

What are my core values? What are my inherent strengths?

Aligning Your Career

Assess | Explore | Navigate | Build | Map

What is my vision? What are my career goals? (TYPE OF WORK | TYPE OF ORGANIZATION)

What are my needs? What are my job constraints/realities? (SCHEDULE | GEOGRAPHIC LOCATION | BENEFITS | ETC.)

Your Network

Assess | Explore | Navigate | Build | Map

Personal Network (family, friends, community)

Educational Network (faculty, staff, peers, alumni)

Professional Network
(colleagues & organizations, employers)

Field/Internship Network (supervisors, liaisons,
colleagues, community partners)



**Strongly suggest establishing connections within LinkedIn

Mapping Your Path

Assess | Explore | Navigate | Build | Map

Consider utilizing PCO, Destination Career Snapshots, Imagine PhD & Onet Online

Career Option #1 (Research: location, roles, salary | Skills/training requirements | Pros & Cons)

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Mapping Your Path

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Career Option #1 | Employers & Contacts

Career Option #2 | Employers & Contacts

Career Option #3 | Employers & Contacts

**Consider utilizing the PCO Employer Database & DU Career Network platforms

To Do

Assess | Explore | Navigate | Build | Map

Goal/Task to Accomplish

Date

**Consider utilizing Imagine PhD “My Plan” and sync to calendar