

# APA 6<sup>th</sup> Ed.

American Psychological Association (APA) style is often used in the social sciences, including government, psychology, sociology, and education. For more APA help, consult the *Publication Manual of the American Psychological Association*, sixth edition (2009) or the Purdue OWL website.

## Principles of APA Style:

- Emphasizes the date of publication
- Always include the date when mentioning an author's name
- Cite paraphrases, summaries, & quotations
- Each time you cite a source, include both a parenthetical reference and a reference entry.

## Editing Techniques:

- Documentation is all about creating good habits and being consistent.
- Try formatting the same element in each citation before moving on to a different element (i.e. format all author names first, then format all titles, etc.).
- Create a template for yourself to help you remember citation patterns

## Step 1: In-Text Citations (Parenthetical Citations)

**Basic Rule:** Place a citation in parentheses at the end of each sentence that includes any borrowed information that is not common knowledge.

For paraphrases and quotations, include the author(s) last name(s), publication year, and page number(s). For summaries, include the author(s) last name(s) and publication year.

**Quote or Paraphrase:** *All too often, "parents of adolescents have forgotten the difficulties of being a teenager and thus are unlikely to empathize with the trials and tribulations of high school life" (Smith, 2000, p. 32).*

**Summary:** *Extensive research has been conducted on the inability of parents of adolescent children to empathize with the difficulties of high school life (Smith, 2000).*

You should include the author's name in the sentence or in the citation but not both.

**Quote or Paraphrase:** *According to psychologist Jonathan Smith (2001), "parents of adolescents have forgotten the difficulties of being a teenager and thus are unlikely to empathize with the trials and tribulations of high school life" (p.32).*

**Summary:** *Psychologist Jonathan Smith (2001) has conducted extensive research on the inability of parents of adolescent children to empathize with the difficulties of high school life.*

## Related Rules:

- 2 authors, use both names: (Walker & Allen, 2004)
- 3-5 authors, use all names first time, then abbreviate to first name and "et al.": (Walker, Allen, & Soo, 2004) □ (Walker et al., 2014)
- 6+ authors, use first name and "et al." (Wasserstein et al., 2005).
- Authors can be groups: (Centers for Disease Control and Prevention [CDC], 2016) □ (CDC, 2016).
  - Note: Spell out first time with abbreviation in brackets. Then use abbreviate in subsequent citations.
- No author? Use title: ("Foodborne Outbreaks," 2016, p. 31).
- No page number? Leave blank or use paragraph numbers: (CDC, 2016, para. 3).

## Step 2: Reference List Page

At the end of the paper, add a separate page entitled “References” where you list publication information about each source cited in your text.

### Formatting the Page

- List entries alphabetically.
- Double spaced
- Use hanging indent. The beginning of each citation should be flush with the left margin, and each additional line should be indented by ½ inch.

**\*\* In Word: “Paragraph” □ “Line Spacing Options” □ “Indentation” □ “Special” □ “Hanging”**

### Formatting the References

Element	Rule	Example
Name Format	Give full last name, then use only the initials of the first and middle names	• Shotton, M. A., O’Neill, K., & Schiraldi, G. R.
Names; 8+ authors	For 8 or more authors, list the first 6 names followed by three ellipsis points and the last author’s name.	• Matthews, A. B., Sughai, C., Plathe, X., McKennon, L. K., Denn, M. A., Jones, T. I., . . . Lucas, T. S.
Title Punctuation	<b>Major Works:</b> Italicize <b>Other Works:</b> Do not italicize	• <i>Books, magazines, journals, and websites</i> • Articles, chapters, and webpage
Title Capitalization	<b>Journal/Periodical:</b> Capitalize first, last, and all major words <b>Other Titles:</b> Capitalize proper nouns first word of title and subtitle	• <b>Journal:</b> <i>The New England Journal of Medicine</i> • <b>Book:</b> <i>Making the library accessible for all: A practical Guide for librarians</i> • <b>Article:</b> Comparisons of interventions for women experiencing body image problems
DOI	Always include if available	• doi:10.1037/10762-000
URL (web address)	Include if it’s a stable link to the resource. If not, use web address for journal or book publisher.	• <b>Stable Link:</b> <a href="http://www.cdc.gov/features/leadpoisoning/index.html">http://www.cdc.gov/features/leadpoisoning/index.html</a> • <b>Publisher Link:</b> <a href="http://onlinelibrary.wiley.com/">http://onlinelibrary.wiley.com/</a>
Retrieval Date	Include a retrieval date if the webpage might change over time	• Retrieved October 25, 2016
Editor(s)	If referencing a whole edited book, use editor(s) name (s) in the author place with (Ed.) or (Eds.) If referencing a work within an edited book, put the editor’s name with (Ed.) after the word “In”	• <b>Bulatao, E. (Ed.).</b> (2014). <i>Example title</i> . . . • Jones, S. (2013). Sample article. <b>In E. Bulatao (Ed.),</b> <i>Example title</i> . . .
Place of publication	Include city and state abbreviation, unless it’s a major city	• <b>Helena, MT:</b> Publisher Name. • <b>New York:</b> Publisher Name.
Journal Volume/Issue Number	Volume number is italicized, issue number is put in parenthesis	• 47(3)

## References

- Single Author Book** □  
Abbot, L. (2006). *Beauty and popular culture: Exploring body aesthetics*. Los Angeles: University of Southern California Press.
- Print Journal Article** □  
Volume italicized, issue number in parentheses. Page numbers at end.
- Online Journal Article** □  
Darmusch, M.N. (1998). Gender and body image: Quantitative and qualitative analysis. *International Journal of Eating Disorders*, 47(2), 153-159.
- Print Journal Article** □  
2-6 authors  
Dworkins, S.H., & Kerr, B.A. (2007). Comparisons of interventions for women experiencing body image problems. *Journal of Counseling Psychology*, 34(2), 136-140. doi:10.1037/0022-0167.34.2.136
- Part of an anthology** □  
or chapter in a collection of essays  
Page numbers after anthology title  
Folley, S. L., Silver, S. A., & Lynam, J. K. (1999). Interpretations of the body: Reading body image in a college population. *Journal of Psychological Assessment*, 67(3), 173-178.
- Article from a** □  
**Newspaper or magazine**  
published at least 2x a month  
Gallagher, S. (2005). Dynamic models of body schematic processes. In H. de Preester & V. Knockaert (Eds.), *Body image and body schema: Interdisciplinary perspectives on the body* (pp. 233-252). Philadelphia: J. Benjamins.
- Online Book** □  
Gardner, M. (1998, December 16). Children and body images. *The Christian Science Monitor*, p. 17.
- Part of an anthology** □  
or chapter in an online collection of essays  
Keels, J. A. & Sams, L. B. *Handbook on body image: Gender differences, sociocultural differences and health implications*. Hauppauge, NY: Nova Science Publishers, Inc. Retrieved from <http://du.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=582265&site=ehost-live>
- Personal or** □  
**professional webpage**  
Add Retrieved date when content might change  
Marsh, K. L. (2013). Coordinating social beings in motion. In K. Johnson & M. Shiffrar (Eds.), *People watching: Social, perceptual, and neurophysiological studies of body perception* (chapter 14). New York: Oxford University Press. doi: 10.1093/acprof:oso/9780195393705.001.0001
- Viswanathan, N. (2006, June 28). Feminism, choice and spaces. *Within/without*. Retrieved September 13, 2016, from <http://www.withinandwithout.com/?p=828>

For more information about APA style, see these resources:

- **The official APA Blog**

This excellent resource answers a lot of the questions you may be asking. This is one of the best available resources for all your APA needs.

<http://blog.apastyle.org/>

- **The Purdue OWL APA page**

The Purdue Owl offers a review and workshop of basic APA principles and is worth bookmarking on your computer for future reference.

[https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/general\\_format.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html)

- **Your professor**

Many professors have a specific format that is mostly APA but might vary a bit. Always ask your professor for sample References pages, sample APA paper formats, and their suggestions for best resources.



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