<u>Summer Plan 2019 (May 10, 2014 – Aug. 19, 2019)</u>

Commitments & Goals Specific, Measurable Attainable/Attractive Realistic Time-framed

Personal Goals	Accountability	Treats
Faith: Read Bible Daily, Start on the prayer team at church	Faculty Success Program Coach	Trip to Philly to visit Aisha
Food: Cook meals on Sundays, Drink Smoothies as snacks 1x per week, learn new fish recipes	Team Don't Stop	Trip to NYC to visit DeeDee & Bryan & Dennis Tyler!
Fitness: Cardio	Sister Scholars	Manicures,
30 mins 5x	Writing Group	Food Soaks,
week		Facials, Wine
		Tasting, TV
Read Poetry		Bowling
Regular sleep		Fish Tank
		Supplies
		Music
	Goals Faith: Read Bible Daily, Start on the prayer team at church Food: Cook meals on Sundays, Drink Smoothies as snacks 1x per week, learm new fish recipes Fitness: Cardio 30 mins 5x week	GoalsFaith: Read Bible Daily, Start on the prayer team at churchFaculty Success Program CoachFood: Cook meals on Sundays, Drink Smoothies as snacks 1x per week, learn new fish recipesTeam Don't StopFitness: Cardio 30 mins 5x weekSister Scholars Writing GroupRead PoetryRegular sleep

Goals	Steps
Tananarive Due Chapter	Free Write on psychological thriller
	sections, Read Foucault, Read secondary
	sources/books on paranoia, Write outline,
	Write close readings w/ secondary sources,
	Complete chapter
Introduction	Outline, Begin with reading of Katt
	Williams, Define madness & blackness,
	Write abstracts for the chapters,
Book Proposal	Look at guidelines, Fill in from last one
	(using language from introduction), shop
	around at ASA/MLA,
Composing Disability article	Gather materials re: North Shore, Free
	Write, Suture materials from free write,
	Revise, Send in
Arab American Aesthetics Edited Volume	Write CFP, Ask around at RAWI, Talk to
	Natalja, Re-read criticism, Skim anthology
	on Arab Novel in English, Send out CFP
Poetry	Read Mary Oliver (10 days), Read 8 books
	of poetry, Write one poem per week (14)
ACLA article	Read one book per week

Weekly Plan

Code: Crossed out = Completed, Red = thwarted (reason in parenthesis), black = incomplete, blue = bonus work

NB: Treats may change

Week	Writing & Research	Poetry	Personal	Rewards
5/10-5/14	gather materials for <i>CD</i> essay, <i>Composing Disability</i> abstract (slept in), Finish reading Due's book 1, gather materials on paranoia in literature, order Foucault from the library, Jay Dolmage – Disability Rhetoric (missed last 2 chapters book longer than I thought)	Mary Oliver, Billy Collins (woke up late, felt like watching <i>Criminal Minds</i>)	Sunday Dinner, Smoothie 1x per week (food shopping), Pick one fish recipe & put ingredients on shopping list, MacArthur Study of Romans each day, Prayer Team (resistant to new ride situation), Cardio 5x per week (did 3), Get a new pillow (need ride to BBB)	Braxton Family Values, Chopped w/ live tweeting, R&B Divas LA, Mani, Facial (tired), New Wine
5/15-5/19	RAWI Conference , Free write for <i>CD</i> project (decided to wait til abstract was accepted), Read Due's book #2 & take notes	Mary Oliver, Mallarmé (Maybe I'm just not that into poetry)	Sunday Dinner, Smoothie 1x per week, Try new fish recipe, MacArthur Study of R among	Lunch w/ Gene Jarrett, Hanging out w/ RAWI people, Braxton Family Values, Chopped w/ live tweeting, P & P Direc LA
	(travel + conference), Carceral Studies		Romans (finish), (begin)	R&B Divas LA, Mani, Facial,

	himden Einiched		Ma a Anthron	
	binder, Finished		MacArthur	
	Jay Dolmage		Study of	
	book		Colossians &	
			Philemon	
			daily, Prayer	
			Team,	
			Cardio 5x	
			per week,	
			Start	
			bedtime	
			ritual (teeth	
			brushing,	
			soft music,	
			prayer) [A	
			lot of this	
			was about	
			lack of time	
			&	
			commitment	
			plus travel	
			was a handy	
			excuse]	
Assess & Adius	<i>t:</i> I haven't been fulfi	lling my personal go		atique like super
	lso generally upset ab	· · ·		<u> </u>
teaching & no	- · ·			
15/22 - 5/26	Suture free writes	Introduction to	Sunday	Chrisette
5/22-5/26	Suture free writes for <i>CD</i> project	Introduction to Poetry, Sonia	Sunday Dinner.	Chrisette Michelle
5/22 - 5/26	for CD project	Poetry, Sonia	Dinner,	Michelle
5/22 - 5/26	for <i>CD</i> project (postponed),	Poetry, Sonia Sanchez (just	Dinner, Smoothie 1x	Michelle (Better),
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book	Poetry, Sonia Sanchez (just lack of	Dinner, Smoothie 1x per week,	Michelle (Better), Syleena
5722 - 5726	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's	Poetry, Sonia Sanchez (just lack of commitment to	Dinner,Smoothie 1xper week,MacArthur	Michelle (Better), Syleena Johnson
5722 - 5726	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1x per week, MacArthur Study of	Michelle (Better), Syleena Johnson (Chapter 5),
5722 - 5726	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin	Poetry, Sonia Sanchez (just lack of commitment to	Dinner, Smoothie 1x per week, MacArthur Study of Romans,	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family
5722 - 5726	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner,Smoothie 1xper week,MacArthurStudy ofRomans,Prayer	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values,
5722 - 5726	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1x per week, MacArthur Study of Romans, Prayer Team,	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner,Smoothie 1xper week,MacArthurStudy ofRomans,PrayerTeam,Cardio 5x	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault),	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans, Prayer Team, Cardio 5x per week,	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired),
5722 - 5726	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans,Prayer Team, Cardio 5x per week, bedtime	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA,
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans, Prayer Team, Cardio 5x per week,	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed),	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans,Prayer Team, Cardio 5x per week, bedtime	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA,
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans,Prayer Team, Cardio 5x per week, bedtime	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of the Arab	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans,Prayer Team, Cardio 5x per week, bedtime	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of the Arab American	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans,Prayer Team, Cardio 5x per week, bedtime	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of the Arab American Aesthetics edited	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess	Dinner, Smoothie 1xper week,MacArthurStudy of Romans,Prayer Team, Cardio 5x per week, bedtime	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial
	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of the Arab American Aesthetics edited collection	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess & adjust)	Dinner, Smoothie 1x per week, MacArthur Study of Romans, Prayer Team, Cardio 5x per week, bedtime ritual	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial (laziness),
5/22 - 5/26	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of the Arab American Aesthetics edited collection Finish TD Book	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess & adjust)	Dinner, Smoothie 1x per week, MacArthur Study of Romans, Prayer Team, Cardio 5x per week, bedtime ritual	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial (laziness), Braxton Family
	for <i>CD</i> project (postponed), Finish Due book #2 & Read Due's book #3 & take notes, Begin reading on paranoia in literature (start with Foucault), Carceral Studies binder (postponed), finished a draft of the Arab American Aesthetics edited collection	Poetry, Sonia Sanchez (just lack of commitment to this. Will assess & adjust)	Dinner, Smoothie 1x per week, MacArthur Study of Romans, Prayer Team, Cardio 5x per week, bedtime ritual	Michelle (Better), Syleena Johnson (Chapter 5), Braxton Family Values, Chopped w/ live tweeting (just was tired), R&B Divas LA, Mani, Facial (laziness),

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	Weheliye – Habeas Viscus	bit)	grocery shopping on Mon.), Smoothie 1x per week , MacArthur Study on Romans , Prayer Team (skipped this wednesday), bedtime ritual (sort of)	live tweeting (fatigue), R&B Divas LA, Mani, Facial, Dinner & wine,
6/6 - 6/10	Re-read Due's book #4 & take notes, read materials on paranoia in literature, Hartman – Scenes of Subjection [Did not finish it], Sent out proposal for volume on Arab American Aesthetics	Introduction to Poetry, HD	Sunday Dinner, Smoothie 1x per week, Pick one fish recipe & put ingredients on shopping list, Romans (not daily), Prayer Team, bedtime ritual [Need to do better with this]	New Poetry books (no more than \$30) [got fish stuff instead], Braxton Family Values, Chopped w/ live tweeting, Mani, Facial,
6/13 - 6/17	Receive notifications from <i>CD</i> editors, Send in <i>CD</i> essay, Write outline for TD Chapter, Do 2 close readings, Talk to Sue about Huntington, Arrange meetings w/ Richard Morrison, & Ken Wissoker for ASA, Shih & Lionnet – Minor Transnationalisms	Introduction to Poetry, New book	Sunday Dinner, Smoothie 1x per week, Try new fish recipe, [Bible Study], Prayer Team, Cardio 5x per week, bedtime ritual	Trip to Philly w/ Aisha Lockridge, Braxton Family Values, Chopped w/ live tweeting, Mani, Facial,

6/20-	Do 2 close	Caribbean Verse	Cardio 5x	Valas Wast
$\frac{6}{24}$		Caribbean verse		Keke Wyatt
0724	readings for TD		per week,	(Keke), Tamar
	Chapter, Tack on		Sunday	& Vince (kind
	introduction &		Dinner	of forgot),
	conclusion		(fatigued),	Chopped w/
	material for TD		Smoothie 1x	live tweeting,
	Chapter (it just		per week	Mani, Facial,
	doesn't feel ready		(lazy), [Bible	
	yet), Make		Study] (been	
	arrangements w/		listening to	
	Britton's family,		sermons),	
	Gather		Prayer	
	materials/tools		Team,	
	for archival		bedtime	
	research (Sue		ritual (I've	
	hasn't called me		just been	
	back), Lionnet &		lazy)	
	Shih-			
	Creolization of			
	Theory			
6/27 -	Trip to LA for	Thylias Moss	Sunday	Chopin, Tamar
6/31	the		Dinner,	& Vince,
	Huntington,		Smoothie 1x	Chopped w/
	Re-read O Butler		per week,	live tweeting,
	chapter, Examine		Bible	R&B Divas LA,
	materials at		Study],	Mani, Facial,
	Huntington, Take		Prayer	
	pictures & notes,		Team,	
	Nyongo –		bedtime	
	Amalgamation of		ritual	
	Waltz			
7/3-7/7	ASA	New Book	Sunday	Planning B-day
	Conference,		Dinner,	party,
	Look at guidelines		Smoothie 1x	Reservations at
	for book		per week,	Conant's
	proposals, Outline		[Bible	Scarpetta, Tamar
	introduction,		Study],	& Vince,
	Hartman – Lose		Prayer	Chopped w/
	Your Mother,		Team,	live tweeting,
	Monstruous		bedtime	R&B Divas LA,
	Intimacies -		ritual	Mani, Facial,
	Sharpe			
7/10-	Free write w/	Nikki Giovanni	Sunday	Tamar &
7/14	introduction (Katt	-Love Poems	Dinner,	Vince,
	Williams & mad		Smoothie 1x	Chopped w/
	blackness),		per week,	live tweeting,

	examine previous book proposal, <u>Make list of</u> potential publishers, Holland – Erotic Life of Racism, Excited about possibility of Duke UPress, Sent out Ford Application, Send out Huntington Application		Pick one fish recipe & put ingredients on shopping list, [Bible Study], bedtime ritual	R&B Divas LA, Mani, Facial, Alton Brown show
7/17 - 7/21	Purdue Purdue University Conf. [feeling sick], Free write w/ introduction (Katt Williams, black madness), Fill in market analysis & audience sections for book proposal, Fred Moten – In the Break, Print out book in entirety, do paperwork for reimbursement	Oxford Book of American Poetry	Sunday Dinner, Smoothie 1x per week, Try new fish recipe, [Bible Study], Prayer Team, bedtime ritual	Trip to NYC [sick, trip cancelled], Tamar & Vince, Chopped w/ live tweeting, R&B Divas LA, Mani, Facial, Fish Tank splurge
7/24 - 7/28 8/1 - 8/5	Free write introductory chapter abstracts, Robert Reid Pharr (Once You Go Black), Sharon Holland (Erotic Life of Racism) [Did not finish but started with excellent thought results] Revise book	Oxford Book of American Poetry Lawrence	Sunday Dinner, Smoothie 1x per week, [Bible Study], Prayer Team, bedtime ritual Sunday	Thanksgiving
	proposal & send it to friends, Do	Joseph	Dinner, Smoothie 1x	

next term's plan,	per week,
Derrida's	Bible
prosthesis for	Study],
working out	Prayer
Alison, ellen &	Team,
michelle's ideas	bedtime
	ritual