Osher Lifelong Learning Institute
OLLI
University of Denver

Are You Camera Ready?

Light Up Your Face

Find a quiet place for your computer that gets strong WiFi and ideally, well lit. It's hard for us to forge a human connection over video, even more so if we can't see one another's face. Use the preview on the screen to judge your lighting.

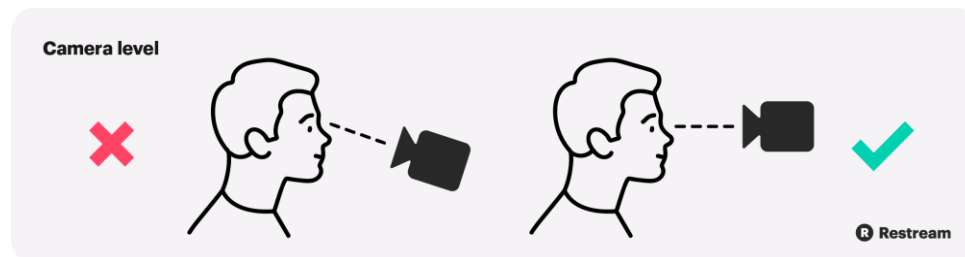**If the room has a window**, make sure you're facing it so the natural light shines on your face.

Avoid any light source that is shines on your computer or webcam. You will be washed out and it makes it very difficult for anyone else on Zoom to see you. In fact, it's distracting.

If the room is dark, find a light like a desk lamp (or a ring light) to plug in near their computer and point it at your face, or bounce the light off a light-colored wall nearby.

I'm Ready for my Close Up

Position your built-in camera or webcam camera slightly above eye level to avoid a wider looking jaw, double chin, view of inside your nose

Camera level

Look directly into the camera. If necessary, use a large book or box to prop up your computer with built-in camera

Wear a solid or simple patterned top in cool or earth tone. White and bright colors will get distorted.

No hats.

Your head should be at the top of the frame with not much above your head. If you are using a phone or iPad, position as if you are watching a movie to remove the black sidelines

Clean up your background, remove clutter such as laundry, unmade bed, dirty dishes.

Avoid having mirrors or busy prints, or wallpaper behind you.

Can You Hear Me Now?

Large empty spaces echo. Try to select a location that has carpeting to keep the sound from traveling around the room. Remember to turn off TV, radio, and your phone

You can use your computer's built-in audio and video or plug in a webcam and or microphone. Try get the adults, children and pets who share your space quiet and comfortable.

Entrepreneur 2012, lavalier microphone, headsets Lifewire 2019 Lighting –LED filtered light, light box or ring light -ViewMe, Brightlines

If you have the option to be plugged into Ethernet, your internet will be more stable.

Turn off any unused programs on your computer.

Ask people who are sharing your internet network not to upload or download large files during class and do not run the microwave.

Ready For Lift Off

Check equipment before class. Connect with your Staff to run to check including: your audio, video quality, sharing screen, using presenter mode and playing videos.