation Form (can be sent after the application is submitted for those still needing to confirm. Stipend will not be awarded until the FCF is received)</li><li>• <b>Priority application deadline is June 1, 2023.</b> Applications will only be accepted after the priority deadline <i>if</i> there are still stipends available and <i>until</i> all stipends have been awarded</li><li>• Award notifications will be made starting <b>June 15<sup>th</sup></b> and will continue until all stipends have been awarded for the year.</li></ul> <p><b>After award:</b></p> <ul style="list-style-type: none"><li>• Signed Letter of Commitment</li><li>• Signed Letter of Support from Field Supervisor</li></ul>



Component	CLIMB@DU
<b>Internship Requirements</b>	<ul style="list-style-type: none"> <li>• Interdisciplinary training of <b>two or more health disciplines</b> using a team-based care approach to provide quality behavioral health services</li> <li>• Integrated primary care outpatient clinic</li> <li>• Primary care health team working alongside behavioral health providers</li> <li>• Utilization of evidence-based practices for mental health &amp; substance use interventions in these health settings</li> <li>• Emphasis on cultural &amp; linguistic competency</li> <li>• Must maintain and successfully complete required concentration internship hours in IBH internship and demonstrate positive progress on field competencies</li> </ul>
<b>Curricular Requirements</b>	<ul style="list-style-type: none"> <li>• Required                             <ul style="list-style-type: none"> <li>○ Integrated Healthcare class (SW4401) – Methods/Skills – 3 credits</li> <li>○ Cultural &amp; Linguistic Competency in Integrated Behavioral Health (SW4390) – Values – 3 credits (Canvas - Online – Hybrid) <i>Winter quarter</i></li> <li>○ Psychopharmacology Workshop- no credit- <i>Fall quarter</i></li> </ul> </li> <li>• Choice of 1 of the following:                             <ul style="list-style-type: none"> <li>○ Assessment of Mental Health in Children and Adolescents</li> <li>○ Practice Elements in Interventions with Children and Youth</li> <li>○ Substance Use Interventions</li> <li>○ Child and Adolescent Trauma</li> <li>○ Intimate Partner Violence</li> <li>○ Social Work Practice with LGBTQIA Communities</li> <li>○ Suicide Assessment and Interventions</li> </ul> </li> </ul>
<b>Mandatory Programming</b>	<ul style="list-style-type: none"> <li>• Kick-Off Breakfast &amp; Orientation, <i>September</i></li> <li>• Intercultural Development Inventory (IDI) Pre (Sept) Post (June)</li> <li>• Monthly Cohort Meetings</li> <li>• Interprofessional Speaker Series / Pop-Up Speakers</li> <li>• St. Mary's Training Event, <i>Spring quarter</i></li> <li>• Career &amp; Licensure Prep</li> <li>• Licensure Prep Course (optional)</li> <li>• Graduation Celebration, <i>June 2024</i></li> <li>• HRSA sponsored activities</li> <li>• Other activities TBD</li> <li>• Monthly Certification of Completion of Activities</li> <li>• Evaluation Activities</li> </ul>
<b>Post - Graduation (5 years)</b>	<ul style="list-style-type: none"> <li>• Evaluation Activities</li> </ul>

For questions about the CLIMB@DU program, please contact the Program Manager: [erin.poole@du.edu](mailto:erin.poole@du.edu).