
Andrew T. Steward

MSW, LCSW, CMP

PhD Candidate

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EDUCATION

University of Denver
Graduate School of Social Work
Doctor of Philosophy, June 2022 (expected)
Dissertation: Exploring Gaps in Understanding and Responding to Ageism: A Conceptual Model, Psychosocial Health, and Racialized Ageism
Dissertation Committee: Dr. Leslie Hasche (Director), Dr. Nicole Nicotera, Dr. Julie Anne Laser, and Dr. Jack Sheinbaum (Outside Chair)

University of Denver
Master of Social Work, June 2014
Concentration: Adult and Late Life Challenges

University of Denver
Bachelor of Arts in Music (Flute), Magna Cum Laude
Minor: Psychology

LICENSURE/CERTIFICATIONS

Licensed Clinical Social Worker, *July 2018-Present*

- CO Department of Regulatory Agencies License # 09925489

Certified Music Practitioner, *August 2017-December 2021*

- Music for Healing and Transition Program

RESEARCH INTERESTS

Interventions to Reduce Internalized Ageism
Healthy Aging
Intersectionality of Ageism
Qualitative and/or Arts-Based Research

TEACHING INTERESTS

Human Behavior in the Social Environment
Direct Practice Social Work
Health Equity and Wellness
Social Work with Older Adults
Research Methods

RESEARCH & EVALUATION EXPERIENCE

Experience EngAGED

Research Consultant with supervision from Dr. Leslie Hasche

January 2019-January 2022

- Development of evaluation tools to 1) measure impact of volunteerism across seven indicators of psycho-social well-being, and 2) measure volunteer impact on organizational capacity
- Assist with grant writing for foundations
- Conduct interviews/focus groups with individual volunteers and host-site organizations
- Quantitative and qualitative data analyses. Report and manuscript writing
- Meet regularly with program participants and facilitators to discuss the interpretation of findings
- Develop public-facing documents highlighting findings and implications

University of Denver Knoebel Institute for Healthy Aging

LinkAGES Intergenerational Program Evaluation Coordinator

September 2020-October 2021

PI: Dr. Leslie Hasche

Strear Family Foundation, Inc. (funder)

- Develop evaluation plans in partnership with community organizations
- Secure IRB approval for all research and evaluation protocols
- Write evaluation reports for individual organizations and the larger LinkAGES intergenerational collaborative
- Synthesize evaluation findings across programs for dissemination through community-engaged presentations and peer-reviewed publications

University of Denver Graduate School of Social Work

Graduate Research Assistant, Advisor Dr. Leslie Hasche

September 2018-June 2022

- Support research projects related to healthy aging and intergenerational programming through the following activities:
 - Survey implementation
 - Design evaluation tools as needed
 - Submit IRB applications
 - Facilitate focus groups and conduct thematic analysis
 - Manuscript and conference abstract writing
 - Dissemination of research findings to community partners

COMPETITIVE FELLOWSHIPS & GRANTS

Fahs-Beck Fund for Research and Experimentation \$6,613
Fahs-Beck Scholar (Doctoral Dissertation Grant), 2021

University of Denver Office of Graduate Education \$2,500
Graduate Education Dissertation Fellowship, Spring 2021

University of Denver Graduate School of Social Work \$1,500
Outstanding Dissertation Proposal Award, Spring 2021

Next Fifty Initiative <i>Subcontract for Fellows program grant, 2019-2020</i> <i>In partnership with Experience EngAGED</i> <i>Supervision from Dr. Leslie Hasche</i>	Direct Cost: \$20,000
University of Denver Graduate School of Social Work <i>Summer Mentored Scholar Award, June-August 2020</i> <i>Title: Maintaining Intergenerational Relationships via Technology During the COVID-19 Public Health Crisis</i> <i>Mentor: Dr. Leslie Hasche, Co-Researcher: Pilar Ingle, Doctoral Student</i>	\$3,500
AGESW (Association for Gerontology Education in Social Work) <i>Pre-Dissertation Fellow, 2019</i>	\$1,200
University of Denver Graduate School of Social Work <i>Graduate Studies Doctoral Fellowship, 2018-2019 academic year</i>	\$4,500
National Council for Behavioral Health <i>Inspiring Hope Award in Educational Achievement, May 2014</i>	\$10,000
<ul style="list-style-type: none"> • Grant received and subsequently donated to the non-profit <i>BringChange2Mind</i> in support of the College Toolbox project; a multi-year, student driven campaign creating stigma free campuses across all American institutions of higher learning 	

HONORS & AWARDS

PhD Comprehensive Exam: *Internalized Ageism and Health Among Older Adults*

- Unanimous pass with distinction

Masterpiece Living, LLC

Certified Center for Successful Aging, December 2015

- Successfully championed Clermont Park Retirement Community to reach the highest standards of empowerment in healthy aging as reflected by inclusive culture, leadership, outreach, resident/ team member engagement, and purposeful programming

International Council on Active Aging

Innovators Achievement Award, November 2015

- Lead organizer/developer of the *Clermont College of Creative Life*, an intergenerational lifelong learning initiative recognized as one of the five most innovative wellness programs for older adults in North America

Eli Lilly Reintegration Scholarship

2009-2014

- Full-tuition scholarship in support of mental health reintegration during undergraduate and masters-level education.

PEER REVIEWED PUBLICATIONS

- Steward, A.,** Hasche, L., & Laser, J. (2022). Do internalized age stereotypes mediate the relationship between volunteerism and social connectedness for adults 50+? *Journal of Aging Studies, 61*, 101031. Advance online publication. <https://doi.org/10.1016/j.jaging.2022.101031>
- Schilz, M., **Steward, A.,** Wang, K., Ingle, M. P., De Fries, C., & Hasche, L. (2022). The association between social network and fear of COVID-19 among older adults. *Journal of Gerontological Social Work*. Advance online publication. <https://doi.org/10.1080/01634372.2022.2045661>
- Steward, A.,** Hasche, L., Greenfield, J. C., Ingle, M. P., De Fries, C. M., Fix, R., King McLaughlin, J., Schilz, M., Hennig, M., & Bonatus, D. (2021). A review of participant, agency, and community outcomes of non-familial intergenerational programs. *Journal of Social Work*. Advance online publication. <https://doi.org/10.1177/14680173211057436>
- Steward, A.,** & McDevitt, K. (2021). “Otherwise we would be like an island”: A phenomenological understanding of intergenerational engagement aimed at reducing social isolation. *Journal of Intergenerational Relationships*. Advance online publication. <https://doi.org/10.1080/15350770.2021.1997870>
- Steward, A.,** & Hasche, L. (2021). Exploring lifestyle activities to reduce internalized ageism: Self-efficacy as a mediator between exercise, volunteering, computer use and self-perceptions of aging. *International Journal of Aging and Human Development, 94*(3), 255-272. <https://doi.org/10.1177/00914150211024175>
- Steward, A.** (2021). Toward interventions to reduce internalized ageism. *Journal of Human Behavior in the Social Environment, 32*(3), 336-355. <https://doi.org/10.1080/10911359.2021.1898516>
- Steward, A.,** Hasche, L., Talamantes, M., & Bernhardt, M. (2020). The impact of intergenerational engagement on social work students’ attitudes toward aging: The example of Clermont College. *Health and Social Work, 45*(4), 250-258. <https://doi.org/10.1093/hsw/hlaa023>

BOOK REVIEWS

- Steward, A.** (2021). Applying person-centered activities for dementia caregivers and activity professionals: A review of *Creative Engagement* from a social work perspective [Review of the book *Creative Engagement: A Handbook of Activities for People with Dementia* by R. Wonderlin & G. M. Lotze]. *Journal of Gerontological Social Work, 64*(3), 334-337. <https://doi.org/10.1080/01634372.2020.1830219>

MANUSCRIPTS UNDER REVIEW

Nicotera, N., Park, I., Call, J., & **Steward, A.** (revise and re-submit). Self-care, distress tolerance, mindfulness, and quality of life: Associated factors among MSW students. *Journal of Social Work Education*.

De Fries, C., MacInnes, R., Walker, A., DelPo, A., Hasche, L., **Steward, A.**, & Schilz, M. (under review). The photography and memory project: Adapting an intergenerational program during a global pandemic. *Journal of Social Issues*.

MANUSCRIPTS IN PREPARATION

Steward, A., De Fries, C., Dunbar, A Z., Trujillo, M., Zhu, Y., Nicotera, N., & Hasche, L. (in preparation, estimated submission June 2022). A phenomenological understanding of the lived experience of the intersectionality of ageism and racism among diverse older adults.

Steward, A., De Fries, C., Dunbar, A. Z., Trujillo, M., Zhu, Y., Nicotera, N., & Hasche, L. (in preparation, estimated submission September 2022). How do older adults cope with and find support for intersectional oppression involving both ageism and racism?

De Fries, C., Hasche, L., Cohen, R., & **Steward, A.** (in preparation). LinkAGES Colorado: Evaluation of intergenerational programs to improve connections across all ages.

PEER REVIEWED PRESENTATIONS

Steward, A., Schilz, M., Wang, K., Ingle, M. P., De Fries, C., & Hasche, L. (2021, November). The association between social network support and fear of COVID-19 among older adults. In **A. Steward** (Session Chair), *Social support during the COVID-19 pandemic*. Paper presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Online.

Steward, A., Hasche, L., & Laser-Maira, J. (2021, November). Internalized age stereotypes as a mediator between volunteering and psychosocial health for adults 50+. Poster presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Online.

Steward, A. (2021, November). Toward interventions to reduce internalized ageism. Poster presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Online.

De Fries, C., Hasche, L., Cohen, R., **Steward, A.**, & Schilz, M. (2021, November). LinkAGES Colorado: Evaluation of intergenerational programs to improve connections across all ages. Poster presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Online.

- De Fries, C., MacInnes, R., Walker, A., DelPo, A., Hasche, L., **Steward, A.**, & Schilz, M. (2021, November). The photography and memory project: Adapting an intergenerational program during a global pandemic. In S. Jarrott (Chair), *Intergenerational programming during the pandemic: Transformation during (constantly) changing times*. Symposium presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Online.
- Hasche, L., **Steward, A.**, Greenfield, J. C., Ingle, M. P., De Fries, C. M., Fix, R., King, J., Hennig, M., & Bonatus, D. (2021, January). The state of the field: A scoping review of non-familial intergenerational programs. Poster presentation conducted at the Society for Social Work and Research conference, Online.
- Steward, A.**, & Hasche, L. (2020, November). Self-efficacy as a mediator between lifestyle and self-perceptions of aging. Poster presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Online.
- De Fries, C. M., **Steward, A.**, Fix, R., & Hasche, L. (2020, November). A process evaluation of cross-organizational intergenerational partnerships. In L. Hasche (Chair), *Using implementation research to promote the expansion and sustainability of intergenerational programs*. Symposium presentation conducted at the meeting of the Gerontological Society of America Annual Scientific Meeting, Online.
- Call, J., **Steward, A.**, Park, I., & Nicotera, N. (2020, November). MSW student quality of life and self-care: Implications for social work education. Paper presentation conducted at the Council on Social Work Education conference, Denver, CO.
- Roybal, K., **Steward, A.**, & Greenfield, J. C. (2020, January). Exploring the relationship between caregiver health insurance coverage and financial strain. Poster presentation conducted at the Society for Social Work and Research conference, Washington, D.C.
- Steward, A.**, & McDevitt, K. (2019, November). A phenomenological perspective of intergenerational engagement, social isolation, and age segregation. Poster presentation conducted at the Gerontological Society of America Annual Scientific Meeting, Austin, TX.
- Steward, A.**, Lavery, A., & Moody, H. R. (2019, October). Approaches to infusing critical gerontology across social work curricula. Workshop conducted at the Council on Social Work Education Annual Program Meeting, Denver, CO.
- Steward, A.**, Hasche, L., & Talamantes, M. (2017, October). The impact of intergenerational engagement on social work students' attitudes toward aging: The example of Clermont College. Presentation conducted at the Council on Social Work Education Annual Program Meeting, Dallas, TX.

INVITED & PUBLICLY-ENGAGED PRESENTATIONS

- Kellogg, C. & **Steward, A.** (2021, November). Thought about volunteering lately? It can improve your health and well-being. Venerable Voices Podcast, Online.
[Thought about volunteering lately? It can improve your health and well-being--Mental Wellness Part 1. - Venerable Voices | Podcast on Spotify](#)
- Steward, A.** (2021, October). Volunteering, internalized ageism, and social connectedness for adults 50+ during the pandemic. 60+ Ride, Greeley, CO.
- Steward, A.** (2021, May). A qualitative dissertation project on racialized ageism. Presentation conducted for the Colorado Commission on Aging, Online.
- Steward, A.** (2021, February). The benefits of therapeutic music. Webinar conducted for Christian Living Communities Rhythms Memory Care Network Call, Online.
- Steward, A.** (2020, August). An overview of therapeutic music. Video presentation conducted for Los Alamos and Pojoaque New Mexico High School music programs, Online.
- Steward, A.** (2017, November). The benefits of therapeutic music in comfort care. Presentation conducted at the Suncrest Hospice Social Services Conference, Denver, CO.
- Steward, A.,** Hasche, L., & Talamantes, M. (2016, October). The impact of intergenerational engagement on social work students' attitudes toward aging. Poster presentation conducted at the Knoebel Institute for Healthy Aging Opening Ceremony, University of Denver, Denver, CO.
- Steward, A.,** on behalf of Clermont Park Retirement Community. (2015, November). The Clermont College of Creative Life. Presentation conducted at the Innovators Awards Panel, International Council on Active Aging, New Orleans, LA.
- Steward, A.,** Bernhardt, M., & Loats, M. (2015, April). Goals in action: College-inspired cultures. Panel presentation conducted at the Masterpiece Living Lyceum, St. Petersburg, FL.
- Steward, A.** (2011, May). Beating mental illness. TEDxDU: Radical Collaboration, University of Denver, Denver, CO.
- Steward, A.** (2011, April). Beating mental illness. TEDxDU: Fearlessness in Action, University of Denver, Denver, CO.

TEACHING EXPERIENCE

University of Denver Graduate School of Social Work

Adjunct Faculty, *Fall 2017-Present*

Spring 2022: Evidence for Practice (online)

Winter 2022: Methods for Evaluating Practice and Programs (online)

Fall 2021: Human Behavior in the Social Environment (online)

Summer 2021: Evolving Perspectives and Trends in Health and Wellness (online)

Fall 2020: Evolving Perspectives and Trends in Health and Wellness (online)

Summer 2020: Evidence for Practice (online)

Summer 2019: Leadership and Supervision Skills (online)

Fall 2017: Integrated Social Work Practice for Social Justice

Graduate Teaching Assistant, *Fall 2019*

Evolving Perspectives and Trends in Health and Wellness

(*Course Lead: Clinical Professor Michael Talamantes*)

MSW Student Supervision in Field

September 2018-June 2019: Suncrest Hospice

- Weekly clinical supervision for concentration year student

December 2017-June 2018: Suncrest Hospice

- Weekly clinical supervision for foundation year student

January-June 2016: Clermont Park Retirement Community

- Task supervision for concentration year student program evaluation on the holistic benefits of martial arts and belly dancing for older adults

March-June 2015: Clermont Park Retirement Community

- Task supervision for concentration year student program evaluation on the cognitive benefits of the *Music and Memory* program

POST-MASTERS PRACTICE EXPERIENCE

Suncrest Hospice

PRN Medical Social Worker, *August 2018-September 2019*

Medical Social Worker, *January 2017-August 2018*

- Biopsychosocial assessment, education on advance directives, crisis intervention, collaboration with interdisciplinary team, referral to community resources, and grief counseling as needed for patients and families.
- Provided clinical supervision for MSW interns as field instructor

Certified Music Practitioner, *August 2017-Present*

- Contracted provider of live, therapeutic flute music at the bedside in skilled nursing or hospital settings as an intervention for various health conditions (acute, non-acute, cognitively-impaired, and therapeutic enhancement for the life/death transition)

Christian Living Communities

Masterpiece Living Lifestyle Coordinator, *July 2014-December 2016*

- Oversaw the implementation and evaluation of healthy aging principles as evidenced in the Masterpiece Living initiative (see <https://mymasterpieceliving.com>).
- Applied latest research and best practices toward the development of holistic, innovative programs focused on social, intellectual, physical, and spiritual wellness centered on social justice.
- Utilized individual & community-level assessments, implemented data-driven processes, and worked collaboratively across multiple departments to achieve positive health outcomes in support of individual wellness and community development milestones.
- Coached clients through both individual and group sessions to support personal lifestyle goals throughout the aging continuum. Trained team members in effective techniques for facilitation of lifestyle coaching sessions.
- Responsible for cultivating ongoing development of resources/ networks and ensuring that programs and initiatives are aligned with strategic goals, operational functions, and client service delivery.
- Provided task supervision for MSW interns

SERVICE

Ad Hoc Reviewer

- The European Journal of Social Work, *2022-present*
- BMC Geriatrics, *2021-present*
- Ageing & Society, *2021-present*
- The Gerontologist, *2020-present*
- Perspectives on Social Work, *2020-present*

Colorado Strategic Action Planning Group on Aging
Disparities Task Force Member, *2021*
Public Participant, *2020-2021*

University of Denver Graduate School of Social Work
Doctoral Leadership Board Member, *2020-2021*

NASW-CO Legislative Committee
Member, *2014-2015*

Alzheimer's Association- CO Latino Advisory Committee
Member, *2014-2015*

MEMBERSHIPS

Council on Social Work Education
Gerontological Society of America
AGESW (Association for Gerontology Education in Social Work)