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EDUCATION

**M.S.W. GRADUATE SCHOOL OF SOCIAL WORK,
UNIVERSITY OF DENVER, DENVER, COLORADO, 1997**
CHILDREN, YOUTH & FAMILIES CONCENTRATION

**B.A. ELEMENTARY EDUCATION,
UNIVERSITY OF PENNSYLVANIA, PHILADELPHIA, PENNSYLVANIA, 1989**
GRADUATED CUM LAUDE, CERTIFIED ELEMENTARY EDUCATION TEACHER, PENNSYLVANIA 1989

AREAS OF SPECIALIZATION

- Program Development, Implementation & Evaluation
- Curriculum Development & Assessment
- Community Outreach & Coordination
- Learning & Teaching
- Training & Supervision
- Health & Wellness integration micro, macro, & mezzo
- Mindfulness & Yoga Instruction

PROFESSIONAL EXPERIENCE

THE GRADUATE SCHOOL OF SOCIAL WORK, UNIVERSITY OF DENVER, DENVER, CO
Director of GSSW Denver Campus MSW Program **JULY 2019-PRESENT**
Associate Professor of the Practice of Social Work

This full-time appointment includes teaching & administrative responsibilities:

- Leads all activities of the program.
- Works closely with GSSW's Associate Dean for Academic Affairs, the Offices of Admission and Field Education, and the Assistant Dean of students to provide oversight and problem –solve issues related to the program and students.
- Provides strong management and oversight.
- Facilitates collaborations across GSSW programs.
- Manages faculty assigned to teach in the program, especially if adjunct faculty, with the Associate Dean's advisement.
- Manages student conflicts and issues with the Associate Dean's and Assistant Dean for Student's advisement.
- Works with the Assistant Dean of Assessment and Evaluation to complete annual program assessments and meet accreditation requirements.
- Represents GSSW at national meetings such as CSWE.
- Lead faculty: Advanced Standing Seminar, Human Behavior in the Social Environment, Wellness Promotion Across the Lifespan, and Disability Studies.
- Standing member, MSW Curriculum Committee & Assessment Committee

THE GRADUATE SCHOOL OF SOCIAL WORK, UNIVERSITY OF DENVER, DENVER, CO

ASSOCIATE PROFESSOR OF THE PRACTICE OF SOCIAL WORK

AUG 2017-JUNE 2019

This full-time appointment includes teaching & administrative responsibilities:

- 2018-2019 courses include: Human Behavior in the Social Environment (lead), Advanced Standing Seminar (lead), Wellness Promotion Across the Lifespan ((lead) with community engaged service learning project with 2040 Partners in Health), Mind Body Social Work, and Disability Studies.
- Development of On-line Advanced Standing Course
- 2017 courses included Evolving Perspectives & Trends in Health & Wellness, Wellness Promotion Across the Lifespan (lead), & Disability Studies(lead).
- Additional responsibilities include coordination of Foundation curriculum, oversight of Advanced Standing Program, & integration of assessment into those curriculum areas.
- Advising of part time students & students who work with Disability Studies Program.
- Leadership areas include Faculty Chair of Inclusive Excellence Committee, spearheading Universally Designed Learning (UDL) for in-person programs, cooperative curriculum design with MSW@Denver program, & participation in ongoing GSSW Admissions Committee work.
- Continuation as GSSW's Library Liaison & work with broader DU community for UDL implementation.
- Coordination with GSSW Student Services on weekly wellness activities & integration of curriculum content into support programs.
- Submission to Journal of Social Work Education; "Uncovering Issues of Ableism in Social Work Education, a Disability Needs Assessment" (edit team and abstract author team

YOGA FOR THE PEOPLE, DENVER, CO

BOARD MEMBER, MSW SUPERVISOR

MAY 2015-PRESENT

PROGRAM & RESEARCH DEVELOPMENT

MAY 2011-MAY 2015

FOUNDER & DIRECTOR

SEPTEMBER 2006-MAY 2011

- Yoga for the People (YFP) is a 501 c3 that works with health & human service providers & yoga teachers to create sustainable yoga programs for communities in need. In 2018-2019 our volunteers led over 42 classes weekly in Denver.
- Creation, direction & leadership of this growing organization that partners with community agencies.
- Partnering agencies have included: The Bridge project, Center for International Studies, Project Wise, Rocky Mountain Stroke, Thirdway, Father Woody's, Denver Health (5 clinics), The Center (LGBTQI), Warren Village, Lowry Family Health Center, Bayaud Enterprises, Denver Housing Authority, Father Woody's Haven, East Middle School Aurora, East High School Denver, Family Tree House of Hope, Garden Court Community, Northeast Denver Housing Center, Urban Peak, Mental Health Center of Denver, Immigrants Right Coalition
- Supervision of 2-4 MSW student interns annually
 - Weekly supervision for grant writing, teaching yoga, program coordination, volunteer recruitment, teacher training, & research & curriculum development.
- Lead team meetings, group supervision & individual supervision, curriculum development for yoga teacher trainings.

- Partnered with researchers from Children’s Hospital & The Wellness Initiative in Boulder to collect data.
- Brought bi-weekly groups to TANF, weekly yoga to Rocky Mountain Stroke Association, Head Start parents, & 3 clinics of Denver Health Hospital (2008-2012) including class for patients overseen by doctors
- 4 Community wide trainings annually including Trauma Sensitive Yoga, Yoga Accommodations, Yoga with Youth, Yoga Across the Lifespan, Community Based Yoga

EVANSTON CENTER FOR SPIRITUAL HEALING & WHOLENESS, DENVER, CO

BOARD MEMBER

JANUARY 2017-PRESENT

Represent Yoga for the People & University of Denver Graduate School of Social Work in development of this community wide facility for universal spiritual beliefs. The Center hosts an ESL school, Al-Anon (in Spanish & English), meditation programs, specialty yoga classes, & offers space for various faiths, including DU student faith groups.

GRADUATE SCHOOL OF SOCIAL WORK, UNIVERSITY OF DENVER, DENVER, CO

FIELD SUPERVISOR

SEPTEMBER 2015- PRESENT

SEPTEMBER 1999-2011

Supervision of field work for GSSW students at a variety of locations, including Kids Voting Colorado, The Children’s Hospital, cityWILD, The Center for Community Engagement & Service Learning (CCESL) (DU), Yoga for the People, & Just Roll With It. Supervision requires guiding graduate students through their field placement experiences & assisting & evaluating them in all facets of their social work development. Oversight of student research and evaluation projects.

GRADUATE SCHOOL OF SOCIAL WORK, UNIVERSITY OF DENVER, DENVER, CO

ASSOCIATE PROFESSOR OF THE PRACTICE OF SOCIAL WORK

SEPT 2015-AUG 2017

This full-time appointment included teaching 7 graduate level courses annually in foundation, concentration & Advanced Standing curriculum & administrative responsibilities:

- Courses included: Clinical Social Work Skills, Integrated Social Work Practice for Social Justice, Evolving Perspectives & Trends in Health & Wellness, Community Practice, Wellness Promotion across the Lifespan, Disability Studies, Advanced Standing Seminar & Mind, Body Social Work.
- Additional responsibilities included coordination of foundation curriculum, oversight of Advanced Standing Program, & integration of assessment into curriculum areas.
- Worked with Assistant Dean for Assessment on conversion of all foundation courses to 2015 EPAS, & creation of mastery rubrics for all foundation courses. Designed Foundation Professional Development Seminar.
- Leadership as co-founder & Faculty Co-Chair of Inclusive Excellence Committee, GSSW representative to Provost’s Academic Diversity Council (PADC) for IE Pilot Unit Survey, including recruitment of members, conducting IE priorities survey of staff, faculty, & students, drafting goals & identifying responsibilities for IE work across culture & climate,

curriculum, admissions, hiring & ongoing professional development, operations, policies, procedures & structures, & coordination with DU & the broader community.

- Service through participation on Field Coordinator Search Committee, Director of Enrollment Search Committee, course lead for Disability Studies, participation on Assessment Committee, & work on GSSW implicit curriculum survey.
- Spearheaded foundation student participation in 2-day Diversity Summit at DU, added Power, Privilege & Oppression curriculum to orientations & expanded foundation & Advanced Standing orientation to two days, to add advising sessions & information on graduate research & writing.
- Hosted advising sessions for all incoming students via adobe acrobat & zoom, & coordinated summer advisors who met with 85 students.
- Regular advising load of 25 students including those who are part time & who work with DSP.
- Worked with registrar & Associate Dean of Academic Affairs to create part-time schedule for foundation students & part-time student documents for foundation & Advanced Standing students.
- Partnered with faculty colleague to implement weekly self-care activities as well as to research outcomes for stress resilience in incoming students.
- Partnered with GSSW Student Services to integrate self-care programming permanently for both foundation & concentration students
- Faculty for Directed Study on Mind Body social work for Western Slope Student, faculty for Independent Study on Disability in Social Work Education
- Co-led disability working committee, collaboratively designed GSSW Disability Survey
- As GSSW library liaison, helped order more social work videos & journals to the collection, as well as worked with Anderson Academic Commons on issues concerning UDL for blind students.
- Accepted award for GSSW along with 2 colleagues for *2017 Champion of Change: Outstanding Department* for establishing the Inclusive Excellence Committee
- Recipient of 2016-2017 *Kay M. Stevenson Faculty Citizenship Award*.

CLINICAL ASSOCIATE PROFESSOR/TEACHING

JULY 2014-JULY 2015

This .3 appointment includes teaching 3 graduate level courses including Integrated Social Work Practice for Social Justice, designed & taught new Wellness Prevention Across the Lifespan course, & Disability Studies, as well as participation in advising 15 students academically.

CLINICAL ASSISTANT PROFESSOR/CURRICULUM DEVELOPMENT

JANUARY 2012-AUGUST 2014

For this part-time role, responsibilities include working with the Associate Dean of Academic Affairs to continue the process of curriculum development for both foundation & concentration course sequences.

- development of foundation course integration with field programs,
- development of new Health & Wellness Concentration for GSSW.
 - work involves research & coordination of necessary course materials, interaction with health & wellness community practitioners & development of several new courses for 2014-2015 year.
- 2013-2014 developed Evolving Perspectives & Trends in Healthcare overview course implemented in spring 2014 quarter.

- This role also involves teaching in both the foundation & concentration sequences, including piloting a service learning course,
- member of an integrated teaching team for Community Theories & Practice & Clinical Theories in practice for foundation curriculum.

CLINICAL ASSOCIATE PROFESSOR/FIELD COORDINATOR SEPT. 2014- AUGUST 2015

CLINICAL ASSISTANT PROFESSOR/FIELD COORDINATOR JUNE 2006-AUGUST 2014

This .5 FTE appointment is part of the field education team, coordinating field sites, meeting individually with students, overseeing liaisons, & developing connections between the academic & field work at GSSW. Involvement in replacing students who have left field placements, collaboratively coordinating agency & field instructor training development. The emphasis is helping students determine their field interests, referring them to approved community agencies & overseeing process of tracking student performance in field. Additionally, working in a liaison role with specific students & agencies fosters personal relationships in the community. Field Advisory Board participation allows for connection with representatives from leading social service agencies, creating a conduit between the academic & applied elements of social work in the field. Participating in on-going training of field instructors & liaisons continues the idea of continuity between theory & practice. This role also includes serving as a member of the Curriculum Task Force to integrate field perspectives & competencies into the MSW academic program.

2013-2015

- supervision of liaisons, some agency development, assisting with field materials being updated to reflect new curriculum, & training responsibilities including some on-line training/materials development.
- met with 50+ concentration students in person for field coordination, worked with an additional number via email only, met with 25 foundation students, & assisted 26 concentration students with replacements during the school year.
- Assisted 7 students & 7 liaisons when an agency could no longer host them prior to start of the 2013-2014 school year.
- 22 agencies successfully opened—2 out of state required special arrangements for students during summer
- Oversight of field agencies that had complex structures for interns, helping to clarify roles & responsibilities for students at the site—agency clean up.
- supervised 6-8 liaisons, who were overseeing roughly 120 students in field at any given time.
- served directly as a liaison for one student who was in an off-sequence field placement; direct liaison role only lasted through November of 2013.
- assisted recoding agencies in data base to fit new concentrations, input on new agency start up forms, creating new on-line materials (2 tutorials) on field search for continuing students, securing curriculum information to be sent to field instructors, Field Advisory Board Members, & liaisons, as well as proactively informing agencies at field fair of new possibilities with concentration research sequence.
- participated in 5 basic field instructor trainings, conducted a special training for Honoring Healthy Families Initiative, & assisted the field team on constructing the plan & scenarios for the specialized field instructor training in the spring.
- assisted new Roaring Fork program with skype calls to model the process for opening agencies, & to walk them through a variety of field issues prior to the start of school.
- MSW committee

- Guest presenter, developed workshop for Department of Human Services on Successful Change Strategies (March 2015)
- Met with prospective health & wellness students
- Field Integration with curriculum—
 - created on-line video for developmental model for fall foundation course
 - organized 10 field trips to agencies for all sections of the Integrated Social Work Practice for Social Justice Course & received feedback from both course instructors & students that these trips were one of the highlights of the course.
 - Agencies expressed that they were happy to be a part of a GSSW course experience as separate from field internships.
 - assisted the new Advanced Standing Coordinator with making a series of videos about the concentrations that were available to the 2013-2014 Advanced Standing students, with interviews from students in various field placements.
 - drafted the new foundation field syllabus which worked with the new competencies & practice behaviors.

2012-2013

- Represented team at GSSW information days & new student orientation.
- Presented 3 times at CSWE for field team for on-line training, field readiness plan, & Field Directors' Survival Guide
- Participated in field instructor trainings (approximately 8), doing the middle section on the developmental model.
- Developed innovative solutions for MSW supervision in field
- Established efficient on-line materials & student testimonials for each concentration
- Co-led input sessions from field instructors on the foundation curriculum vs. the concentration curriculum & on health & wellness
- Outreach for health & wellness practitioners on both the field side & the curriculum side, bolstered by the service learning project with Denver Health
- 2 independent studies - valuable opportunities to mentor students who would not otherwise have been able to study their interests
- Faculty guide for an undergraduate student for two different PINS grants.

2011-2012

- Participated in Engaged Faculty Institute, trained in construction of meaningful service learning courses & evaluations aimed to be mutually beneficial to students & community partners.
- Involvement in structuring & participating in the search for best practices, focus groups, faculty input sessions, & small group work on the total curriculum redesign for GSSW's MSW program.
- Assisted Field Team with all CSWE presentation materials.

2010-2011

- Organized & co-led focus groups of foundation field instructors to obtain feedback for changes to the curriculum
- Developed on-line field search tutorials with current students designed to help other students in the internship search process also available on YouTube for students to watch
- Met with 200 foundation students for initial field advising & managed all field replacements

2009-2010

- collaborated with the Field Administrator to create an instrumental on-line training video to show the field instructors how to use the new on-line evaluation
- Member of the Curriculum Task Force
- 183 Foundation students field appointments, 11 field changes
- On-line field evaluations for all 400+ students

2008-2009

- Established new scheduling system for students living across the U.S. & internationally.
- Collaborated with the Field Program Administrator & the Director of Technology to contract an electronic scheduling system that was compatible with FERPA guidelines as well as meeting the needs of scheduling over 200 students for individual meetings.
- Represented GSSW & DU in the greater Denver metro community
- Partnering with one of our community colleagues to plan & present one of the Specialized Field Instructor Training sessions.
- Specialized field instructor training on “mind-body” connections in social work & the role of humor in self-care
- Leadership role in the creation of a competency-based evaluation tool in compliance with the new EPAS requirements of competency-based assessment
- Revamped, implemented, & evaluated the Individualized Field Education Plan (IFEP)
- Conceptualized & presented a model for annual planning/retreat meeting that allowed the team to regroup & move forward from conflict

2006-2007

- Advised 225 foundation year, community track concentration & part time students in field placements
- Developed efficient system to meet with 156 students
- Developed new internship sites
- Effectively impacted student retention rate & successful completion of GSSW requirements through liaison role.
- Oversaw the research & development of the new field evaluation requiring numerous editing, focus groups, collaboration with the advisory board, connecting with the Durango project,
- Supervising the work study students which supported 375 agencies & all 375 MSW students in field.

UNIVERSITY OF DENVER, DENVER CO

FACULTY DIRECTOR WELLNESS LIVING & LEARNING COMMUNITY JULY 2009-JULY 2015

This appointment is made annually to oversee the development of the Freshmen Living & Learning Community & to supervise the development of a Wellness Minor at the undergraduate level. This role involves supervision of the LLC coordinator, development & oversight of 3 wellness related courses, creating & maintaining service learning relationships, the creation & implementation of community engagement related to wellness, & leadership for the weekend retreats with students.

- Revised interdisciplinary Wellness Minor, developed Wellness Advisory Board, & reinvigorated LLC with significant student interest
- led a total 10 weekend retreats & approximately 45 co-curricular events
- Brought guest speakers to DU including naturopaths (ND's), nutrition experts, acupuncture schools, & spiritual leaders for multi-religious panel annually at DU.
- Service Learning projects 8 community agencies annually in Community Wellness Course

GRADUATE SCHOOL OF SOCIAL WORK, UNIVERSITY OF DENVER, DENVER, CO

ADJUNCT FACULTY

SEPTEMBER 2005-AUGUST 2014

JANUARY 2003-MARCH 2004

Advanced Standing Seminar, Foundation Year seminar, Social Work Skills Lab, Foundation Year Community Practice & Theory, & Concentration Year Human Service Program Administration & Development including teaching for 20 weeks in the Durango program.

2012-2013

- Led students through a 20-week partnership with the Denver Health Hospital & Denver Health Authority's public health department
- Participated in Center for Community Engagement & Service Learning Faculty Development

2011-2012

- Participated in Engaged Faculty Institute, trained in construction of meaningful service learning courses & evaluations aimed to be mutually beneficial to students & community partners.
- **Courses taught as Adjunct:**
Seminar (2004-2008)
Social Work Skills Lab (2006-2009)
Foundation Year Community Practice & Theory (I & II) (2006-2009) (20 weeks Durango)
Human Service Program Administration & Development (2003-2006)
Advanced Standing Seminar (2008-2014)
- **Critical Additions/Alterations to GSSW Courses as Adjunct:**
Skills Lab—helped to bring the Role Players Inc. to the course,
Human Service Program Administration & Development—co-teaching with Jean East, we changed the requirement from a graded mid-term assignment to a process for submission, editing, & feedback
Advanced Standing Seminar—with team of teachers, changed focus & design from content to orientation to GSSW, process & skill development

THE CHILDREN'S HOSPITAL, DENVER, CO

SEPTEMBER 2005

TRAINING CONSULTANT

Jointly created/implemented training on "Gender in the Workplace." Helped participants understand biases & triggers as related to cultural & inherited gender orientations.

THE CHILDREN'S HOSPITAL, DENVER, CO

PROGRAM MANAGER

AUGUST 1999- DECEMBER 2004

THE MEDICAL CAREER COLLABORATIVE (MC²) is a hospital based school-to-career program. Responsibilities: Development, management, & oversight of this partnership between The Children's Hospital, the University of Colorado Health Sciences Center & students in the counties of Denver, Arapahoe, Adams & Douglas. Created program, procured all funding & partnerships. Developed, implemented & provided support for all student activities at hospital. Liaison, curriculum consulting, budget development & management, program evaluation including data collection & analysis. Tracking student recruitment & retention, coordinating student seminars & tutoring programs, facilitation of parent outreach &

publicity. Representation of MC² at the local & national level. Presenter at four Colorado & one national conference(s). Member of the Colorado Multiple Institutional Review Board (COMIRB). This program still operates, & over 50 graduates have been hired by hospitals. <https://www.childrenscolorado.org/about/careers/medical-career-collaborative/>

KIDS VOTING COLORADO, DENVER, CO

EDUCATION DIRECTOR

OCTOBER 1997-FEBRUARY 1999

Kids Voting Colorado is a statewide, community based education program dedicated to teaching the principles of democracy in action. Kids Voting served over 240,000 students in 32 communities in Colorado. Coordination including teacher training, materials distribution, & ongoing correspondence with principals, teachers & district administrators for 450 schools. Program evaluation & analysis. Due to funding constraints, this position was terminated effective March 1999.

CENTER FOR QUALITY SCHOOLS, PITON FOUNDATION, DENVER, CO

GRADUATE INTERN

SEPTEMBER 1996-MAY 1997

The Center was a privately funded resource for the collaborative decision making (CDM) teams in the Denver Public Schools, providing training in site-based governance, advocacy, & information to local site-councils. Training on budget, school design, & group processes. Contributed to *Quality Matters* newsletters.

CENTER FOR CREATIVE ARTS THERAPY, DENVER, CO

GRADUATE INTERN

JANUARY 1996 - AUGUST 1996

Designed & implemented MEANINGFUL ALTERNATIVE SERVICE FOR KIDS (MASK) for students at Baker Middle School. Jointly created "More Tools for the Toolbox" training for Denver Public Schools Students' Assistance Teams. Devised arts curriculum for the Bridge Project for at-risk youth in the South Lincoln Housing Community.

PIMA COUNTY HOMEQUEST, VISIONQUEST LODGEMAKERS, TUCSON, AZ

TREATMENT DIRECTOR

FEBRUARY 1994 - MARCH 1995

Jointly coordinated start-up of Pima County HomeQuest Alternative School & Day Treatment Program. Established block grant, referral, intake, billing, case tracking & progress assessment procedures. Conducted individual, family, youth & parent group counseling sessions. Trained & supervised 15 treatment staff, served 60 youth & conducted weekly team treatment meetings. Represented program & youth in Juvenile Court hearings & regularly communicated with probation officers, schools, & other agencies.

VISIONQUEST NATIONAL, EXTON, PA

APRIL 1991-JANUARY 1994

CHESTER COUNTY HOMEQUEST

FAMILY SERVICES SPECIALIST

JUNE 1993 - JANUARY 1994

Developed, implemented & assessed youth treatment plans; led in-home & crisis intervention, liaison between family, probation department, school, & youth; conducted individual, family & group counseling.

SCHOONER BILL OF RIGHTS

TREATMENT/QUALITY OF CARE DIRECTOR

AUGUST 1992 - MAY 1993

Lived aboard the Schooner Bill of Rights, sailed from Eastport, Maine to Corpus Christi, Texas.

Responsible for coordination of the total treatment effort--trained & supervised 12 staff, maintained accountability for all licensing requirements, safety assurance, & internal policy adherence.

EAST COAST WAGON TRAIN

ADMINISTRATIVE TEAM COORDINATOR

FEBRUARY 1992 - JULY 1992

Coordinated the efforts of the administrative team on the wagon train, a mobile residential youth treatment program. Organized all daily schedule information required for the movement of the wagons, animals, youth, & staff from Florida to Kansas. Considerations included employee hours & payroll, food/grain/water supplies, transportation & program/youth tracking. 60 youth/40 staff in program.

TUPI PARENT

APRIL 1991 - FEBRUARY 1992

Daily supervision of 10 -15 male juvenile offenders. Traveled by wagon train from South Carolina to Pennsylvania to Florida. Assessed youth in weekly treatment summaries, wrote court reports, conducted individual counseling & guided group dynamics.

ELEMENTARY TEACHING EXPERIENCE

UNIVERSITY CITY NEW SCHOOL, PHILADELPHIA, PA, *TEACHER--4TH, 5TH, & 6TH GRADES, 1989--1990*

WESTFIELD FRIENDS SCHOOL, CINNAMINSON, NEW JERSEY, *STUDENT TEACHER--KINDERGARTEN, 1989*

HIGHLAND PARK ELEMENTARY SCHOOL, UPPER DARBY, PA, *FIELD PLACEMENT--4TH GRADE, 1988*

GREENFIELD ELEMENTARY SCHOOL, PHILADELPHIA, PENNSYLVANIA *FIELD PLACEMENT--2ND GRADE, 1988*

WEST PHILADELPHIA TUTORING PROJECT:

PHILADELPHIA, PA

SEPTEMBER 1987- MAY 1989

Voluntarily created & developed a free tutoring program for students in West Philadelphia grades kindergarten through twelfth. Publicized the program, recruited undergraduate students at the University of Pennsylvania, & ultimately worked with the university's office of student life to enable college students to earn service learning credit for their time. Interviewed each college student & elementary or secondary student & matched them for tutoring for over 60 students annually.

- Awarded the General Motors Spirit Award for Excellence in Community Service in 1989, & this project still exists today as an integrated part of PENN's service learning program. <http://www.vpul.upenn.edu/civichouse/wptpabout.php>