

Mental Health and Trauma



UNIVERSITY of
DENVER

GRADUATE SCHOOL OF SOCIAL WORK
Office of Academic Services

Program Starts Summer 2020 and After

2020/21

Concentration Coordinator: Brian Gonzales

The Mental Health and Trauma concentration focuses on clinical interventions, advanced theory, and research related to mental health, substance use and trauma. Core topics include the assessment of mental health and substance use, skills in crisis intervention and suicide risk-assessment, policy related to mental health and substance use intervention and key clinical interventions and skills.

Courses include intervention in substance use and mental health interventions from several theoretical perspectives: solution-focused, cognitive behavioral, trauma-informed, existential, interpersonal/psychodynamic and strengths/empowerment. Populations include children, adults, and older adults.

Field education placements are offered in agencies that provide psychotherapy, crisis intervention, case management and other clinical interventions related to mental health, substance use and trauma.

81 total credits of the required courses are needed for Traditional students. 54 total credits of the required courses are needed for Advanced Standing students.

Required Foundation Courses for Traditional Students

- SOWK 4020 - Integrated Social Work Practice for Social Justice - 4 credits
- SOWK 4001 - Clinical Social Work Skills - 3 credits
- SOWK 4050 - Introduction to Graduate Internship - 1 credit
- SOWK 4132 - Power, Privilege, and Oppression - 3 credits
- SOWK 4006 - Human Behavior in the Social Environment - 3 credits
- SOWK 4003 - Clinical Social Work Theory and Practice - 3 credits
- SOWK 4201 - Evidence for Practice - 3 credits
- SOWK 4007 - Community/Macro Social Work Theory and Practice - 4 credits
- SOWK 4120 - Social Policy Analysis - 3 credits
- SOWK 4151, 4152 & 4153 - Foundation Seminar I, II, III - 3 total credits required **offered as a 1 credit course over 3 terms*
- SOWK 4950 - Foundation Field Internship I, II, III, IV - 9 total credits required

= 39 foundation credits

Required Foundation Courses for Advanced Standing Students

- SOWK 4132 - Power, Privilege, and Oppression - 3 credits
- SOWK 4299 - Advanced Standing Seminar - 3 credits
- SOWK 4201 - Evidence for Practice - 3 credits

= 9 Advanced Standing foundation credits

Required Concentration Courses

Theory for Practice Course (3 credits required)

Required

- SOWK 4345 - Intersections of Mental Health, Substance Use, and Trauma

Methods/Skills Courses (9 credits required)

Required

- SOWK 4338 - Assessment of Mental Health Across the Lifespan

AND

- SOWK 4700 - Solution Focused Brief Therapy

OR

- SOWK 4730 - Cognitive Behavioral Therapies

AND choose one of the following

- SOWK 4340 - Leadership and Supervision Skills
- SOWK 4401 - Integrated Health Care: Models and Practice
- SOWK 4723 - Social Work Practice in Health
- SOWK 4752 - Trauma Informed Assessment and Intervention

Policy and Program Advocacy Course (3 credits required)

Required

- SOWK 4655 - Mental Health and Health Care Policy

Research (3 credits required)

Required

- SOWK 4900 - Methods for Evaluating Practice and Programs

Values for Practice Course (3 credits required)

Required

- SOWK 4235 - Disproportionality & Disparity Across Systems

Concentration Internship (12 total credits of SOWK 4970 required; 3 total credits of SOWK 4251, 4252 & 4253 required)

Appropriate internships chosen in consultation with Field and Placement Teams

Required

- SOWK 4970 - Concentration Field (I, II, III, IV)
- SOWK 4251, 4252 & 4253 - Concentration Field Seminar (I, II, III) **offered as a 1 credit course over 3 terms*

Elective Courses (6 credits required for Traditional Students; 9 credits required for Advanced Standing Students)

Qualifying Classes

- SOWK 4732 - Social Work Practice in Health Care (if not taken as a Methods/Skills requirement)
- SOWK 4340 - Leadership and Supervision Skills (if not taken as a Methods/Skills requirement)
- SOWK 4752 - Trauma Informed Assessment and Intervention (if not taken as a Methods/Skills requirement)
- SOWK 4401 - Integrated Health Care: Models and Practice (if not taken as a Methods/Skills requirement)
- SOWK 4700 - Solution Focused Brief Therapy (if not taken as a Methods/Skills requirement)
- SOWK 4730 - Cognitive Behavioral Therapies (if not taken as a Methods/Skills requirement)
- SOWK 4901 - Applied Practice Evaluation Research (*to be taken after SOWK 4901*)
- SOWK 4325 - Perspectives/Trends in Health and Wellness
- SOWK 4521 - Advanced Skills for Working with Military Families

IMPORTANT NOTE: *It is the student's responsibility to meet all degree requirements. Students can track their progress using the Degree Audit in PioneerWeb. Please direct questions regarding the degree audit to GSSW's Office of Academic Affairs.*