

# Health, Equity and Wellness



UNIVERSITY of  
DENVER

GRADUATE SCHOOL OF SOCIAL WORK  
Office of Academic Services

## Program Start Prior to Summer 2020

Concentration Coordinator: Michael Talamantes

The Health, Equity and Wellness concentration prepares students to be practitioners in diverse health, integrated health and wellness settings. Students study a variety of practice skills, theories and evidence-based modalities to prepare for social work in comprehensive and specialized health care facilities, public health clinics and programs and/or wellness and preventative healthcare programs.

The Health, Equity and Wellness concentration allows students to practice specific skill sets that incorporate problem-solving, integrative and strengths-based approaches to care. Students gain exposure to classical Western medical social work settings (such as hospitals), to integrative health settings (where mental health, drug and alcohol intervention, and medical care are connected) and to organizations primarily focused on promoting mental, emotional, physical, spiritual, community, social and/or environmental wellness.

Course work also illuminates the history of health and health disparities in the United States and globally, preparing students for culturally competent clinical practice, as well as leadership and advocacy in health and wellness administrative and policy practice.

**90 total credits of the required courses are needed for Traditional students. 60 total credits of the required courses are needed for Advanced Standing students.**

### Required Foundation Courses for Traditional Students

- SOWK 4020 - Integrated Social Work Practice for Social Justice - 4 credits
- SOWK 4001 - Clinical Social Work Skills - 3 credits
- SOWK 4050 - Introduction to Graduate Internship - 1 credit
- SOWK 4132 - Power, Privilege, and Oppression - 3 credits
- SOWK 4006 - Human Behavior in the Social Environment - 3 credits
- SOWK 4003 - Clinical Social Work Theory and Practice - 3 credits
- SOWK 4201 - Evidence for Practice - 3 credits
- SOWK 4007 - Community/Macro Social Work Theory and Practice - 4 credits
- SOWK 4120 - Social Policy Analysis - 3 credits
- SOWK 4151, 4152 & 4153 - Foundation Seminar I, II, III - 3 total credits \*offered as 1 credit courses over 3 terms
- SOWK 4950\* - Foundation Field Internship I, II, III, IV

*\*If you have questions regarding the amount of SOWK 4950 credits needed, please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#). Appropriate internships chosen in consultation with Field Team.*

### Required Foundation Courses for Advanced Standing Students (9 credits required)

- SOWK 4132 - Power, Privilege, and Oppression - 3 credits
- SOWK 4299 - Advanced Standing Seminar - 3 credits
- SOWK 4201 - Evidence for Practice - 3 credits

= 9 Advanced Standing foundation credits

## Required Concentration Courses

### Theory for Practice Course (3 credits required)

#### Required

- SOWK 4325 - Perspectives/Trends in Health and Wellness (*Student must take this course first*)

### Methods/Skills Courses (9 credits required)

#### Required

- SOWK 4338 - Assessment of Mental Health Across the Lifespan

AND

- SOWK 4401 - Integrated Health Care: Models and Practice (*Students take next after SOWK 4325*)

AND

- SOWK 4723 - Social Work Practice in Health Care

## Policy and Program Advocacy Course (3 credits required)

### Required

- SOWK 4655 - Mental Health and Health Care Policy

## Research Sequence (3 credits required)

### Required

- SOWK 4900 - Methods for Evaluating Practice and Programs
- SOWK 4901 - Applied Practice Evaluation Research\*

*\*Note, depending on your place in the program, SOWK 4901 may not be required. Please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#).*

## Values for Practice Course (3 credits required)

### Required (choose one)

- SOWK 4235 - Disproportionality & Disparity Across Systems
- OR
- SOWK 4990 - Special Topics: Digital Justice in Social Work

## Concentration Internship

*Concentration internship must correlate with Health, Equity, and Wellness concentration. Appropriate internships chosen in consultation with Field and Placement Team*

### Required

- SOWK 4970\* - Concentration Field (I, II, III, IV)
- SOWK 4251, 4252 & 4253 - Concentration Field Seminar (I, II, III) *\*offered as 1 credit courses over 3 terms*  
*\*If you have questions regarding the amount of SOWK 4970 credits needed, please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#). Appropriate internships chosen in consultation with Field Team.*

## Elective Courses

### Qualifying Classes

*\*Note, the amount of elective courses available to you will depend on your place in the program. Please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#).*

- SOWK 4340 - Leadership and Supervision Skills
- SOWK 4901 - Applied Practice Evaluation Research  
*\*Note, depending on your place in the program, SOWK 4901 may be a required course. Please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#).*
- SOWK 4345 - Intersection of Mental Health, Substance Use, and Trauma
- SOWK 4700 - Solution Focused Brief Therapy
- SOWK 4730 - Cognitive Behavioral Therapies
- SOWK 4752 - Trauma Informed Assessment and Intervention
- SOWK 4990 - Special Topics: Digital Justice in Social Work (*if not taken as a Values for Practice course requirement*)
- SOWK 4521 - Advanced Skills for Working with Military Families

**IMPORTANT NOTE:** *It is the student's responsibility to meet all degree requirements. Students can track their progress using the Degree Audit in PioneerWeb. Please direct questions regarding the degree audit to GSSW's Office of Academic Affairs.*