

Mental Health and Trauma



UNIVERSITY of
DENVER

GRADUATE SCHOOL OF SOCIAL WORK
Office of Academic Services

Program Starts Prior to Summer 2020

Concentration Coordinator: Brian Gonzales

The Mental Health and Trauma concentration focuses on clinical interventions, advanced theory, and research related to mental health, substance use and trauma. Core topics include the assessment of mental health and substance use, skills in crisis intervention and suicide risk-assessment, policy related to mental health and substance use intervention and key clinical interventions and skills.

Courses include intervention in substance use and mental health interventions from several theoretical perspectives: solution-focused, cognitive behavioral, trauma-informed, existential, interpersonal/psychodynamic and strengths/empowerment. Populations include children, adults, and older adults.

Field education placements are offered in agencies that provide psychotherapy, crisis intervention, case management and other clinical interventions related to mental health, substance use and trauma.

90 total credits of the required courses are needed for Traditional students. 60 total credits of the required courses are needed for Advanced Standing students.

Required Foundation Courses for Traditional Students

- SOWK 4020 - Integrated Social Work Practice for Social Justice - 4 credits
- SOWK 4001 - Clinical Social Work Skills - 3 credits
- SOWK 4050 - Introduction to Graduate Internship - 1 credit
- SOWK 4132 - Power, Privilege, and Oppression - 3 credits
- SOWK 4006 - Human Behavior in the Social Environment - 3 credits
- SOWK 4003 - Clinical Social Work Theory and Practice - 3 credits
- SOWK 4201 - Evidence for Practice - 3 credits
- SOWK 4007 - Community/Macro Social Work Theory and Practice - 4 credits
- SOWK 4120 - Social Policy Analysis - 3 credits
- SOWK 4151, 4152 & 4153 - Foundation Seminar I, II, III - 3 total credits **offered as a 1 credit course over 3 terms*
- SOWK 4950 - Foundation Field Internship I, II, III, IV*

**If you have questions regarding the amount of SOWK 4950 credits needed, please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#). Appropriate internships chosen in consultation with Field Team.*

Required Foundation Courses for Advanced Standing Students

- SOWK 4132 - Power, Privilege, and Oppression - 3 credits
- SOWK 4299 - Advanced Standing Seminar - 3 credits
- SOWK 4201 - Evidence for Practice - 3 credits

Required Concentration Courses

Theory for Practice Course

Required

- SOWK 4345 - Intersections of Mental Health, Substance Use, and Trauma

Methods/Skills Courses

Required

- SOWK 4338 - Assessment of Mental Health Across the Lifespan
- SOWK 4730 - Cognitive Behavioral Therapies
- SOWK 4340 - Leadership and Supervision Skills
- SOWK 4401 - Integrated Health Care: Models and Practice
- SOWK 4752 - Trauma Informed Assessment and Intervention

Policy and Program Advocacy Course

Required

- SOWK 4655 - Mental Health and Health Care Policy

Research Sequence

Required

- SOWK 4900 - Methods for Evaluating Practice and Programs
- SOWK 4901 - Applied Practice Evaluation Research*
**Note, depending on your place in the program, SOWK 4901 may not be required. Please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#).*

Values for Practice Course

Required (choose one)

- SOWK 4235 - Disproportionality & Disparity Across Systems
OR
- SOWK 4990 - Special Topics: Digital Justice in Social Work

Concentration Internship

Required

- SOWK 4970 - Concentration Field (I, II, III, IV)*
- SOWK 4251, 4252 & 4253 - Concentration Field Seminar (I, II, II) **Offered as 1 credit courses over 3 terms*
**If you have questions regarding the amount of SOWK 4970 credits needed, please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#). Appropriate internships chosen in consultation with Field Team.*

Elective Courses

Qualifying Classes

**Note, the amount of elective courses available to you will depend on your place in the program. Please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#).*

- SOWK 4732 - Social Work Practice in Health Care
- SOWK 4700 - Solution Focused Brief Therapy
- SOWK 4901 - Applied Practice Evaluation Research
**Note, depending on your place in the program, SOWK 4901 may be a required course. Please refer to the Curriculum Update e-mail message received on 2.26.20 or the [GSSW Student Resource Portal](#).*
- SOWK 4325 - Perspectives/Trends in Health and Wellness
- SOWK 4990 - Special Topics: Digital Justice in Social Work (if not taken as a Values for Practice course requirement)
- SOWK 4521 - Advanced Skills for Working with Military Families

IMPORTANT NOTE: It is the student's responsibility to meet all degree requirements. Students can track their progress using the Degree Audit in PioneerWeb. Please direct questions regarding the degree audit to GSSW's Office of Academic Affairs.